

eBRFSS 2013-2014 Health Indicators: Schoharie

General Description	2
Improve Health Status and Reduce Health Disparities	3
Percentage of adults who did not receive medical care because of cost	3
Percentage of adults who have a regular health care provider	4
Percentage of adults who had a dentist visit within the past year	5
Percentage of adults living with a disability.....	6
Percentage of adults aged 18-64 years with healthcare coverage	7
Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year	8
Percentage of adults experiencing housing insecurity in the past 12 months.....	9
Percentage of adults experiencing food insecurity in the past 12 months.....	10
Percentage of adults with poor self-reported health	11
Percentage of adults who report 14 or more days of poor physical health.....	12
Prevent Chronic Diseases	13
Percentage of adults who are obese	13
Percentage of adults with an annual household income less than \$25,000 who are obese	14
Percentage of adults living with a disability who are obese	15
Percentage of adults overweight or obese	16
Percentage of adults who participated in leisure time physical activity in the past 30 days.....	17
Percentage of adults who consume one or more sugary drinks daily	18
Percentage of adults who consume fast-food three or more times per week	19
Percentage of adults with physician diagnosed diabetes	20
Percentage of adults who are current smokers	21
Percentage of adults with annual household income less than \$25,000 who are current smokers	22
Percentage of adults aged 18-24 years who are current smokers.....	23
Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines	24
Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines.....	25
Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines	26
Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines.....	27
Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines.....	28
Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines.....	29
Percentage of adults who had a test for high blood sugar or diabetes within the past three years	30
Percentage of adults with physician-diagnosed prediabetes	31
Percentage of adults with physician-diagnosed high blood pressure.....	32
Percentage of adults with diagnosed high blood pressure taking high blood pressure medication	33
Percentage of adults with current asthma	34
Percent of adults with cholesterol checked.....	35
Percentage of adults 18 years and older with elevated cholesterol.....	36
Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition	37
Percentage of adults with arthritis	38
Promote a Healthy and Safe Environment	39
Percentage of adults who consider their neighborhood suitable for walking and physical activity.....	39
Percentage of adults aged 65+ years with at least one fall in the past 12 months.....	40
Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury.....	41
Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections.....	42
Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV).....	42
Percentage of adults aged 18+ years with flu immunization in the past year	43
Percentage of adults aged 65+ years with flu immunization in the past year	44
Percentage of adults aged 65+ years with pneumococcal immunization.....	45
Promote Healthy Women, Infants, and Children	46
Percentage of women aged 18-44 years who had dental visit within the last year	46
Women aged 18-44 years who saw a doctor for a routine checkup within the last year.....	47
Percentage of women aged 18-64 years with health care coverage	48
Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy	49
Promote Mental Health and Prevention Substance Abuse	50
Percentage of adults with poor mental health for 14 or more days in the last month	50
Percentage of adult binge drinking during the past month	51
Percentage of cigarette smoking among adults who report poor mental health.....	52

General Description

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

Reported Health Indicators

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

Data Collection Methodology, Sampling and Weighting

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods. The 2014 eBRFSS questionnaire used standard questions from the BRFSS. Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

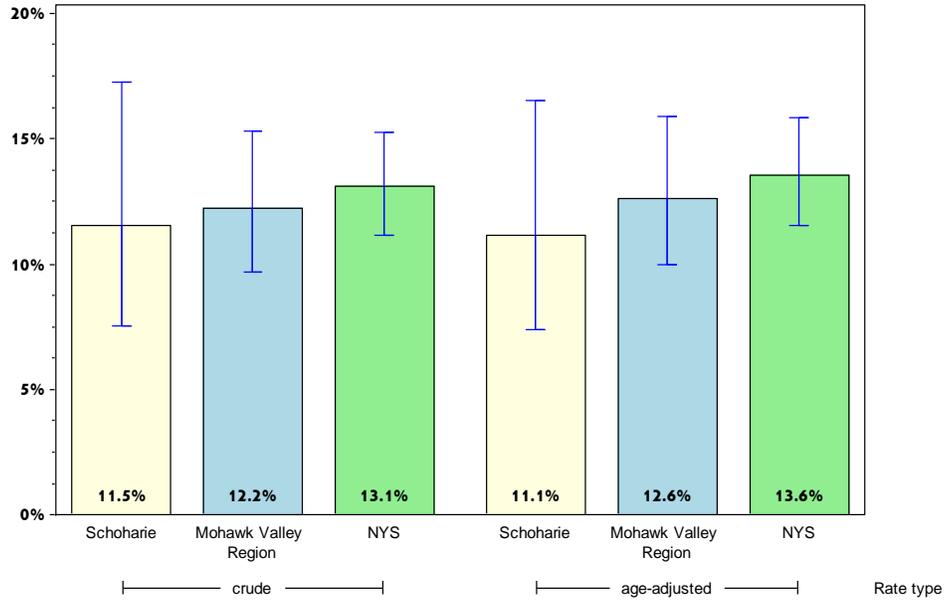
Limitations of Data Use:

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable. Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than $\pm 10\%$ are noted.

Schoharie

Improve Health Status and Reduce Health Disparities

Percentage of adults who did not receive medical care because of cost*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,912	11.5	(7.5-17.2)	25,495	12.2	(9.7-15.3)
Age						
18-24		#		4,963	20.3 [^]	(9.6-38.0)
25-34		#		6,352	19.9 [^]	(11.5-32.0)
35-44		#		2,409	8.5	(5.3-13.5)
45-64	1,844	19.3 [^]	(11.5-30.6)	10,267	13.5	(10.4-17.2)
65+		#		1,314	2.9	(1.8-4.4)
Race						
White, NH	1,838	8.5	(5.3-13.4)	21,153	11.5	(8.8-14.8)
Black, NH		#			#	
Hispanic		#		2,119	17.6 [^]	(8.3-33.5)
Other, NH		#		1,640	18.3 [^]	(7.6-37.9)
Sex						
male	727	5.9	(2.9-11.6)	13,758	13.6	(9.3-19.4)
female	2,185	16.8	(10.2-26.4)	11,736	10.9	(8.5-13.9)
Age-adjusted^{&}		11.1	(7.4-16.5)		12.6	(10.0-15.9)

* Among people needing to see a doctor in the past 12 months

& Percent is age-adjusted to the 2000 United States Population.

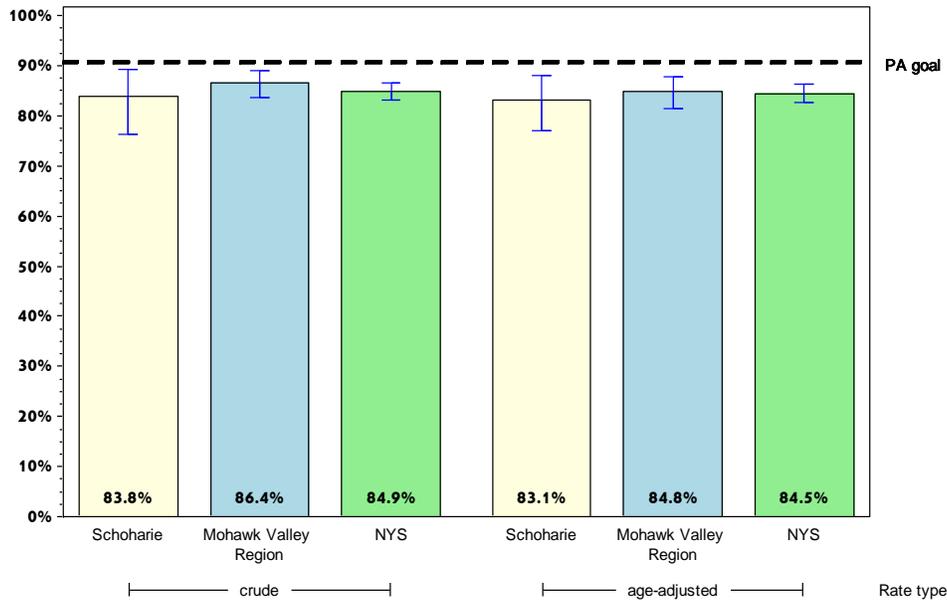
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Improve Health Status and Reduce Health Disparities

Percentage of adults who have a regular health care provider



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	21,703	83.8	(76.4-89.3)	178,551	86.4	(83.5-88.9)
Age						
18-24	#	#		17,923	77.3 [^]	(64.8-86.3)
25-34	#	#		24,155	75.8 [^]	(64.5-84.4)
35-44	3,059	84.0 [^]	(68.7-92.6)	22,811	82.1 [^]	(71.0-89.6)
45-64	8,264	86.2	(77.5-91.9)	68,580	89.9	(87.0-92.2)
65+	5,504	97.8	(93.7-99.3)	43,482	94.9	(91.5-97.0)
Race						
White, NH	19,180	88.9	(83.1-92.9)	159,236	87.4	(84.6-89.7)
Black, NH	#	#		#	#	
Hispanic	#	#		9,218	72.8 [^]	(50.4-87.6)
Other, NH	#	#		7,804	92.5 [^]	(82.1-97.1)
Sex						
male	9,885	76.7 [^]	(63.6-86.1)	79,609	79.7	(74.3-84.1)
female	11,818	90.9	(85.5-94.5)	98,942	92.8	(90.6-94.5)
Age-adjusted^{&}		83.1	(77.0-87.9)		84.8	(81.4-87.8)

& Percent is age-adjusted to the 2000 United States Population.

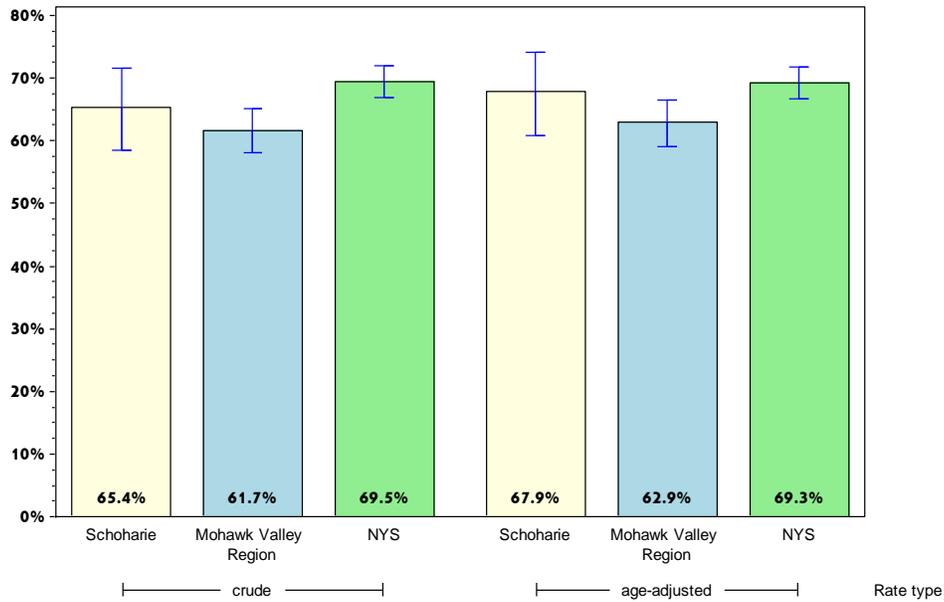
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Improve Health Status and Reduce Health Disparities

Percentage of adults who had a dentist visit within the past year



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	15,945	65.4	(58.4-71.7)	120,003	61.7	(58.1-65.0)
Age		#				
18-24		#		13,968	62.7 [^]	(47.0-76.1)
25-34		#		19,077	62.4 [^]	(51.4-72.3)
35-44	2,813	80.9 [^]	(64.6-90.7)	17,119	71.2	(62.4-78.6)
45-64	5,009	55.2 [^]	(45.0-65.0)	42,537	58.2	(52.9-63.3)
65+	3,577	65.9	(56.1-74.5)	26,653	61.4	(56.5-66.1)
Race						
White, NH	13,988	68.2	(61.6-74.1)	108,248	62.7	(59.2-66.0)
Black, NH		#			#	
Hispanic		#		7,338	68.9 [^]	(51.9-82.0)
Other, NH		#		3,087	38.3 [^]	(17.9-63.9)
Sex						
male	8,152	64.6 [^]	(54.0-73.9)	51,611	54.2	(48.6-59.6)
female	7,793	66.2	(57.0-74.3)	68,392	68.8	(65.0-72.5)
Age-adjusted^{&}		67.9	(60.8-74.2)		62.9	(59.1-66.6)

& Percent is age-adjusted to the 2000 United States Population.

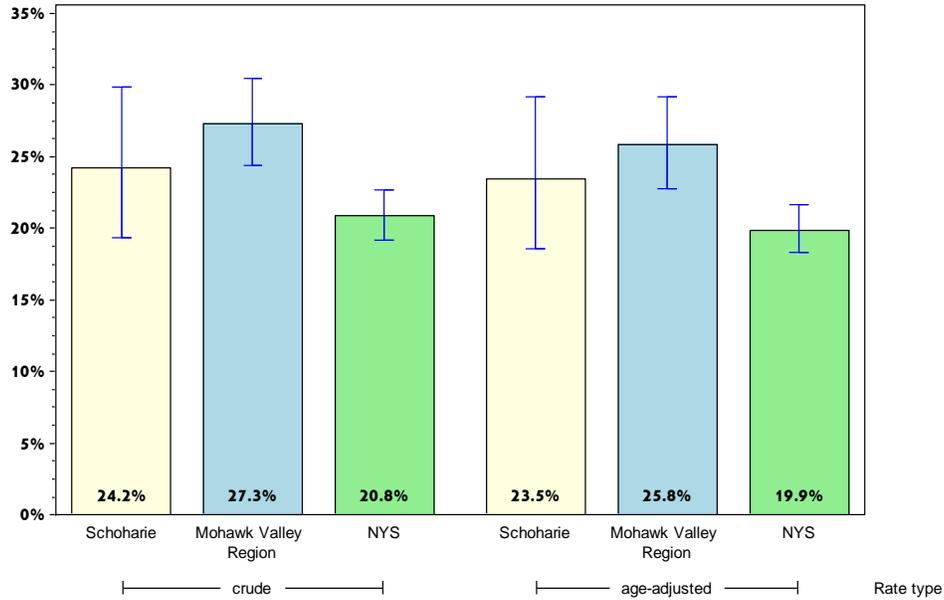
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Improve Health Status and Reduce Health Disparities

Percentage of adults living with a disability*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,153	24.2	(19.4-29.8)	56,344	27.3	(24.4-30.4)
Age		#			#	
18-24		#			#	
25-34		#		5,335	16.7	(10.9-24.8)
35-44	792	21.7 [^]	(11.1-38.2)	6,828	24.3 [^]	(15.9-35.4)
45-64	1,897	20.4	(14.5-28.0)	24,816	32.9	(28.0-38.2)
65+	2,358	43.0 [^]	(33.2-53.3)	16,563	36.9	(32.4-41.6)
Race						
White, NH	5,531	26.2	(21.1-32.0)	46,724	25.7	(23.2-28.5)
Black, NH		#			#	
Hispanic		#		5,344	42.2 [^]	(25.0-61.5)
Other, NH		#		3,225	35.9 [^]	(14.4-65.1)
Sex						
male	3,209	25.1	(17.8-34.3)	27,372	27.1	(22.4-32.3)
female	2,944	23.3	(17.5-30.3)	28,972	27.6	(24.1-31.3)
Age-adjusted^{&}		23.5	(18.6-29.2)		25.8	(22.7-29.2)

* Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

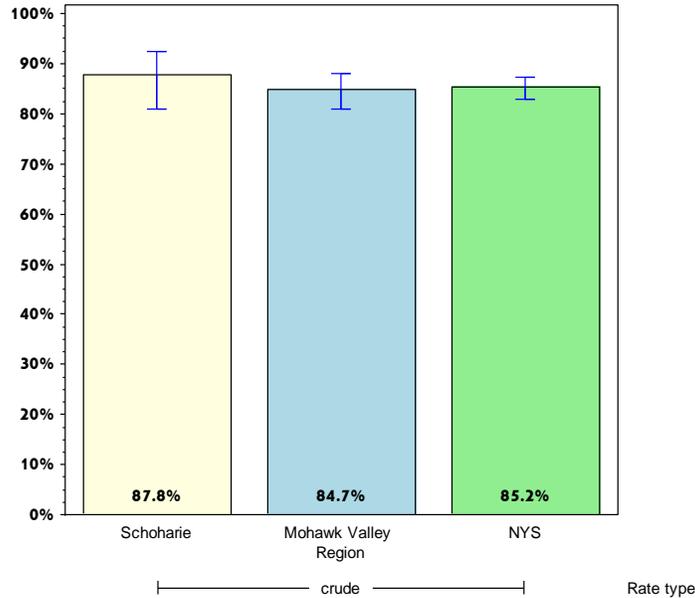
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years with healthcare coverage



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age⁺	16,642	87.8	(81.0-92.3)	135,591	84.7	(80.9-87.9)
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	14,200	89.4	(82.3-93.9)	119,366	85.5	(81.6-88.8)
Black, NH		#			#	
Hispanic		#		7,974	72.7 [^]	(48.5-88.3)
Other, NH		#			#	
Sex						
male	7,780	85.5 [^]	(74.8-92.1)	62,882	80.6	(73.5-86.1)
female	8,863	89.8	(79.9-95.1)	72,708	88.7	(85.3-91.4)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

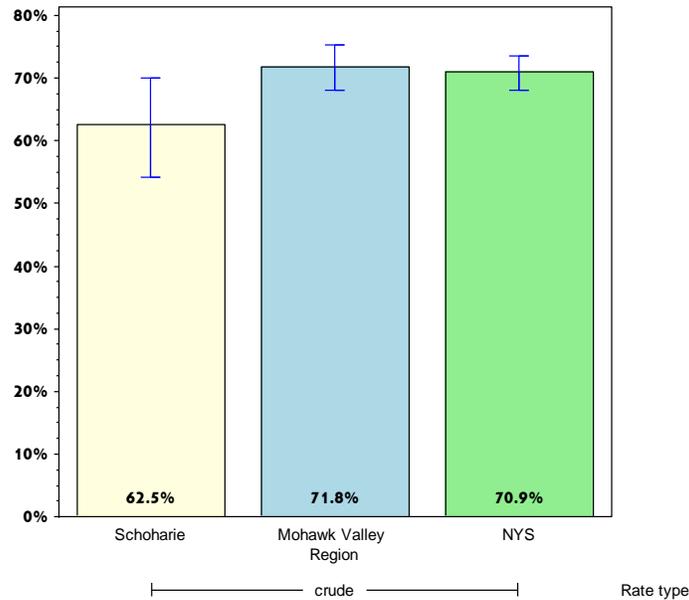
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	12,078	62.5	(54.3-70.1)	114,077	71.8	(68.1-75.2)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	10,707	65.9	(57.5-73.5)	99,065	71.6	(67.9-75.0)
Black, NH		#			#	
Hispanic		#		7,461	68.0 [^]	(44.9-84.7)
Other, NH		#			#	
Sex						
male	5,134	54.3 [^]	(41.9-66.2)	51,586	67.1	(61.0-72.8)
female	6,944	70.4 [^]	(59.6-79.3)	62,491	76.2	(71.9-80.1)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

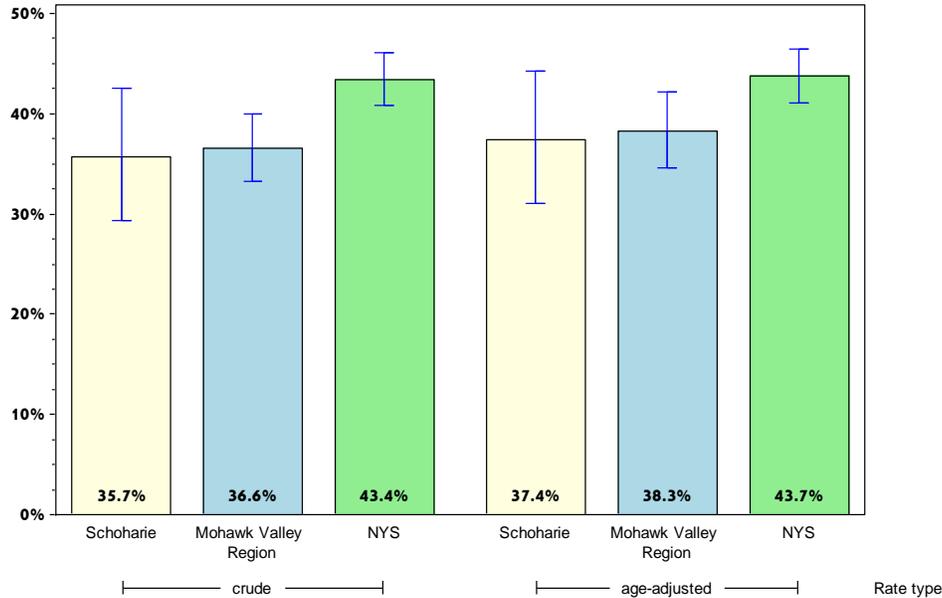
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing housing insecurity in the past 12 months*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,018	35.7	(29.4-42.5)	68,431	36.6	(33.3-40.0)
Age		#				
18-24		#		5,154	29.2 [^]	(16.5-46.1)
25-34		#		13,314	44.3 [^]	(34.2-55.0)
35-44		#		12,783	50.7	(40.9-60.5)
45-64	3,231	37.7 [^]	(28.3-48.2)	28,632	40.5	(35.7-45.4)
65+	886	16.7	(11.1-24.4)	8,011	19.0	(15.8-22.7)
Race						
White, NH	6,768	34.9	(28.5-41.8)	60,465	36.6	(33.3-40.0)
Black, NH		#			#	
Hispanic		#		4,317	40.8 [^]	(23.4-60.7)
Other, NH		#		2,119	26.7 [^]	(12.4-48.4)
Sex						
male	4,083	36.0 [^]	(26.7-46.5)	29,853	33.1	(28.1-38.5)
female	3,935	35.3	(27.2-44.3)	38,579	39.8	(35.7-44.1)
Age-adjusted^{&}		37.4	(31.0-44.2)		38.3	(34.5-42.2)

* Worried or stressed about having enough money to pay for rent or mortgage.

& Percent is age-adjusted to the 2000 United States Population.

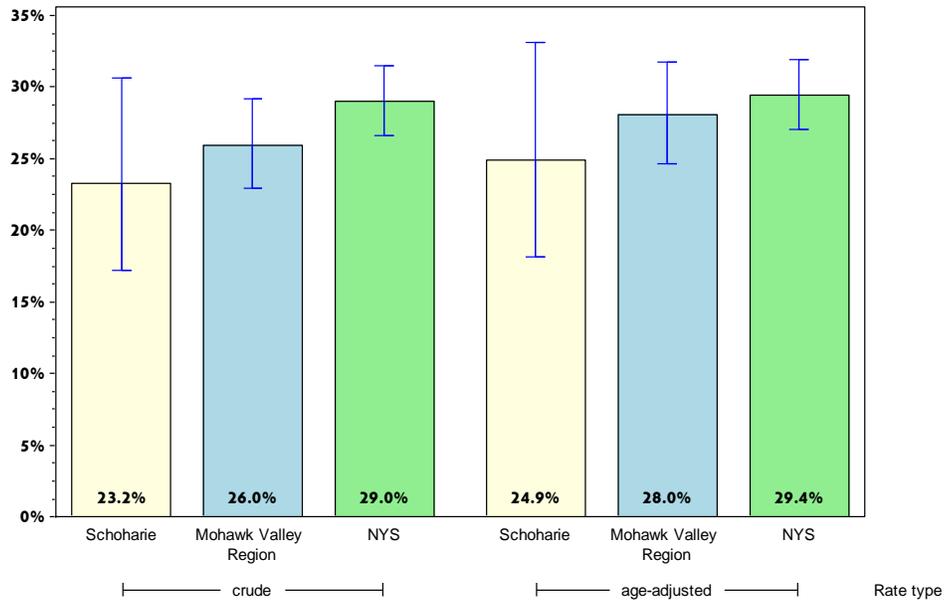
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing food insecurity in the past 12 months*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,651	23.2	(17.2-30.6)	51,745	26.0	(22.9-29.2)
Age						
18-24	#	#		6,939	30.9 [^]	(18.6-46.7)
25-34	#	#		10,887	35.0 [^]	(25.5-46.0)
35-44	917	25.2 [^]	(12.7-43.8)	9,575	36.6	(28.0-46.2)
45-64	2,322	25.5 [^]	(17.3-35.8)	19,400	26.2	(22.3-30.4)
65+	405	7.5	(3.8-14.1)	4,715	10.7	(8.2-13.7)
Race						
White, NH	4,272	20.9	(15.7-27.3)	44,036	25.0	(22.0-28.3)
Black, NH	#	#		#	#	
Hispanic	#	#		4,530	37.2 [^]	(21.3-56.5)
Other, NH	#	#		2,354	29.0 [^]	(13.7-51.3)
Sex						
male	2,815	22.7 [^]	(13.9-34.8)	23,314	23.9	(19.2-29.2)
female	2,836	23.8	(16.6-32.9)	28,431	28.0	(24.3-32.0)
Age-adjusted^{&}		24.9	(18.2-33.1)		28.0	(24.6-31.8)

* Worried or stressed about having enough money to buy nutritious meals.

& Percent is age-adjusted to the 2000 United States Population.

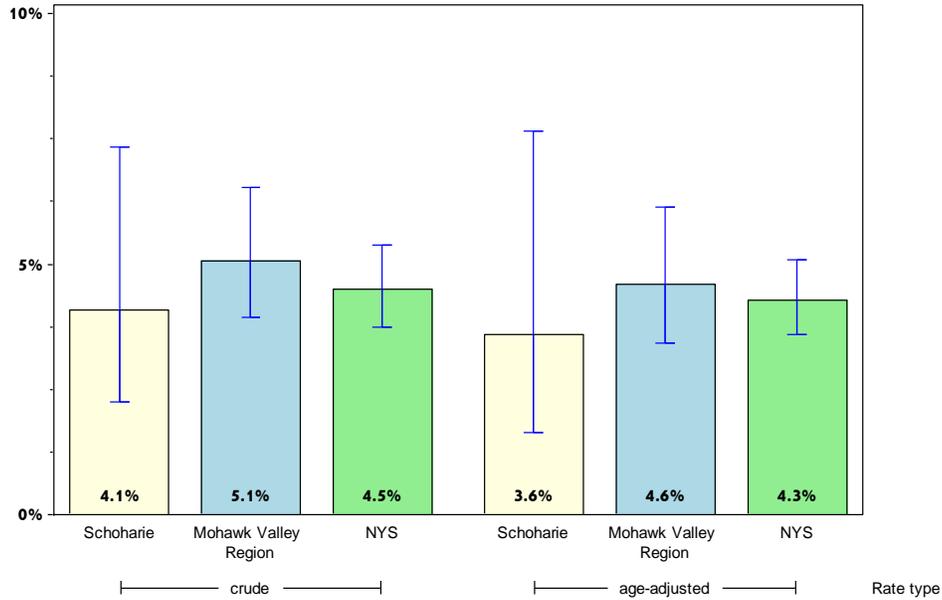
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Improve Health Status and Reduce Health Disparities

Percentage of adults with poor self-reported health



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,054	4.1	(2.2-7.3)	10,550	5.1	(3.9-6.5)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	482	5.1	(2.6-9.7)	6,176	8.2	(5.8-11.3)
65+	233	4.1	(2.2-7.5)	2,659	5.8	(4.1-8.2)
Race						
White, NH	1,054	4.9	(2.7-8.8)	9,037	4.9	(3.8-6.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		3,898	3.9	(2.6-5.6)
female	778	6.0	(2.9-12.2)	6,652	6.2	(4.5-8.6)
Age-adjusted^{&}		3.6	(1.6-7.7)		4.6	(3.4-6.1)

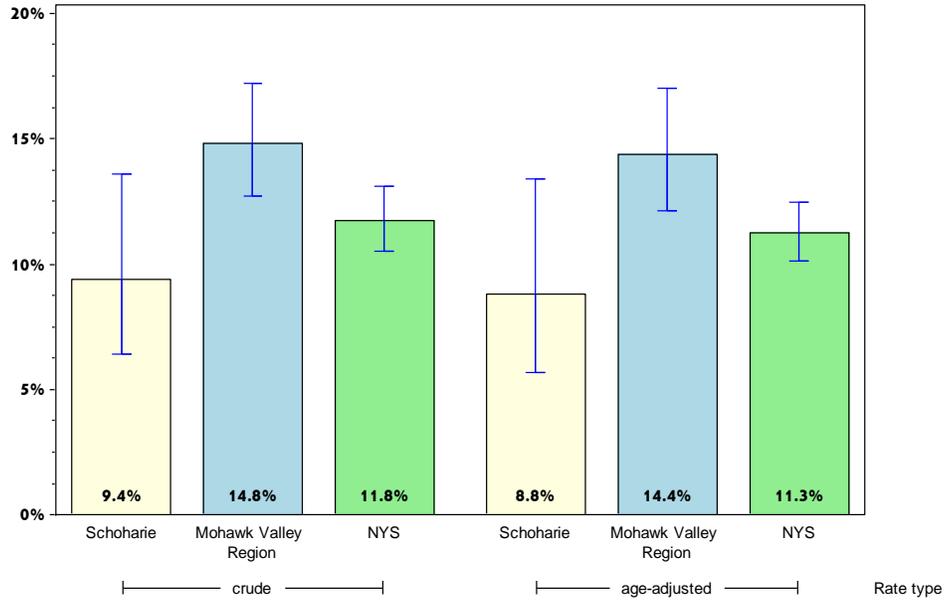
& Percent is age-adjusted to the 2000 United States Population.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Schoharie

Improve Health Status and Reduce Health Disparities

Percentage of adults who report 14 or more days of poor physical health*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,316	9.4	(6.4-13.6)	29,861	14.8	(12.7-17.2)
Age		#			#	
18-24		#			#	
25-34		#		3,109	9.9	(5.3-17.8)
35-44		#		4,086	15.3	(9.4-23.8)
45-64	885	9.5	(5.6-15.7)	13,912	18.9	(15.3-23.1)
65+	663	12.7	(7.5-20.6)	6,869	15.7	(12.7-19.2)
Race						
White, NH	1,859	9.2	(6.1-13.6)	25,670	14.4	(12.3-16.8)
Black, NH		#			#	
Hispanic		#		3,000	24.1 [^]	(12.3-41.8)
Other, NH		#		1,035	12.8 [^]	(4.1-33.4)
Sex						
male	884	7.3	(4.0-12.9)	11,588	12.0	(9.4-15.1)
female	1,432	11.4	(7.0-18.2)	18,273	17.5	(14.3-21.1)
Age-adjusted^{&}		8.8	(5.7-13.4)		14.4	(12.1-17.0)

* Out of the past 30 days.

& Percent is age-adjusted to the 2000 United States Population.

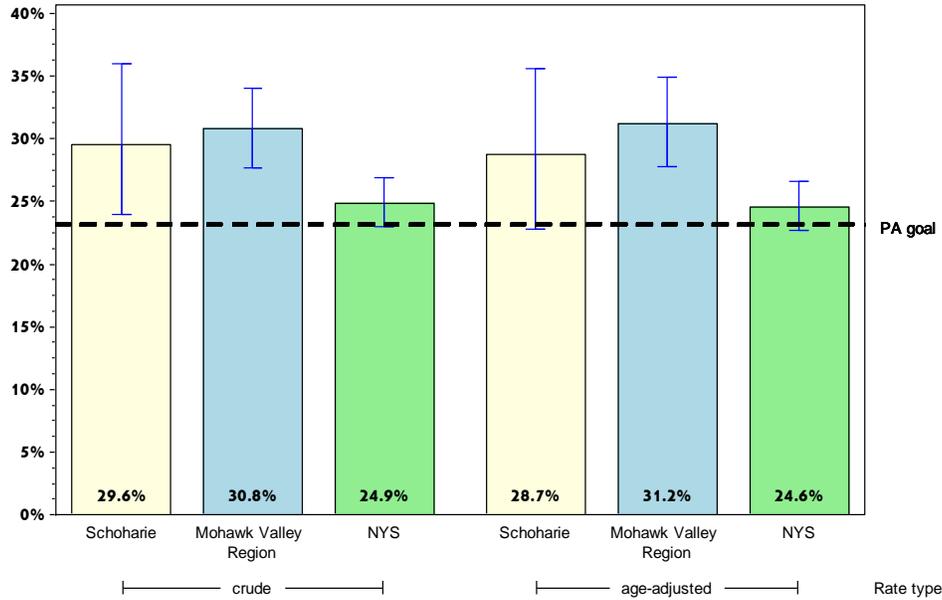
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent Chronic Diseases

Percentage of adults who are obese*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	7,053	29.6	(23.9-35.9)	60,595	30.8	(27.7-34.0)
Age						
18-24		#		4,420	18.4 [^]	(8.7-34.7)
25-34		#		9,122	31.3 [^]	(22.1-42.3)
35-44		#		9,682	36.9	(28.3-46.4)
45-64	3,103	34.7 [^]	(25.4-45.3)	24,732	34.4	(29.8-39.3)
65+	1,596	28.9	(21.4-37.7)	12,362	27.8	(23.8-32.2)
Race						
White, NH	6,052	29.7	(23.9-36.3)	53,932	31.0	(27.9-34.4)
Black, NH		#			#	
Hispanic		#		2,996	27.1 [^]	(14.7-44.5)
Other, NH		#		2,236	25.2 [^]	(11.2-47.3)
Sex						
male	3,505	28.9	(21.0-38.3)	31,672	32.0	(27.2-37.2)
female	3,548	30.3	(22.8-39.0)	28,923	29.5	(25.7-33.6)
Age-adjusted^{&}		28.7	(22.8-35.5)		31.2	(27.7-34.9)

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

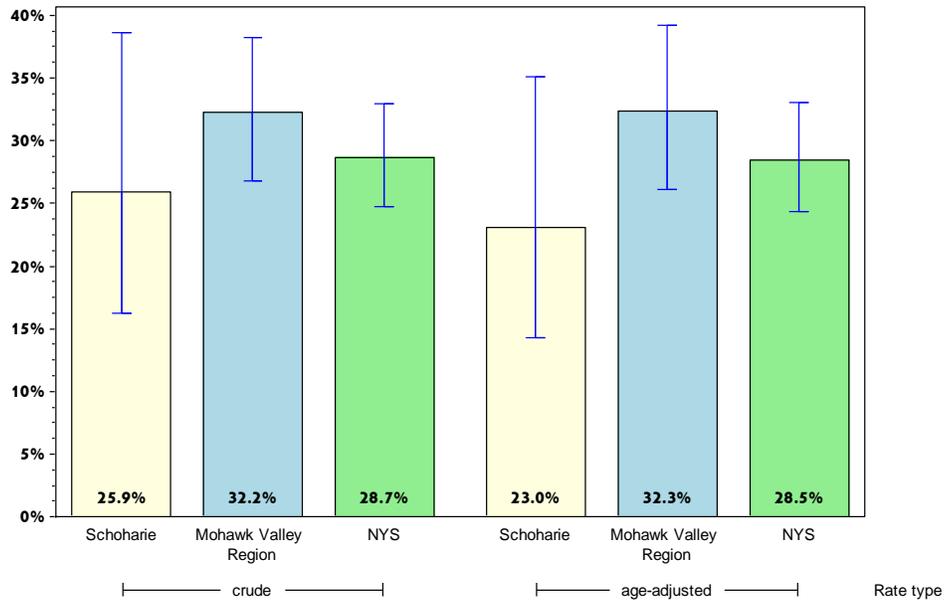
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent Chronic Diseases

Percentage of adults with an annual household income less than \$25,000 who are obese*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,674	25.9 [^]	(16.2-38.6)	17,765	32.2	(26.8-38.3)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		2,079	32.6 [^]	(17.9-51.7)
45-64		#		6,638	34.5	(27.0-42.9)
65+	589	34.4 [^]	(21.5-50.2)	4,972	30.4	(23.7-38.1)
Race						
White, NH	1,177	24.7 [^]	(15.9-36.3)	14,894	31.6	(25.8-38.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	644	18.0 [^]	(9.1-32.5)	8,275	34.0 [^]	(24.5-45.0)
female	1,030	35.6 [^]	(19.6-55.7)	9,491	30.9	(24.9-37.5)
Age-adjusted^{&}		23.0 [^]	(14.2-35.1)		32.3	(26.1-39.3)

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

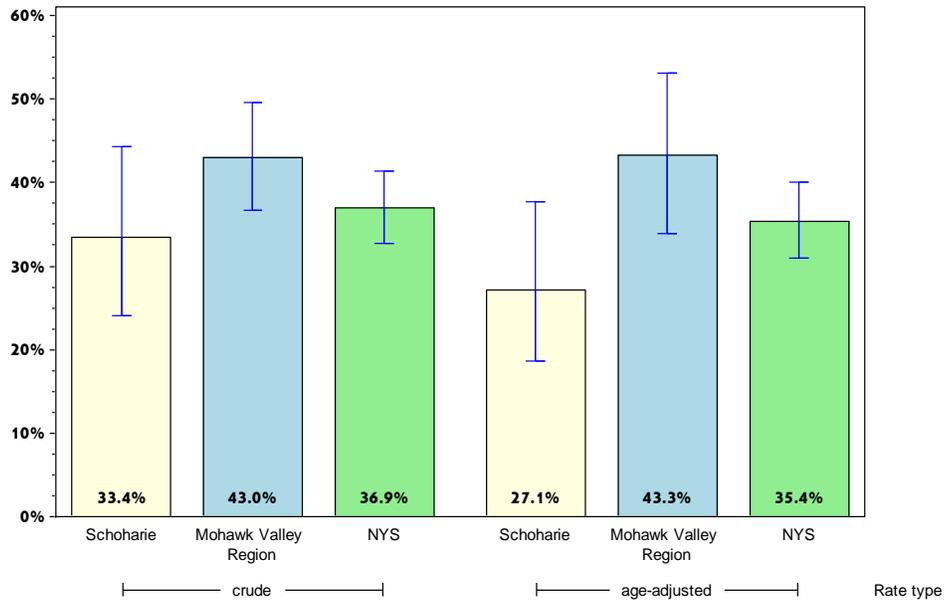
Rates with < 10 in the numerator or < 50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent Chronic Diseases

Percentage of adults living with a disability who are obese*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,006	33.4 [^]	(24.1-44.3)	22,893	43.0	(36.7-49.6)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		10,332	44.7 [^]	(34.6-55.3)
65+	840	35.9 [^]	(22.7-51.6)	6,555	40.1	(32.9-47.8)
Race						
White, NH	1,757	32.6 [^]	(23.6-43.2)	19,729	44.7	(38.9-50.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,089	34.1 [^]	(20.8-50.7)	10,802	40.2 [^]	(30.8-50.3)
female	917	32.6 [^]	(21.0-46.8)	12,091	45.9	(38.0-54.0)
Age-adjusted^{&}		27.1 [^]	(18.7-37.6)		43.3	(33.9-53.1)

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

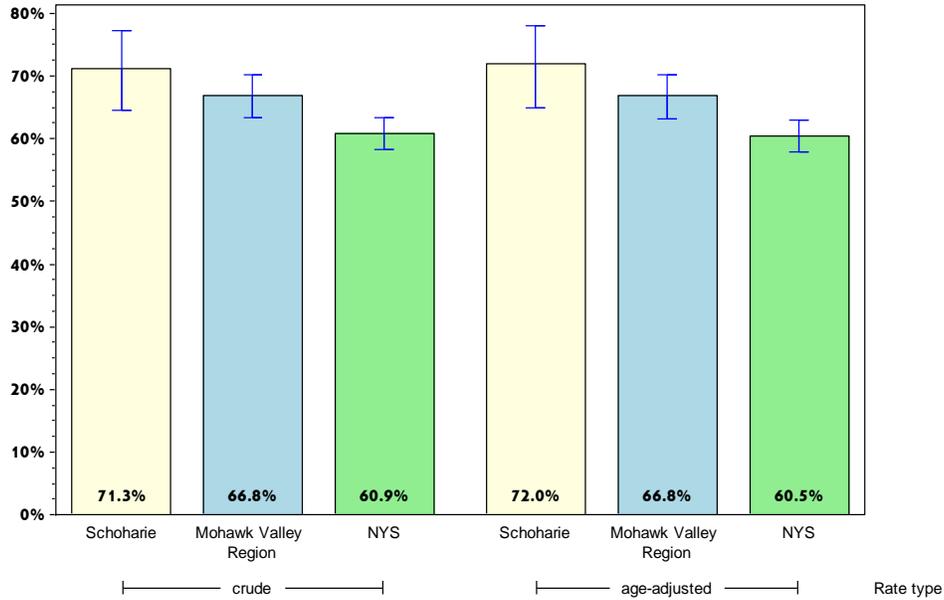
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent Chronic Diseases

Percentage of adults overweight or obese*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	16,996	71.3	(64.6-77.1)	131,535	66.8	(63.3-70.1)
Age						
18-24	#	#		10,728	44.7 [^]	(30.9-59.3)
25-34	#	#		16,842	57.8 [^]	(47.2-67.8)
35-44	#	#		20,315	77.4	(70.0-83.4)
45-64	6,279	70.2	(60.6-78.3)	51,948	72.3	(67.1-77.0)
65+	3,991	72.2 [^]	(61.3-81.0)	31,025	69.8	(65.3-73.9)
Race						
White, NH	14,699	72.2	(65.4-78.1)	115,938	66.7	(63.3-70.0)
Black, NH	#	#		#	#	
Hispanic	#	#		8,112	73.4 [^]	(55.6-85.9)
Other, NH	#	#		4,931	55.5 [^]	(29.6-78.8)
Sex						
male	9,524	78.5	(68.6-86.0)	70,693	71.4	(65.8-76.5)
female	7,472	63.7	(54.5-72.1)	60,843	62.1	(57.8-66.2)
Age-adjusted^{&}		72.0	(65.0-78.1)		66.8	(63.2-70.2)

* Defined as a Body Mass Index (BMI) ≥ 25 . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

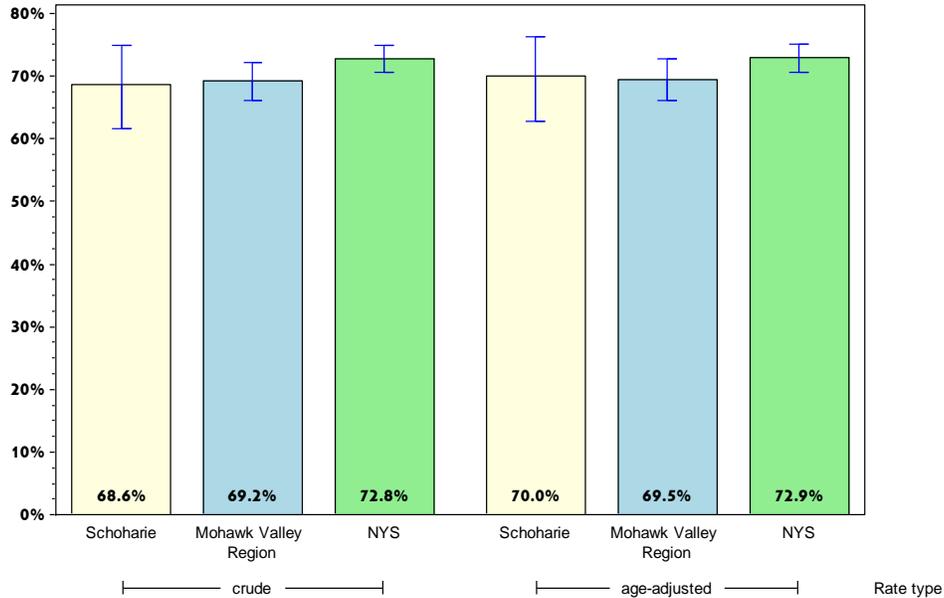
Rates with < 10 in the numerator or < 50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent Chronic Diseases

Percentage of adults who participated in leisure time physical activity in the past 30 days*



Schoharie County

Mohawk Valley

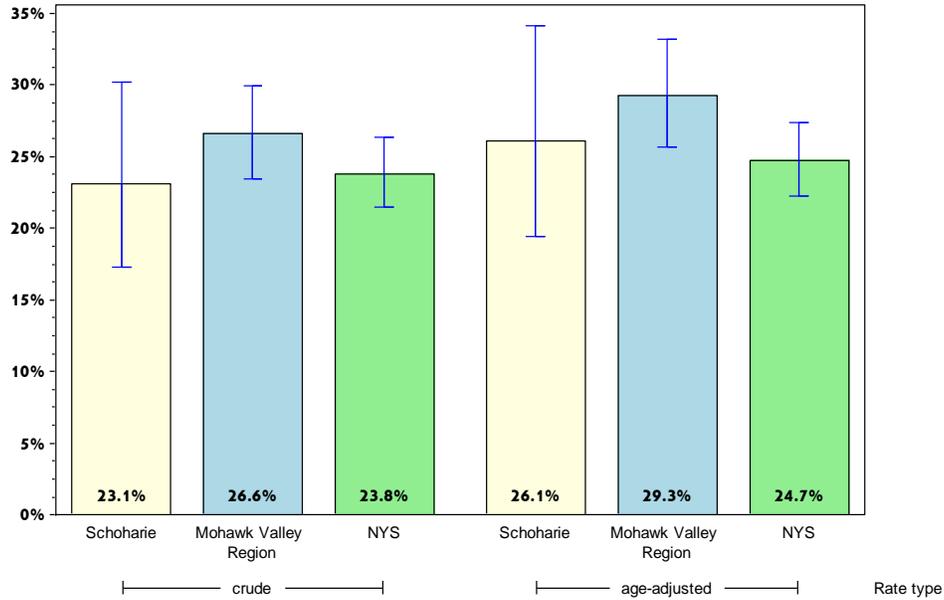
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	17,180	68.6	(61.6-74.8)	138,763	69.2	(66.2-72.1)
Age						
18-24	#	#		16,894	73.4 [^]	(58.5-84.5)
25-34	#	#		26,053	82.7	(75.0-88.4)
35-44	2,628	72.2 [^]	(55.1-84.6)	16,488	63.4	(53.8-72.0)
45-64	6,360	69.5	(59.7-77.8)	49,363	66.6	(61.9-71.0)
65+	3,410	62.0	(52.5-70.6)	29,150	65.3	(60.7-69.6)
Race						
White, NH	14,719	69.5	(63.0-75.3)	122,921	69.5	(66.4-72.4)
Black, NH	#	#		#	#	
Hispanic	#	#		7,241	59.4 [^]	(40.6-75.8)
Other, NH	#	#		6,518	80.5 [^]	(63.1-90.9)
Sex						
male	9,394	73.3 [^]	(61.9-82.4)	69,524	70.6	(65.7-75.1)
female	7,786	63.6	(54.9-71.5)	69,239	67.9	(64.0-71.5)
Age-adjusted^{&}		70.0	(62.7-76.3)		69.5	(66.1-72.7)

* Any physical activities or exercises such as running or walking
 & Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent Chronic Diseases

Percentage of adults who consume one or more sugary drinks daily*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,564	23.1	(17.3-30.2)	52,428	26.6	(23.4-30.0)
Age						
18-24	#	#		9,776	43.6 [^]	(30.0-58.2)
25-34	#	#		12,116	39.3 [^]	(29.4-50.1)
35-44	1,019	29.3 [^]	(15.5-48.3)	9,558	36.9 [^]	(27.1-48.0)
45-64	1,689	18.6	(11.8-27.9)	13,685	18.8	(15.4-22.7)
65+	414	7.7	(4.4-13.0)	7,223	16.4	(13.1-20.4)
Race						
White, NH	4,525	22.4	(16.4-29.8)	44,750	25.7	(22.6-29.1)
Black, NH	#	#		#	#	
Hispanic	#	#		5,831	48.2 [^]	(30.0-66.9)
Other, NH	#	#		#	#	
Sex						
male	3,697	30.3 [^]	(21.0-41.5)	30,568	31.7	(26.6-37.3)
female	1,867	15.7	(9.7-24.6)	21,860	21.7	(18.1-25.7)
Age-adjusted^{&}		26.1	(19.4-34.1)		29.3	(25.7-33.2)

* Sugary drinks include regular soda, and sugar-sweetened drinks.

& Percent is age-adjusted to the 2000 United States Population.

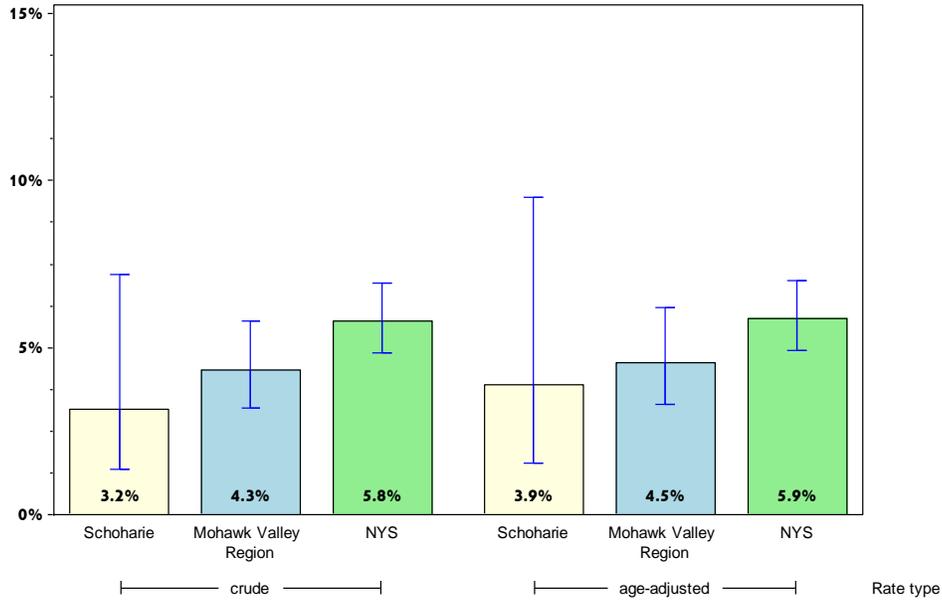
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent Chronic Diseases

Percentage of adults who consume fast-food three or more times per week



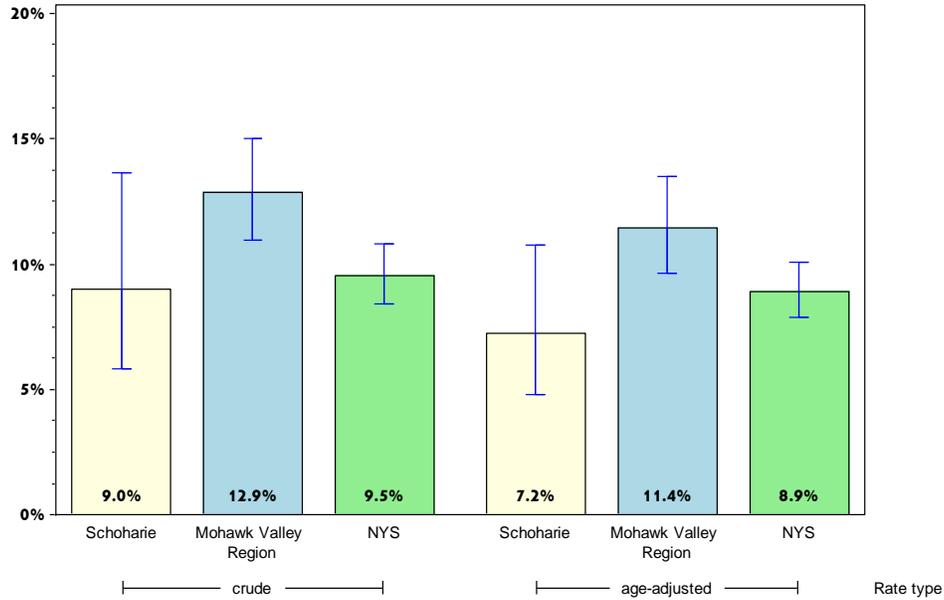
	Schoharie County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	744	3.2	(1.4-7.2)	8,472	4.3	(3.2-5.8)
Age		#			#	
18-24		#			#	
25-34		#		1,686	5.5	(2.7-10.9)
35-44		#		946	3.7	(1.9-6.9)
45-64		#		2,524	3.5	(2.4-5.0)
65+		#		1,145	2.6	(1.5-4.5)
Race						
White, NH	744	3.7	(1.6-8.3)	7,397	4.3	(3.1-5.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		6,106	6.4	(4.4-9.2)
female		#		2,366	2.4	(1.5-3.6)
Age-adjusted^{&}		3.9	(1.5-9.5)		4.5	(3.3-6.2)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

Schoharie

Prevent Chronic Diseases

Percentage of adults with physician diagnosed diabetes*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,329	9.0	(5.8-13.6)	26,908	12.9	(11.0-15.0)
Age		#			#	
18-24		#			#	
25-34		#		1,776	5.6	(2.7-11.2)
35-44		#		2,255	8.0	(4.0-15.5)
45-64	1,232	12.9	(6.9-22.7)	11,420	15.0	(11.9-18.6)
65+	927	16.5 [^]	(9.0-28.1)	11,318	24.6	(20.0-29.9)
Race						
White, NH	1,703	7.9	(5.4-11.4)	21,832	11.8	(10.2-13.8)
Black, NH		#			#	
Hispanic		#		1,646	13.0 [^]	(5.8-26.6)
Other, NH		#		2,456	27.4 [^]	(10.7-54.3)
Sex						
male	1,261	9.8	(5.6-16.5)	13,341	13.1	(10.2-16.8)
female	1,067	8.2	(4.1-15.7)	13,567	12.6	(10.4-15.3)
Age-adjusted^{&}		7.2	(4.8-10.8)		11.4	(9.7-13.5)

* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

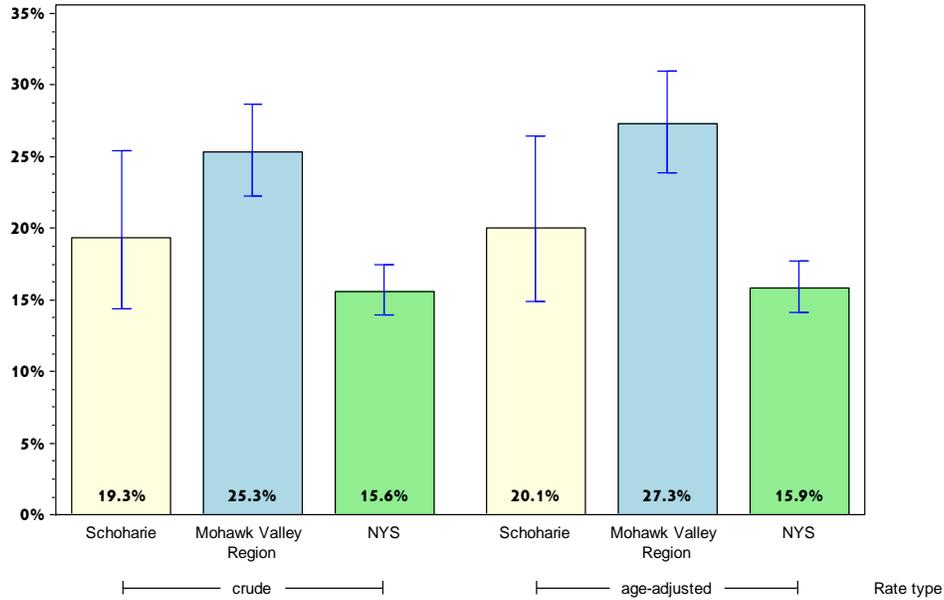
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent Chronic Diseases

Percentage of adults who are current smokers



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,929	19.3	(14.4-25.4)	52,067	25.3	(22.3-28.7)
Age						
18-24	#	#		5,575	23.0 [^]	(12.8-37.9)
25-34	#	#		12,670	39.8 [^]	(29.8-50.7)
35-44	#	#		9,692	34.7	(26.0-44.6)
45-64	2,571	27.4 [^]	(19.0-37.8)	20,418	27.1	(23.0-31.6)
65+	280	5.1	(2.2-11.2)	3,513	7.9	(5.8-10.8)
Race						
White, NH	4,197	19.8	(14.7-26.2)	45,456	25.2	(22.0-28.6)
Black, NH	#	#		#	#	
Hispanic	#	#		3,750	29.7 [^]	(15.5-49.2)
Other, NH	#	#		2,323	25.9 [^]	(11.1-49.5)
Sex						
male	2,512	19.6	(12.6-29.4)	28,059	27.9	(22.9-33.5)
female	2,417	19.0	(12.8-27.3)	24,008	22.9	(19.5-26.7)
Age-adjusted^{&}		20.1	(14.9-26.4)		27.3	(23.9-30.9)

& Percent is age-adjusted to the 2000 United States Population.

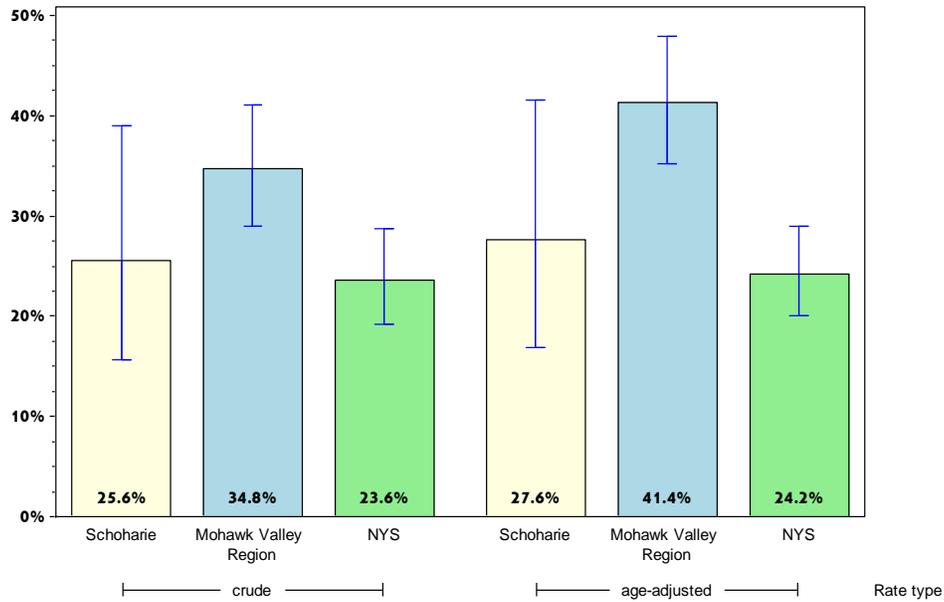
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent Chronic Diseases

Percentage of adults with annual household income less than \$25,000 who are current smokers



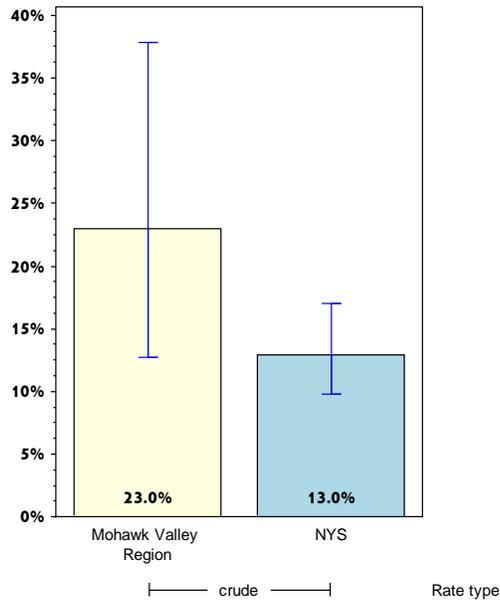
	Schoharie County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,705	25.6 [^]	(15.7-39.0)	19,843	34.8	(29.0-41.0)
Age		#			#	
18-24		#			#	
25-34		#		3,104	44.7 [^]	(29.0-61.5)
35-44		#		4,248	66.0 [^]	(48.0-80.3)
45-64		#		7,288	36.4	(29.1-44.3)
65+		#		1,892	11.7	(7.6-17.6)
Race						
White, NH	1,207	24.7 [^]	(15.2-37.6)	16,819	34.6	(28.7-41.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	993	28.2 [^]	(14.7-47.4)	9,513	39.1 [^]	(29.5-49.6)
female	712	22.7 [^]	(10.3-42.8)	10,330	31.5	(24.7-39.2)
Age-adjusted^{&}		27.6 [^]	(16.9-41.6)		41.4	(35.2-47.9)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent Chronic Diseases

Percentage of adults aged 18-24 years who are current smokers



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		5,575	23.0 [^]	(12.8-37.9)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		5,397	24.9 [^]	(13.6-41.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#			#	
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

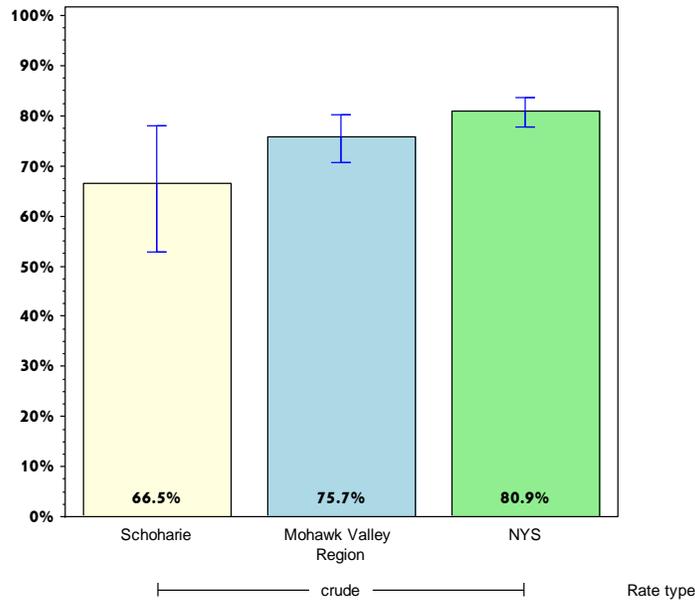
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent Chronic Diseases

Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,622	66.5 [^]	(52.8-77.9)	30,177	75.7	(70.6-80.1)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	3,479	74.7 [^]	(64.6-82.8)	27,509	78.0	(73.7-81.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	3,622	66.5 [^]	(52.8-77.9)	30,177	75.7	(70.6-80.1)
Age-adjusted^{+,&}						

* Mammogram within past 2 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

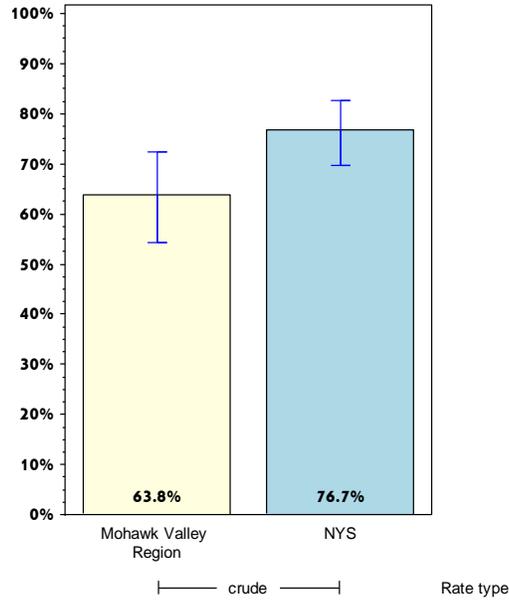
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent Chronic Diseases

Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		7,622	63.8	(54.2-72.4)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		6,482	66.1	(56.5-74.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		7,622	63.8	(54.2-72.4)
Age-adjusted^{+,&}						

* Mammogram within past 2 years.

& Percent is age-adjusted to the 2000 United States Population.

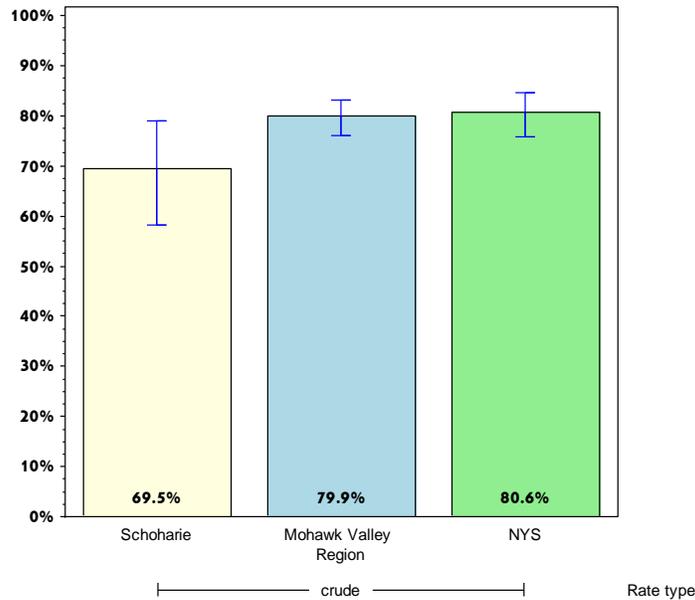
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Schoharie

Prevent Chronic Diseases

Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,098	69.5 [^]	(58.1-78.9)	58,844	79.9	(76.1-83.2)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	5,833	75.3 [^]	(65.2-83.2)	52,741	80.0	(76.1-83.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	6,098	69.5 [^]	(58.1-78.9)	58,844	79.9	(76.1-83.2)
Age-adjusted^{+,&}						

* Pap test within past 3 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

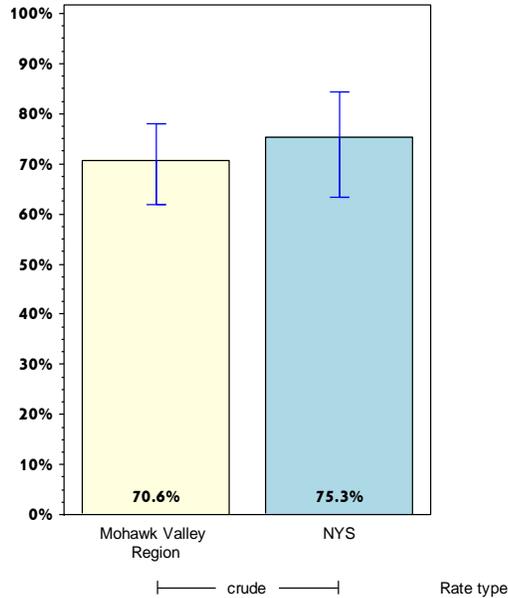
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent Chronic Diseases

Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		14,979	70.6	(61.8-78.1)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		12,453	71.0	(61.8-78.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		14,979	70.6	(61.8-78.1)
Age-adjusted^{+,&}						

* Pap test within past 3 years.

& Percent is age-adjusted to the 2000 United States Population.

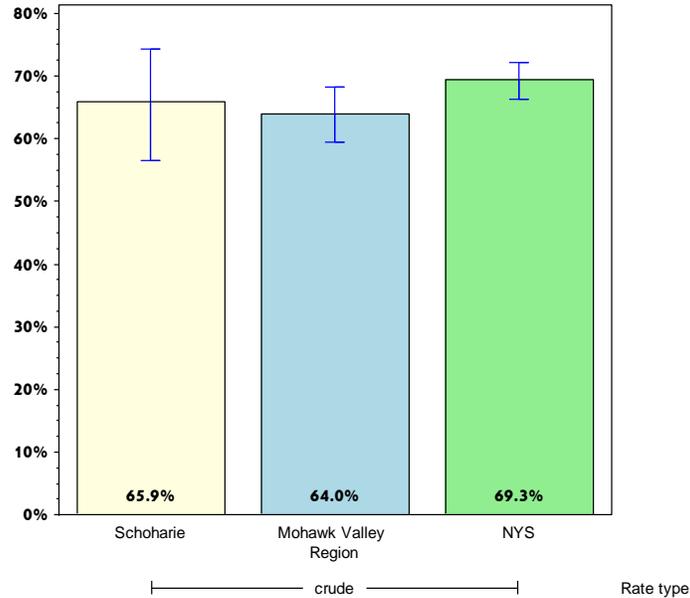
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Schoharie

Prevent Chronic Diseases

Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age⁺	6,293	65.9	(56.5-74.3)	50,394	64.0	(59.5-68.2)
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	6,069	72.8	(65.4-79.2)	45,621	66.3	(62.5-70.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,796	71.6 [^]	(57.9-82.2)	24,385	63.8	(56.4-70.5)
female	3,497	62.0 [^]	(49.2-73.4)	26,009	64.2	(58.7-69.3)
Age-adjusted^{+,&}						

* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

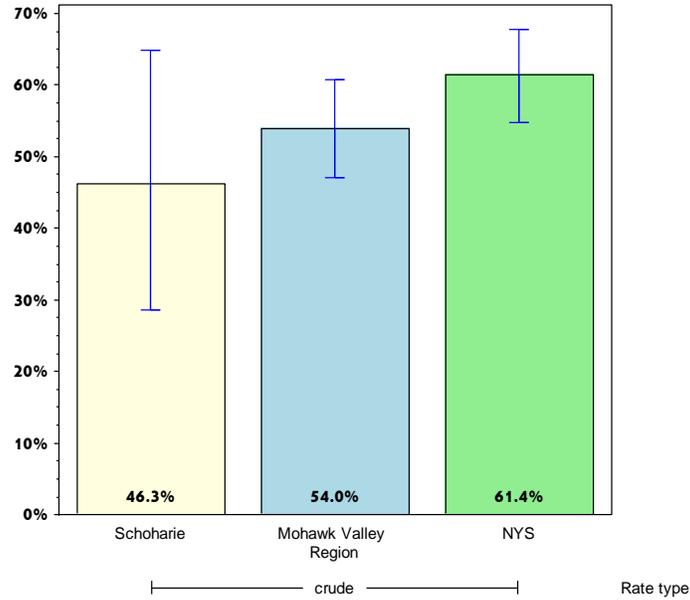
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent Chronic Diseases

Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,348	46.3 [^]	(28.6-64.9)	11,737	54.0	(47.0-60.7)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	#			10,335	56.2	(49.1-63.0)
Black, NH	#			#		
Hispanic	#			#		
Other, NH	#			#		
Sex						
male	#			5,221	54.4 [^]	(43.8-64.7)
female	#			6,516	53.6	(44.5-62.5)
Age-adjusted^{+,&}						

* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

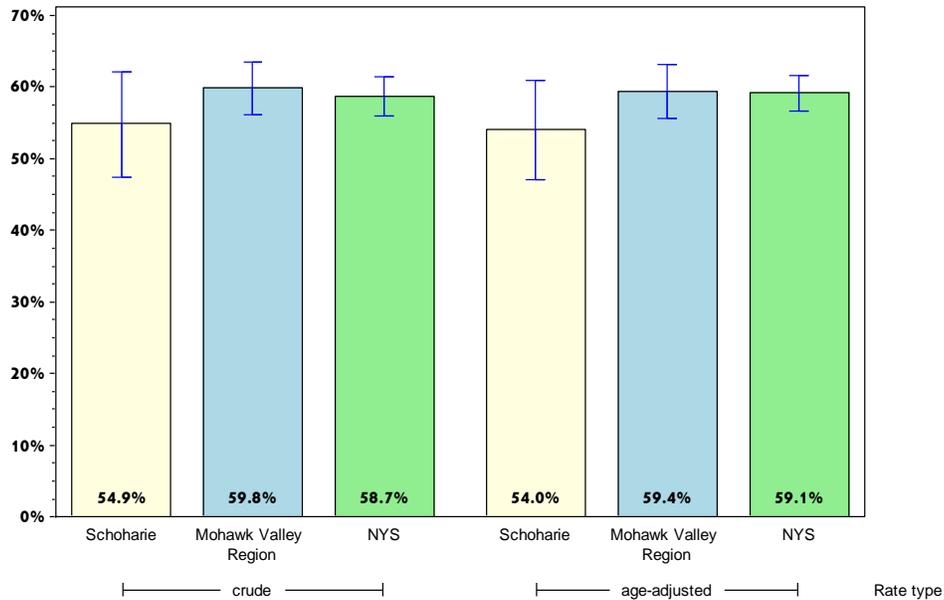
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent Chronic Diseases

Percentage of adults who had a test for high blood sugar or diabetes within the past three years



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	12,407	54.9	(47.5-62.0)	105,935	59.8	(56.1-63.5)
Age		#				
18-24		#		7,570	31.3 [^]	(19.1-46.8)
25-34		#		16,024	55.2 [^]	(44.5-65.4)
35-44		#		15,536	60.7 [^]	(50.3-70.2)
45-64	4,890	59.7 [^]	(49.3-69.2)	43,443	68.2	(63.4-72.7)
65+	3,163	68.6 [^]	(58.2-77.4)	22,579	68.3	(63.1-73.0)
Race						
White, NH	11,187	59.1	(51.9-65.9)	94,138	59.8	(56.1-63.5)
Black, NH		#			#	
Hispanic		#		5,108	46.7 [^]	(28.0-66.3)
Other, NH		#			#	
Sex						
male	4,650	42.7 [^]	(32.2-53.9)	46,949	54.9	(48.8-60.9)
female	7,757	66.1	(57.1-74.2)	58,985	64.4	(60.0-68.6)
Age-adjusted^{&}		54.0	(47.0-60.9)		59.4	(55.6-63.2)

& Percent is age-adjusted to the 2000 United States Population.

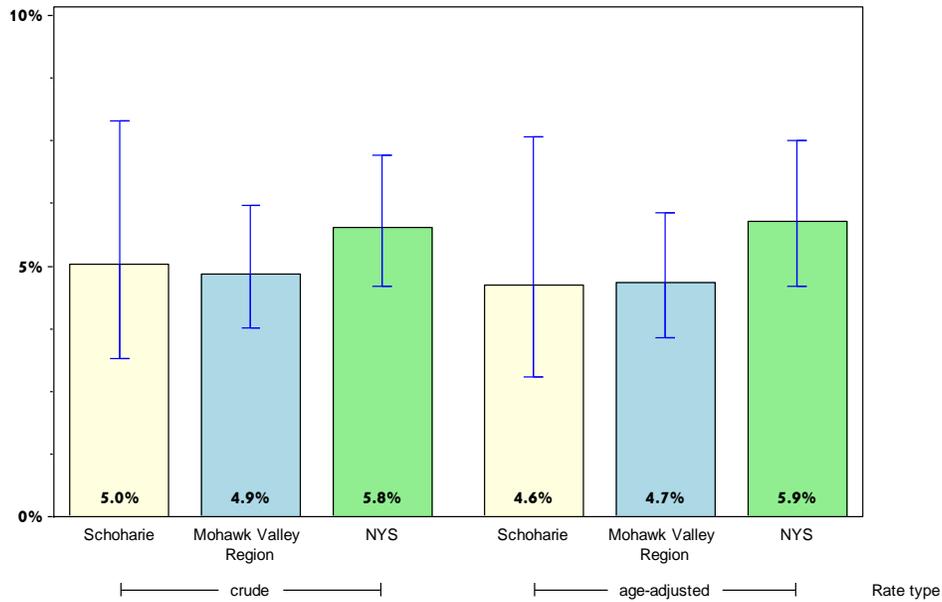
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed prediabetes



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,179	5.0	(3.2-7.9)	8,690	4.9	(3.8-6.2)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	586	7.0	(3.6-13.4)	3,916	6.2	(4.2-9.1)
65+	353	7.6	(4.2-13.6)	2,933	8.7	(6.3-11.8)
Race						
White, NH	1,141	5.8	(3.6-9.1)	8,433	5.3	(4.1-6.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	427	3.7	(1.6-8.2)	3,986	4.6	(3.0-6.8)
female	752	6.3	(3.6-10.8)	4,704	5.1	(3.8-6.9)
Age-adjusted^{&}		4.6	(2.8-7.6)		4.7	(3.6-6.1)

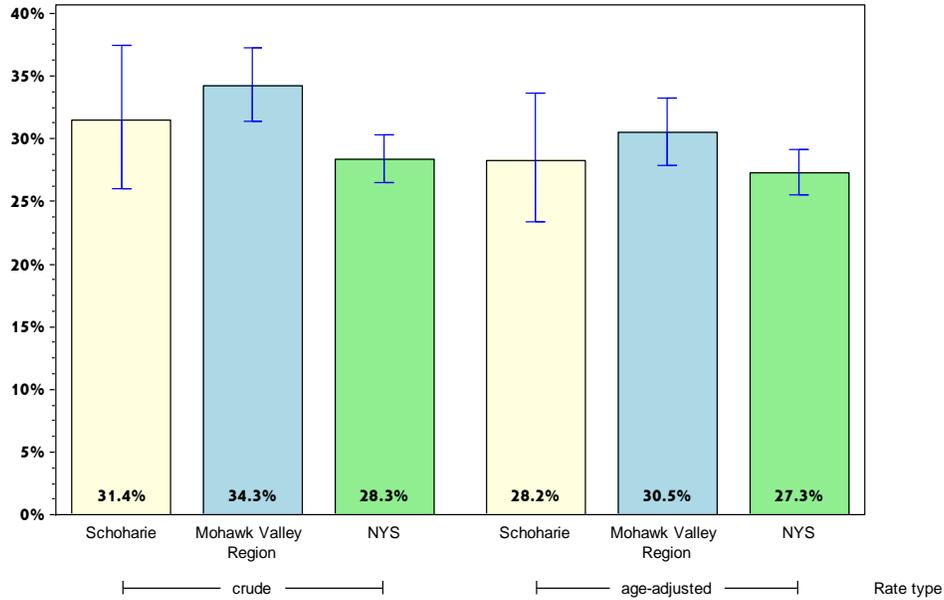
& Percent is age-adjusted to the 2000 United States Population.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Schoharie

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed high blood pressure



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,132	31.4	(26.0-37.5)	71,371	34.3	(31.4-37.3)
Age		#			#	
18-24		#			#	
25-34		#		4,214	13.2	(8.2-20.6)
35-44		#		6,237	22.1	(15.4-30.8)
45-64	3,177	33.2	(25.1-42.5)	30,476	40.1	(35.5-44.9)
65+	3,539	62.9	(53.7-71.2)	28,845	62.9	(58.2-67.3)
Race						
White, NH	6,951	32.3	(26.8-38.3)	63,747	34.8	(31.9-37.7)
Black, NH		#			#	
Hispanic		#		3,383	26.7 [^]	(14.8-43.5)
Other, NH		#		3,562	39.7 [^]	(19.3-64.5)
Sex						
male	4,299	33.4	(24.9-43.1)	35,130	34.8	(30.3-39.6)
female	3,833	29.5	(23.0-37.0)	36,241	33.8	(30.2-37.6)
Age-adjusted^{&}		28.2	(23.4-33.6)		30.5	(27.9-33.3)

& Percent is age-adjusted to the 2000 United States Population.

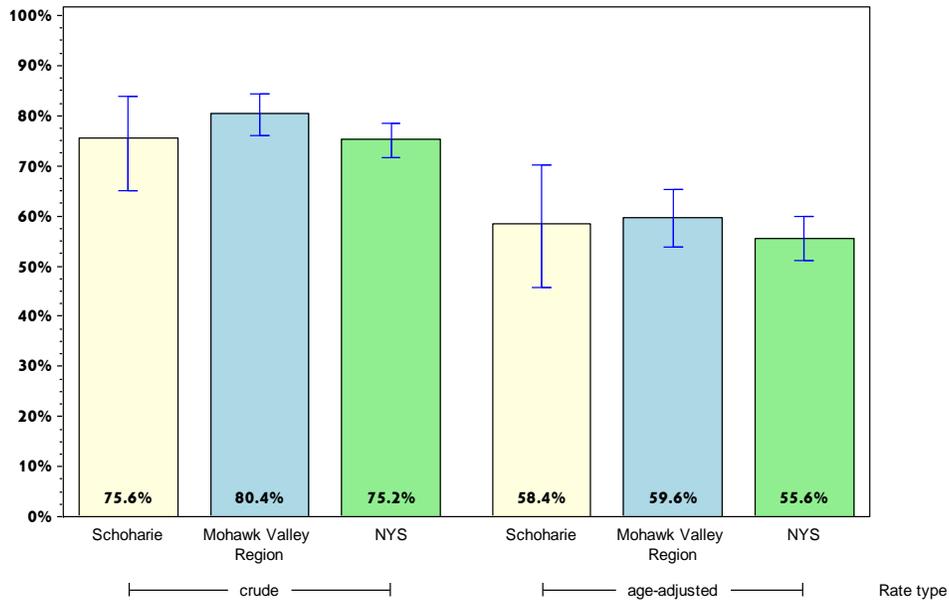
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent Chronic Diseases

Percentage of adults with diagnosed high blood pressure taking high blood pressure medication



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,133	75.6 [^]	(65.0-83.9)	57,303	80.4	(75.9-84.3)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	2,378	74.9 [^]	(59.8-85.6)	24,611	80.8	(74.4-85.8)
65+	3,358	95.5	(89.1-98.2)	26,906	93.6	(90.2-95.8)
Race						
White, NH	5,329	76.9 [^]	(65.9-85.2)	51,214	80.5	(75.8-84.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	3,149	73.3 [^]	(58.1-84.4)	26,829	76.6	(70.1-82.0)
female	2,984	78.3 [^]	(61.9-88.9)	30,474	84.2	(77.4-89.3)
Age-adjusted^{&}		58.4 [^]	(45.7-70.0)		59.6	(53.7-65.3)

& Percent is age-adjusted to the 2000 United States Population.

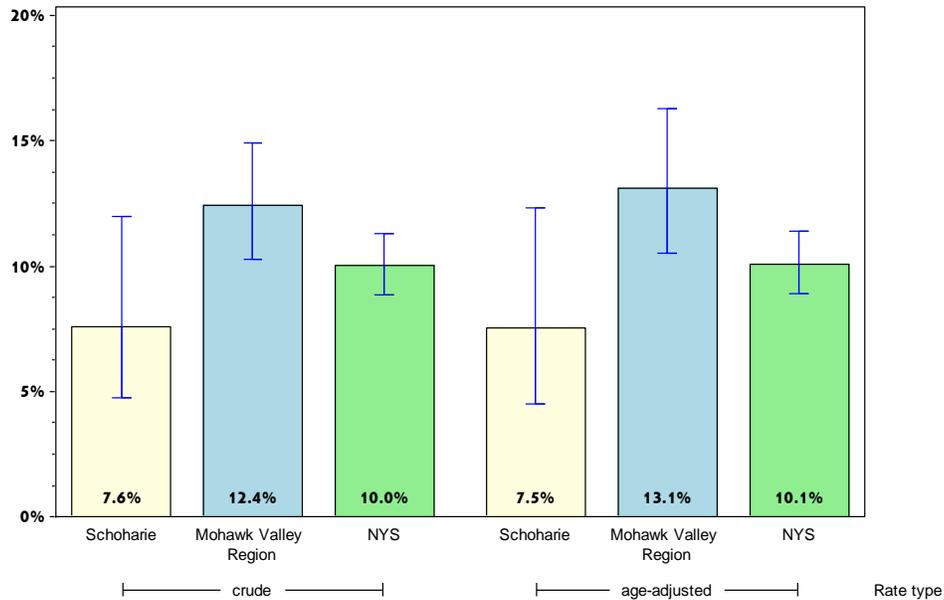
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent Chronic Diseases

Percentage of adults with current asthma*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,899	7.6	(4.7-12.0)	25,680	12.4	(10.3-14.9)
Age						
18-24	#	#		3,091	13.0 [^]	(6.2-25.2)
25-34	#	#		3,952	12.5	(7.8-19.4)
35-44	#	#		5,118	18.2 [^]	(10.1-30.4)
45-64	534	5.7	(3.2-9.8)	9,161	12.1	(9.5-15.3)
65+	685	12.2 [^]	(5.4-25.5)	4,273	9.3	(6.9-12.4)
Race						
White, NH	1,494	6.9	(4.3-11.0)	20,573	11.2	(9.4-13.4)
Black, NH	#	#		#	#	
Hispanic	#	#		3,786	31.9 [^]	(15.4-54.6)
Other, NH	#	#		#	#	
Sex						
male	1,098	9.0	(4.3-17.9)	8,771	8.7	(5.8-12.8)
female	802	6.3	(3.9-10.0)	16,909	15.9	(13.0-19.3)
Age-adjusted^{&}		7.5	(4.5-12.3)		13.1	(10.5-16.3)

* Physician diagnosed asthma.

& Percent is age-adjusted to the 2000 United States Population.

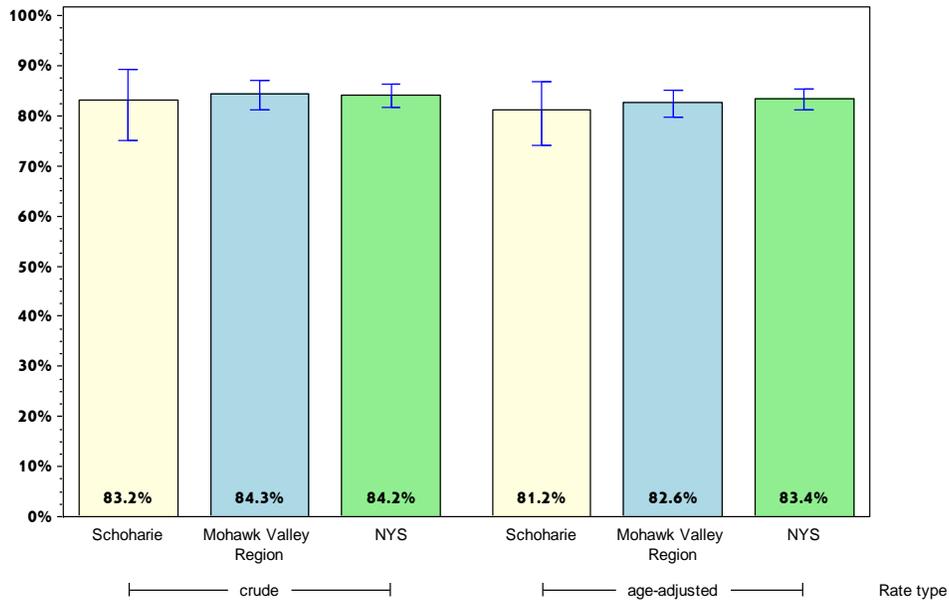
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent Chronic Diseases

Percent of adults with cholesterol checked*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	21,248	83.2	(75.0-89.1)	172,485	84.3	(81.1-87.0)
Age						
18-24	#	#		8,988	37.6 [^]	(24.8-52.4)
25-34	#	#		22,994	76.0	(68.2-82.3)
35-44	3,017	82.8 [^]	(62.6-93.3)	24,643	88.7	(82.9-92.7)
45-64	8,624	90.0	(81.2-94.9)	70,539	92.8	(89.6-95.1)
65+	5,440	97.3	(92.9-99.0)	44,081	97.7	(95.9-98.8)
Race						
White, NH	18,739	87.3	(79.9-92.2)	152,925	84.9	(81.5-87.7)
Black, NH	#	#		#	#	
Hispanic	#	#		9,191	74.7 [^]	(56.4-87.1)
Other, NH	#	#		7,972	88.9 [^]	(75.7-95.3)
Sex						
male	9,837	76.9 [^]	(62.8-86.7)	79,506	80.4	(74.9-85.0)
female	11,411	89.6	(81.7-94.3)	92,979	87.9	(84.6-90.6)
Age-adjusted^{&}		81.2	(74.0-86.8)		82.6	(79.8-85.0)

* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

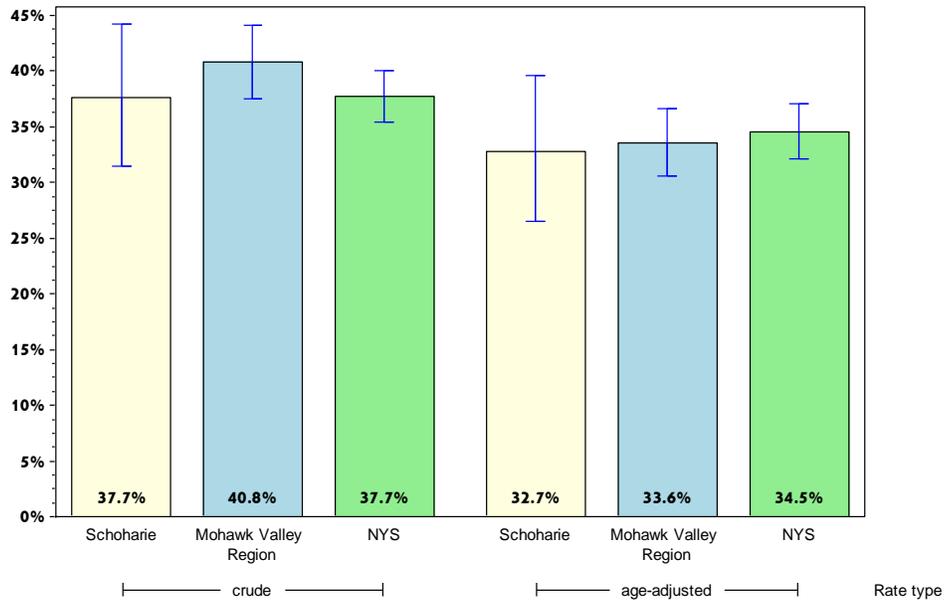
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent Chronic Diseases

Percentage of adults 18 years and older with elevated cholesterol*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	7,919	37.7	(31.5-44.3)	69,936	40.8	(37.5-44.1)
Age		#			#	
18-24		#			#	
25-34		#		4,385	19.1 [^]	(11.6-29.9)
35-44		#		6,830	27.7	(19.8-37.3)
45-64	3,511	41.4 [^]	(31.8-51.6)	32,804	47.0	(42.0-52.0)
65+	2,631	49.1 [^]	(39.1-59.1)	25,396	57.9	(53.1-62.6)
Race						
White, NH	6,791	36.7	(30.6-43.2)	61,740	40.6	(37.5-43.8)
Black, NH		#			#	
Hispanic		#		4,290	46.7 [^]	(26.7-67.7)
Other, NH		#			#	
Sex						
male	4,020	41.6 [^]	(31.7-52.1)	34,064	43.1	(37.8-48.6)
female	3,899	34.3	(26.9-42.7)	35,873	38.8	(34.8-42.8)
Age-adjusted^{&}		32.7	(26.5-39.6)		33.6	(30.6-36.7)

* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

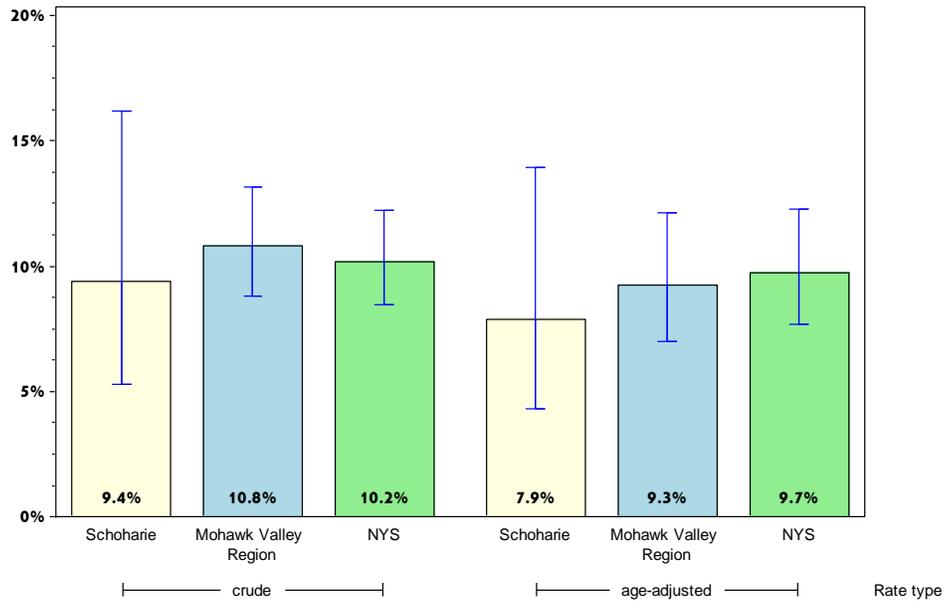
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent Chronic Diseases

Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition*



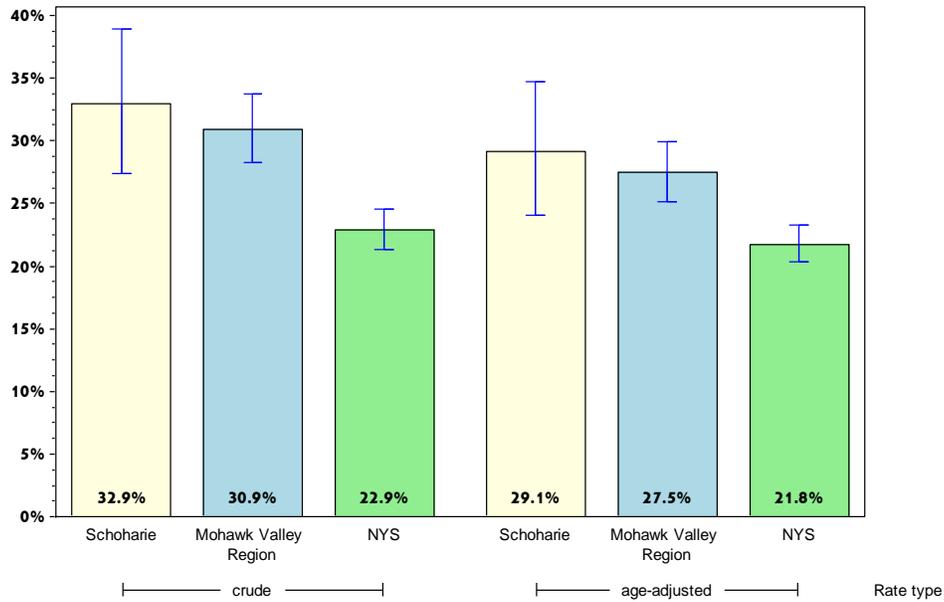
	Schoharie County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,269	9.4	(5.3-16.2)	12,472	10.8	(8.8-13.2)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	718	13.9 [^]	(5.8-29.8)	5,325	11.1	(8.2-15.0)
65+	331	7.4	(4.1-13.2)	4,606	12.6	(9.6-16.3)
Race						
White, NH	908	7.9	(4.9-12.5)	10,903	10.8	(8.8-13.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	583	8.6	(4.5-15.8)	5,467	10.2	(7.5-13.8)
female	685	10.2 [^]	(4.1-23.4)	7,005	11.3	(8.6-14.6)
Age-adjusted^{&}		7.9	(4.3-13.9)		9.3	(7.0-12.1)

* Courses for high blood pressure, arthritis, or diabetes.
 & Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent Chronic Diseases

Percentage of adults with arthritis*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,301	32.9	(27.4-38.9)	64,351	30.9	(28.3-33.7)
Age		#			#	
18-24		#			#	
25-34		#		4,328	13.6	(8.7-20.6)
35-44		#		5,510	19.6	(13.7-27.0)
45-64	3,315	34.6	(26.2-44.0)	28,873	37.9	(33.5-42.6)
65+	3,080	54.7	(45.2-63.9)	24,702	53.9	(49.0-58.8)
Race						
White, NH	7,366	34.2	(28.5-40.4)	58,709	31.9	(29.2-34.8)
Black, NH		#			#	
Hispanic		#		3,287	27.3 [^]	(15.1-44.2)
Other, NH		#		1,541	17.4 [^]	(8.3-33.0)
Sex						
male	3,462	28.2	(20.7-37.2)	27,291	27.1	(23.2-31.3)
female	4,839	37.3	(29.9-45.5)	37,061	34.6	(31.1-38.2)
Age-adjusted^{&}		29.1	(24.1-34.7)		27.5	(25.1-29.9)

* Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.

& Percent is age-adjusted to the 2000 United States Population.

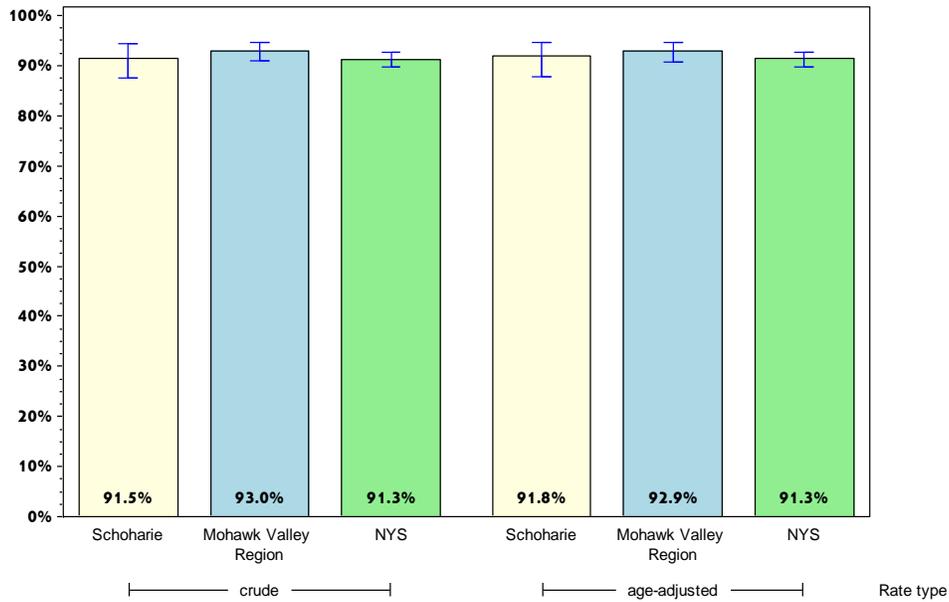
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Promote a Healthy and Safe Environment

Percentage of adults who consider their neighborhood suitable for walking and physical activity



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	21,556	91.5	(87.5-94.2)	183,338	93.0	(90.9-94.6)
Age		#				
18-24		#		19,425	87.4 [^]	(70.4-95.3)
25-34		#		28,290	91.3	(86.1-94.7)
35-44		#		24,515	95.2	(90.6-97.6)
45-64	7,700	85.8	(77.8-91.3)	68,724	93.4	(90.8-95.3)
65+	5,181	97.2	(93.3-98.9)	41,118	94.8	(92.7-96.4)
Race						
White, NH	18,633	91.8	(87.6-94.7)	162,230	93.0	(90.8-94.7)
Black, NH		#			#	
Hispanic		#		10,248	89.2 [^]	(74.3-95.9)
Other, NH		#		7,643	94.2	(84.8-98.0)
Sex						
male	10,910	92.8	(87.0-96.2)	89,870	93.2	(89.2-95.8)
female	10,645	90.1	(84.0-94.0)	93,467	92.7	(90.7-94.3)
Age-adjusted^{&}		91.8	(87.7-94.7)		92.9	(90.6-94.6)

& Percent is age-adjusted to the 2000 United States Population.

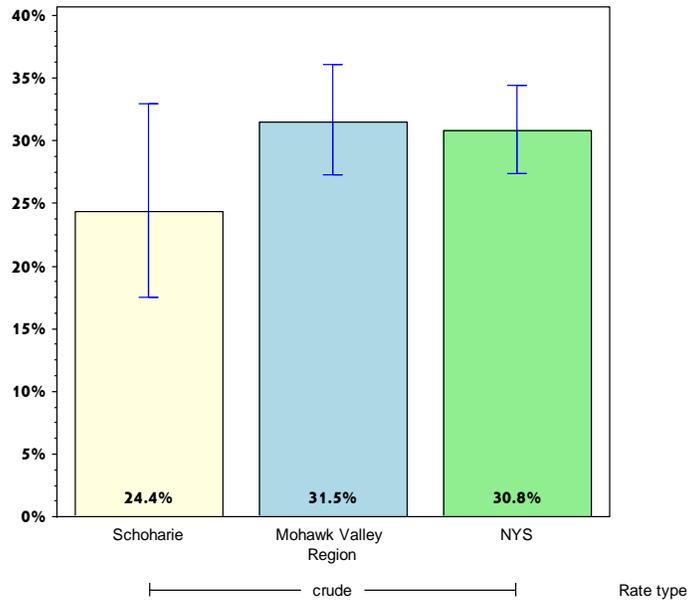
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Promote a Health and Safe Environment

Percentage of adults aged 65+ years with at least one fall in the past 12 months



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,315	24.4	(17.5-33.0)	13,908	31.5	(27.3-36.1)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	1,291	27.0	(19.6-35.9)	13,643	33.7	(29.4-38.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	684	26.0 [^]	(15.5-40.1)	6,493	31.5	(24.6-39.3)
female	631	22.9 [^]	(14.6-33.9)	7,415	31.6	(26.7-36.9)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

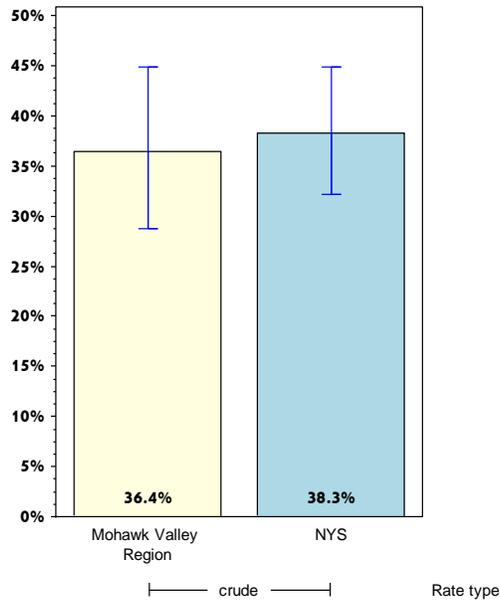
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Promote a Health and Safe Environment

Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI
Total Age⁺		#	
	5,044	36.4	(28.7-44.9)
18-24			
25-34			
35-44			
45-64			
65+			
Race			
White, NH	4,935	36.3	(28.5-44.9)
Black, NH		#	
Hispanic		#	
Other, NH		#	
Sex			
male	2,413	37.4 [^]	(24.9-51.8)
female	2,632	35.6	(26.9-45.3)
Age-adjusted^{+,&}			

* Falls that limited regular activities or lead to doctor visits.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

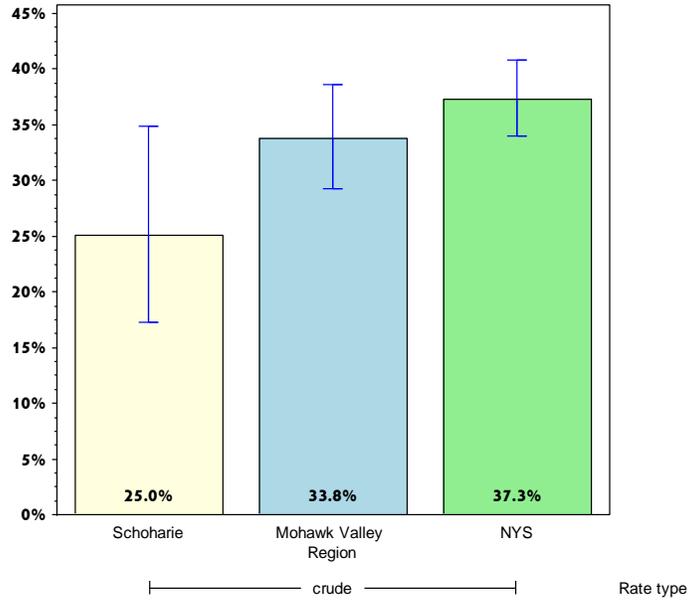
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,206	25.0	(17.2-34.9)	24,095	33.8	(29.3-38.6)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	1,633	21.6	(15.0-30.2)	21,229	34.4	(30.1-38.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,137	31.7 [^]	(19.0-47.8)	12,842	36.2	(28.9-44.2)
female	1,069	20.5 [^]	(11.8-33.0)	11,253	31.4	(26.2-37.1)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

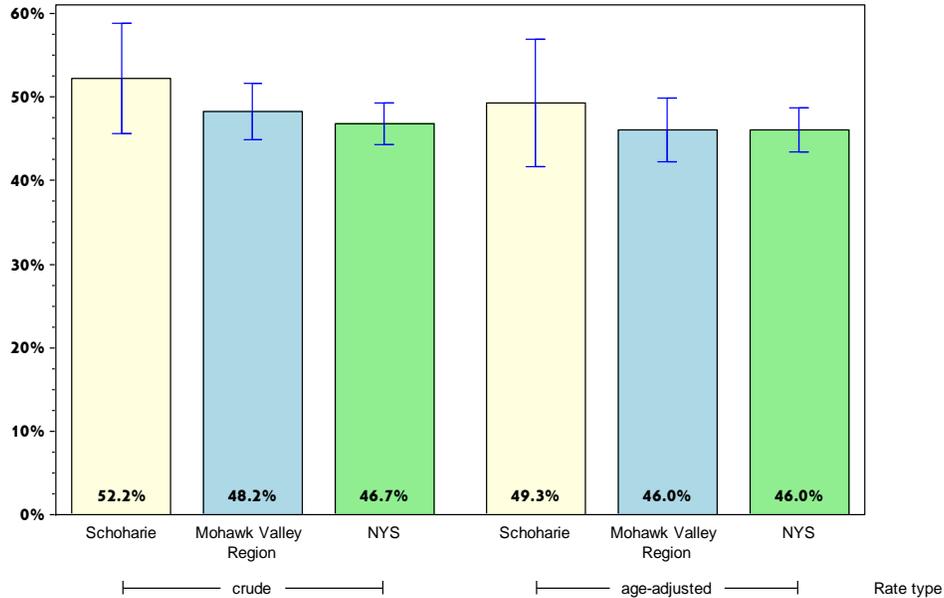
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 18+ years with flu immunization in the past year*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	12,283	52.2	(45.6-58.7)	95,697	48.2	(44.8-51.6)
Age		#				
18-24		#		8,112	37.2 [^]	(23.5-53.3)
25-34		#		12,248	39.5 [^]	(30.2-49.6)
35-44	1,523	43.8 [^]	(27.6-61.4)	10,337	39.7	(30.7-49.5)
45-64	4,641	50.9	(41.0-60.7)	33,478	45.3	(40.5-50.2)
65+	3,873	71.0	(61.5-78.9)	30,607	69.0	(63.8-73.8)
Race						
White, NH	10,639	52.5	(45.9-59.1)	86,474	49.2	(45.8-52.6)
Black, NH		#			#	
Hispanic		#		5,931	52.2 [^]	(33.2-70.6)
Other, NH		#		1,646	20.2 [^]	(9.4-38.3)
Sex						
male	5,733	49.3	(39.4-59.3)	40,862	42.2	(37.0-47.6)
female	6,551	55.1	(46.4-63.4)	54,834	53.9	(49.8-58.0)
Age-adjusted^{&}		49.3	(41.7-56.9)		46.0	(42.3-49.8)

* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

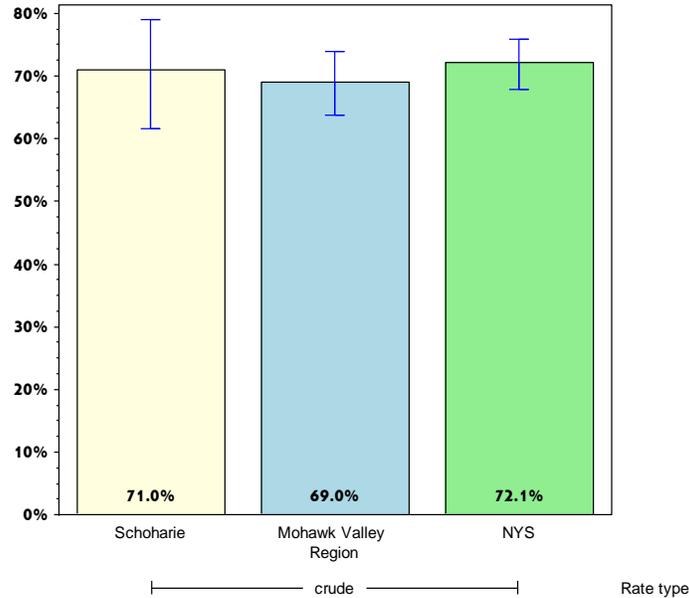
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with flu immunization in the past year*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age⁺	3,873	71.0	(61.5-78.9)	30,607	69.0	(63.8-73.8)
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	3,362	69.4	(59.8-77.6)	28,875	71.0	(66.7-74.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,829	68.3 [^]	(53.4-80.2)	13,326	64.3	(55.0-72.7)
female	2,044	73.6 [^]	(60.8-83.4)	17,281	73.2	(68.0-77.8)
Age-adjusted^{+,&}						

* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

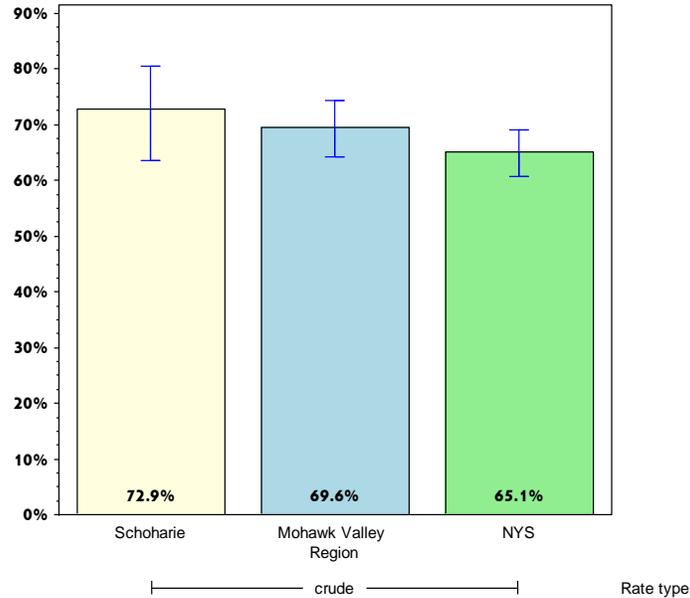
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with pneumococcal immunization



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age⁺	3,863	72.9	(63.6-80.5)	30,090	69.6	(64.2-74.5)
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	3,252	69.3	(59.8-77.5)	28,484	71.6	(67.2-75.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,990	76.4 [^]	(62.8-86.1)	12,646	62.5	(53.1-71.1)
female	1,873	69.4 [^]	(56.7-79.8)	17,444	75.7	(70.5-80.2)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

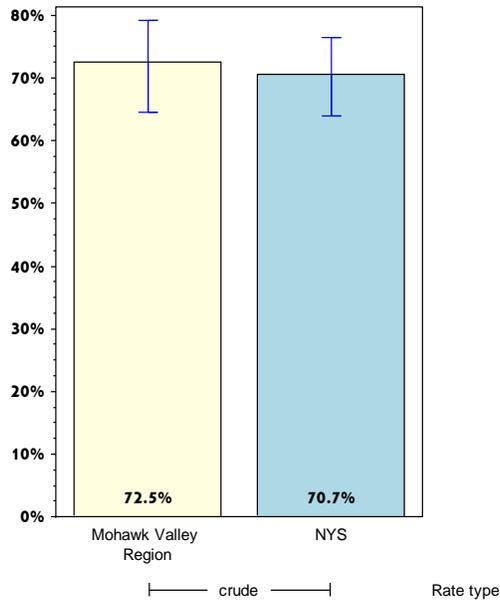
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years who had dental visit within the last year



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		28,581	72.5	(64.5-79.2)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		25,670	73.8	(65.6-80.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		28,581	72.5	(64.5-79.2)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

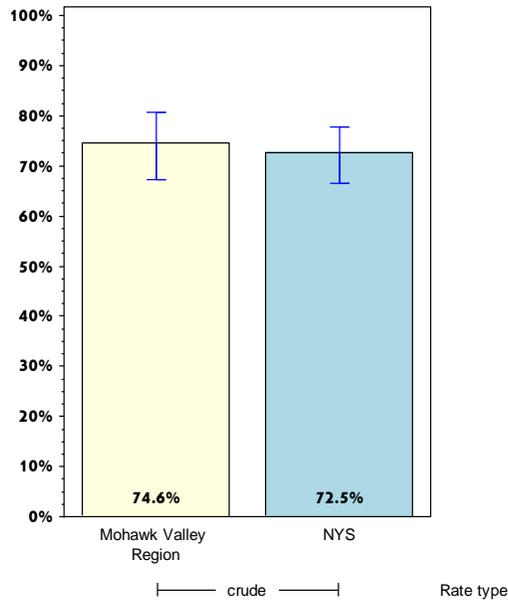
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Schoharie

Promote Healthy Women, Infants, and Children

Women aged 18-44 years who saw a doctor for a routine checkup within the last year



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		32,547	74.6	(67.3-80.7)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		28,057	72.6	(64.7-79.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		32,547	74.6	(67.3-80.7)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

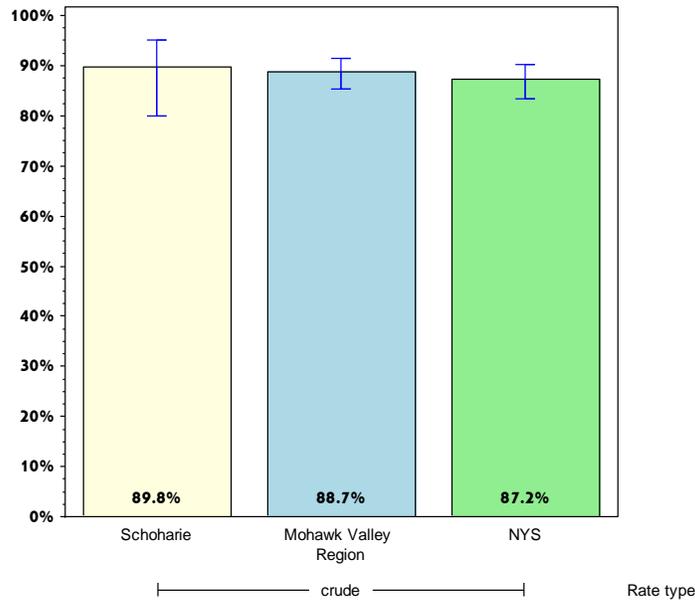
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Schoharie

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-64 years with health care coverage



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,863	89.8	(79.9-95.1)	72,708	88.7	(85.3-91.4)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	7,650	90.9 [^]	(79.9-96.2)	65,234	89.6	(86.0-92.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	8,863	89.8	(79.9-95.1)	72,708	88.7	(85.3-91.4)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

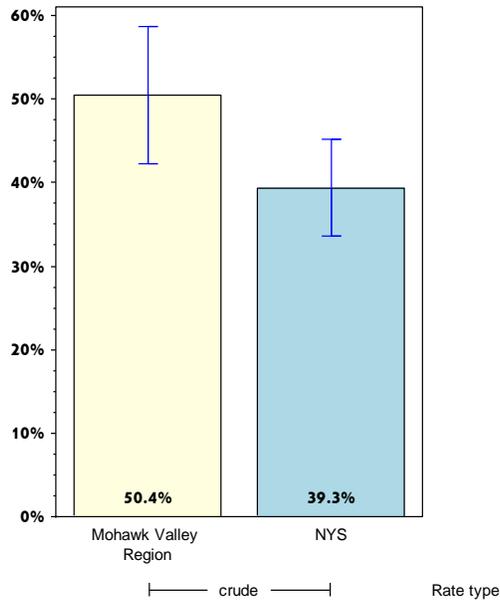
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		19,970	50.4	(42.2-58.6)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		17,541	50.2	(41.6-58.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		19,970	50.4	(42.2-58.6)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

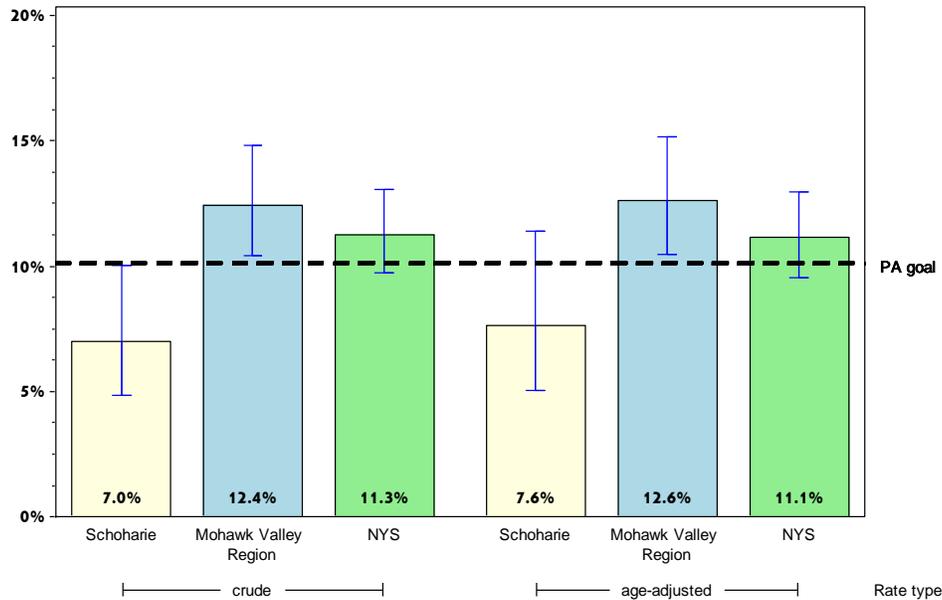
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Schoharie

Promote Mental Health and Prevention Substance Abuse

Percentage of adults with poor mental health for 14 or more days in the last month



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,745	7.0	(4.8-10.0)	25,228	12.4	(10.4-14.8)
Age		#				
18-24		#		3,129	13.4 [^]	(6.6-25.3)
25-34		#		4,401	13.9	(8.9-21.2)
35-44		#		3,323	12.0	(7.5-18.7)
45-64	537	5.6	(3.2-9.9)	11,249	15.1	(11.6-19.4)
65+	352	6.5	(3.7-11.4)	3,115	7.1	(5.3-9.3)
Race						
White, NH	1,353	6.4	(4.2-9.5)	19,994	11.1	(9.2-13.4)
Black, NH		#			#	
Hispanic		#		2,924	25.2 [^]	(12.2-44.8)
Other, NH		#		1,611	18.0 [^]	(7.6-36.9)
Sex						
male	657	5.4	(2.8-10.2)	10,364	10.5	(7.9-13.8)
female	1,088	8.5	(5.4-12.9)	14,864	14.2	(11.3-17.8)
Age-adjusted^{&}		7.6	(5.0-11.4)		12.6	(10.4-15.2)

& Percent is age-adjusted to the 2000 United States Population.

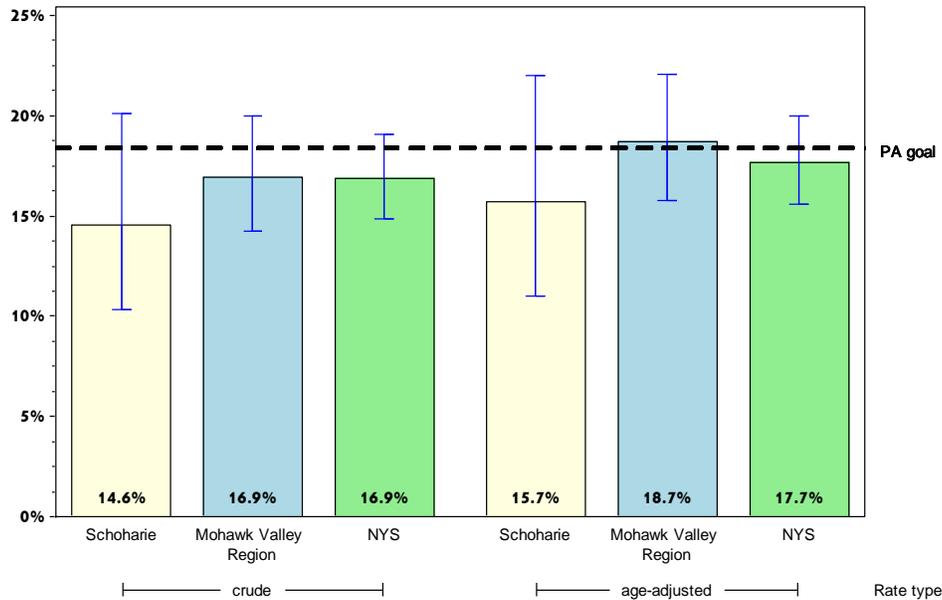
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Promote Mental Health and Prevention Substance Abuse

Percentage of adult binge drinking during the past month*



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,617	14.6	(10.3-20.1)	33,798	16.9	(14.2-20.0)
Age						
18-24		#		7,077	29.2 [^]	(18.0-43.7)
25-34		#		9,514	30.1 [^]	(20.7-41.4)
35-44		#		5,720	21.9	(15.6-29.9)
45-64	1,601	17.8	(11.5-26.6)	9,475	13.1	(10.3-16.4)
65+		#		2,002	4.6	(2.8-7.2)
Race						
White, NH	3,528	17.1	(12.2-23.4)	32,077	18.2	(15.2-21.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,485	19.9 [^]	(12.6-29.9)	21,816	22.5	(17.9-27.8)
female	1,132	9.2	(5.7-14.5)	11,982	11.7	(9.0-15.0)
Age-adjusted^{&}		15.7	(11.0-22.0)		18.7	(15.8-22.1)

* Men who have five or more drinks , women having four or more drinks on one occasion

& Percent is age-adjusted to the 2000 United States Population.

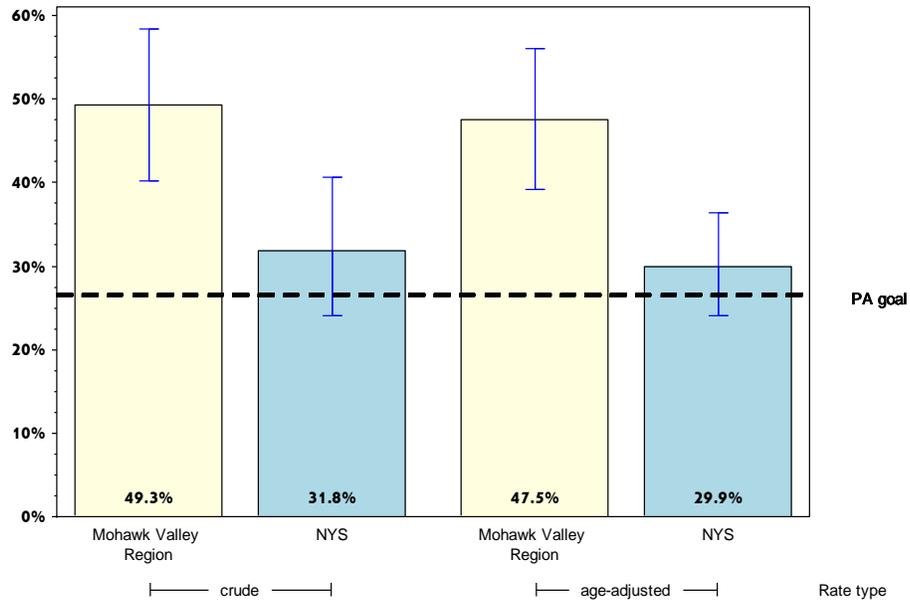
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Schoharie

Promote Mental Health and Prevention Substance Abuse

Percentage of cigarette smoking among adults who report poor mental health



Schoharie County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		11,899	49.3	(40.1-58.4)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		5,940	53.3 [^]	(38.9-67.2)
65+		#			#	
Race		#			#	
White, NH		#		9,319	49.2	(40.0-58.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex		#			#	
male		#		4,770	46.4 [^]	(32.6-60.7)
female		#		7,129	51.4 [^]	(39.5-63.1)
Age-adjusted^{&}		#			47.5	(39.2-56.0)

& Percent is age-adjusted to the 2000 United States Population.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).