

# eBRFSS 2013-2014 Health Indicators: Southern Tier

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## General Description

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

### Reported Health Indicators

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

### Data Collection Methodology, Sampling and Weighting

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods. The 2014 eBRFSS questionnaire used standard questions from the BRFSS. Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

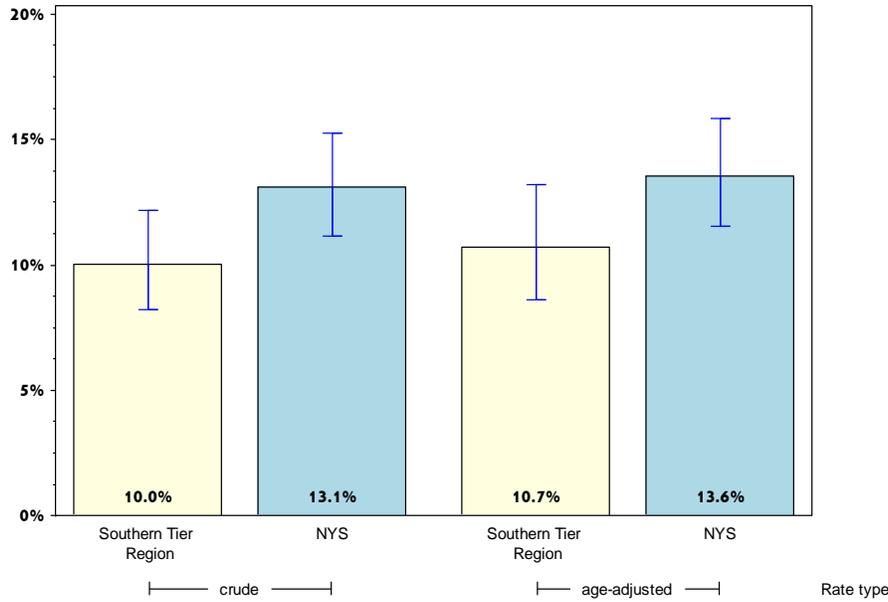
### Limitations of Data Use:

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable. Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than  $\pm 10\%$  are noted.

# Southern Tier

## Improve Health Status and Reduce Health Disparities

Percentage of adults who did not receive medical care because of cost\*



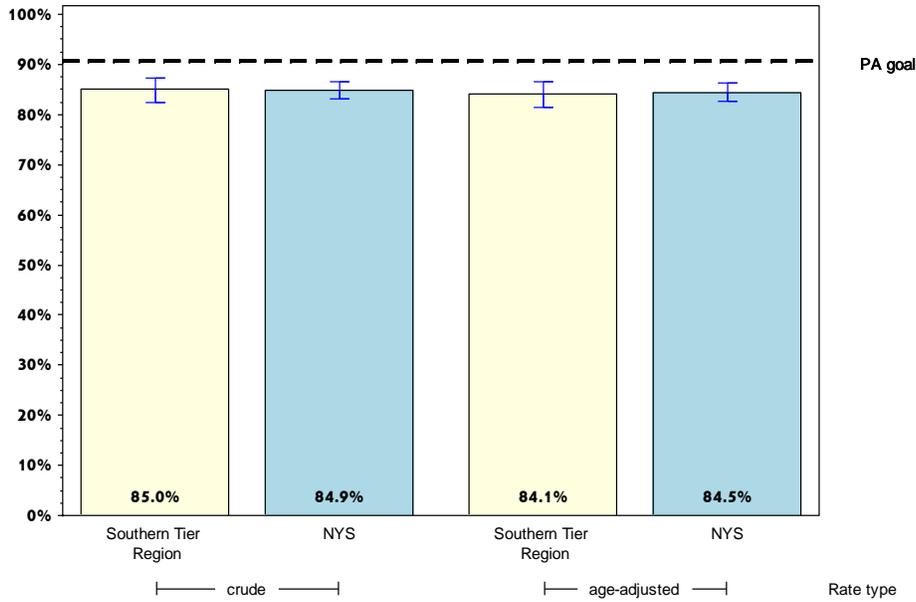
	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	36,229	10.0	8.2	12.2	1,994,210	13.1	11.2	15.3
<b>Age</b>								
18-24	3,485	6.2	3.1	11.9	281,654	14.1 <sup>^</sup>	7.5	25.1
25-34	7,509	12.3	7.7	19.0	537,866	19.7	14.2	26.6
35-44	6,772	14.2	8.3	23.3	423,154	17.0	12.3	23.0
45-64	16,052	13.5	10.3	17.5	596,074	11.9	9.8	14.3
65+	2,128	2.9	1.8	4.6	139,733	5.1	3.0	8.4
<b>Race</b>								
White, NH	28,746	9.5	7.7	11.8	959,531	10.5	8.7	12.7
Black, NH	#	#	#	#	335,184	15.5	10.0	23.4
Hispanic	#	#	#	#	465,114	18.4	14.5	23.0
Other, NH	1,904	7.0	3.2	14.7	234,381	16.3 <sup>^</sup>	7.3	32.6
<b>Sex</b>								
Male	16,682	9.4	7.2	12.3	890,677	12.3	9.6	15.5
Female	19,547	10.6	7.9	13.9	1,103,533	13.8	11.2	16.9
<b>Age-adjusted<sup>&amp;</sup></b>		10.7	8.6	13.2		13.6	11.6	15.8

\* Among people needing to see a doctor in the past 12 months  
 & Percent is age adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Improve Health Status and Reduce Health Disparities

Percentage of adults who have a regular health care provider



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	305,033	85.0	82.4	87.2	12,905,860	84.9	83.1	86.6
<b>Age</b>								
18-24	42,341	75.8 <sup>^</sup>	64.6	84.3	1,486,954	76.3	69.8	81.8
25-34	47,402	77.7	69.2	84.4	1,983,479	72.3	66.1	77.7
35-44	37,697	79.2	71.3	85.4	2,091,488	84.7	79.6	88.7
45-64	105,441	89.5	86.3	92.0	4,450,345	88.6	85.5	91.1
65+	67,547	93.9	90.9	95.9	2,640,269	96.0	94.7	97.1
<b>Race</b>								
White, NH	253,550	84.9	82.3	87.2	7,996,007	88.0	86.6	89.3
Black, NH		#			1,926,090	89.0	83.6	92.7
Hispanic		#			1,725,153	68.6	61.2	75.1
Other, NH	22,327	81.9 <sup>^</sup>	68.4	90.4	1,258,610	87.9	79.9	93.0
<b>Sex</b>								
Male	136,951	77.5	73.5	81.1	5,804,831	80.1	77.1	82.8
Female	168,081	92.2	88.9	94.6	7,101,029	89.3	87.0	91.3
<b>Age-adjusted<sup>&amp;</sup></b>		84.1	81.3	86.5		84.5	82.5	86.2

& Percent is age adjusted to the 2000 United States Population.

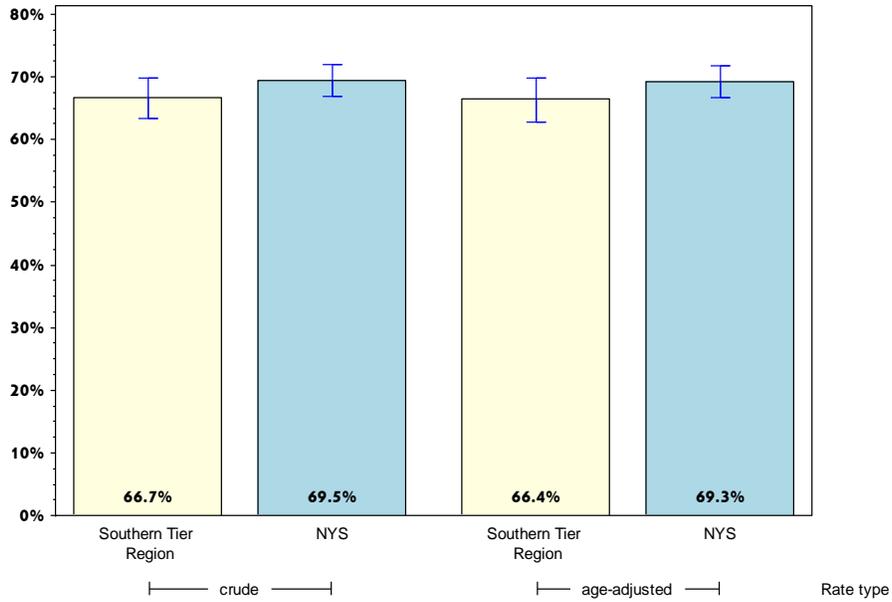
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<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Improve Health Status and Reduce Health Disparities

Percentage of adults who had a dentist visit within the past year



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	220,423	66.7	63.4	69.8	9,774,786	69.5	66.9	72.0
<b>Age</b>								
18-24	29,851	66.4 <sup>^</sup>	54.2	76.8	1,100,494	62.2 <sup>^</sup>	51.0	72.2
25-34	36,594	65.9 <sup>^</sup>	55.2	75.2	1,624,123	65.1	57.7	71.8
35-44	28,479	64.5	54.6	73.3	1,687,707	71.9	65.2	77.8
45-64	77,932	68.5	63.7	73.0	3,421,923	72.6	69.3	75.7
65+	44,963	65.7	60.9	70.2	1,743,883	69.8	66.0	73.4
<b>Race</b>								
White, NH	188,016	66.6	63.2	69.7	6,152,109	72.4	70.1	74.6
Black, NH		#			1,309,282	66.6	57.4	74.7
Hispanic		#			1,435,933	62.9	55.3	70.0
Other, NH	16,234	73.3 <sup>^</sup>	57.0	85.0	877,462	66.5 <sup>^</sup>	52.1	78.4
<b>Sex</b>								
Male	102,550	62.3	57.5	67.0	4,591,800	67.3	63.4	71.1
Female	117,873	71.0	66.6	75.0	5,182,986	71.6	68.1	74.8
<b>Age-adjusted<sup>&amp;</sup></b>		66.4	62.8	69.8		69.3	66.6	71.8

& Percent is age adjusted to the 2000 United States Population.

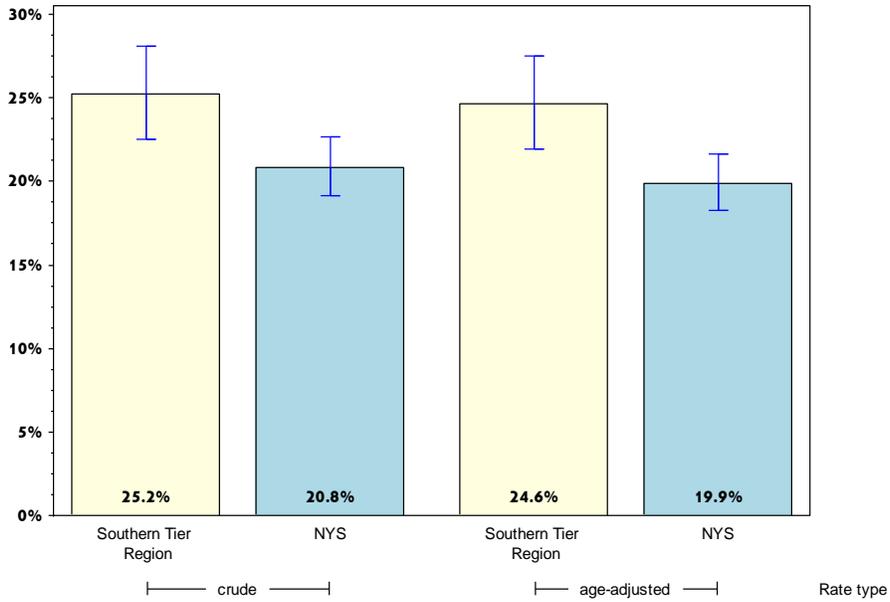
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<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Improve Health Status and Reduce Health Disparities

### Percentage of adults living with a disability\*



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	89,618	25.2	22.5	28.1	3,111,131	20.8	19.1	22.7
<b>Age</b>								
18-24	4,554	8.2	4.3	15.1	119,872	6.1	4.3	8.5
25-34	12,577	21.1 <sup>^</sup>	13.6	31.4	426,647	16.0	10.8	23.2
35-44	8,889	19.4	13.5	27.2	294,471	12.2	9.7	15.3
45-64	36,485	30.8	26.7	35.3	1,195,176	24.2	21.6	27.1
65+	26,446	36.6	31.9	41.5	989,611	36.8	33.1	40.6
<b>Race</b>								
White, NH	77,336	26.0	23.3	28.9	2,187,495	24.4	22.4	26.6
Black, NH		#			332,469	15.8	11.9	20.7
Hispanic		#			420,342	17.0	12.7	22.5
Other, NH	5,878	23.1 <sup>^</sup>	12.8	38.2	170,824	12.3	7.7	19.1
<b>Sex</b>								
Male	43,459	24.9	21.0	29.2	1,349,486	18.9	16.3	21.9
Female	46,159	25.5	21.9	29.5	1,761,645	22.6	20.4	24.9
<b>Age-adjusted<sup>&amp;</sup></b>		24.6	22.0	27.5		19.9	18.3	21.6

\* Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age adjusted to the 2000 United States Population.

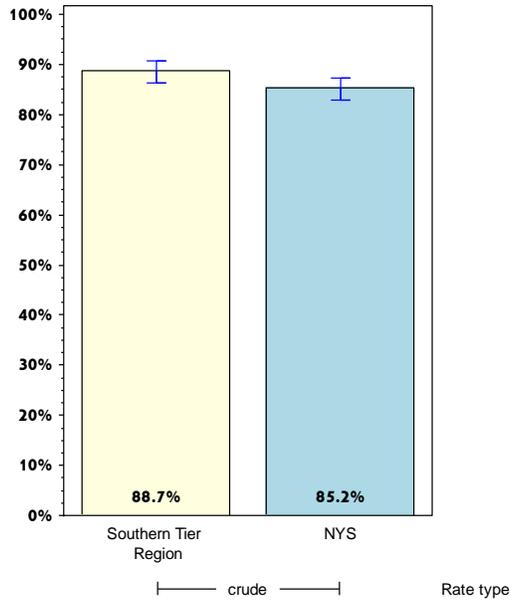
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<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years with healthcare coverage



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	245,502	88.7	86.2	90.8	10,275,389	85.2	82.8	87.3
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	203,392	88.5	85.9	90.7	6,192,415	90.1	88.8	91.3
Black, NH		#			1,606,586	87.9	82.0	92.1
Hispanic		#			1,626,540	73.2	66.2	79.2
Other, NH	19,259	91.4 <sup>^</sup>	78.8	96.8	849,849	74.5 <sup>^</sup>	56.8	86.6
<b>Sex</b>								
Male	119,966	86.4	82.8	89.3	4,924,290	83.2	79.9	86.0
Female	125,536	91.0	87.3	93.7	5,351,099	87.2	83.4	90.2
<b>Age-adjusted<sup>+,&amp;</sup></b>								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

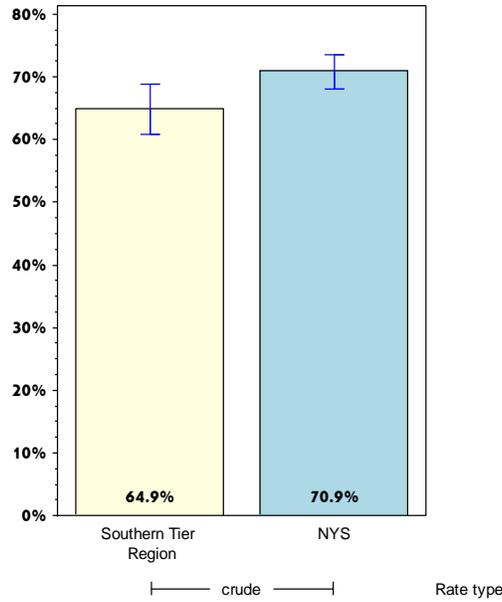
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	182,948	64.9	60.8	68.8	8,622,736	70.9	68.1	73.5
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	143,786	62.5	58.3	66.5	4,721,851	68.7	65.8	71.4
Black, NH		#			1,477,782	80.8	73.1	86.6
Hispanic		#			1,583,308	71.1	63.6	77.6
Other, NH	13,771	65.4 <sup>^</sup>	47.0	80.2	839,795	68.4 <sup>^</sup>	53.1	80.5
<b>Sex</b>								
Male	78,883	56.8	51.1	62.4	3,938,722	65.6	61.4	69.6
Female	104,066	72.8	67.0	77.9	4,684,014	76.0	72.3	79.4
<b>Age-adjusted<sup>+,&amp;</sup></b>								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

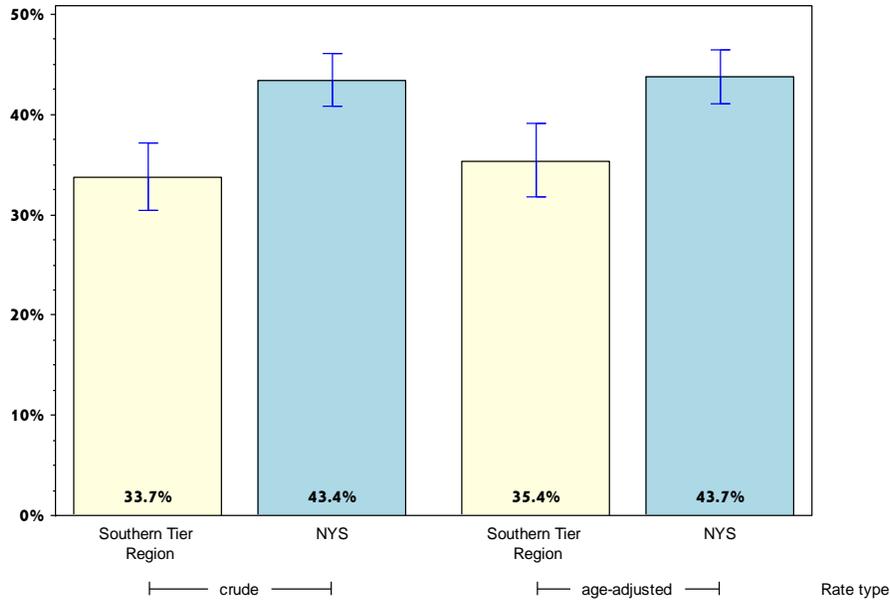
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing housing insecurity in the past 12 months\*



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	110,120	33.7	30.4	37.2	5,967,540	43.4	40.8	46.1
<b>Age</b>								
18-24	13,414	30.9 <sup>^</sup>	19.6	45.0	487,620	30.7 <sup>^</sup>	21.3	42.0
25-34	20,168	36.6 <sup>^</sup>	27.2	47.0	1,403,277	57.7	50.8	64.3
35-44	21,029	46.7	37.1	56.5	1,180,494	50.7	43.4	57.9
45-64	42,480	38.1	33.2	43.2	2,100,265	44.9	41.4	48.4
65+	12,309	18.1	14.2	22.8	688,870	27.8	23.8	32.1
<b>Race</b>								
White, NH	94,835	34.9	31.5	38.3	3,030,019	36.7	34.3	39.2
Black, NH		#			1,078,432	55.5	46.2	64.3
Hispanic		#			1,268,822	57.3	49.7	64.6
Other, NH	5,731	24.3 <sup>^</sup>	13.0	40.7	590,266	44.6 <sup>^</sup>	31.2	58.9
<b>Sex</b>								
Male	47,371	30.5	26.3	35.0	2,630,128	40.1	36.1	44.2
Female	62,749	36.6	31.6	42.0	3,337,412	46.5	43.0	50.0
<b>Age-adjusted<sup>&amp;</sup></b>		35.4	31.8	39.1		43.7	41.0	46.5

\* Worried or stressed about having enough money to pay for rent or mortgage.

& Percent is age adjusted to the 2000 United States Population.

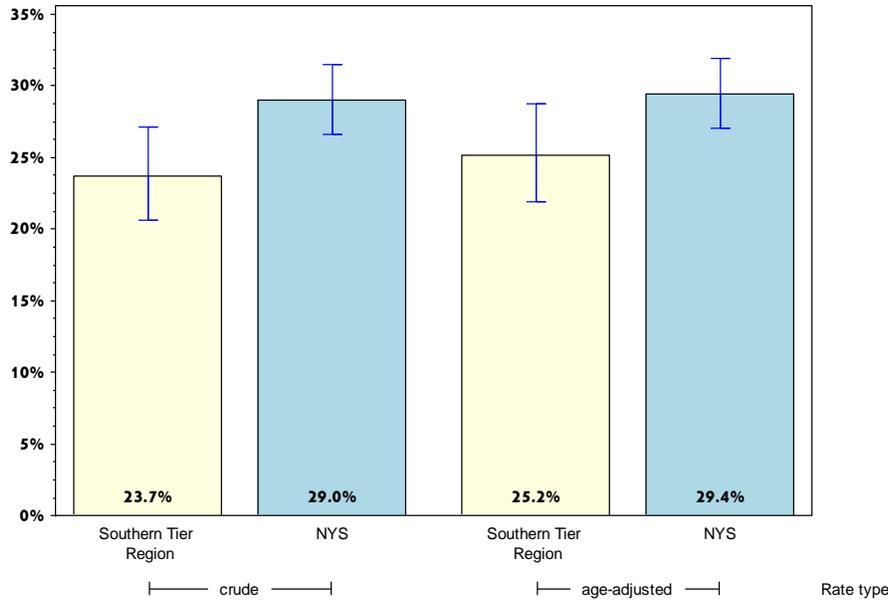
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing food insecurity in the past 12 months\*



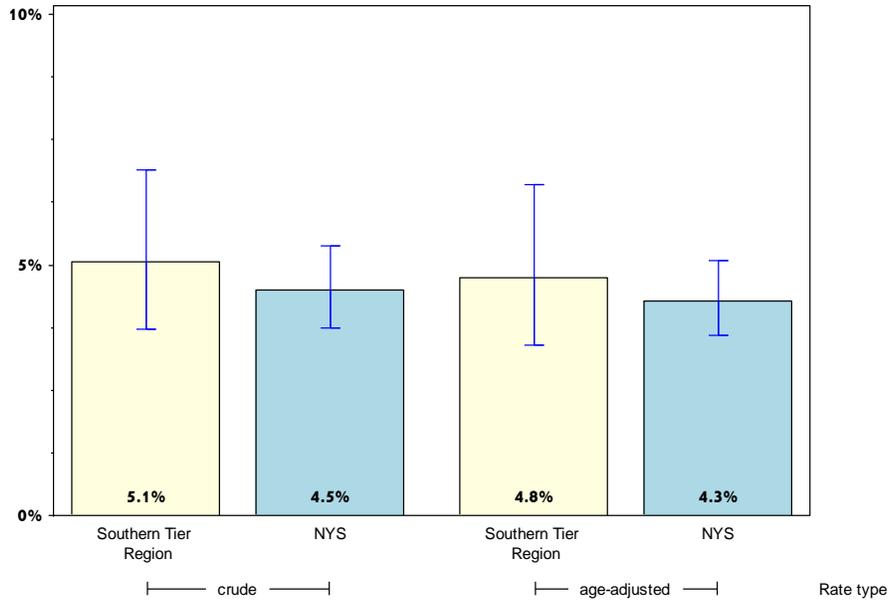
	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	82,315	23.7	20.6	27.1	4,211,702	29.0	26.6	31.5
<b>Age</b>								
18-24	12,360	23.2 <sup>^</sup>	14.6	34.8	339,128	17.9	13.5	23.3
25-34	13,426	23.0	16.2	31.4	1,154,171	44.8	37.7	52.1
35-44	16,225	35.4 <sup>^</sup>	26.0	46.1	786,490	33.0	26.3	40.4
45-64	30,573	26.5	21.5	32.2	1,464,969	30.3	26.9	33.9
65+	9,530	13.5	9.7	18.6	405,259	15.6	12.5	19.3
<b>Race</b>								
White, NH	66,830	23.0	20.0	26.3	1,998,541	22.9	20.6	25.4
Black, NH		#			765,155	37.2	29.3	45.7
Hispanic		#			1,031,787	43.4	36.2	50.8
Other, NH	7,161	29.6 <sup>^</sup>	14.1	51.9	416,220	30.4 <sup>^</sup>	20.2	42.9
<b>Sex</b>								
Male	34,087	20.1	16.1	24.9	1,903,904	27.4	23.6	31.5
Female	48,228	27.1	22.6	32.1	2,307,798	30.5	27.5	33.6
<b>Age-adjusted<sup>&amp;</sup></b>		25.2	21.9	28.8		29.4	27.1	31.9

\* Worried or stressed about having enough money to buy nutritious meals.  
 & Percent is age adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Improve Health Status and Reduce Health Disparities

### Percentage of adults with poor self-reported health



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	18,143	5.1	3.7	6.9	680,314	4.5	3.7	5.4
<b>Age</b>								
18-24	#				20,778	1.0	0.5	2.3
25-34	#				38,067	1.4	0.8	2.5
35-44	#				58,460	2.4	1.5	3.9
45-64	7,509	6.4	4.5	9.0	300,529	6.1	4.5	8.1
65+	5,843	8.1	5.8	11.2	248,637	9.1	6.9	12.0
<b>Race</b>								
White, NH	14,079	4.7	3.2	6.8	365,138	4.0	3.5	4.7
Black, NH	#				58,105	2.7	1.6	4.7
Hispanic	#				213,536	8.4	5.3	13.2
Other, NH	2,274	8.6	4.0	17.6	43,535	3.0	1.4	6.4
<b>Sex</b>								
Male	10,260	5.8	3.6	9.4	298,899	4.1	3.1	5.5
Female	7,882	4.3	3.1	6.1	381,415	4.8	3.9	6.0
<b>Age-adjusted<sup>&amp;</sup></b>		4.8	3.4	6.6		4.3	3.6	5.1

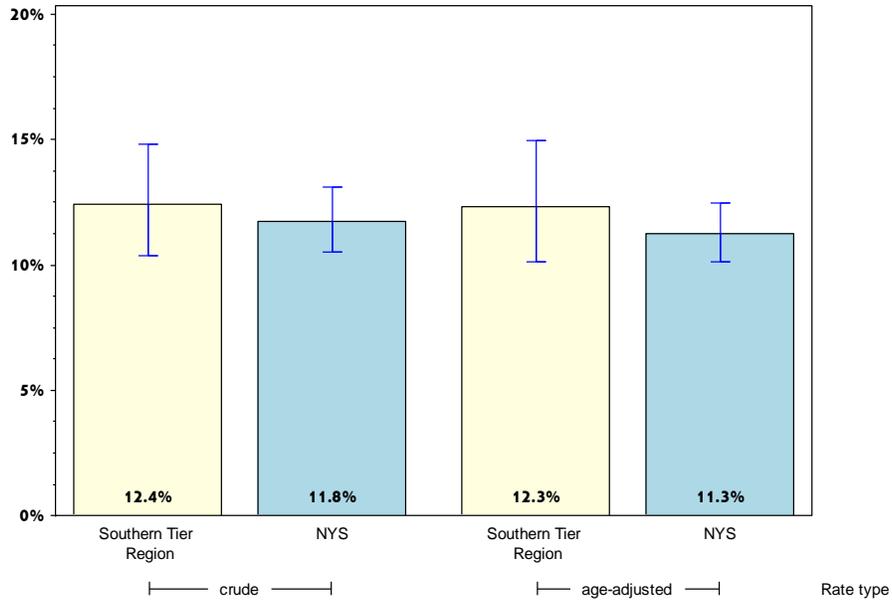
& Percent is age adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Southern Tier

## Improve Health Status and Reduce Health Disparities

Percentage of adults who report 14 or more days of poor physical health\*



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	43,428	12.4	10.4	14.8	1,717,941	11.8	10.5	13.1
<b>Age</b>								
18-24	#				59,108	3.1	1.9	5.1
25-34	5,741	9.6 <sup>^</sup>	4.3	20.1	184,980	7.0	4.8	10.0
35-44	5,563	12.0	6.8	20.5	176,691	7.2	5.2	9.9
45-64	17,383	15.3	12.1	19.0	763,670	15.8	13.5	18.5
65+	12,114	17.3	13.5	21.9	491,091	19.1	16.1	22.5
<b>Race</b>								
White, NH	34,674	11.9	9.9	14.3	1,043,432	11.8	10.7	13.0
Black, NH	#				188,315	9.3	6.3	13.5
Hispanic	#				372,059	16.0	11.5	21.9
Other, NH	4,940	19.1 <sup>^</sup>	9.7	34.2	114,135	8.1	4.7	13.7
<b>Sex</b>								
Male	22,786	13.2	10.1	17.2	722,008	10.3	8.7	12.3
Female	20,642	11.6	9.2	14.5	995,933	13.0	11.3	14.9
<b>Age-adjusted<sup>&amp;</sup></b>		12.3	10.1	14.9		11.3	10.1	12.5

\* Out of the past 30 days.

& Percent is age adjusted to the 2000 United States Population.

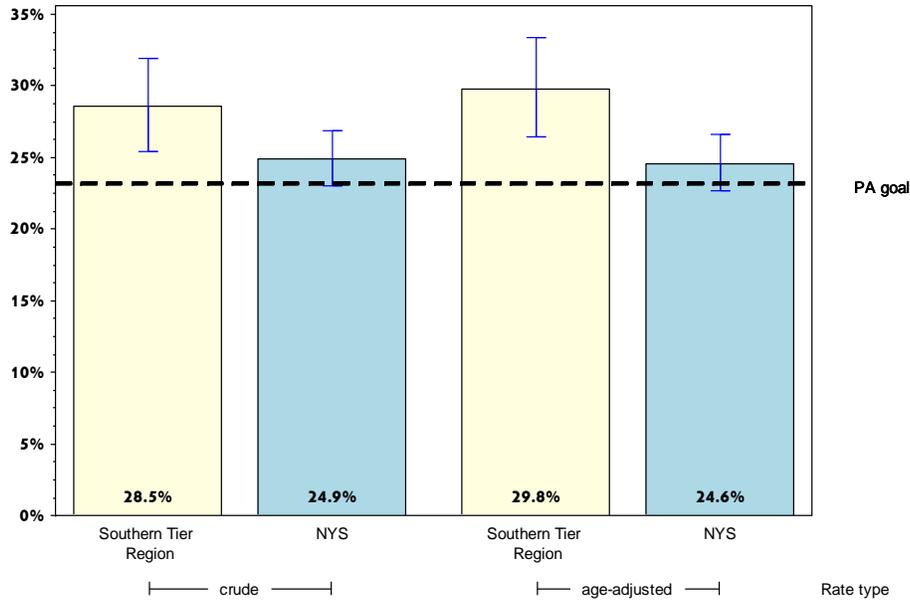
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

### Percentage of adults who are obese\*



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	95,241	28.5	25.4	31.9	3,527,077	24.9	23.0	26.9
<b>Age</b>								
18-24	7,926	14.8 <sup>^</sup>	8.1	25.3	318,556	17.8	11.7	26.0
25-34	16,121	30.6 <sup>^</sup>	21.4	41.6	509,101	20.8	16.8	25.4
35-44	15,806	36.4 <sup>^</sup>	27.1	46.9	573,976	24.7	20.0	30.1
45-64	37,057	32.8	28.3	37.6	1,452,755	30.5	27.5	33.7
65+	18,039	26.4	21.6	31.9	615,010	23.4	20.1	27.0
<b>Race</b>								
White, NH	82,917	29.7	26.5	33.1	2,139,878	25.0	23.2	26.9
Black, NH		#			638,079	30.7	24.2	38.1
Hispanic		#			622,984	28.0	21.8	35.1
Other, NH	4,994	19.2 <sup>^</sup>	9.3	35.7	126,136	9.6	6.3	14.4
<b>Sex</b>								
Male	49,087	28.2	23.8	33.0	1,782,686	25.3	22.5	28.3
Female	46,154	28.9	24.5	33.7	1,744,390	24.5	22.0	27.1
<b>Age-adjusted<sup>&amp;</sup></b>		29.8	26.4	33.4		24.6	22.7	26.6

\* Obesity defined as a Body Mass Index (BMI)  $\geq 30$ . BMI is calculated based on weight and height.

& Percent is age adjusted to the 2000 United States Population.

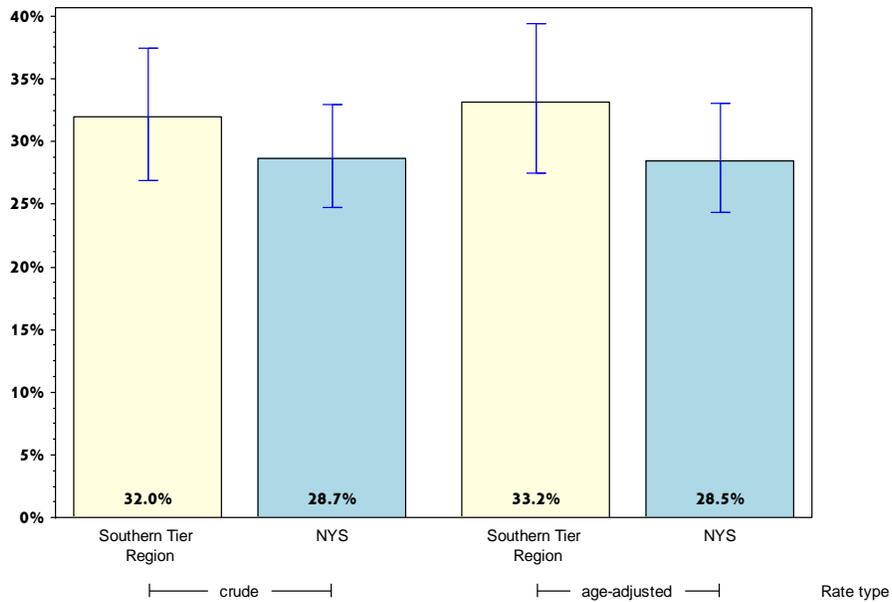
# Rates with  $<10$  in the numerator or  $<50$  in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

Percentage of adults with an annual household income less than \$25,000 who are obese\*



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	29,061	32.0	26.9	37.5	1,029,079	28.7	24.7	33.0
<b>Age</b>								
18-24	#	#			88,578	21.3 <sup>^</sup>	10.0	39.7
25-34	3,472	20.1 <sup>^</sup>	11.0	33.8	177,054	26.6 <sup>^</sup>	17.0	39.0
35-44	4,258	44.8 <sup>^</sup>	26.9	64.2	165,333	28.8 <sup>^</sup>	19.5	40.3
45-64	12,769	40.5	31.9	49.7	386,736	34.8	28.0	42.1
65+	6,552	28.8	22.1	36.6	190,291	24.4	18.8	31.1
<b>Race</b>								
White, NH	24,568	32.3	27.0	38.0	500,787	30.3	25.6	35.4
Black, NH	#	#			165,021	25.3 <sup>^</sup>	16.7	36.3
Hispanic	#	#			287,948	30.1 <sup>^</sup>	21.1	41.0
Other, NH	#	#			75,322	23.1 <sup>^</sup>	12.4	39.0
<b>Sex</b>								
Male	11,743	25.7	19.2	33.5	386,764	23.8	18.1	30.5
Female	17,318	38.3	31.1	46.1	642,314	32.7	27.6	38.3
<b>Age-adjusted<sup>&amp;</sup></b>		33.2	27.4	39.4		28.5	24.3	33.0

\* Obesity defined as a Body Mass Index (BMI)  $\geq 30$ . BMI is calculated based on weight and height.

& Percent is age adjusted to the 2000 United States Population.

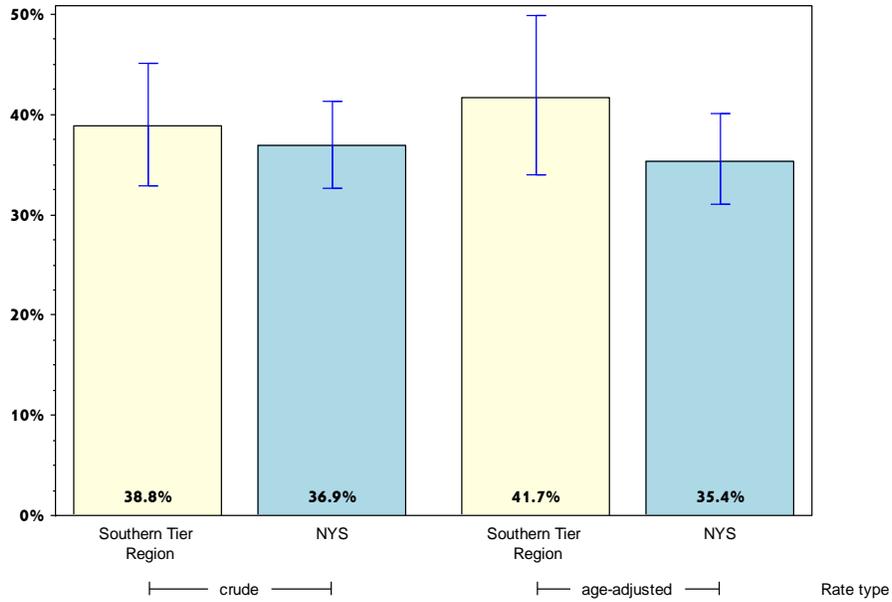
# Rates with  $< 10$  in the numerator or  $< 50$  in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

Percentage of adults living with a disability who are obese\*



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	32,685	38.8	32.9	45.1	1,093,091	36.9	32.7	41.3
<b>Age</b>								
18-24	#				18,440	16.5 <sup>^</sup>	9.8	26.5
25-34	#				122,752	31.0 <sup>^</sup>	16.7	50.1
35-44	#				109,843	39.7 <sup>^</sup>	30.4	49.8
45-64	15,081	43.9	36.0	52.2	535,031	45.9	39.5	52.5
65+	7,075	27.6	21.3	35.0	283,502	30.3	25.2	36.1
<b>Race</b>								
White, NH	26,719	37.0	30.9	43.7	698,173	33.3	29.0	37.8
Black, NH	#				188,077	58.3 <sup>^</sup>	44.8	70.6
Hispanic	#				170,166	46.0 <sup>^</sup>	30.4	62.5
Other, NH	#				36,674	21.7 <sup>^</sup>	12.1	35.9
<b>Sex</b>								
Male	15,797	36.6 <sup>^</sup>	27.5	46.8	430,886	32.6	26.2	39.7
Female	16,888	41.2	34.0	48.7	662,205	40.4	35.1	45.8
<b>Age-adjusted<sup>&amp;</sup></b>		41.7	34.0	49.9		35.4	31.0	40.0

\* Obesity defined as a Body Mass Index (BMI)  $\geq 30$ . BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age adjusted to the 2000 United States Population.

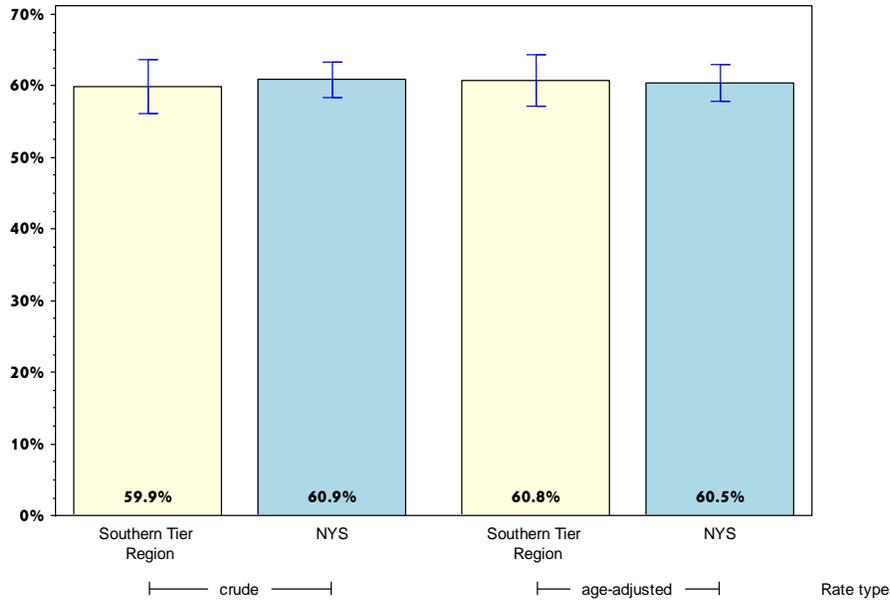
# Rates with  $<10$  in the numerator or  $<50$  in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

### Percentage of adults overweight or obese\*



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	199,985	59.9	56.1	63.7	8,631,360	60.9	58.4	63.3
<b>Age</b>								
18-24	19,724	36.7 <sup>^</sup>	25.1	50.2	656,771	36.6	28.8	45.2
25-34	26,653	50.6 <sup>^</sup>	40.5	60.7	1,528,245	62.4	55.9	68.4
35-44	30,381	70.0	60.6	78.1	1,362,541	58.6	50.8	66.0
45-64	76,054	67.3	62.0	72.3	3,335,153	70.0	66.8	73.1
65+	45,261	66.4	61.6	70.8	1,632,723	62.1	58.1	65.9
<b>Race</b>								
White, NH	174,723	62.5	59.1	65.9	5,260,942	61.5	59.3	63.5
Black, NH		#			1,520,031	73.1	63.8	80.7
Hispanic		#			1,346,413	60.5	52.9	67.5
Other, NH	11,547	44.5 <sup>^</sup>	28.3	61.9	503,974	38.4 <sup>^</sup>	28.1	49.9
<b>Sex</b>								
Male	112,653	64.7	59.7	69.4	4,736,847	67.1	63.2	70.8
Female	87,331	54.7	49.0	60.3	3,894,512	54.7	51.4	57.9
<b>Age-adjusted<sup>&amp;</sup></b>		60.8	57.1	64.3		60.5	57.9	63.0

\* Defined as a Body Mass Index (BMI) >=25. BMI is calculated based on weight and height.

& Percent is age adjusted to the 2000 United States Population.

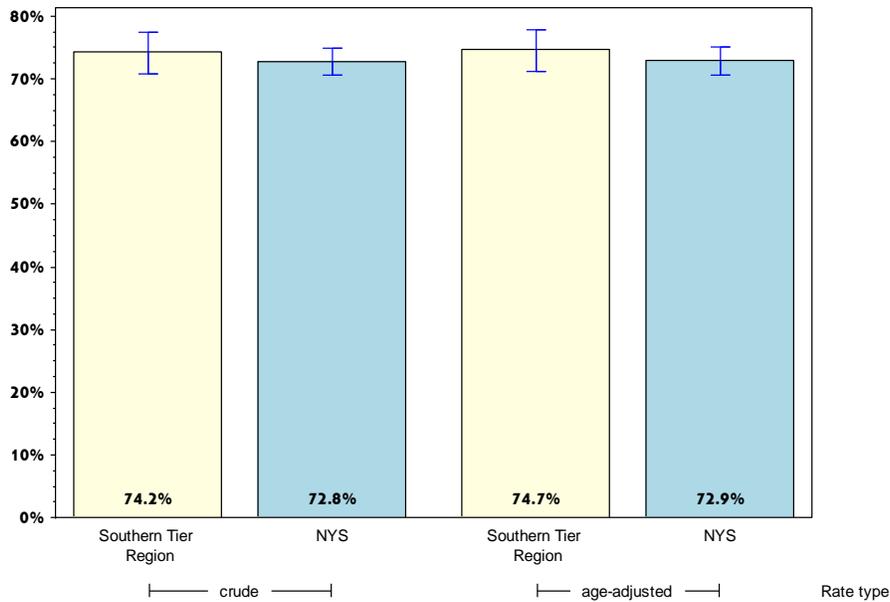
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

Percentage of adults who participated in leisure time physical activity in the past 30 days\*



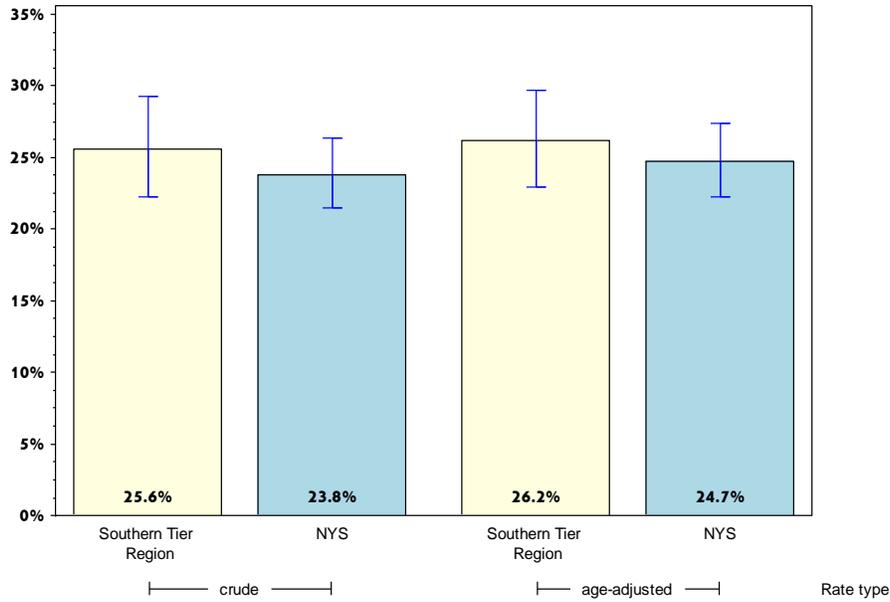
	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	259,735	74.2	70.9	77.4	10,681,161	72.8	70.6	74.9
<b>Age</b>								
18-24	41,971	78.8 <sup>^</sup>	66.5	87.4	1,601,630	84.1	78.5	88.5
25-34	42,562	71.7 <sup>^</sup>	58.8	81.7	1,900,064	73.1	67.1	78.4
35-44	36,839	80.3	72.6	86.3	1,722,858	71.5	63.8	78.1
45-64	85,632	73.9	69.3	78.1	3,443,881	70.8	67.5	73.8
65+	48,976	68.8	64.2	73.1	1,840,519	69.5	66.1	72.7
<b>Race</b>								
White, NH	213,124	72.9	69.7	75.9	6,662,678	75.8	74.0	77.4
Black, NH		#			1,525,317	73.8	66.8	79.7
Hispanic		#			1,507,430	62.4	55.4	68.9
Other, NH	22,139	88.7 <sup>^</sup>	78.0	94.6	985,735	70.6 <sup>^</sup>	56.9	81.3
<b>Sex</b>								
Male	133,344	78.2	74.0	81.9	5,439,883	77.3	74.6	79.8
Female	126,391	70.5	65.2	75.2	5,241,278	68.6	65.3	71.7
<b>Age-adjusted<sup>&amp;</sup></b>		74.7	71.2	77.8		72.9	70.5	75.1

\* Any physical activities or exercises such as running or walking  
 & Percent is age adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

Percentage of adults who consume one or more sugary drinks daily\*



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	88,098	25.6	22.3	29.3	3,402,766	23.8	21.5	26.3
<b>Age</b>								
18-24	20,979	40.1 <sup>^</sup>	27.3	54.3	670,630	36.9	28.0	46.7
25-34	23,280	40.2 <sup>^</sup>	29.5	52.0	733,289	28.9	22.5	36.4
35-44	11,061	24.2	18.0	31.8	769,136	32.4	25.4	40.3
45-64	23,746	20.8	17.0	25.1	839,390	17.6	15.0	20.5
65+	8,799	12.6	10.0	15.8	348,734	13.7	11.1	16.9
<b>Race</b>								
White, NH	71,236	24.8	21.6	28.3	1,754,487	20.4	18.3	22.8
Black, NH		#			671,592	33.6	25.4	43.0
Hispanic		#			700,337	29.8	23.7	36.8
Other, NH	4,913	20.3 <sup>^</sup>	11.0	34.3	276,350	20.4 <sup>^</sup>	10.6	35.5
<b>Sex</b>								
Male	44,773	26.7	22.6	31.2	1,782,648	26.0	22.5	29.8
Female	43,325	24.6	19.6	30.4	1,620,118	21.8	18.7	25.3
<b>Age-adjusted<sup>&amp;</sup></b>		26.2	22.9	29.7		24.7	22.2	27.4

\* Sugary drinks include regular soda, and sugar-sweetened drinks.

& Percent is age adjusted to the 2000 United States Population.

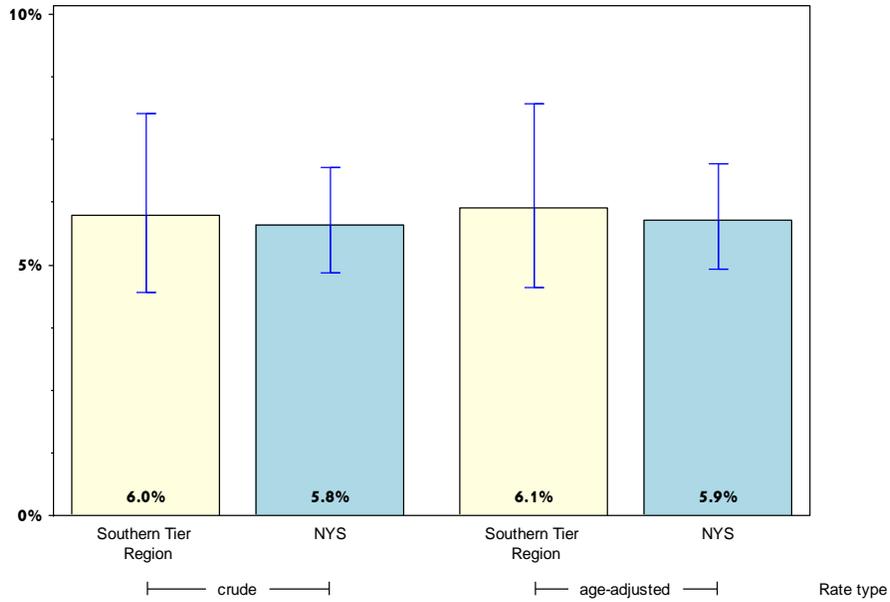
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

Percentage of adults who consume fast-food three or more times per week



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	20,347	6.0	4.5	8.0	817,815	5.8	4.8	6.9
<b>Age</b>								
18-24	#				172,464	9.7	6.9	13.6
25-34	6,344	11.0	6.3	18.6	252,437	10.0	6.9	14.2
35-44	2,414	5.3	2.5	10.8	106,397	4.5	3.2	6.3
45-64	5,371	4.7	2.9	7.5	234,582	5.0	3.3	7.4
65+	1,671	2.4	1.4	4.1	47,255	1.9	1.3	2.7
<b>Race</b>								
White, NH	15,486	5.4	3.9	7.5	433,016	5.1	4.4	5.9
Black, NH	#				122,943	6.2	4.1	9.3
Hispanic	#				219,779	9.6	5.6	16.0
Other, NH	#				42,077	3.2	1.8	5.5
<b>Sex</b>								
Male	12,975	7.9	5.5	11.2	560,514	8.2	6.6	10.3
Female	7,372	4.2	2.6	6.9	257,301	3.5	2.6	4.8
<b>Age-adjusted<sup>&amp;</sup></b>		6.1	4.5	8.2		5.9	4.9	7.0

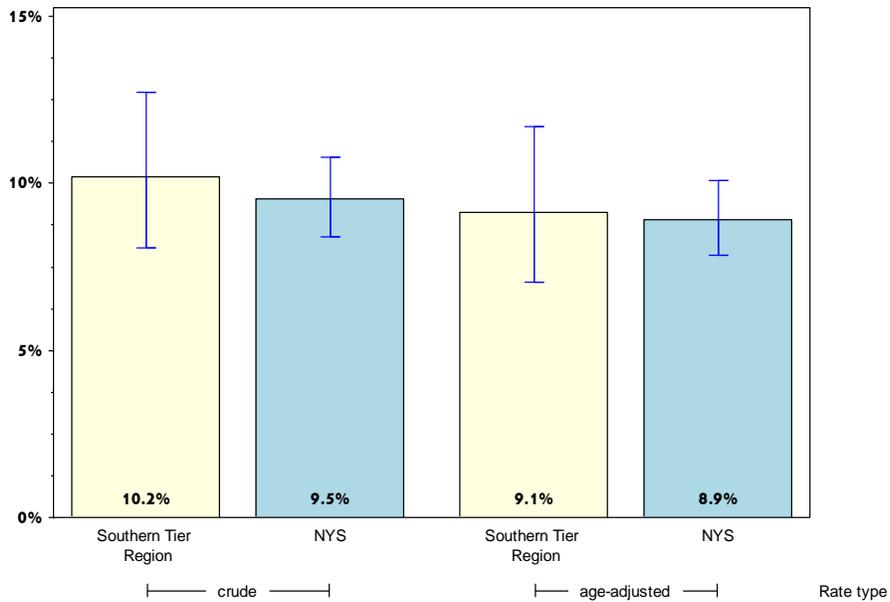
& Percent is age adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Southern Tier

## Prevent Chronic Diseases

Percentage of adults with physician-diagnosed diabetes\*



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	36,788	10.2	8.1	12.7	1,456,783	9.5	8.4	10.8
<b>Age</b>								
18-24	#				8,338	0.4	0.2	0.8
25-34	#				58,319	2.1	0.8	5.5
35-44	#				111,205	4.5	2.5	7.7
45-64	14,046	11.8	9.1	15.1	714,501	14.2	11.9	16.9
65+	16,124	22.1	17.8	27.1	525,500	19.1	16.3	22.2
<b>Race</b>								
White, NH	27,473	9.1	7.8	10.7	781,028	8.6	7.6	9.6
Black, NH	#				250,921	11.6	8.2	16.2
Hispanic	#				296,635	11.6	7.7	17.0
Other, NH	4,025	14.8 <sup>^</sup>	6.9	28.9	128,200	8.9	5.4	14.4
<b>Sex</b>								
Male	16,397	9.3	7.2	11.9	795,054	10.9	9.0	13.1
Female	20,391	11.1	7.7	15.6	661,729	8.3	7.0	9.7
<b>Age-adjusted<sup>&amp;</sup></b>		9.1	7.1	11.7		8.9	7.9	10.1

\* As diagnosed by a health professional.

& Percent is age adjusted to the 2000 United States Population.

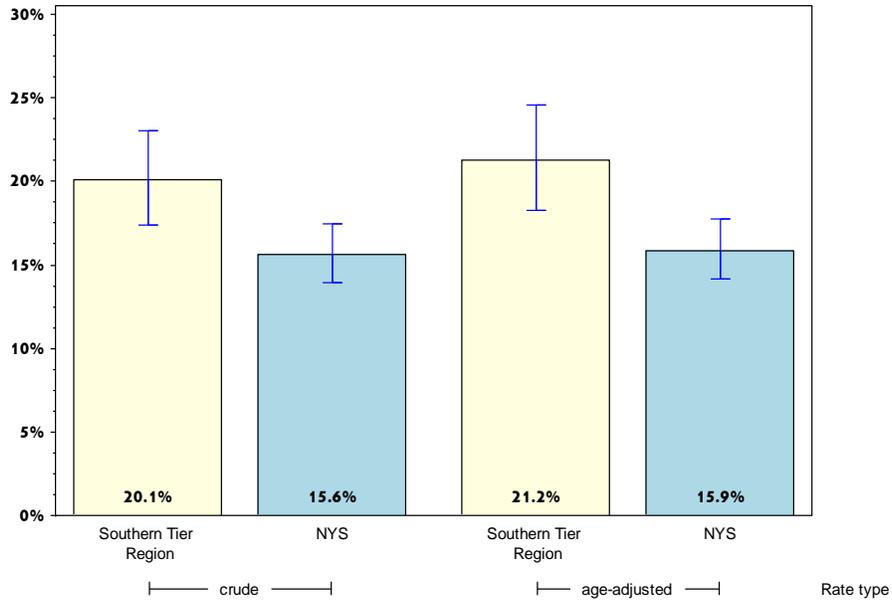
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

### Percentage of adults who are current smokers



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	71,044	20.1	17.4	23.0	2,311,528	15.6	14.0	17.4
<b>Age</b>								
18-24	9,973	18.3 <sup>^</sup>	10.8	29.1	254,033	13.0	9.8	17.0
25-34	15,353	26.0	18.4	35.4	524,783	19.7	14.3	26.7
35-44	12,078	26.2 <sup>^</sup>	17.7	36.9	427,187	17.6	13.3	23.0
45-64	28,406	24.0	20.1	28.4	937,977	19.2	16.7	22.1
65+	5,115	7.1	5.2	9.7	149,820	5.7	4.7	6.8
<b>Race</b>								
White, NH	63,096	21.3	18.5	24.5	1,598,923	18.1	16.0	20.3
Black, NH		#			314,837	15.0	10.0	21.7
Hispanic		#			303,908	12.4	8.8	17.1
Other, NH	3,338	13.4 <sup>^</sup>	7.1	23.9	93,860	6.7	4.3	10.3
<b>Sex</b>								
Male	36,695	21.1	17.4	25.4	1,331,531	18.8	15.9	22.1
Female	34,348	19.1	15.4	23.3	979,997	12.7	11.1	14.4
<b>Age-adjusted<sup>&amp;</sup></b>		21.2	18.3	24.6		15.9	14.1	17.7

& Percent is age adjusted to the 2000 United States Population.

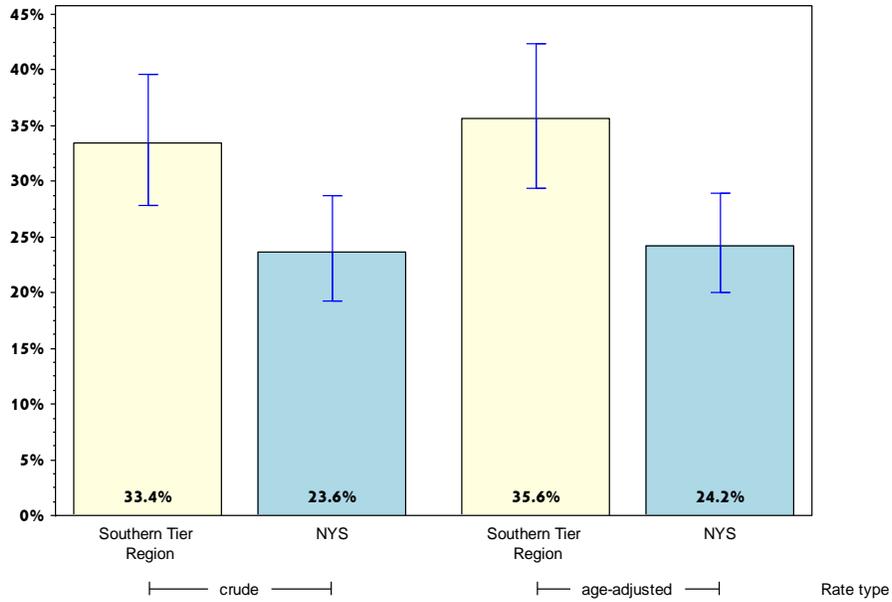
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

Percentage of adults with annual household income less than \$25,000 who are current smokers



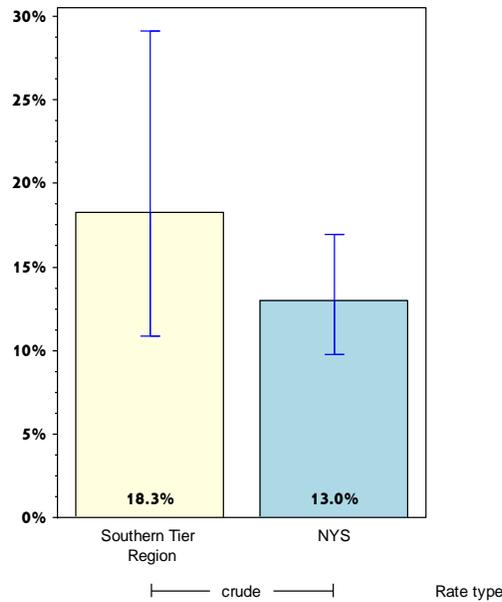
	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	33,082	33.4	27.8	39.6	910,061	23.6	19.2	28.7
<b>Age</b>								
18-24	#	#			84,893	16.1	9.8	25.4
25-34	8,325	38.6 <sup>^</sup>	22.8	57.1	254,993	32.7 <sup>^</sup>	18.8	50.6
35-44	4,330	37.6 <sup>^</sup>	21.9	56.6	141,275	24.5 <sup>^</sup>	15.5	36.5
45-64	14,058	43.6	35.1	52.4	354,621	31.5	24.7	39.1
65+	2,371	9.7	5.9	15.5	63,044	7.9	5.6	11.0
<b>Race</b>								
White, NH	28,558	35.6	29.9	41.7	562,213	32.6	25.7	40.3
Black, NH	#	#			187,054	28.1 <sup>^</sup>	17.8	41.4
Hispanic	#	#			119,918	11.3	7.1	17.6
Other, NH	#	#			40,876	10.0	5.0	19.2
<b>Sex</b>								
Male	15,897	35.6	27.7	44.3	507,987	30.0	21.9	39.5
Female	17,185	31.7	24.1	40.3	402,073	18.6	14.7	23.3
<b>Age-adjusted<sup>&amp;</sup></b>		35.6	29.4	42.4		24.2	20.0	28.9

& Percent is age adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

Percentage of adults aged 18-24 years who are current smokers



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	9,973	18.3 <sup>^</sup>	10.8	29.1	254,033	13.0	9.8	17.0
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	9,651	23.3 <sup>^</sup>	14.1	36.0	188,030	19.4	14.8	25.2
Black, NH		#			21,086	6.1	2.8	13.1
Hispanic		#			33,121	9.8 <sup>^</sup>	4.6	19.9
Other, NH		#			11,797	3.8	1.4	10.0
<b>Sex</b>								
Male	6,557	23.4 <sup>^</sup>	12.3	40.0	153,298	15.5	10.7	21.8
Female		#			100,736	10.4	6.6	16.0
<b>Age-adjusted<sup>+,&amp;</sup></b>								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

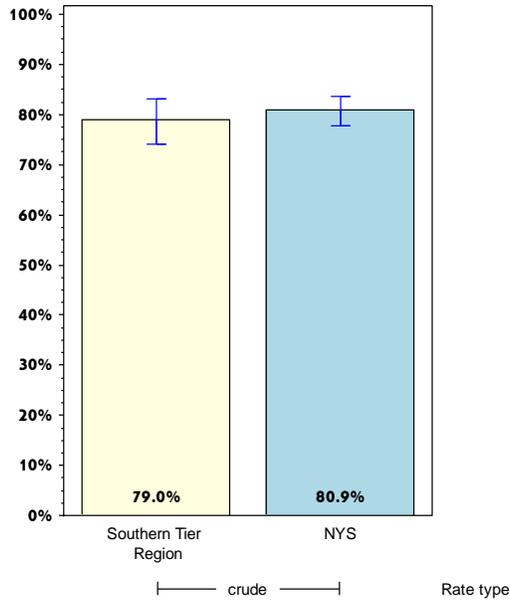
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines\*



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	51,498	79.0	74.1	83.2	2,225,651	80.9	77.7	83.7
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	45,195	78.4	73.2	82.8	1,417,374	79.0	75.9	81.8
Black, NH		#			347,690	87.0 <sup>^</sup>	73.4	94.3
Hispanic		#			309,667	83.8 <sup>^</sup>	70.9	91.6
Other, NH		#			150,920	79.7 <sup>^</sup>	61.2	90.7
<b>Sex</b>								
Male		#				#		
Female	51,498	79.0	74.1	83.2	2,225,651	80.9	77.7	83.7
<b>Age-adjusted<sup>+,&amp;</sup></b>								

\* Mammogram within past 2 years.

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

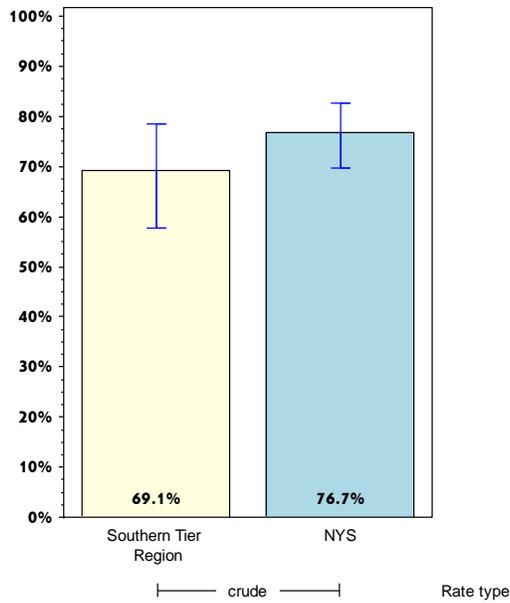
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines\*



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	12,012	69.1 <sup>^</sup>	57.8	78.5	554,880	76.7	69.6	82.6
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	10,516	68.8 <sup>^</sup>	56.7	78.7	232,138	66.5	57.9	74.1
Black, NH	#	#	#	#	139,053	95.4	89.6	98.1
Hispanic	#	#	#	#	134,524	82.0 <sup>^</sup>	61.8	92.7
Other, NH	#	#	#	#	49,165	76.3 <sup>^</sup>	44.1	93.0
<b>Sex</b>								
Male	#	#	#	#	#	#	#	#
Female	12,012	69.1 <sup>^</sup>	57.8	78.5	554,880	76.7	69.6	82.6
<b>Age-adjusted<sup>+,&amp;</sup></b>								

\* Mammogram within past 2 years.

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

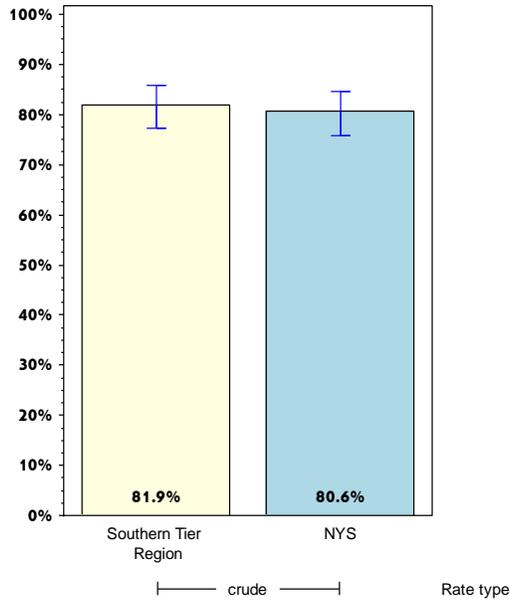
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines\*



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	100,500	81.9	77.2	85.8	4,362,995	80.6	75.7	84.7
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	84,356	81.9	77.5	85.6	2,640,598	84.5	82.2	86.6
Black, NH		#			711,417	84.5 <sup>^</sup>	72.6	91.8
Hispanic		#			684,308	78.0 <sup>^</sup>	66.2	86.6
Other, NH		#			326,671	57.1 <sup>^</sup>	31.0	79.8
<b>Sex</b>								
Male		#				#		
Female	100,500	81.9	77.2	85.8	4,362,995	80.6	75.7	84.7
<b>Age-adjusted<sup>+,&amp;</sup></b>								

\* Pap test within past 3 years.

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

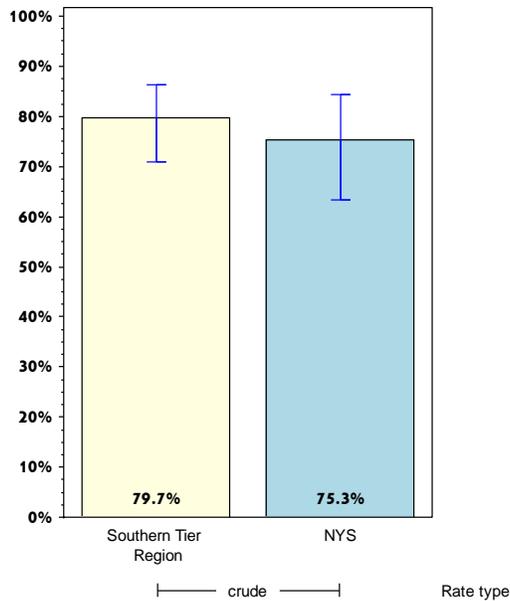
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines\*



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	29,790	79.7	71.0	86.4	1,068,153	75.3 <sup>^</sup>	63.2	84.4
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	21,880	75.4	66.0	82.8	433,489	74.8	68.6	80.2
Black, NH	#	#	#	#	283,693	93.7	87.8	96.8
Hispanic	#	#	#	#	292,551	77.4 <sup>^</sup>	61.6	88.0
Other, NH	#	#	#	#	58,419	36.7 <sup>^</sup>	8.5	78.5
<b>Sex</b>								
Male	#	#	#	#	#	#	#	#
Female	29,790	79.7	71.0	86.4	1,068,153	75.3 <sup>^</sup>	63.2	84.4
<b>Age-adjusted<sup>+,&amp;</sup></b>								

\* Pap test within past 3 years.

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

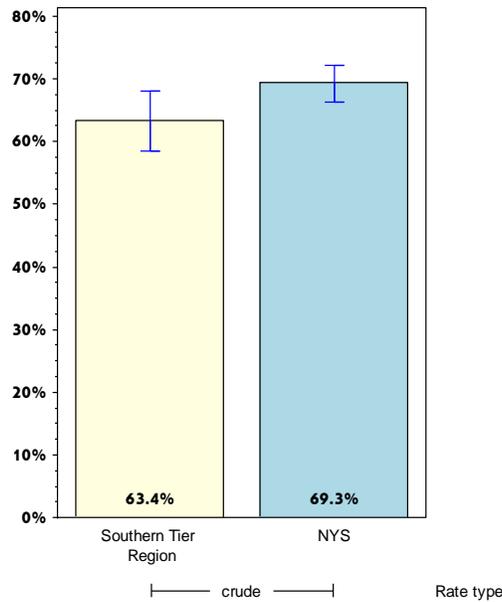
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines\*



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	82,061	63.4	58.5	68.1	3,471,945	69.3	66.3	72.2
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	72,849	65.4	61.3	69.3	2,335,990	70.4	67.9	72.7
Black, NH		#			514,345	69.6 <sup>^</sup>	57.5	79.4
Hispanic		#			416,087	70.6 <sup>^</sup>	58.4	80.4
Other, NH		#			205,524	57.4 <sup>^</sup>	39.9	73.2
<b>Sex</b>								
Male	38,092	61.3	53.2	68.7	1,545,645	66.8	62.1	71.2
Female	43,969	65.4	59.3	71.0	1,926,301	71.5	67.5	75.2
<b>Age-adjusted<sup>+,&amp;</sup></b>								

\* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

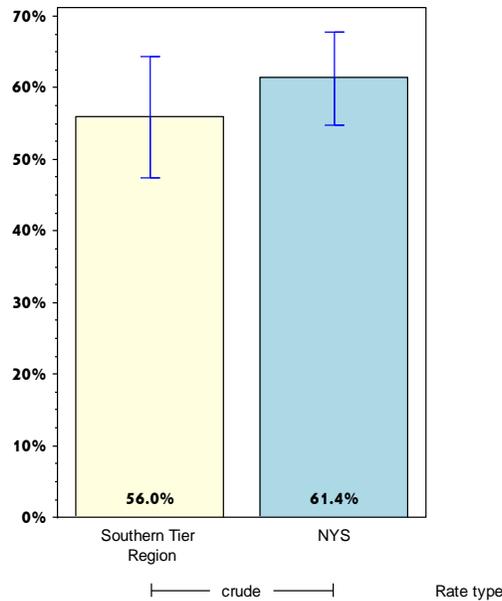
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines\*



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total Age<sup>+</sup></b>	19,541	56.0	47.4	64.3	736,005	61.4	54.7	67.7
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	16,747	55.0	46.2	63.4	345,064	57.6	51.4	63.7
Black, NH	#	#	#	#	155,775	60.0 <sup>^</sup>	38.7	78.0
Hispanic	#	#	#	#	187,721	75.1 <sup>^</sup>	60.9	85.4
Other, NH	#	#	#	#	47,444	52.8 <sup>^</sup>	29.9	74.5
<b>Sex</b>								
Male	9,923	60.7 <sup>^</sup>	49.2	71.2	253,900	51.4 <sup>^</sup>	41.0	61.6
Female	9,618	51.9 <sup>^</sup>	39.9	63.6	482,104	68.5	60.2	75.7
<b>Age-adjusted<sup>+,&amp;</sup></b>								

\* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

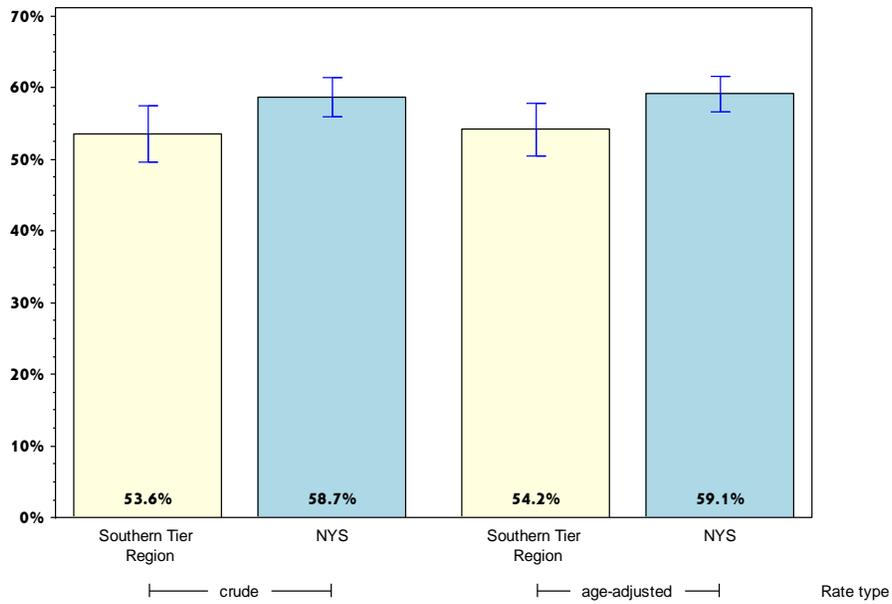
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

Percentage of adults who had a test for high blood sugar or diabetes within the past three years



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	164,536	53.6	49.7	57.5	7,849,939	58.7	56.0	61.5
<b>Age</b>								
18-24	13,960	28.0 <sup>^</sup>	18.0	40.8	503,420	26.8	20.2	34.6
25-34	25,224	46.6 <sup>^</sup>	36.7	56.7	1,337,915	51.0	44.1	57.9
35-44	24,844	54.5	44.6	64.1	1,475,455	63.3	56.2	69.9
45-64	60,606	60.3	54.6	65.7	2,822,324	68.0	64.3	71.4
65+	37,837	71.0	65.6	75.8	1,541,702	71.4	66.8	75.6
<b>Race</b>								
White, NH	142,752	55.3	51.7	59.0	4,823,563	61.0	58.6	63.4
Black, NH		#			1,240,630	65.1	55.4	73.7
Hispanic		#			1,203,330	53.5	46.1	60.8
Other, NH	8,459	39.2 <sup>^</sup>	23.2	57.8	582,416	44.7 <sup>^</sup>	31.9	58.2
<b>Sex</b>								
Male	78,714	51.4	46.1	56.7	3,534,063	56.3	52.1	60.4
Female	85,822	55.8	49.9	61.6	4,315,875	60.9	57.2	64.5
<b>Age-adjusted<sup>&amp;</sup></b>		54.2	50.4	57.9		59.1	56.6	61.6

& Percent is age adjusted to the 2000 United States Population.

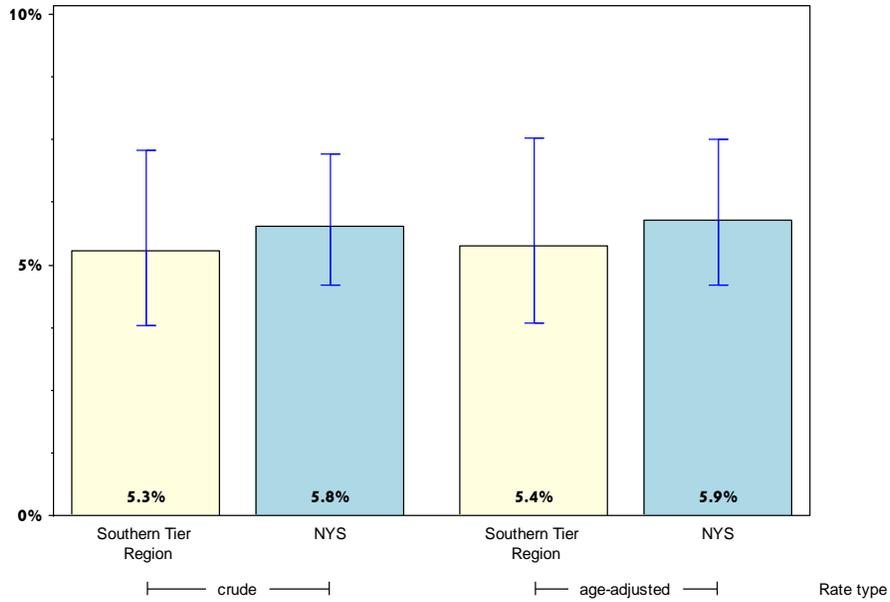
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

### Percentage of adults with physician-diagnosed prediabetes



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	16,763	5.3	3.8	7.3	783,799	5.8	4.6	7.2
<b>Age</b>								
18-24	#				57,540	2.9	0.7	10.7
25-34	#				43,246	1.6	1.0	2.7
35-44	#				198,127	8.5	4.4	16.0
45-64	6,771	6.6	4.8	9.1	283,693	6.7	5.3	8.5
65+	3,770	6.8	4.5	10.1	171,261	7.8	6.2	9.9
<b>Race</b>								
White, NH	15,289	5.7	4.0	8.0	489,253	6.0	4.8	7.4
Black, NH	#				96,242	5.2	2.9	9.2
Hispanic	#				81,294	3.6	1.8	7.2
Other, NH	#				117,011	8.9 <sup>^</sup>	3.2	22.3
<b>Sex</b>								
Male	8,956	5.7	3.3	9.7	377,968	5.9	4.1	8.5
Female	7,807	4.8	3.4	6.7	405,832	5.6	4.3	7.3
<b>Age-adjusted<sup>&amp;</sup></b>		5.4	3.8	7.5		5.9	4.6	7.5

& Percent is age adjusted to the 2000 United States Population.

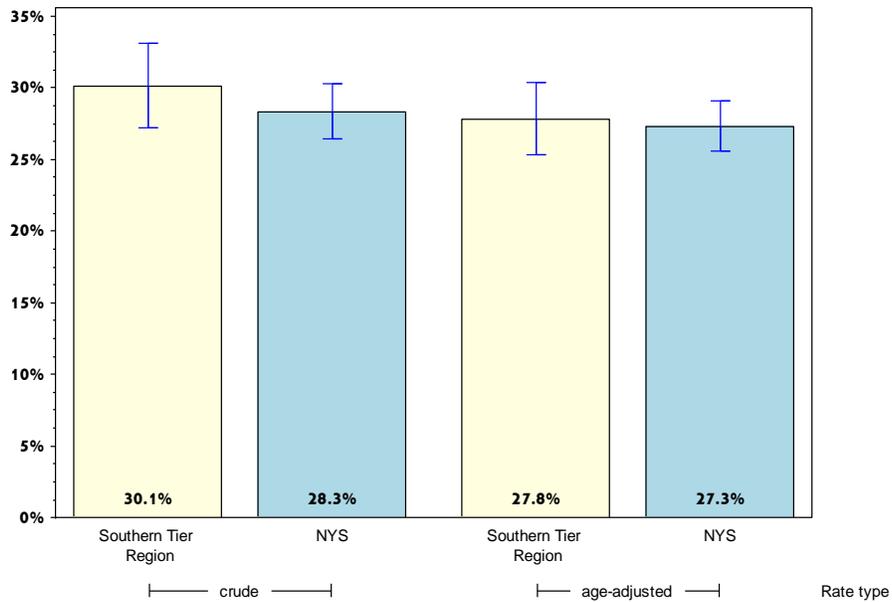
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

### Percentage of adults with physician-diagnosed high blood pressure



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	108,205	30.1	27.2	33.1	4,323,615	28.3	26.5	30.3
<b>Age</b>								
18-24	5,198	9.2	4.7	17.4	103,520	5.2	3.3	8.0
25-34	8,421	13.8	8.3	22.1	299,126	10.9	7.8	15.0
35-44	6,819	14.3	9.4	21.3	470,752	18.9	14.1	24.8
45-64	41,371	35.0	30.6	39.7	1,715,223	34.1	31.2	37.2
65+	44,299	61.4	56.5	66.1	1,654,516	60.4	56.5	64.2
<b>Race</b>								
White, NH	93,946	31.4	28.6	34.3	2,701,979	29.7	28.0	31.4
Black, NH		#			740,669	34.2	27.2	42.0
Hispanic		#			609,542	23.8	18.7	29.9
Other, NH	7,589	27.8 <sup>^</sup>	15.4	44.8	271,424	18.9	12.7	27.1
<b>Sex</b>								
Male	57,850	33.0	28.8	37.5	2,116,294	29.0	26.2	32.1
Female	50,354	27.3	23.7	31.3	2,207,320	27.7	25.3	30.2
<b>Age-adjusted<sup>&amp;</sup></b>		27.8	25.3	30.4		27.3	25.6	29.1

& Percent is age adjusted to the 2000 United States Population.

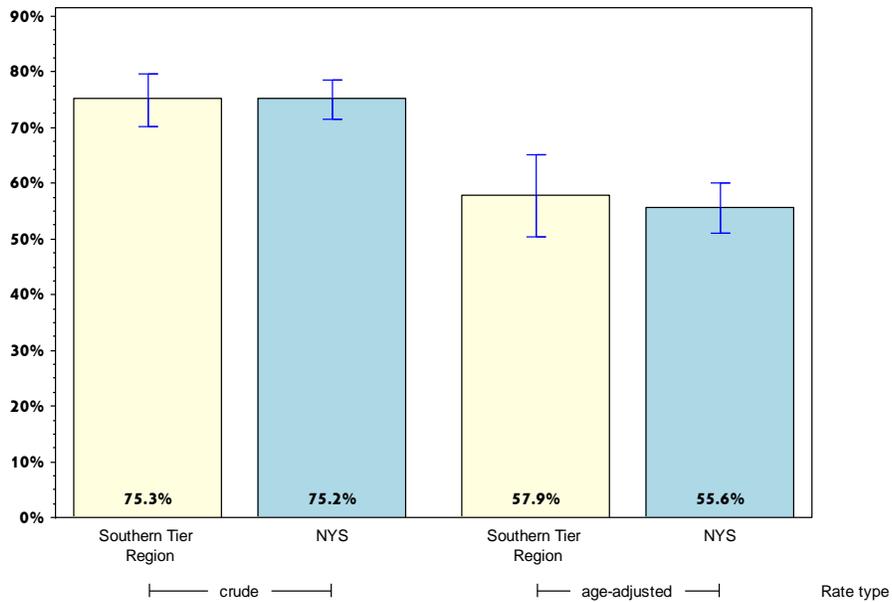
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

Percentage of adults with diagnosed high blood pressure taking high blood pressure medication



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	81,095	75.3	70.3	79.7	3,243,246	75.2	71.5	78.5
<b>Age</b>								
18-24	#	#			8,688	8.4	3.9	17.4
25-34	#	#			96,762	32.4 <sup>^</sup>	18.9	49.5
35-44	#	#			186,971	39.7 <sup>^</sup>	26.7	54.3
45-64	32,070	77.5	70.3	83.4	1,395,152	81.6	77.8	84.9
65+	40,246	91.8	88.4	94.3	1,497,501	90.8	86.9	93.6
<b>Race</b>								
White, NH	69,969	74.9	69.7	79.4	2,081,796	77.4	74.1	80.3
Black, NH	#	#			552,688	74.6 <sup>^</sup>	60.0	85.3
Hispanic	#	#			420,934	69.1 <sup>^</sup>	56.3	79.5
Other, NH	#	#			187,828	69.2 <sup>^</sup>	50.8	83.0
<b>Sex</b>								
Male	38,709	67.5	59.6	74.5	1,525,386	72.2	66.5	77.2
Female	42,386	84.2	78.8	88.4	1,717,859	78.1	73.2	82.4
<b>Age-adjusted<sup>&amp;</sup></b>		57.9	50.4	65.1		55.6	51.1	60.0

& Percent is age adjusted to the 2000 United States Population.

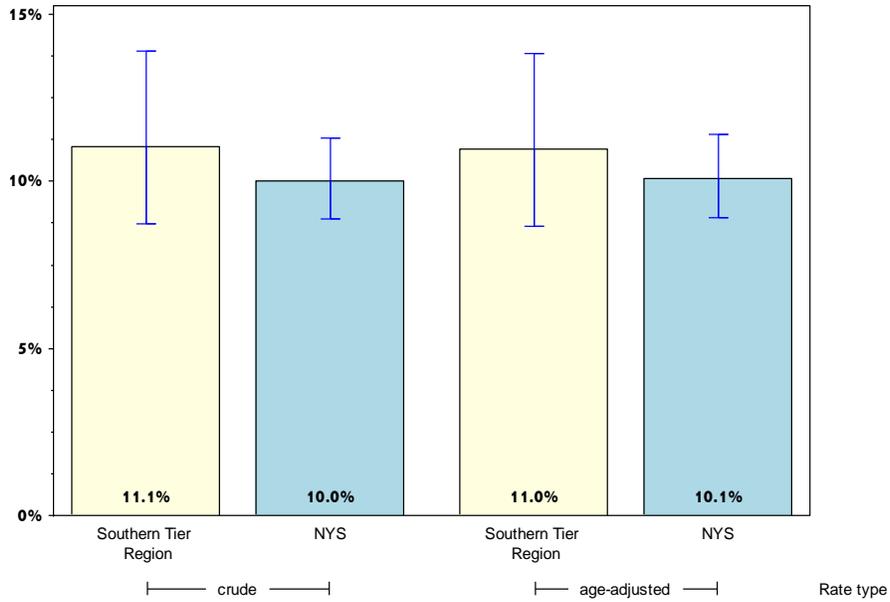
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

### Percentage of adults with current asthma\*



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	39,362	11.1	8.7	13.9	1,520,940	10.0	8.9	11.3
<b>Age</b>								
18-24	7,986	15.4	9.2	24.5	170,340	8.6	6.2	11.8
25-34	9,891	16.2 <sup>^</sup>	8.1	29.8	322,447	11.7	8.2	16.4
35-44	3,554	7.5	4.4	12.4	240,590	9.7	7.1	13.0
45-64	11,753	9.9	7.7	12.8	551,257	11.1	9.3	13.3
65+	6,076	8.4	4.9	13.8	222,952	8.1	6.5	10.1
<b>Race</b>								
White, NH	28,448	9.5	7.8	11.5	946,198	10.4	9.1	11.9
Black, NH		#			199,011	9.2	6.5	12.9
Hispanic		#			283,809	11.3	7.9	16.0
Other, NH	3,373	12.4 <sup>^</sup>	4.7	28.7	91,921	6.4	4.0	10.0
<b>Sex</b>								
Male	14,033	7.9	5.9	10.6	504,039	7.0	5.6	8.6
Female	25,329	14.1	10.2	19.1	1,016,901	12.8	11.1	14.8
<b>Age-adjusted<sup>&amp;</sup></b>		11.0	8.7	13.8		10.1	8.9	11.4

\* Physician diagnosed asthma.

& Percent is age adjusted to the 2000 United States Population.

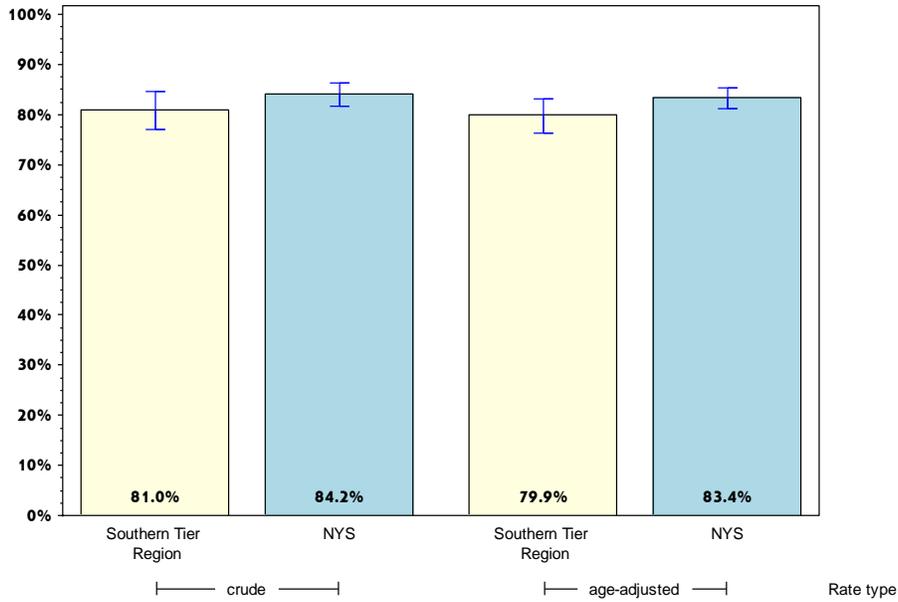
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

Percent of adults with cholesterol checked\*



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	280,906	81.0	76.9	84.5	12,572,076	84.2	81.7	86.3
<b>Age</b>								
18-24	25,093	50.3 <sup>^</sup>	36.0	64.5	891,216	49.0	39.4	58.6
25-34	37,573	65.7 <sup>^</sup>	53.6	76.1	1,896,541	71.3	63.9	77.7
35-44	36,981	79.8	70.1	87.0	2,197,539	88.9	85.0	91.8
45-64	107,406	91.5	88.6	93.6	4,694,424	93.8	91.2	95.6
65+	69,502	97.5	95.6	98.6	2,641,873	97.2	95.8	98.2
<b>Race</b>								
White, NH	238,055	82.8	79.7	85.6	7,746,530	87.0	84.7	89.0
Black, NH		#			1,730,762	81.9	73.0	88.3
Hispanic		#			1,923,116	77.3	70.1	83.1
Other, NH	21,553	80.6 <sup>^</sup>	64.6	90.4	1,171,667	81.9 <sup>^</sup>	67.3	90.8
<b>Sex</b>								
Male	138,828	81.3	77.1	84.9	5,864,748	82.0	78.2	85.2
Female	142,078	80.7	73.5	86.3	6,707,327	86.2	82.9	88.9
<b>Age-adjusted<sup>&amp;</sup></b>		79.9	76.3	83.2		83.4	81.2	85.4

\* As diagnosed by a health professional.

& Percent is age adjusted to the 2000 United States Population.

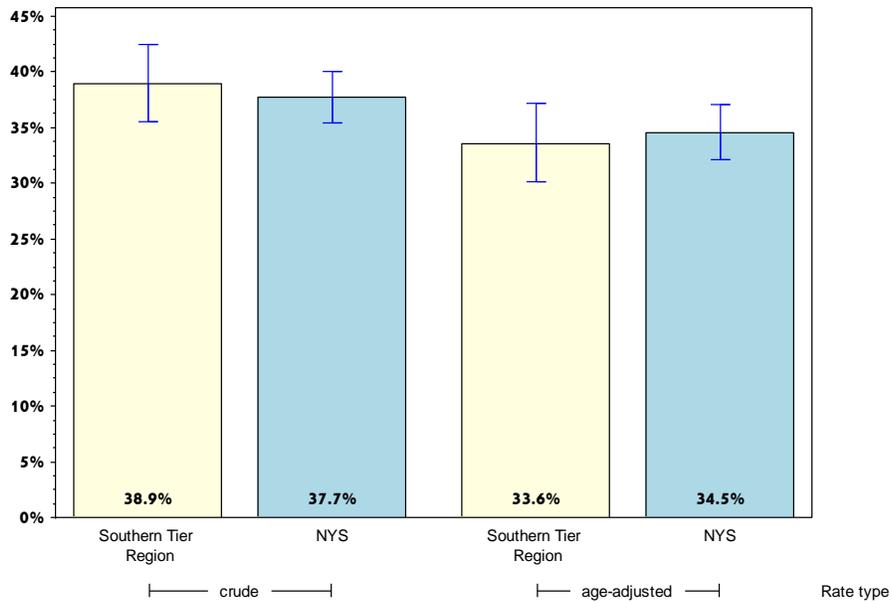
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

Percentage of adults 18 years and older with elevated cholesterol\*



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	107,760	38.9	35.5	42.5	4,711,105	37.7	35.4	40.1
<b>Age</b>								
18-24	#				124,288	14.0	8.0	23.2
25-34	8,162	21.9 <sup>^</sup>	11.8	36.9	435,898	23.0	16.9	30.5
35-44	9,810	26.7	18.9	36.3	620,994	28.3	22.0	35.6
45-64	49,298	46.7	41.4	52.2	2,009,889	43.1	39.8	46.4
65+	37,715	55.7	50.5	60.7	1,439,336	55.4	51.3	59.4
<b>Race</b>								
White, NH	89,873	38.3	35.0	41.7	3,102,928	40.3	38.2	42.4
Black, NH	#				561,511	33.1	25.6	41.6
Hispanic	#				727,074	37.8	30.7	45.5
Other, NH	11,862	56.1 <sup>^</sup>	36.5	74.0	319,592	27.3 <sup>^</sup>	18.7	38.1
<b>Sex</b>								
Male	56,113	40.9	35.6	46.5	2,369,080	40.5	37.0	44.3
Female	51,646	37.0	32.7	41.6	2,342,025	35.2	32.4	38.2
<b>Age-adjusted<sup>&amp;</sup></b>		33.6	30.1	37.2		34.5	32.1	37.0

\* As diagnosed by a health professional.

& Percent is age adjusted to the 2000 United States Population.

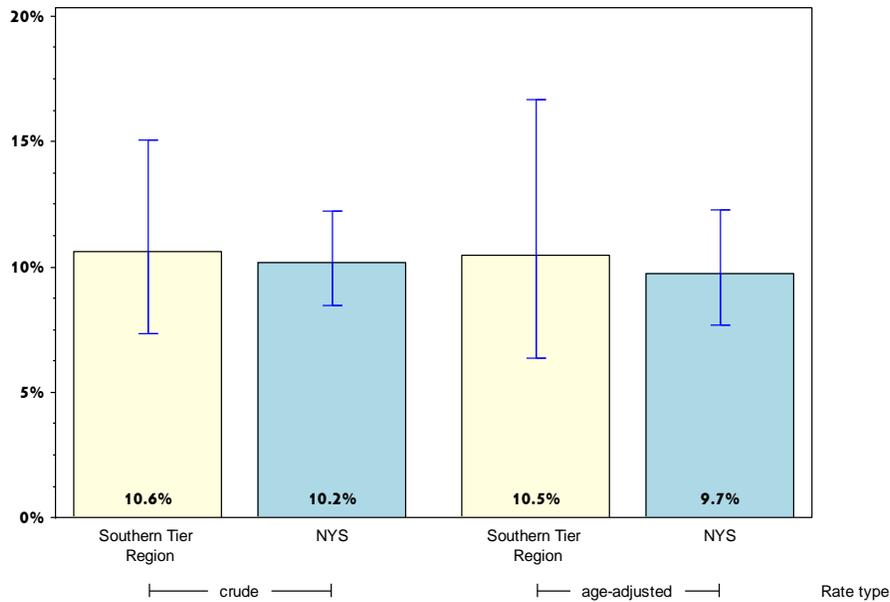
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition\*



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	20,040	10.6	7.3	15.1	713,905	10.2	8.5	12.2
<b>Age</b>								
18-24	#				11,969	2.9	1.4	6.1
25-34	#				137,115	17.9 <sup>^</sup>	9.2	31.8
35-44	#				51,465	6.0	3.8	9.2
45-64	6,755	9.8	7.3	13.0	282,601	10.2	8.0	13.0
65+	6,303	10.7	7.6	14.9	208,847	10.1	8.0	12.7
<b>Race</b>								
White, NH	14,247	9.0	7.2	11.2	398,657	8.8	7.0	11.1
Black, NH	#				143,698	14.2	9.5	20.7
Hispanic	#				92,991	8.7	4.5	16.4
Other, NH	#				78,559	19.0 <sup>^</sup>	10.4	32.2
<b>Sex</b>								
Male	6,930	7.9	5.4	11.5	324,668	10.2	7.7	13.4
Female	13,110	12.9	7.6	20.9	389,237	10.2	8.0	12.9
<b>Age-adjusted<sup>&amp;</sup></b>		10.5	6.4	16.7		9.7	7.7	12.3

\* Courses for high blood pressure, arthritis, or diabetes.

<sup>&</sup> Percent is age adjusted to the 2000 United States Population.

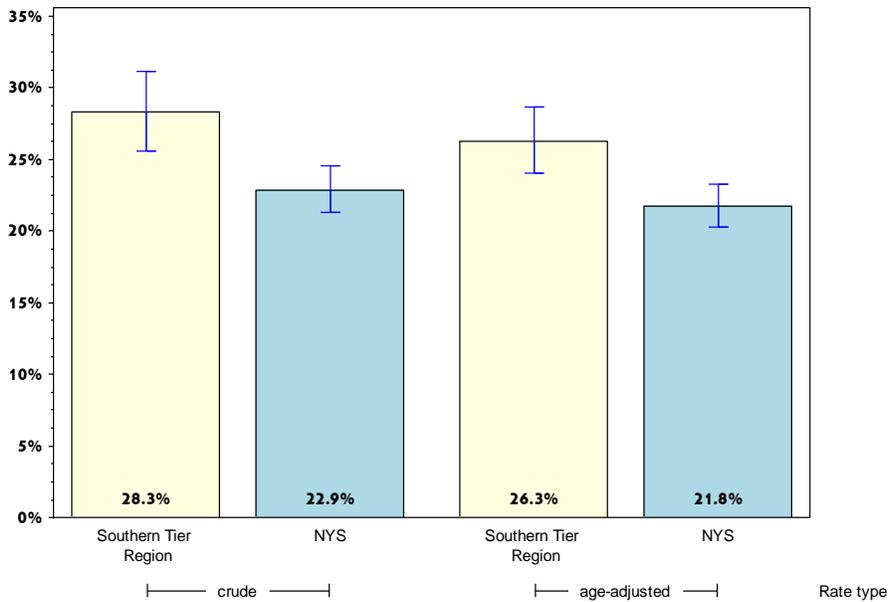
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent Chronic Diseases

### Percentage of adults with arthritis\*



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	102,167	28.3	25.6	31.1	3,491,206	22.9	21.3	24.6
<b>Age</b>								
18-24	#	#			40,067	2.0	1.1	3.6
25-34	5,390	8.9	5.4	14.2	228,246	8.3	5.9	11.7
35-44	7,770	16.4	11.2	23.3	323,152	12.9	9.4	17.5
45-64	44,194	37.1	32.6	41.8	1,465,151	29.2	26.5	32.1
65+	40,660	56.0	50.9	60.9	1,353,867	49.3	45.4	53.2
<b>Race</b>								
White, NH	91,598	30.4	27.7	33.3	2,474,787	27.2	25.6	28.9
Black, NH	#	#			400,524	18.5	13.4	24.9
Hispanic	#	#			460,563	18.0	13.6	23.4
Other, NH	5,619	20.6 <sup>^</sup>	10.7	35.9	155,331	10.8	7.2	15.8
<b>Sex</b>								
Male	38,769	21.9	18.9	25.3	1,258,898	17.3	15.2	19.6
Female	63,397	34.3	30.0	39.0	2,232,309	28.0	25.7	30.4
<b>Age-adjusted<sup>&amp;</sup></b>		26.3	24.1	28.6		21.8	20.3	23.3

\* Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.

& Percent is age adjusted to the 2000 United States Population.

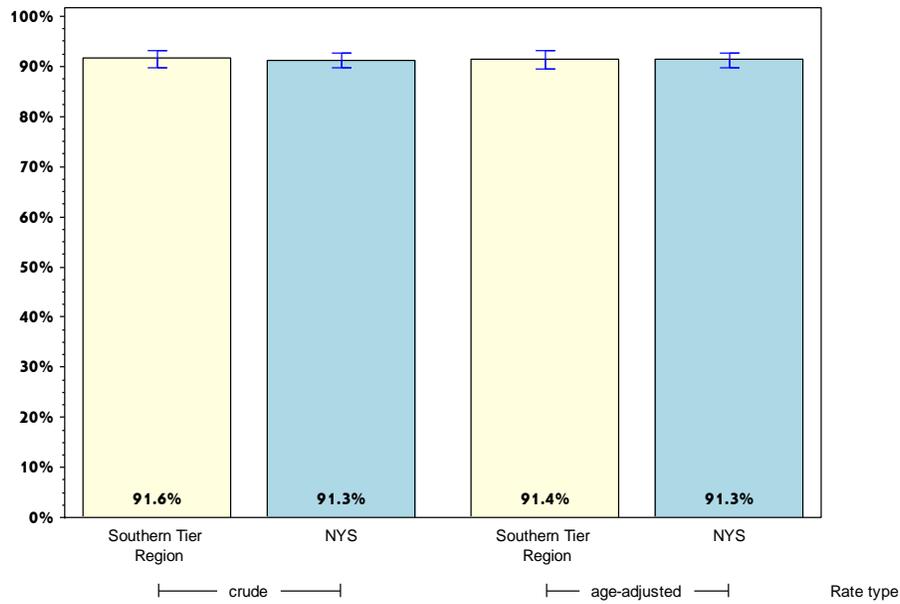
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Promote a Healthy and Safe Environment

### Percentage of adults who consider their neighborhood suitable for walking and physical activity



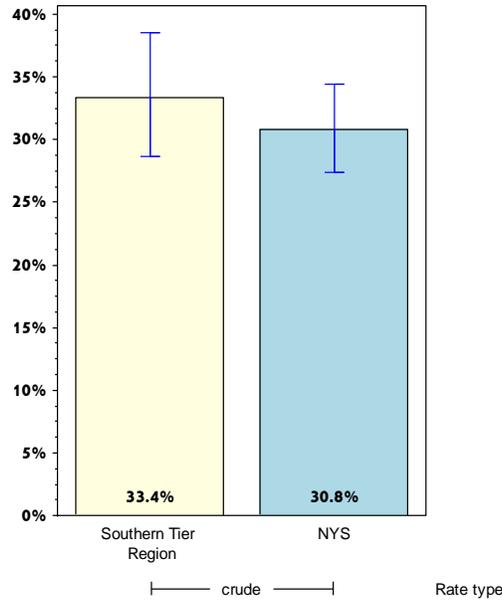
	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	315,627	91.6	89.7	93.2	13,107,891	91.3	89.8	92.6
<b>Age</b>								
18-24	47,540	89.3	79.4	94.7	1,641,319	87.9	80.9	92.5
25-34	53,444	91.4	85.0	95.2	2,218,379	86.6	80.9	90.8
35-44	40,753	90.0	84.4	93.7	2,218,331	93.4	90.6	95.4
45-64	106,162	93.3	90.2	95.4	4,372,743	92.2	90.1	93.9
65+	63,978	91.6	88.9	93.7	2,447,810	94.7	92.7	96.1
<b>Race</b>								
White, NH	261,499	90.9	88.7	92.7	8,055,698	93.1	91.7	94.3
Black, NH	#	#			1,798,763	89.3	83.3	93.4
Hispanic	#	#			1,963,304	84.3	78.2	89.0
Other, NH	23,022	95.9	89.7	98.4	1,290,125	94.0	88.9	96.9
<b>Sex</b>								
Male	156,230	92.9	89.8	95.1	6,375,291	92.5	90.3	94.3
Female	159,397	90.4	87.5	92.7	6,732,600	90.1	87.9	91.9
<b>Age-adjusted<sup>&amp;</sup></b>		91.4	89.4	93.1		91.3	89.8	92.6

& Percent is age adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Southern Tier

## Promote a Healthy and Safe Environment

Percentage of adults aged 65+ years with at least one fall in the past 12 months



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	23,488	33.4	28.7	38.5	802,383	30.8	27.3	34.5
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	20,224	32.3	28.2	36.8	600,059	31.3	28.3	34.5
Black, NH		#			61,485	22.9 <sup>^</sup>	12.6	38.1
Hispanic		#			96,513	39.1 <sup>^</sup>	21.8	59.7
Other, NH		#			44,326	25.2 <sup>^</sup>	12.2	45.0
<b>Sex</b>								
Male	10,838	32.5	25.0	40.9	324,764	30.4	25.5	35.7
Female	12,650	34.2	28.3	40.6	477,619	31.1	26.4	36.2
<b>Age-adjusted<sup>+,&amp;</sup></b>								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

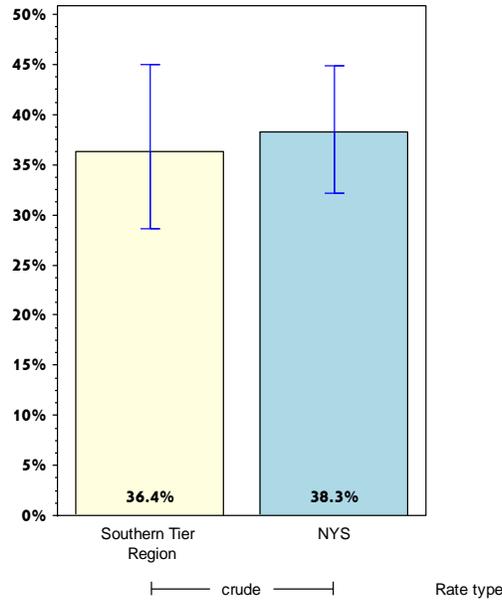
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Promote a Healthy and Safe Environments

Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury\*



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total Age+</b>	8,522	36.4	28.5	45.0	304,376	38.3	32.2	44.9
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	7,465	37.0	29.7	45.0	223,708	37.6	32.1	43.4
Black, NH		#			33,030	53.7 <sup>^</sup>	28.5	77.2
Hispanic		#			31,933	34.1 <sup>^</sup>	11.7	66.8
Other, NH		#			15,705	35.4 <sup>^</sup>	12.0	68.8
<b>Sex</b>								
Male	3,078	28.4 <sup>^</sup>	17.1	43.3	103,371	32.2	24.1	41.5
Female	5,444	43.2	34.0	52.9	201,005	42.5	33.9	51.5
<b>Age-adjusted<sup>+,&amp;</sup></b>								

\* Falls that limited regular activities or lead to doctor visits.

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

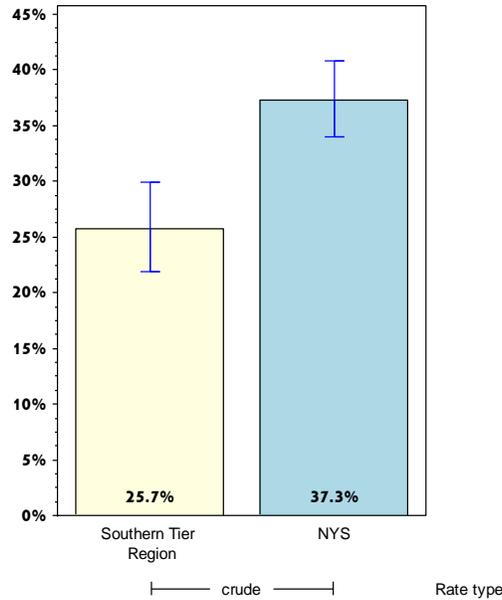
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Southern Tier

### Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

#### Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	28,278	25.7	21.9	29.9	1,662,747	37.3	34.0	40.8
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	25,192	27.0	23.1	31.2	957,863	33.7	31.0	36.4
Black, NH		#			347,642	52.3 <sup>^</sup>	40.1	64.2
Hispanic		#			270,194	44.2 <sup>^</sup>	31.2	58.1
Other, NH		#			87,049	26.2 <sup>^</sup>	15.7	40.4
<b>Sex</b>								
Male	14,697	28.1	22.3	34.8	929,342	43.4	38.2	48.7
Female	13,581	23.5	18.7	29.0	733,405	31.7	27.6	36.1
<b>Age-adjusted<sup>+,&amp;</sup></b>								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

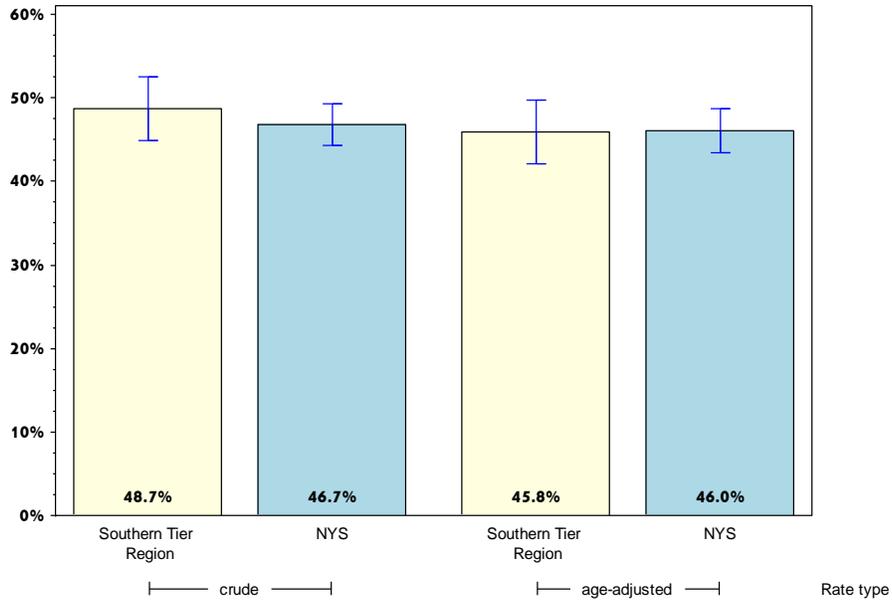
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 18+ years with flu immunization in the past year\*



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	169,235	48.7	44.9	52.4	6,798,706	46.7	44.3	49.2
<b>Age</b>								
18-24	22,678	42.8 <sup>^</sup>	28.8	58.0	600,414	31.7	23.4	41.5
25-34	21,280	36.4 <sup>^</sup>	25.5	48.8	907,897	35.3	29.0	42.1
35-44	13,516	29.5	22.3	37.9	981,422	41.1	33.9	48.6
45-64	58,844	50.9	45.9	55.9	2,282,268	47.4	44.1	50.8
65+	49,932	70.4	65.0	75.3	1,895,586	72.1	67.9	75.9
<b>Race</b>								
White, NH	135,586	46.6	43.2	50.1	4,296,522	49.3	47.1	51.5
Black, NH		#			718,122	35.0	27.6	43.3
Hispanic		#			971,941	40.8	34.1	47.8
Other, NH	12,106	50.0 <sup>^</sup>	32.3	67.7	812,120	58.5 <sup>^</sup>	45.1	70.7
<b>Sex</b>								
Male	76,549	45.2	40.3	50.2	3,045,064	43.8	40.1	47.5
Female	92,686	52.0	46.5	57.4	3,753,643	49.5	46.2	52.8
<b>Age-adjusted<sup>&amp;</sup></b>		45.8	42.1	49.7		46.0	43.4	48.6

\* Includes flu shot or flu spray

& Percent is age adjusted to the 2000 United States Population.

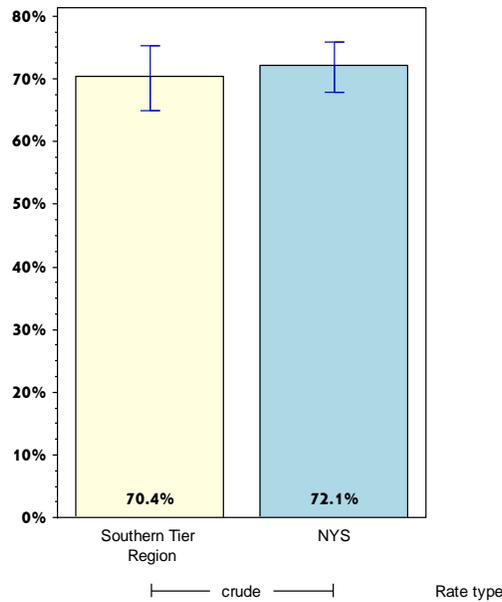
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Southern Tier

### Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with flu immunization in the past year\*



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total Age<sup>+</sup></b>	49,932	70.4	65.0	75.3	1,895,586	72.1	67.9	75.9
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	45,116	71.5	66.6	75.9	1,484,360	76.9	73.9	79.6
Black, NH		#			103,016	38.4 <sup>^</sup>	23.8	55.5
Hispanic		#			170,589	69.0 <sup>^</sup>	47.8	84.3
Other, NH		#			137,621	75.2 <sup>^</sup>	51.4	89.7
<b>Sex</b>								
Male	22,538	66.9	58.4	74.4	802,715	73.9	67.7	79.3
Female	27,394	73.6	67.0	79.3	1,092,871	70.8	65.0	76.0
<b>Age-adjusted<sup>+,&amp;</sup></b>								

\* Includes flu shot or flu spray

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

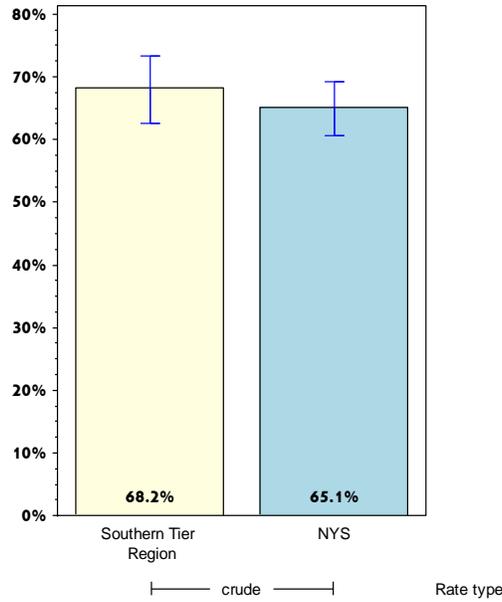
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

### Percentage of adults aged 65+ years with pneumococcal immunization



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total Age<sup>+</sup></b>	46,831	68.2	62.5	73.3	1,617,276	65.1	60.7	69.2
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	42,016	68.9	63.7	73.6	1,303,462	71.4	68.1	74.4
Black, NH		#			123,843	48.9 <sup>^</sup>	30.2	67.8
Hispanic		#			104,466	45.7 <sup>^</sup>	27.5	65.3
Other, NH		#			85,505	48.1 <sup>^</sup>	27.7	69.2
<b>Sex</b>								
Male	20,119	62.6	54.0	70.5	631,549	62.4	56.7	67.7
Female	26,713	73.1	66.0	79.1	985,727	66.9	60.5	72.7
<b>Age-adjusted<sup>+,&amp;</sup></b>								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

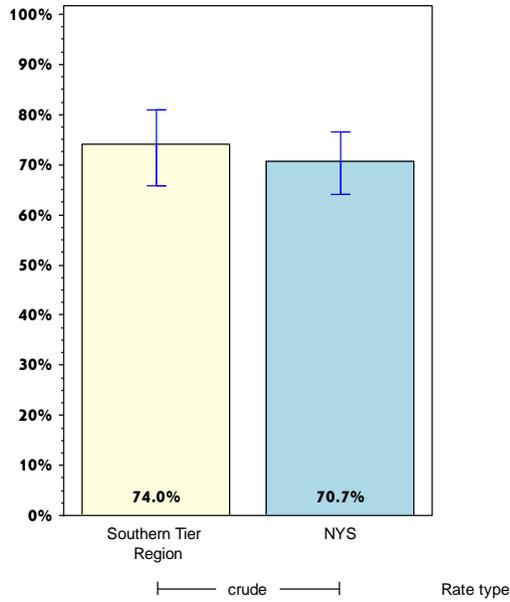
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years who had dental visit within the last year



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	52,014	74.0	65.7	80.9	2,268,176	70.7	64.0	76.5
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	41,836	72.1	63.2	79.6	1,155,302	73.5	68.1	78.3
Black, NH		#			426,771	78.8 <sup>^</sup>	61.7	89.5
Hispanic		#			412,421	62.2 <sup>^</sup>	48.3	74.4
Other, NH		#			273,683	63.0 <sup>^</sup>	30.7	86.8
<b>Sex</b>								
Male		#				#		
Female	52,014	74.0	65.7	80.9	2,268,176	70.7	64.0	76.5
<b>Age-adjusted<sup>+,&amp;</sup></b>								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

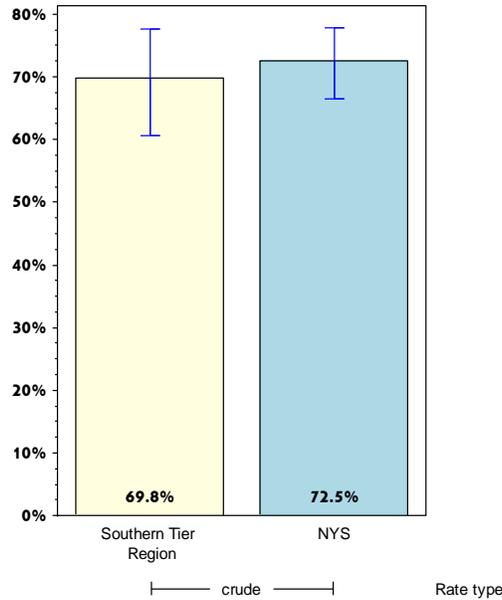
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Promote Healthy Women, Infants, and Children

Women aged 18-44 years who saw a doctor for a routine checkup within the last year



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	57,821	69.8	60.6	77.7	2,615,375	72.5	66.5	77.8
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	42,375	69.2	59.7	77.2	1,220,281	70.1	65.1	74.6
Black, NH		#			512,270	83.8 <sup>^</sup>	68.8	92.4
Hispanic		#			606,739	76.3 <sup>^</sup>	64.1	85.3
Other, NH		#			276,085	60.1 <sup>^</sup>	30.5	83.8
<b>Sex</b>								
Male		#				#		
Female	57,821	69.8	60.6	77.7	2,615,375	72.5	66.5	77.8
<b>Age-adjusted<sup>+,&amp;</sup></b>								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

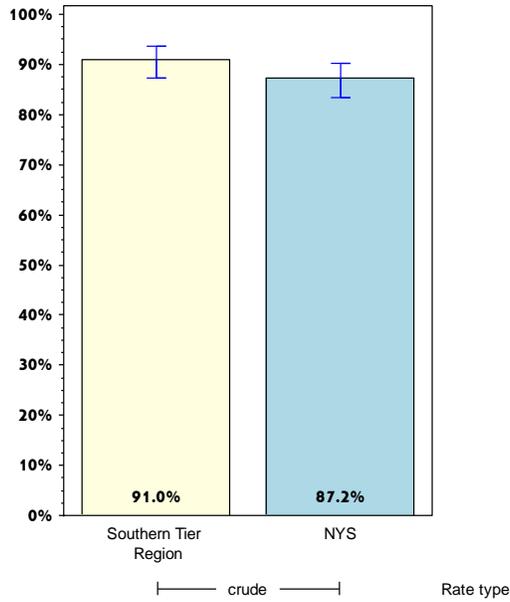
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Promote Healthy Women, Infants, and Children

### Percentage of women aged 18-64 years with health care coverage



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	125,536	91.0	87.3	93.7	5,351,099	87.2	83.4	90.2
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	103,783	90.9	87.0	93.7	3,178,979	91.6	90.0	93.0
Black, NH		#			916,108	93.3	88.7	96.1
Hispanic		#			807,553	76.0	66.5	83.5
Other, NH		#			448,460	71.8 <sup>^</sup>	43.3	89.5
<b>Sex</b>								
Male		#				#		
Female	125,536	91.0	87.3	93.7	5,351,099	87.2	83.4	90.2
<b>Age-adjusted<sup>+,&amp;</sup></b>								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

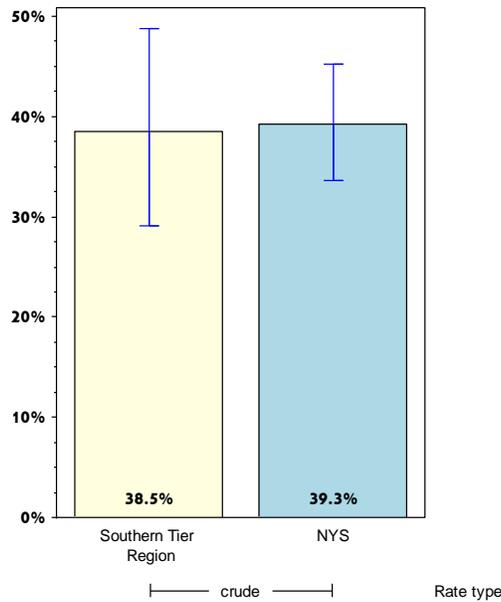
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	28,913	38.5 <sup>^</sup>	29.1	48.7	1,268,971	39.3	33.7	45.2
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	26,118	45.0	35.5	55.0	723,302	45.9	41.1	50.9
Black, NH		#			291,237	53.7 <sup>^</sup>	35.5	71.0
Hispanic		#			192,904	28.5 <sup>^</sup>	19.0	40.3
Other, NH		#			61,528	14.1 <sup>^</sup>	6.5	27.9
<b>Sex</b>								
Male		#				#		
Female	28,913	38.5 <sup>^</sup>	29.1	48.7	1,268,971	39.3	33.7	45.2
<b>Age-adjusted<sup>+,&amp;</sup></b>								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

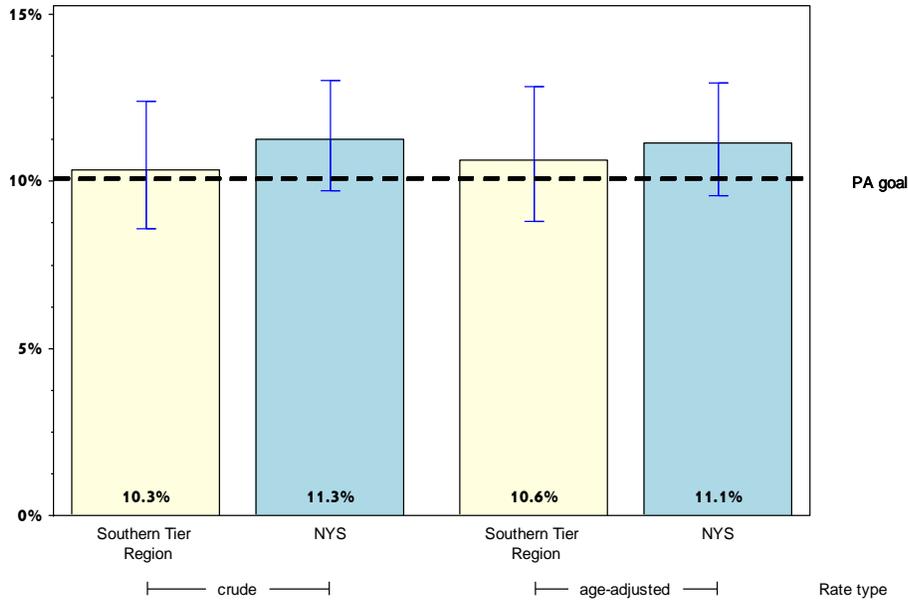
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Promote Mental Health and Prevention Substance Abuse

Percentage of adults with poor mental health for 14 or more days in the last month



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	36,482	10.3	8.6	12.4	1,672,677	11.3	9.7	13.0
<b>Age</b>								
18-24	4,996	8.9	5.0	15.3	186,862	9.5	6.7	13.1
25-34	8,024	13.5	7.8	22.5	418,716	15.7	10.2	23.4
35-44	5,170	11.0	7.3	16.3	259,463	10.5	7.0	15.4
45-64	13,514	11.7	9.1	14.9	587,164	12.1	10.3	14.2
65+	4,696	6.6	4.5	9.7	175,961	6.7	4.9	9.0
<b>Race</b>								
White, NH	30,947	10.5	8.6	12.8	1,072,012	12.0	10.2	14.2
Black, NH		#			237,227	11.2	7.0	17.5
Hispanic		#			264,437	11.0	7.1	16.6
Other, NH	2,326	8.8 <sup>^</sup>	3.8	19.1	99,001	7.0	3.9	12.2
<b>Sex</b>								
Male	16,352	9.5	6.9	12.9	734,315	10.4	7.9	13.5
Female	20,130	11.2	8.9	13.8	938,362	12.1	10.2	14.2
<b>Age-adjusted<sup>&amp;</sup></b>		10.6	8.8	12.8		11.1	9.6	13.0

& Percent is age adjusted to the 2000 United States Population.

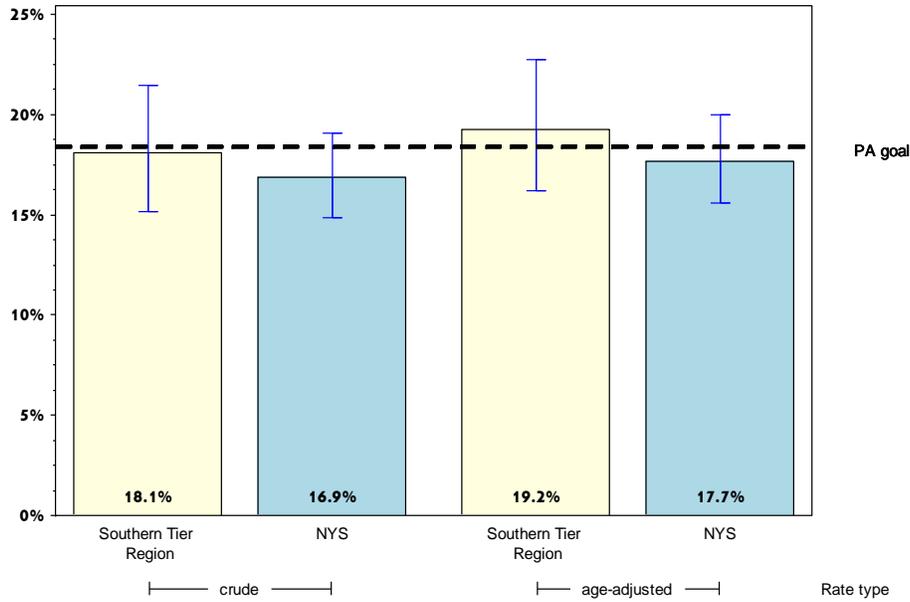
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Promote Mental Health and Prevention Substance Abuse

Percentage of adult binge drinking during the past month\*



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	61,605	18.1	15.2	21.4	2,413,447	16.9	14.9	19.1
<b>Age</b>								
18-24	15,284	30.1 <sup>^</sup>	19.4	43.6	515,466	27.1	19.4	36.6
25-34	16,238	28.9 <sup>^</sup>	18.7	41.7	633,963	25.0	18.9	32.3
35-44	10,075	22.3	15.8	30.6	509,131	22.6	17.2	29.1
45-64	16,863	14.8	12.0	18.2	656,578	13.7	11.7	16.0
65+	3,145	4.5	3.1	6.4	86,636	3.4	2.7	4.2
<b>Race</b>								
White, NH	52,768	18.2	15.5	21.3	1,649,594	19.1	17.0	21.5
Black, NH		#			324,364	16.3 <sup>^</sup>	9.4	26.8
Hispanic		#			277,966	11.6	7.7	17.1
Other, NH	3,495	15.9 <sup>^</sup>	7.6	30.2	161,523	12.4	6.8	21.7
<b>Sex</b>								
Male	37,622	23.0	19.2	27.4	1,567,117	22.8	19.3	26.8
Female	23,983	13.5	9.5	19.0	846,330	11.4	9.6	13.4
<b>Age-adjusted<sup>&amp;</sup></b>		19.2	16.2	22.7		17.7	15.6	20.0

\* Men who have five or more drinks, women having four or more drinks on one occasion

& Percent is age adjusted to the 2000 United States Population.

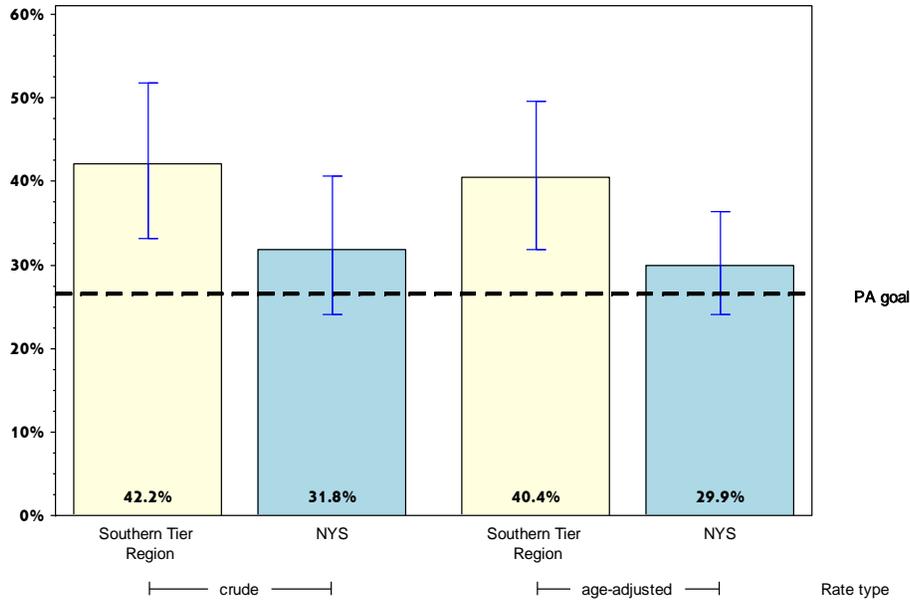
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Southern Tier

## Promote Mental Health and Prevention Substance Abuse

### Percentage of cigarette smoking among adults who report poor mental health



	Southern Tier				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	14,908	42.2	33.1	51.8	519,245	31.8	24.1	40.6
<b>Age</b>								
18-24	#	#			64,468	35.6 <sup>^</sup>	22.4	51.5
25-34	#	#			192,926	47.3 <sup>^</sup>	24.8	70.8
35-44	#	#			70,340	27.6 <sup>^</sup>	16.6	42.1
45-64	5,646	42.7 <sup>^</sup>	30.4	55.9	177,977	31.2	24.0	39.5
65+	718	15.5 <sup>^</sup>	7.1	30.8	13,368	7.7	4.1	13.9
<b>Race</b>								
White, NH	12,617	42.3 <sup>^</sup>	32.5	52.7	423,246	39.9 <sup>^</sup>	29.9	50.7
Black, NH	#	#			33,694	14.4 <sup>^</sup>	7.7	25.3
Hispanic	#	#			45,968	18.1 <sup>^</sup>	9.4	31.9
Other, NH	#	#			16,336	19.6 <sup>^</sup>	9.4	36.5
<b>Sex</b>								
Male	5,524	34.7 <sup>^</sup>	21.2	51.2	272,857	38.4 <sup>^</sup>	24.1	55.0
Female	9,384	48.2 <sup>^</sup>	37.5	59.2	246,388	26.7	20.7	33.8
<b>Age-adjusted<sup>&amp;</sup></b>		40.4	31.9	49.6		29.9	24.1	36.4

& Percent is age adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).