

eBRFSS 2013-2014 Health Indicators: Tioga

General Description	2
Improve Health Status and Reduce Health Disparities	3
Percentage of adults who did not receive medical care because of cost	3
Percentage of adults who have a regular health care provider	4
Percentage of adults who had a dentist visit within the past year	5
Percentage of adults living with a disability.....	6
Percentage of adults aged 18-64 years with healthcare coverage	7
Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year	8
Percentage of adults experiencing housing insecurity in the past 12 months.....	9
Percentage of adults experiencing food insecurity in the past 12 months.....	10
Percentage of adults with poor self-reported health	11
Percentage of adults who report 14 or more days of poor physical health.....	12
Prevent Chronic Diseases	13
Percentage of adults who are obese	13
Percentage of adults with an annual household income less than \$25,000 who are obese	14
Percentage of adults living with a disability who are obese	15
Percentage of adults overweight or obese	16
Percentage of adults who participated in leisure time physical activity in the past 30 days.....	17
Percentage of adults who consume one or more sugary drinks daily	18
Percentage of adults who consume fast-food three or more times per week	19
Percentage of adults with physician diagnosed diabetes	20
Percentage of adults who are current smokers	21
Percentage of adults with annual household income less than \$25,000 who are current smokers	22
Percentage of adults aged 18-24 years who are current smokers.....	23
Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines	24
Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines.....	25
Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines	26
Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines.....	27
Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines.....	28
Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines.....	29
Percentage of adults who had a test for high blood sugar or diabetes within the past three years	30
Percentage of adults with physician-diagnosed prediabetes	31
Percentage of adults with physician-diagnosed high blood pressure.....	32
Percentage of adults with diagnosed high blood pressure taking high blood pressure medication	33
Percentage of adults with current asthma	34
Percent of adults with cholesterol checked.....	35
Percentage of adults 18 years and older with elevated cholesterol.....	36
Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition	37
Percentage of adults with arthritis	38
Promote a Healthy and Safe Environment	39
Percentage of adults who consider their neighborhood suitable for walking and physical activity.....	39
Percentage of adults aged 65+ years with at least one fall in the past 12 months.....	40
Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury.....	41
Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections.....	42
Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV).....	42
Percentage of adults aged 18+ years with flu immunization in the past year	43
Percentage of adults aged 65+ years with flu immunization in the past year	44
Percentage of adults aged 65+ years with pneumococcal immunization.....	45
Promote Healthy Women, Infants, and Children	46
Percentage of women aged 18-44 years who had dental visit within the last year	46
Women aged 18-44 years who saw a doctor for a routine checkup within the last year.....	47
Percentage of women aged 18-64 years with health care coverage	48
Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy	49
Promote Mental Health and Prevention Substance Abuse	50
Percentage of adults with poor mental health for 14 or more days in the last month	50
Percentage of adult binge drinking during the past month	51
Percentage of cigarette smoking among adults who report poor mental health.....	52

General Description

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

Reported Health Indicators

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

Data Collection Methodology, Sampling and Weighting

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods. The 2014 eBRFSS questionnaire used standard questions from the BRFSS. Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

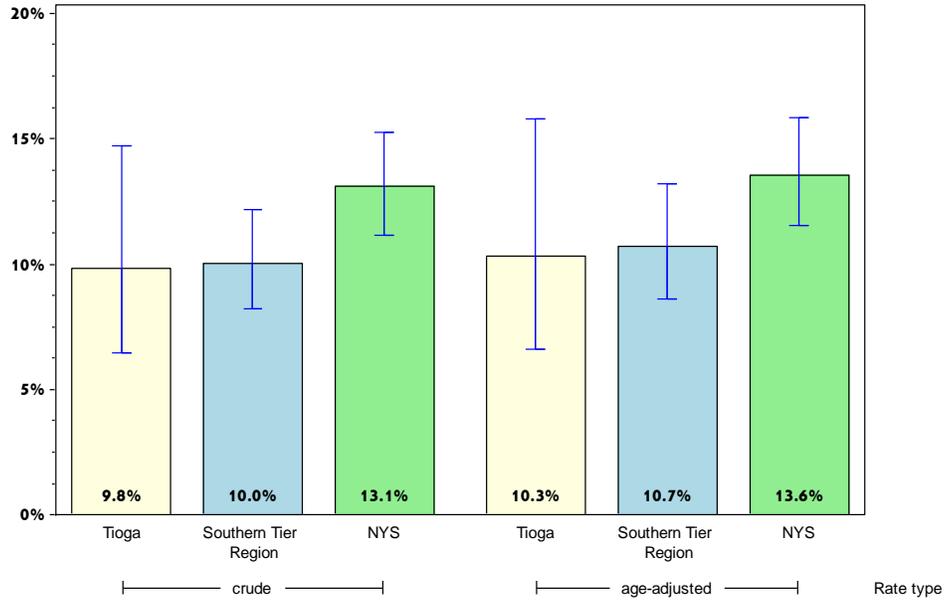
Limitations of Data Use:

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable. Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than $\pm 10\%$ are noted.

Tioga

Improve Health Status and Reduce Health Disparities

Percentage of adults who did not receive medical care because of cost*



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,844	9.8	(6.5-14.7)	36,229	10.0	(8.2-12.2)
Age						
18-24	#	#		3,485	6.2	(3.1-11.9)
25-34	#	#		7,509	12.3	(7.7-19.0)
35-44	#	#		6,772	14.2	(8.3-23.3)
45-64	2,208	14.6	(8.3-24.6)	16,052	13.5	(10.3-17.5)
65+	#	#		2,128	2.9	(1.8-4.6)
Race						
White, NH	3,688	10.5	(6.9-15.7)	28,746	9.5	(7.7-11.8)
Black, NH	#	#		#	#	
Hispanic	#	#		#	#	
Other, NH	#	#		1,904	7.0	(3.2-14.7)
Sex						
male	2,339	12.2	(6.6-21.5)	16,682	9.4	(7.2-12.3)
female	1,505	7.6	(4.5-12.4)	19,547	10.6	(7.9-13.9)
Age-adjusted^{&}		10.3	(6.6-15.8)		10.7	(8.6-13.2)

* Among people needing to see a doctor in the past 12 months

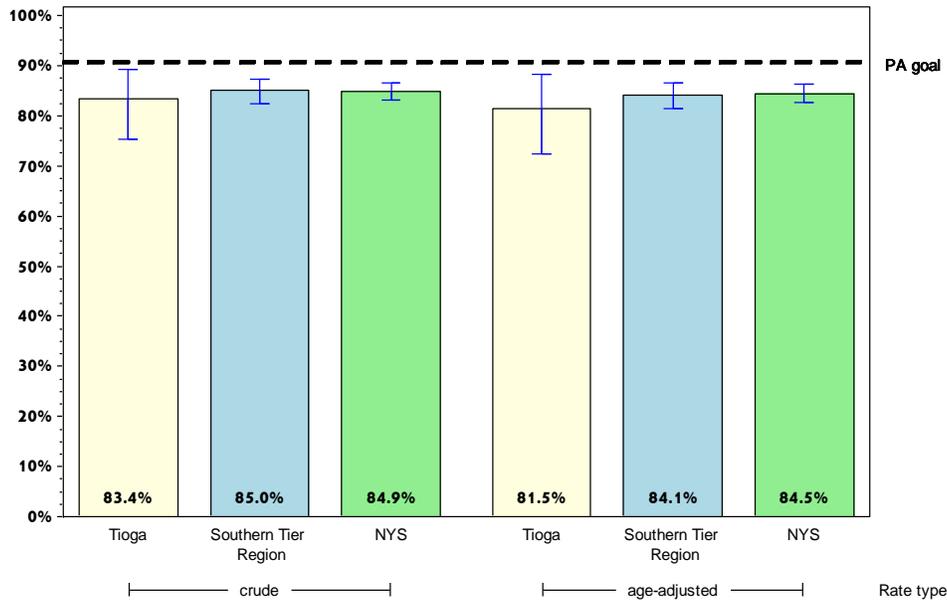
& Percent is age-adjusted to the 2000 United States Population.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Tioga

Improve Health Status and Reduce Health Disparities

Percentage of adults who have a regular health care provider



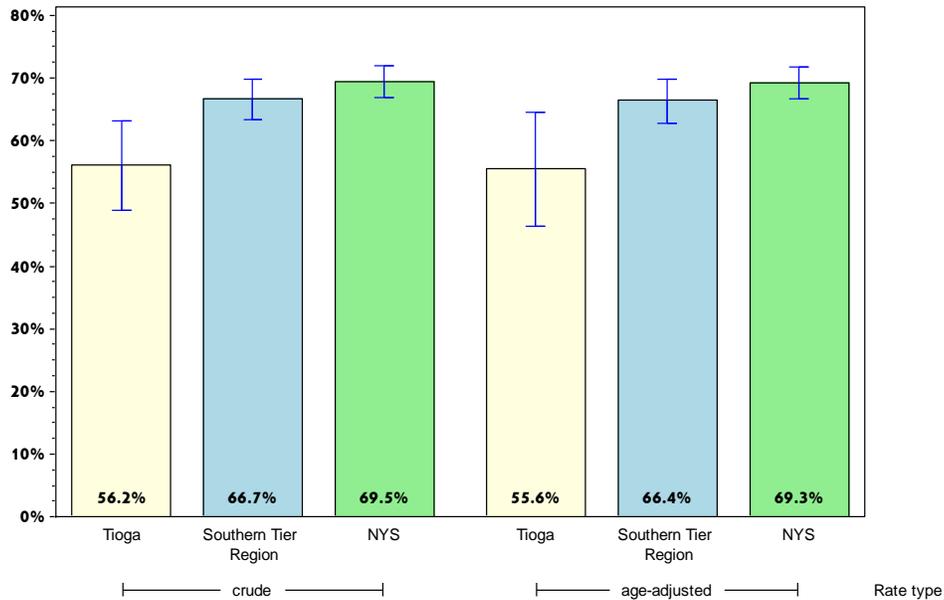
	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	32,448	83.4	(75.3-89.3)	305,033	85.0	(82.4-87.2)
Age						
18-24		#		42,341	75.8 [^]	(64.6-84.3)
25-34		#		47,402	77.7	(69.2-84.4)
35-44		#		37,697	79.2	(71.3-85.4)
45-64	12,910	86.0	(76.4-92.1)	105,441	89.5	(86.3-92.0)
65+	8,020	94.4	(87.8-97.6)	67,547	93.9	(90.9-95.9)
Race						
White, NH	29,254	84.0	(76.4-89.4)	253,550	84.9	(82.3-87.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		22,327	81.9 [^]	(68.4-90.4)
Sex						
male	13,766	72.1 [^]	(57.6-83.0)	136,951	77.5	(73.5-81.1)
female	18,682	94.4	(89.5-97.1)	168,081	92.2	(88.9-94.6)
Age-adjusted^{&}		81.5	(72.3-88.2)		84.1	(81.3-86.5)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Improve Health Status and Reduce Health Disparities

Percentage of adults who had a dentist visit within the past year



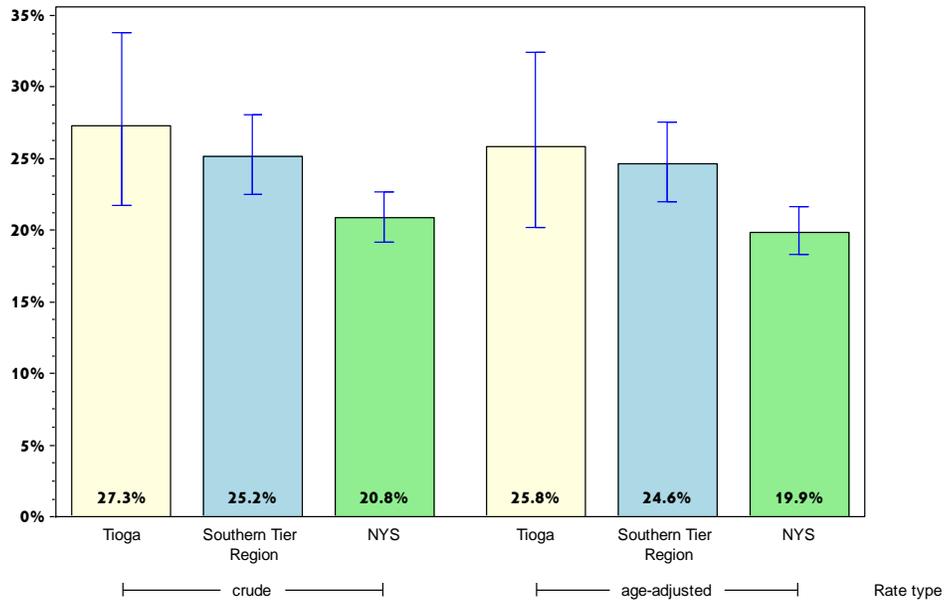
	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	19,673	56.2	(49.0-63.1)	220,423	66.7	(63.4-69.8)
Age		#				
18-24		#		29,851	66.4 [^]	(54.2-76.8)
25-34		#		36,594	65.9 [^]	(55.2-75.2)
35-44		#		28,479	64.5	(54.6-73.3)
45-64	8,073	57.4	(48.0-66.3)	77,932	68.5	(63.7-73.0)
65+	4,424	54.0	(44.8-63.0)	44,963	65.7	(60.9-70.2)
Race						
White, NH	19,228	58.6	(51.4-65.5)	188,016	66.6	(63.2-69.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		16,234	73.3 [^]	(57.0-85.0)
Sex						
male	8,667	52.4 [^]	(40.6-64.0)	102,550	62.3	(57.5-67.0)
female	11,005	59.5	(51.0-67.5)	117,873	71.0	(66.6-75.0)
Age-adjusted^{&}		55.6	(46.3-64.5)		66.4	(62.8-69.8)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Improve Health Status and Reduce Health Disparities

Percentage of adults living with a disability*



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	10,532	27.3	(21.7-33.8)	89,618	25.2	(22.5-28.1)
Age		#				
18-24		#		4,554	8.2	(4.3-15.1)
25-34		#		12,577	21.1 [^]	(13.6-31.4)
35-44		#		8,889	19.4	(13.5-27.2)
45-64	4,819	32.5	(24.0-42.2)	36,485	30.8	(26.7-35.3)
65+	3,777	44.8	(36.3-53.7)	26,446	36.6	(31.9-41.5)
Race						
White, NH	9,574	27.8	(22.5-33.7)	77,336	26.0	(23.3-28.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		5,878	23.1 [^]	(12.8-38.2)
Sex						
male	4,513	23.8 [^]	(15.9-33.9)	43,459	24.9	(21.0-29.2)
female	6,020	30.8	(23.8-38.7)	46,159	25.5	(21.9-29.5)
Age-adjusted^{&}		25.8	(20.2-32.4)		24.6	(22.0-27.5)

* Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

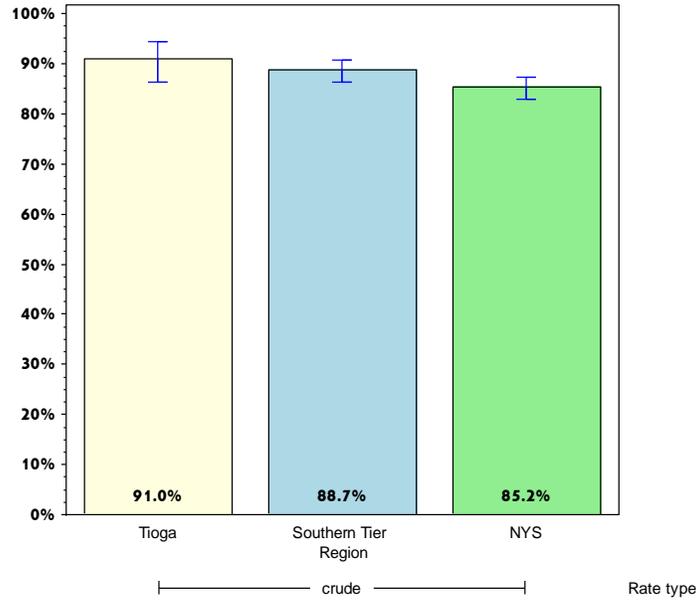
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[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years with healthcare coverage



Tioga County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	26,898	91.0	(86.2-94.3)	245,502	88.7	(86.2-90.8)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	23,029	90.2	(85.0-93.8)	203,392	88.5	(85.9-90.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		19,259	91.4 [^]	(78.8-96.8)
Sex						
male	14,180	90.1	(82.1-94.7)	119,966	86.4	(82.8-89.3)
female	12,719	92.1	(85.4-95.9)	125,536	91.0	(87.3-93.7)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

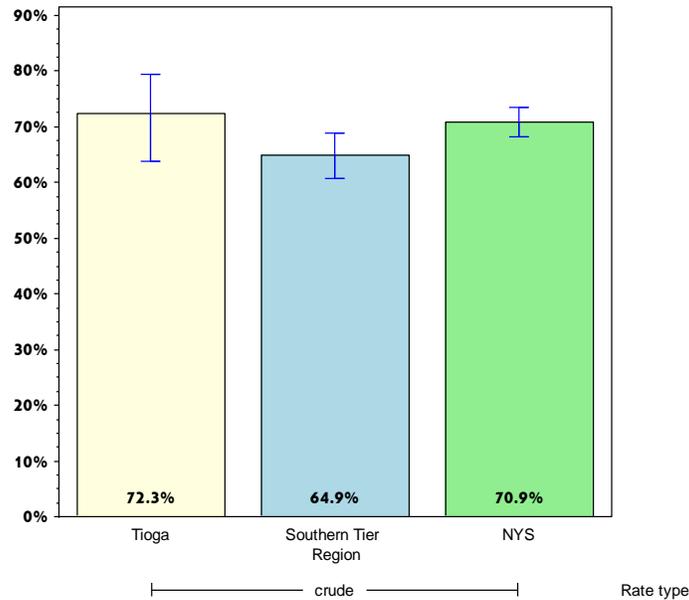
Rates with <10 in the numerator or <50 in the denominator are suppressed.

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Tioga

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year



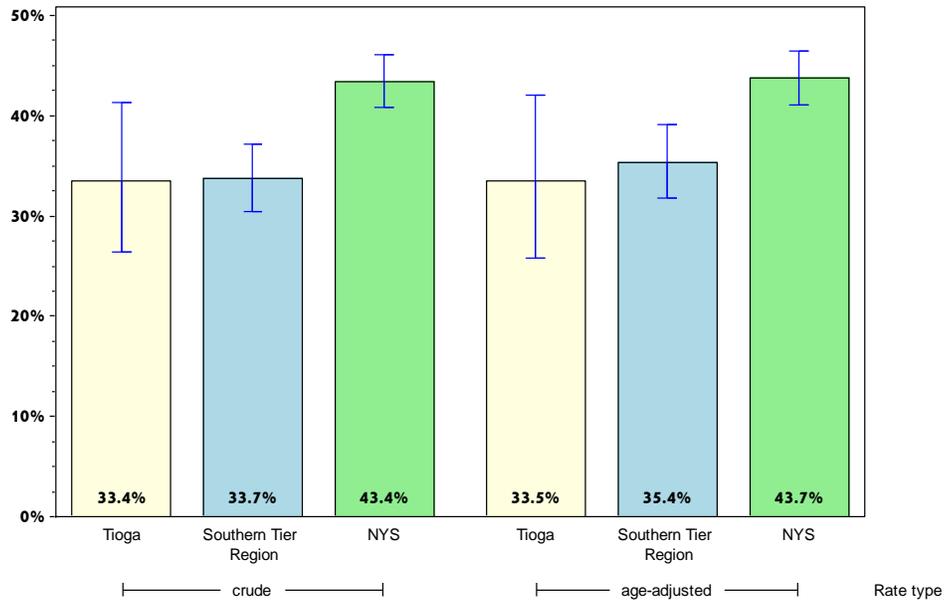
	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	21,603	72.3	(63.8-79.5)	182,948	64.9	(60.8-68.8)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	17,771	68.7	(60.2-76.1)	143,786	62.5	(58.3-66.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		13,771	65.4 [^]	(47.0-80.2)
Sex						
male	11,133	70.9 [^]	(57.1-81.7)	78,883	56.8	(51.1-62.4)
female	10,470	73.9 [^]	(63.8-82.0)	104,066	72.8	(67.0-77.9)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing housing insecurity in the past 12 months*



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	12,275	33.4	(26.4-41.3)	110,120	33.7	(30.4-37.2)
Age		#				
18-24		#		13,414	30.9 [^]	(19.6-45.0)
25-34		#		20,168	36.6 [^]	(27.2-47.0)
35-44		#		21,029	46.7	(37.1-56.5)
45-64	5,773	40.4 [^]	(31.1-50.5)	42,480	38.1	(33.2-43.2)
65+	2,180	27.4	(19.4-37.1)	12,309	18.1	(14.2-22.8)
Race						
White, NH	12,223	37.1	(30.2-44.5)	94,835	34.9	(31.5-38.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		5,731	24.3 [^]	(13.0-40.7)
Sex						
male	5,886	32.0 [^]	(21.0-45.4)	47,371	30.5	(26.3-35.0)
female	6,388	34.9	(27.2-43.4)	62,749	36.6	(31.6-42.0)
Age-adjusted^{&}		33.5	(25.9-42.1)		35.4	(31.8-39.1)

* Worried or stressed about having enough money to pay for rent or mortgage.

& Percent is age-adjusted to the 2000 United States Population.

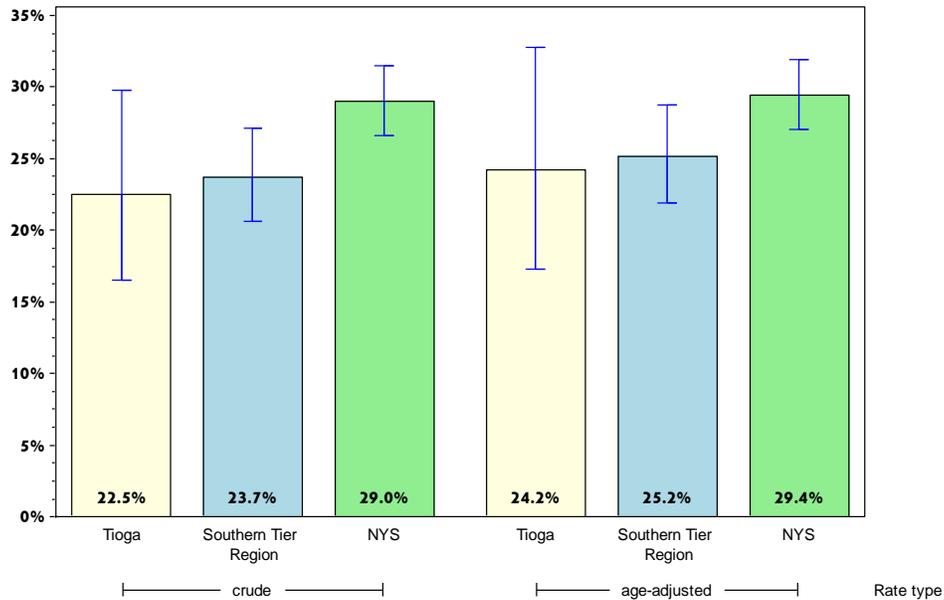
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing food insecurity in the past 12 months*



Tioga County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,501	22.5	(16.5-29.8)	82,315	23.7	(20.6-27.1)
Age		#				
18-24		#		12,360	23.2 [^]	(14.6-34.8)
25-34		#		13,426	23.0	(16.2-31.4)
35-44		#		16,225	35.4 [^]	(26.0-46.1)
45-64	3,037	20.7	(13.8-29.9)	30,573	26.5	(21.5-32.2)
65+	1,635	20.2	(13.8-28.5)	9,530	13.5	(9.7-18.6)
Race						
White, NH	8,412	24.9	(18.7-32.3)	66,830	23.0	(20.0-26.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		7,161	29.6 [^]	(14.1-51.9)
Sex						
male	3,705	19.6 [^]	(11.2-32.2)	34,087	20.1	(16.1-24.9)
female	4,797	25.3	(18.2-34.0)	48,228	27.1	(22.6-32.1)
Age-adjusted^{&}		24.2	(17.3-32.7)		25.2	(21.9-28.8)

* Worried or stressed about having enough money to buy nutritious meals.

& Percent is age-adjusted to the 2000 United States Population.

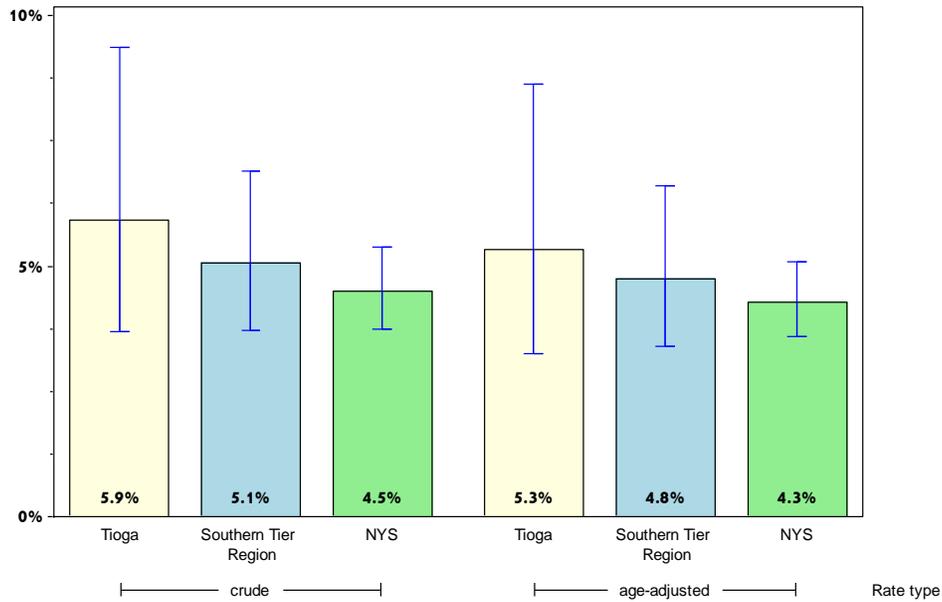
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Improve Health Status and Reduce Health Disparities

Percentage of adults with poor self-reported health



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,298	5.9	(3.7-9.4)	18,143	5.1	(3.7-6.9)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	1,323	8.8	(4.5-16.5)	7,509	6.4	(4.5-9.0)
65+	684	8.2	(4.1-15.5)	5,843	8.1	(5.8-11.2)
Race						
White, NH	1,637	4.7	(2.9-7.7)	14,079	4.7	(3.2-6.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		2,274	8.6	(4.0-17.6)
Sex						
male	833	4.4	(2.1-8.7)	10,260	5.8	(3.6-9.4)
female	1,465	7.4	(4.0-13.6)	7,882	4.3	(3.1-6.1)
Age-adjusted^{&}		5.3	(3.2-8.6)		4.8	(3.4-6.6)

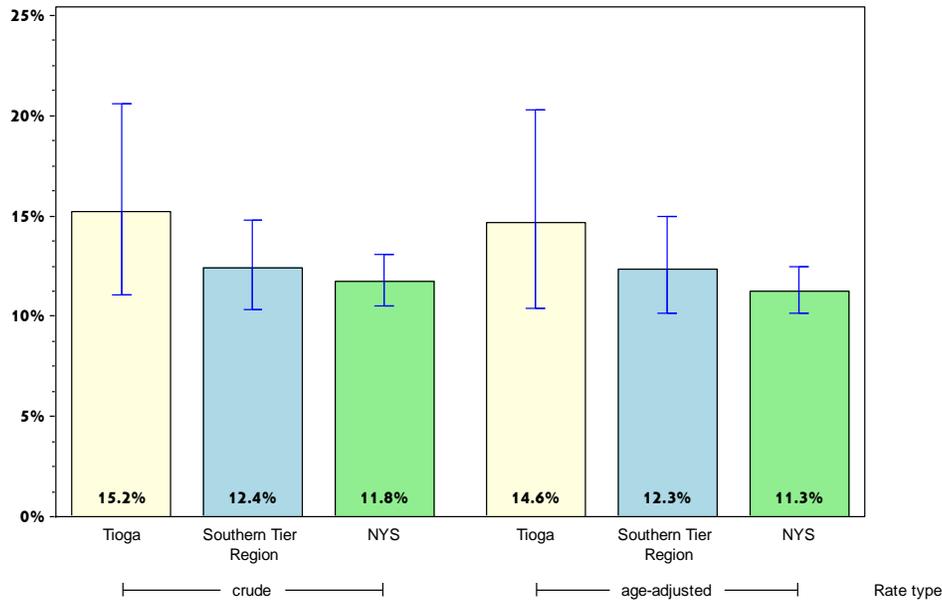
& Percent is age-adjusted to the 2000 United States Population.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Tioga

Improve Health Status and Reduce Health Disparities

Percentage of adults who report 14 or more days of poor physical health*



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,698	15.2	(11.0-20.6)	43,428	12.4	(10.4-14.8)
Age		#			#	
18-24		#			#	
25-34		#		5,741	9.6 [^]	(4.3-20.1)
35-44		#		5,563	12.0	(6.8-20.5)
45-64	2,771	19.4	(12.2-29.3)	17,383	15.3	(12.1-19.0)
65+	1,783	21.8	(15.0-30.6)	12,114	17.3	(13.5-21.9)
Race						
White, NH	5,075	15.2	(11.1-20.4)	34,674	11.9	(9.9-14.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		4,940	19.1 [^]	(9.7-34.2)
Sex						
male	2,516	13.4	(7.8-22.1)	22,786	13.2	(10.1-17.2)
female	3,183	17.1	(11.8-24.1)	20,642	11.6	(9.2-14.5)
Age-adjusted^{&}		14.6	(10.4-20.3)		12.3	(10.1-14.9)

* Out of the past 30 days.

& Percent is age-adjusted to the 2000 United States Population.

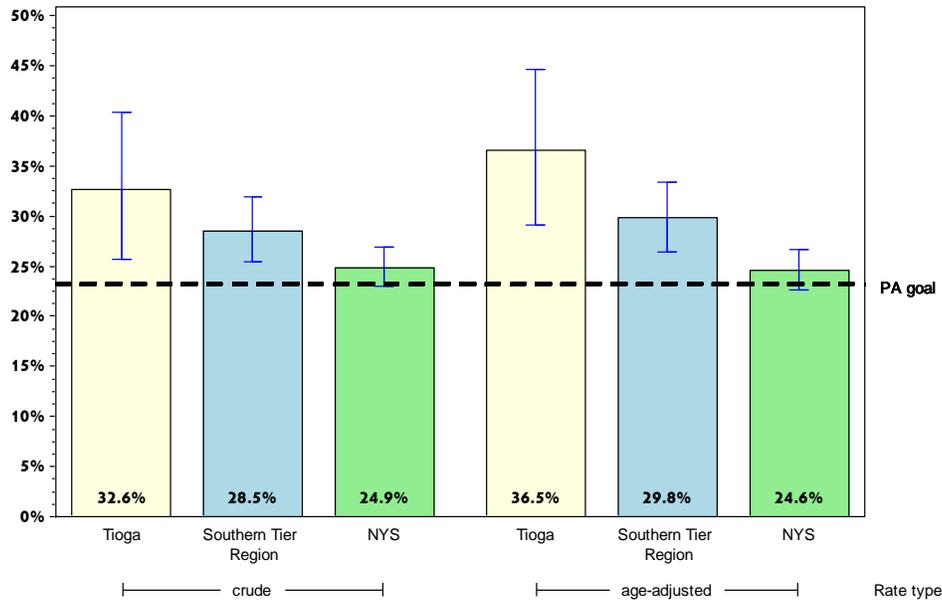
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent Chronic Diseases

Percentage of adults who are obese*



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	11,610	32.6	(25.7-40.4)	95,241	28.5	(25.4-31.9)
Age						
18-24		#		7,926	14.8 [^]	(8.1-25.3)
25-34		#		16,121	30.6 [^]	(21.4-41.6)
35-44		#		15,806	36.4 [^]	(27.1-46.9)
45-64	4,702	34.0	(25.3-43.9)	37,057	32.8	(28.3-37.6)
65+	2,536	32.9	(24.9-41.9)	18,039	26.4	(21.6-31.9)
Race						
White, NH	9,656	30.6	(24.6-37.3)	82,917	29.7	(26.5-33.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		4,994	19.2 [^]	(9.3-35.7)
Sex						
male	5,385	28.6 [^]	(18.8-40.9)	49,087	28.2	(23.8-33.0)
female	6,226	37.1	(28.9-46.1)	46,154	28.9	(24.5-33.7)
Age-adjusted^{&}		36.5	(29.1-44.7)		29.8	(26.4-33.4)

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

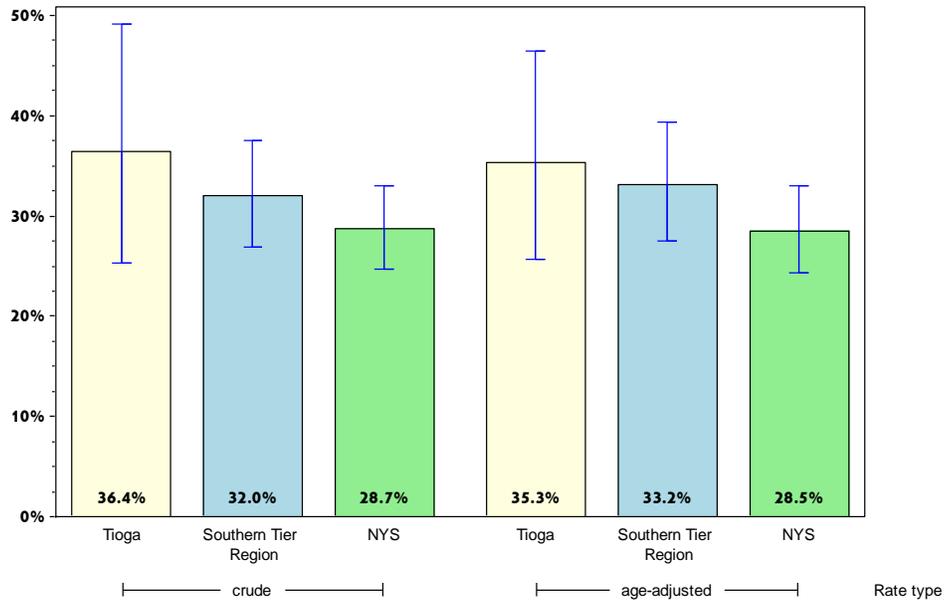
Rates with < 10 in the numerator or < 50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent Chronic Diseases

Percentage of adults with an annual household income less than \$25,000 who are obese*



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,313	36.4 [^]	(25.3-49.1)	29,061	32.0	(26.9-37.5)
Age		#			#	
18-24		#			#	
25-34		#		3,472	20.1 [^]	(11.0-33.8)
35-44		#		4,258	44.8 [^]	(26.9-64.2)
45-64	1,910	37.2 [^]	(22.1-55.4)	12,769	40.5	(31.9-49.7)
65+	1,007	34.3 [^]	(21.6-49.7)	6,552	28.8	(22.1-36.6)
Race						
White, NH	3,471	32.1 [^]	(21.3-45.3)	24,568	32.3	(27.0-38.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,070	20.0 [^]	(9.8-36.6)	11,743	25.7	(19.2-33.5)
female	3,243	49.8 [^]	(35.5-64.0)	17,318	38.3	(31.1-46.1)
Age-adjusted^{&}		35.3 [^]	(25.7-46.4)		33.2	(27.4-39.4)

* Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

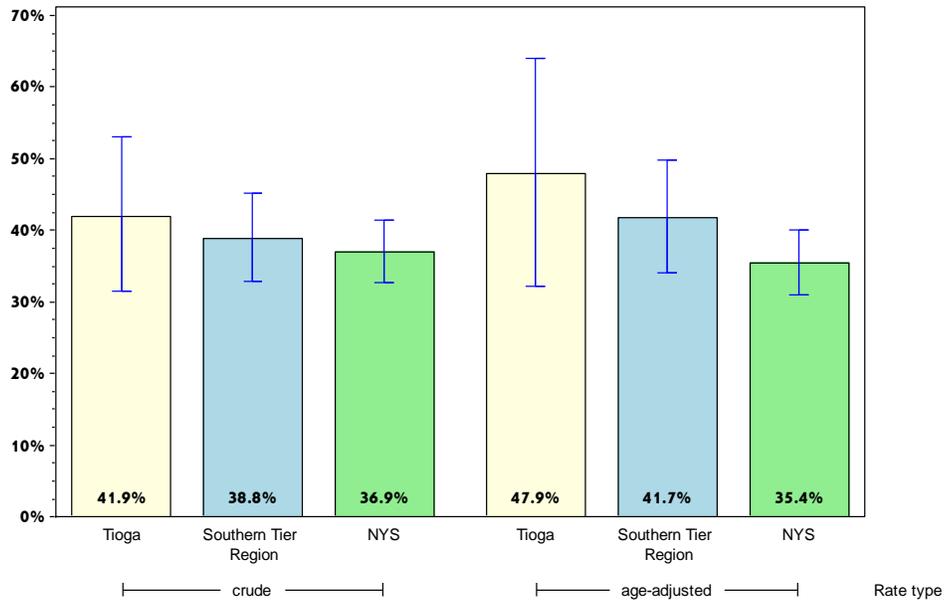
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent Chronic Diseases

Percentage of adults living with a disability who are obese*



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,912	41.9 [^]	(31.5-53.1)	32,685	38.8	(32.9-45.1)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	1,814	40.8 [^]	(25.1-58.8)	15,081	43.9	(36.0-52.2)
65+	1,374	37.8 [^]	(26.2-51.1)	7,075	27.6	(21.3-35.0)
Race						
White, NH	3,070	36.7 [^]	(27.2-47.3)	26,719	37.0	(30.9-43.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,638	38.2 [^]	(23.5-55.5)	15,797	36.6 [^]	(27.5-46.8)
female	2,274	45.1 [^]	(31.9-59.1)	16,888	41.2	(34.0-48.7)
Age-adjusted^{&}		47.9 [^]	(32.2-64.0)		41.7	(34.0-49.9)

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

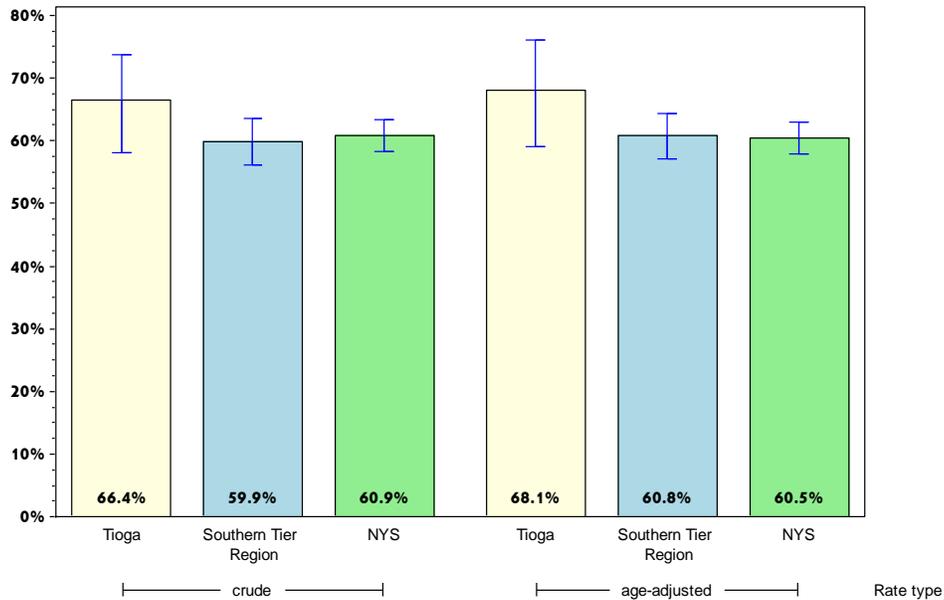
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent Chronic Diseases

Percentage of adults overweight or obese*



Tioga County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	23,661	66.4	(58.1-73.8)	199,985	59.9	(56.1-63.7)
Age						
18-24		#		19,724	36.7 [^]	(25.1-50.2)
25-34		#		26,653	50.6 [^]	(40.5-60.7)
35-44		#		30,381	70.0	(60.6-78.1)
45-64	9,728	70.3	(60.4-78.6)	76,054	67.3	(62.0-72.3)
65+	5,058	65.5	(56.4-73.7)	45,261	66.4	(61.6-70.8)
Race						
White, NH	19,830	62.9	(54.9-70.1)	174,723	62.5	(59.1-65.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		11,547	44.5 [^]	(28.3-61.9)
Sex						
male	12,811	67.9 [^]	(54.1-79.2)	112,653	64.7	(59.7-69.4)
female	10,850	64.7	(56.3-72.3)	87,331	54.7	(49.0-60.3)
Age-adjusted^{&}		68.1	(59.0-76.0)		60.8	(57.1-64.3)

* Defined as a Body Mass Index (BMI) ≥ 25 . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

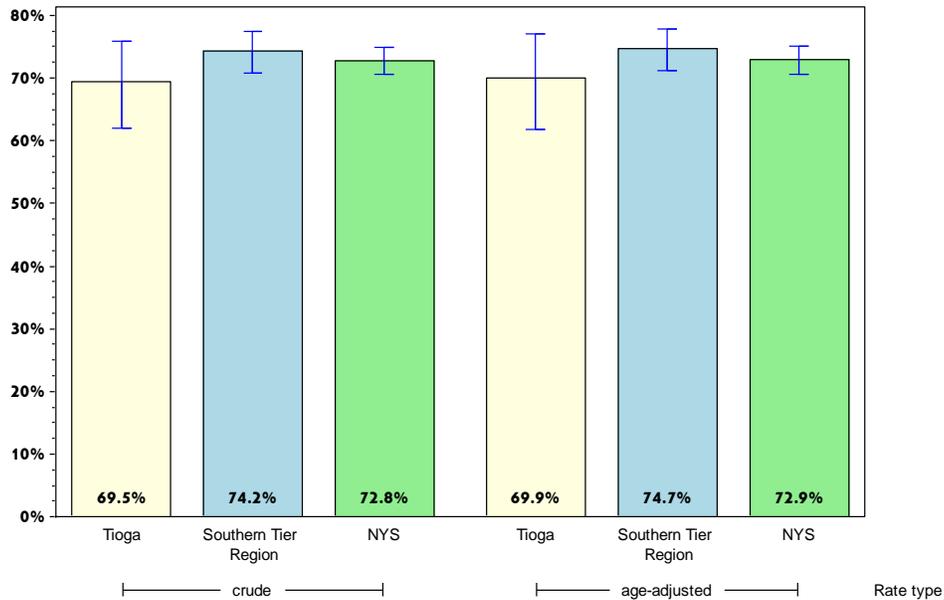
Rates with < 10 in the numerator or < 50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent Chronic Diseases

Percentage of adults who participated in leisure time physical activity in the past 30 days*



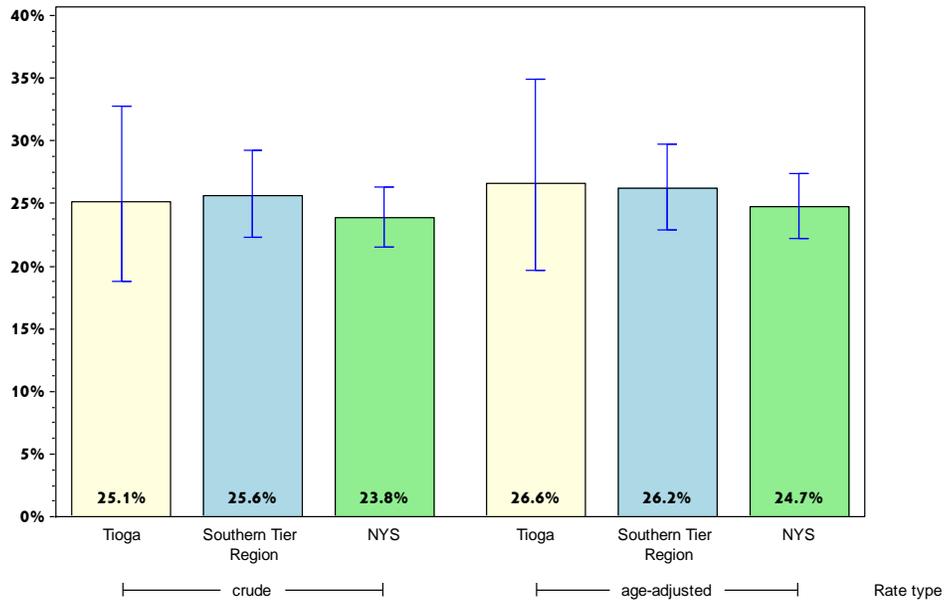
	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	26,429	69.5	(62.1-76.0)	259,735	74.2	(70.9-77.4)
Age						
18-24	#	#		41,971	78.8 [^]	(66.5-87.4)
25-34	#	#		42,562	71.7 [^]	(58.8-81.7)
35-44	#	#		36,839	80.3	(72.6-86.3)
45-64	10,658	72.9	(63.8-80.5)	85,632	73.9	(69.3-78.1)
65+	4,637	55.8	(46.9-64.5)	48,976	68.8	(64.2-73.1)
Race						
White, NH	22,685	66.8	(59.7-73.1)	213,124	72.9	(69.7-75.9)
Black, NH	#	#		#	#	
Hispanic	#	#		#	#	
Other, NH	#	#		22,139	88.7 [^]	(78.0-94.6)
Sex						
male	15,049	79.3 [^]	(67.5-87.6)	133,344	78.2	(74.0-81.9)
female	11,380	59.7	(51.0-67.8)	126,391	70.5	(65.2-75.2)
Age-adjusted^{&}		69.9	(61.8-77.0)		74.7	(71.2-77.8)

* Any physical activities or exercises such as running or walking
 & Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent Chronic Diseases

Percentage of adults who consume one or more sugary drinks daily*



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	9,429	25.1	(18.8-32.7)	88,098	25.6	(22.3-29.3)
Age		#				
18-24		#		20,979	40.1 [^]	(27.3-54.3)
25-34		#		23,280	40.2 [^]	(29.5-52.0)
35-44		#		11,061	24.2	(18.0-31.8)
45-64	3,707	25.6	(18.2-34.7)	23,746	20.8	(17.0-25.1)
65+	1,649	20.0	(13.5-28.5)	8,799	12.6	(10.0-15.8)
Race						
White, NH	8,128	24.3	(18.7-31.0)	71,236	24.8	(21.6-28.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		4,913	20.3 [^]	(11.0-34.3)
Sex						
male	5,967	32.1 [^]	(21.0-45.6)	44,773	26.7	(22.6-31.2)
female	3,461	18.3	(12.3-26.3)	43,325	24.6	(19.6-30.4)
Age-adjusted^{&}		26.6	(19.7-34.9)		26.2	(22.9-29.7)

* Sugary drinks include regular soda, and sugar-sweetened drinks.

& Percent is age-adjusted to the 2000 United States Population.

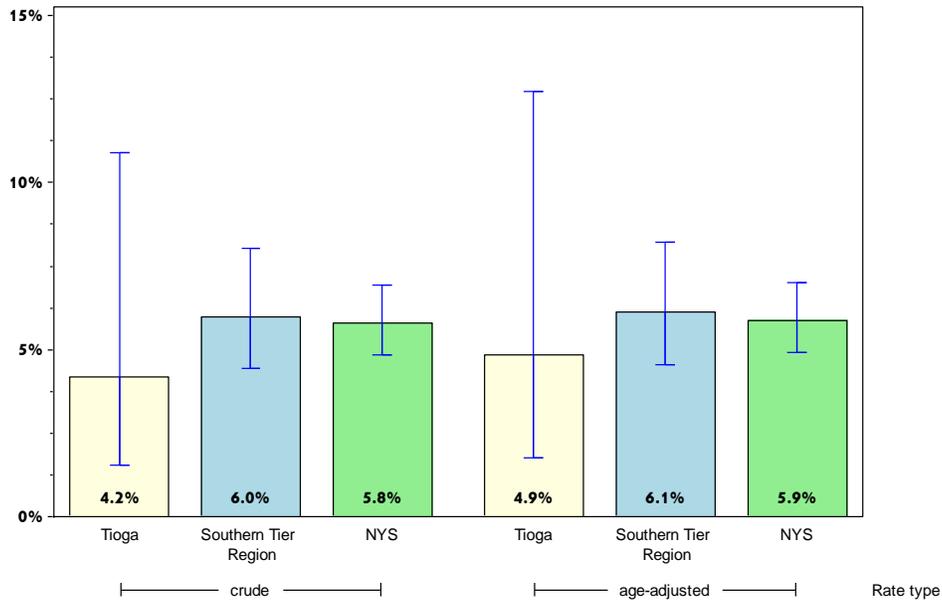
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent Chronic Diseases

Percentage of adults who consume fast-food three or more times per week



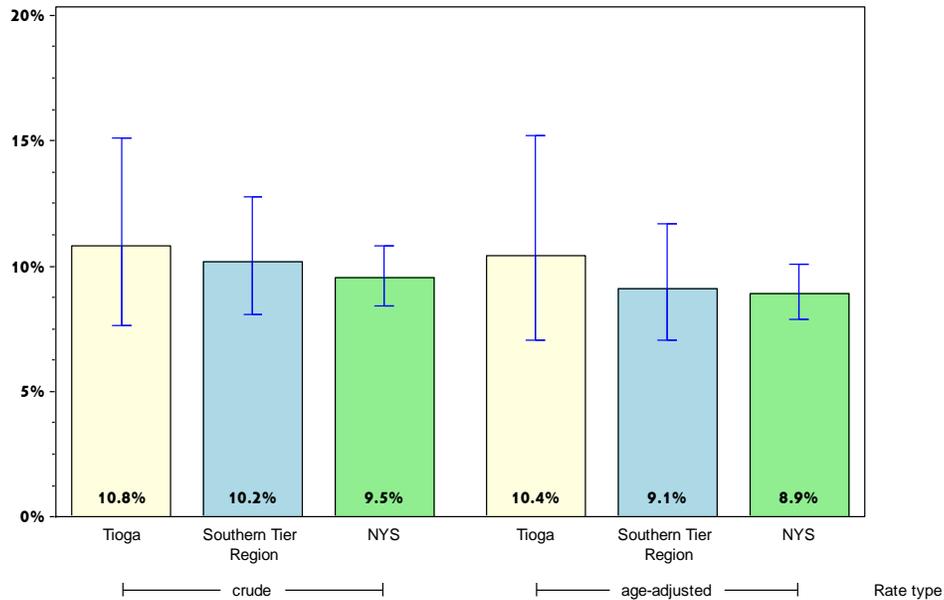
	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,481	4.2	(1.5-10.9)	20,347	6.0	(4.5-8.0)
Age		#			#	
18-24		#			#	
25-34		#		6,344	11.0	(6.3-18.6)
35-44		#		2,414	5.3	(2.5-10.8)
45-64		#		5,371	4.7	(2.9-7.5)
65+		#		1,671	2.4	(1.4-4.1)
Race						
White, NH	1,481	4.5	(1.6-11.5)	15,486	5.4	(3.9-7.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		12,975	7.9	(5.5-11.2)
female		#		7,372	4.2	(2.6-6.9)
Age-adjusted^{&}		4.9	(1.8-12.7)		6.1	(4.5-8.2)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

Tioga

Prevent Chronic Diseases

Percentage of adults with physician diagnosed diabetes*



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,220	10.8	(7.6-15.1)	36,788	10.2	(8.1-12.7)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	1,749	11.6	(6.7-19.4)	14,046	11.8	(9.1-15.1)
65+	1,641	19.4	(13.5-26.9)	16,124	22.1	(17.8-27.1)
Race						
White, NH	3,429	9.8	(7.1-13.4)	27,473	9.1	(7.8-10.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		4,025	14.8 [^]	(6.9-28.9)
Sex						
male	1,525	8.0	(4.5-13.7)	16,397	9.3	(7.2-11.9)
female	2,695	13.6	(8.9-20.1)	20,391	11.1	(7.7-15.6)
Age-adjusted^{&}		10.4	(7.0-15.2)		9.1	(7.1-11.7)

* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

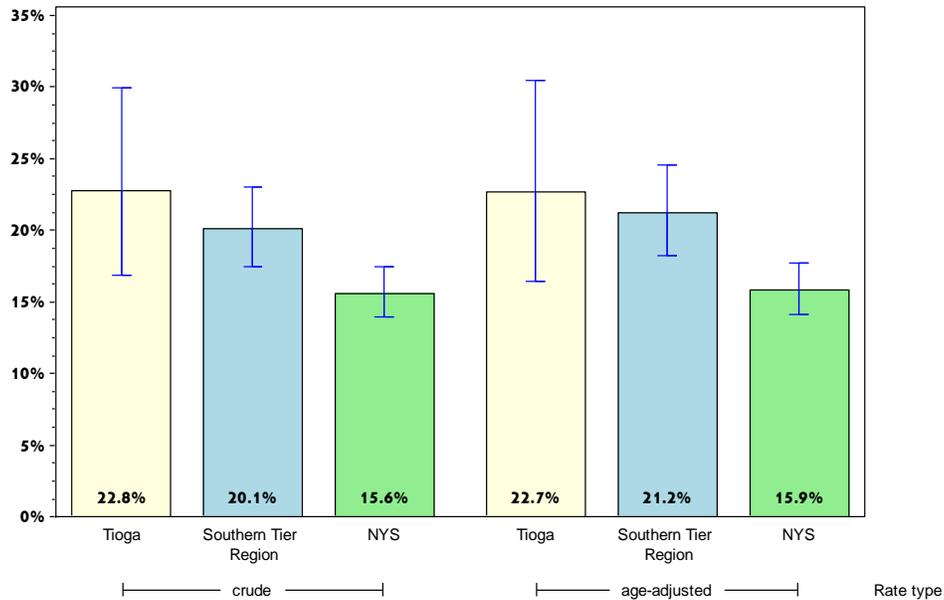
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent Chronic Diseases

Percentage of adults who are current smokers



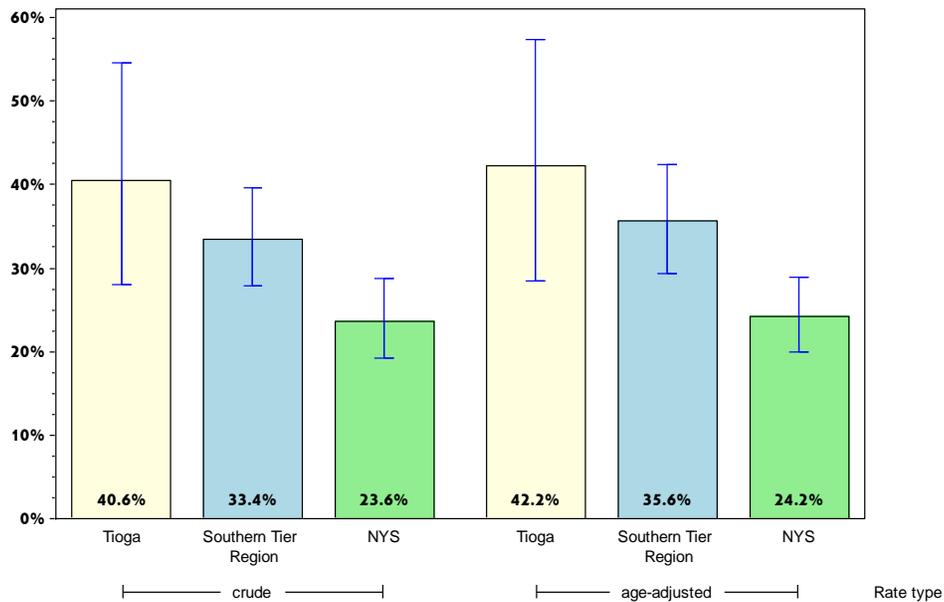
	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,732	22.8	(16.8-30.0)	71,044	20.1	(17.4-23.0)
Age		#				
18-24		#		9,973	18.3 [^]	(10.8-29.1)
25-34		#		15,353	26.0	(18.4-35.4)
35-44		#		12,078	26.2 [^]	(17.7-36.9)
45-64	4,731	31.9	(23.6-41.4)	28,406	24.0	(20.1-28.4)
65+	758	9.0	(5.1-15.5)	5,115	7.1	(5.2-9.7)
Race						
White, NH	8,323	24.3	(18.2-31.6)	63,096	21.3	(18.5-24.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		3,338	13.4 [^]	(7.1-23.9)
Sex						
male	4,809	25.2 [^]	(15.6-38.0)	36,695	21.1	(17.4-25.4)
female	3,924	20.3	(14.3-28.2)	34,348	19.1	(15.4-23.3)
Age-adjusted^{&}		22.7	(16.4-30.5)		21.2	(18.3-24.6)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent Chronic Diseases

Percentage of adults with annual household income less than \$25,000 who are current smokers



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,927	40.6 [^]	(28.0-54.5)	33,082	33.4	(27.8-39.6)
Age		#			#	
18-24		#			#	
25-34		#		8,325	38.6 [^]	(22.8-57.1)
35-44		#		4,330	37.6 [^]	(21.9-56.6)
45-64	2,739	50.5 [^]	(33.3-67.5)	14,058	43.6	(35.1-52.4)
65+	411	13.1 [^]	(6.1-25.7)	2,371	9.7	(5.9-15.5)
Race						
White, NH	4,640	41.8 [^]	(28.6-56.2)	28,558	35.6	(29.9-41.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		15,897	35.6	(27.7-44.3)
female	2,251	32.9 [^]	(20.4-48.3)	17,185	31.7	(24.1-40.3)
Age-adjusted^{&}		42.2 [^]	(28.5-57.3)		35.6	(29.4-42.4)

& Percent is age-adjusted to the 2000 United States Population.

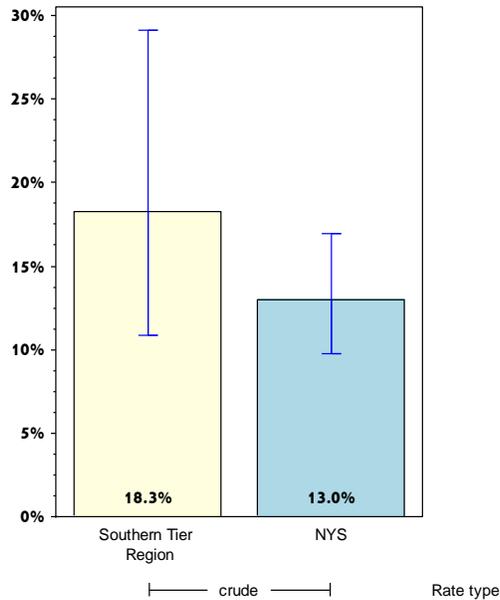
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent Chronic Diseases

Percentage of adults aged 18-24 years who are current smokers



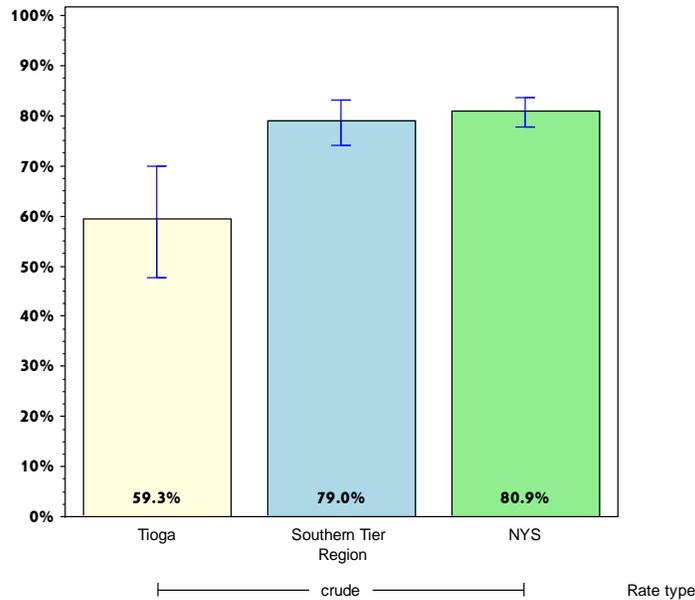
	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		9,973	18.3 [^]	(10.8-29.1)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		9,651	23.3 [^]	(14.1-36.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		6,557	23.4 [^]	(12.3-40.0)
female		#			#	
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent Chronic Diseases

Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines*



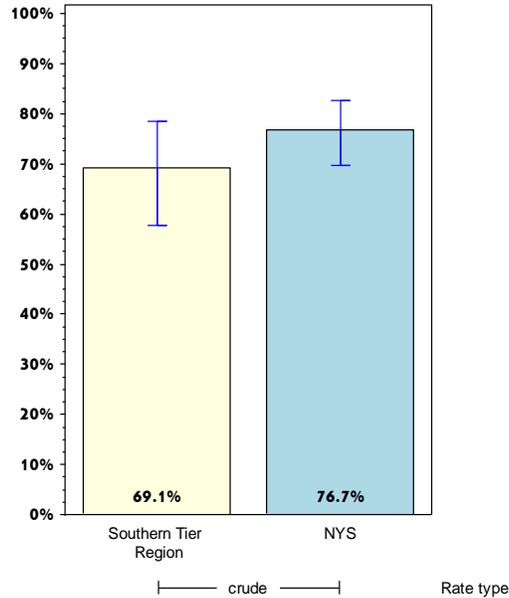
	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,443	59.3 [^]	(47.8-69.9)	51,498	79.0	(74.1-83.2)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	5,172	61.5 [^]	(49.7-72.1)	45,195	78.4	(73.2-82.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	5,443	59.3 [^]	(47.8-69.9)	51,498	79.0	(74.1-83.2)
Age-adjusted^{+,&}						

* Mammogram within past 2 years.
 & Percent is age-adjusted to the 2000 United States Population.
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent Chronic Diseases

Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines*



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		12,012	69.1 [^]	(57.8-78.5)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		10,516	68.8 [^]	(56.7-78.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		12,012	69.1 [^]	(57.8-78.5)
Age-adjusted^{+,&}						

* Mammogram within past 2 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

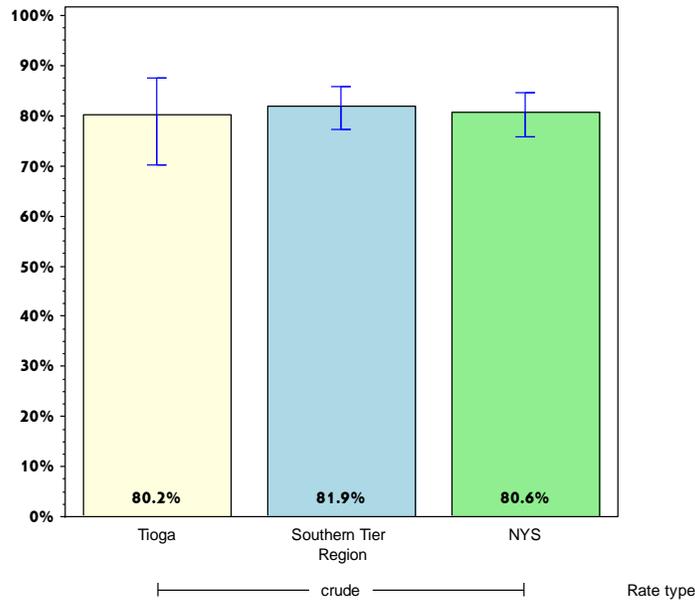
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent Chronic Diseases

Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines*



Tioga County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	10,421	80.2 [^]	(70.1-87.5)	100,500	81.9	(77.2-85.8)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	9,402	78.5 [^]	(67.7-86.4)	84,356	81.9	(77.5-85.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	10,421	80.2 [^]	(70.1-87.5)	100,500	81.9	(77.2-85.8)
Age-adjusted^{+,&}						

* Pap test within past 3 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

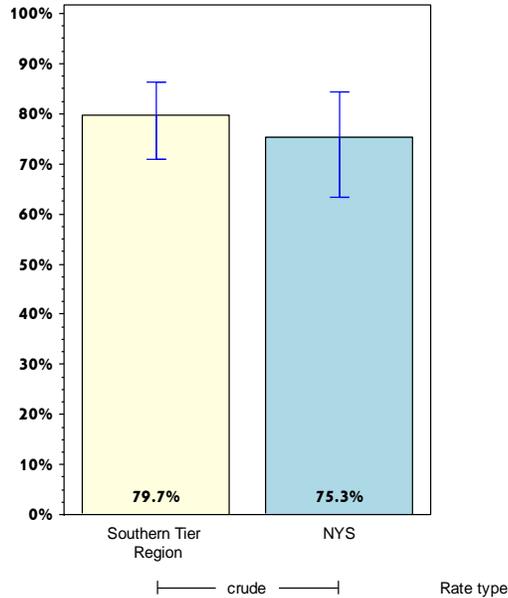
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent Chronic Diseases

Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines*



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		29,790	79.7	(71.0-86.4)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		21,880	75.4	(66.0-82.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		29,790	79.7	(71.0-86.4)
Age-adjusted^{+,&}						

* Pap test within past 3 years.

& Percent is age-adjusted to the 2000 United States Population.

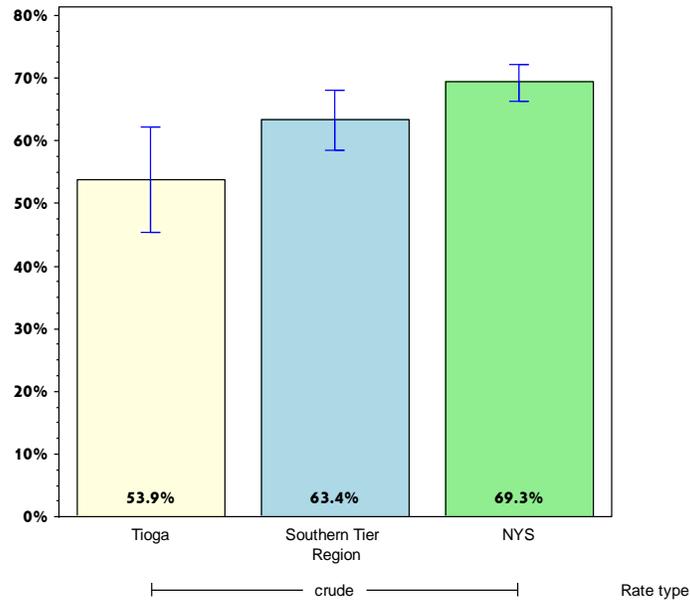
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Tioga

Prevent Chronic Diseases

Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines*



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,559	53.9	(45.3-62.2)	82,061	63.4	(58.5-68.1)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	8,250	54.6	(45.8-63.1)	72,849	65.4	(61.3-69.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	4,018	56.9 [^]	(43.4-69.4)	38,092	61.3	(53.2-68.7)
female	4,540	51.5 [^]	(40.4-62.4)	43,969	65.4	(59.3-71.0)
Age-adjusted^{+,&}						

* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

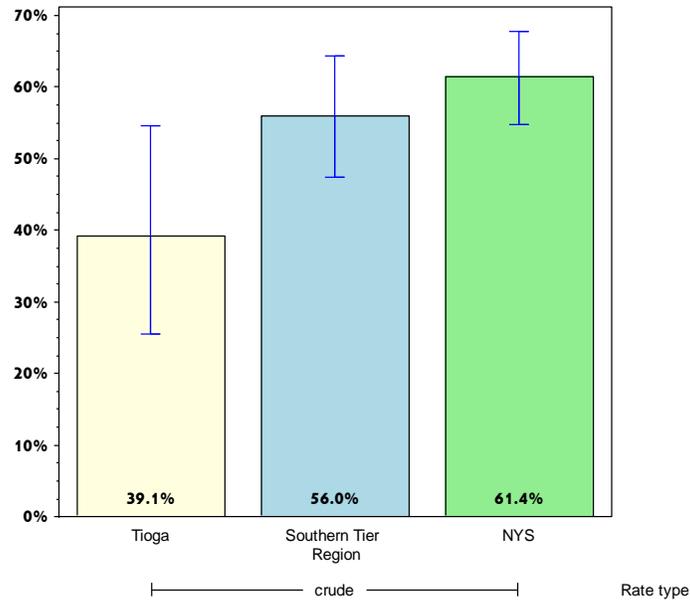
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent Chronic Diseases

Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines*



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,044	39.1 [^]	(25.6-54.6)	19,541	56.0	(47.4-64.3)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	2,044	42.9 [^]	(28.0-59.3)	16,747	55.0	(46.2-63.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		9,923	60.7 [^]	(49.2-71.2)
female		#		9,618	51.9 [^]	(39.9-63.6)
Age-adjusted^{+,&}						

* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

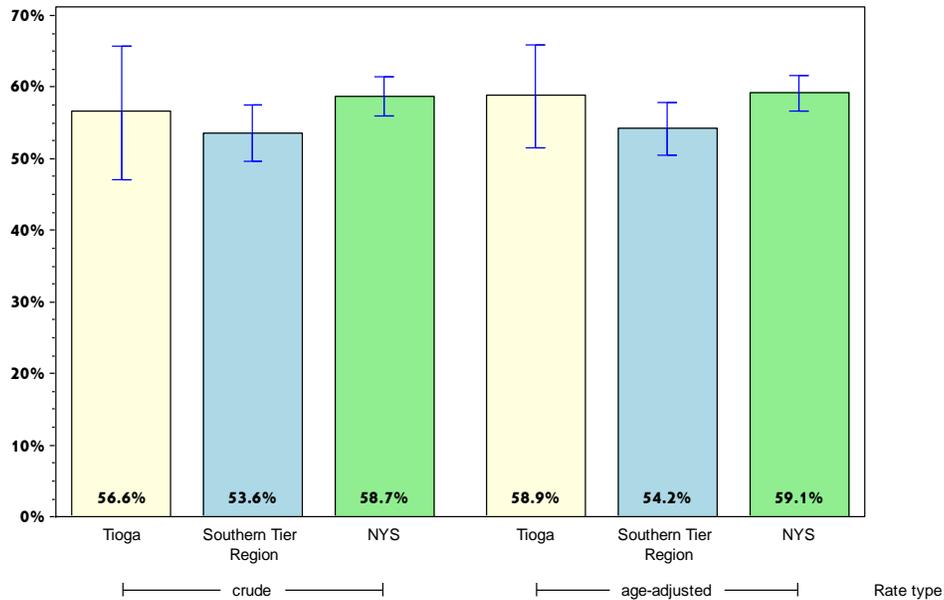
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent Chronic Diseases

Percentage of adults who had a test for high blood sugar or diabetes within the past three years



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	19,303	56.6	(47.0-65.8)	164,536	53.6	(49.7-57.5)
Age		#				
18-24		#		13,960	28.0 [^]	(18.0-40.8)
25-34		#		25,224	46.6 [^]	(36.7-56.7)
35-44		#		24,844	54.5	(44.6-64.1)
45-64	8,305	63.1 [^]	(52.3-72.8)	60,606	60.3	(54.6-65.7)
65+	4,885	74.0	(64.4-81.8)	37,837	71.0	(65.6-75.8)
Race						
White, NH	17,852	57.9	(49.8-65.6)	142,752	55.3	(51.7-59.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		8,459	39.2 [^]	(23.2-57.8)
Sex						
male	8,264	47.3 [^]	(33.2-61.8)	78,714	51.4	(46.1-56.7)
female	11,039	66.5	(56.5-75.1)	85,822	55.8	(49.9-61.6)
Age-adjusted^{&}		58.9	(51.6-65.9)		54.2	(50.4-57.9)

& Percent is age-adjusted to the 2000 United States Population.

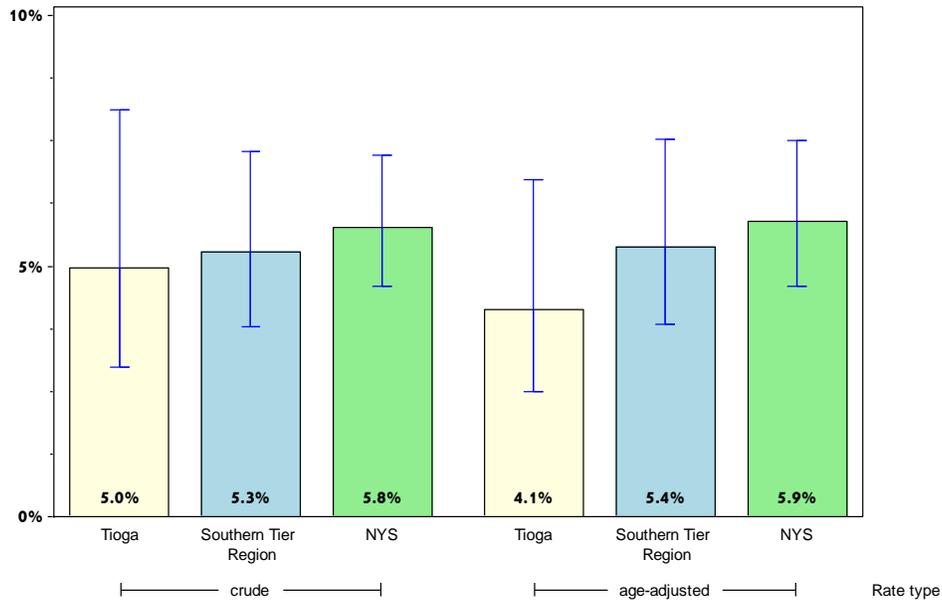
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed prediabetes



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,700	5.0	(3.0-8.1)	16,763	5.3	(3.8-7.3)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	924	7.1	(3.3-14.5)	6,771	6.6	(4.8-9.1)
65+	531	7.9	(4.2-14.3)	3,770	6.8	(4.5-10.1)
Race						
White, NH	1,700	5.5	(3.3-8.9)	15,289	5.7	(4.0-8.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	477	2.8	(1.3-5.8)	8,956	5.7	(3.3-9.7)
female	1,223	7.2	(3.9-13.0)	7,807	4.8	(3.4-6.7)
Age-adjusted^{&}		4.1	(2.5-6.7)		5.4	(3.8-7.5)

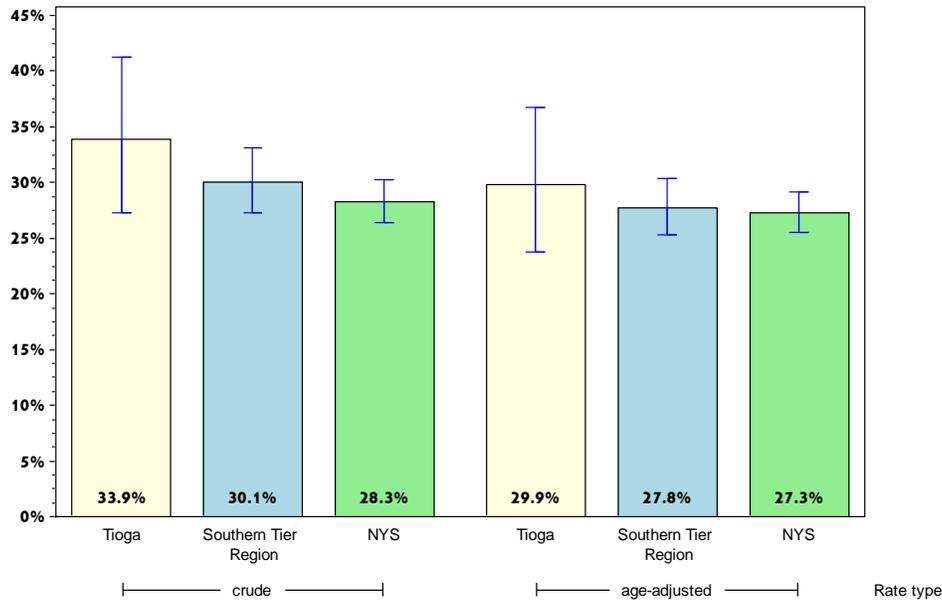
& Percent is age-adjusted to the 2000 United States Population.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Tioga

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed high blood pressure



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	13,231	33.9	(27.3-41.3)	108,205	30.1	(27.2-33.1)
Age		#				
18-24		#		5,198	9.2	(4.7-17.4)
25-34		#		8,421	13.8	(8.3-22.1)
35-44		#		6,819	14.3	(9.4-21.3)
45-64	4,425	29.2	(21.9-37.9)	41,371	35.0	(30.6-39.7)
65+	5,308	62.5	(53.6-70.6)	44,299	61.4	(56.5-66.1)
Race						
White, NH	12,367	35.4	(29.1-42.3)	93,946	31.4	(28.6-34.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		7,589	27.8 [^]	(15.4-44.8)
Sex						
male	6,934	36.1 [^]	(24.8-49.1)	57,850	33.0	(28.8-37.5)
female	6,297	31.8	(25.0-39.5)	50,354	27.3	(23.7-31.3)
Age-adjusted^{&}		29.9	(23.8-36.8)		27.8	(25.3-30.4)

& Percent is age-adjusted to the 2000 United States Population.

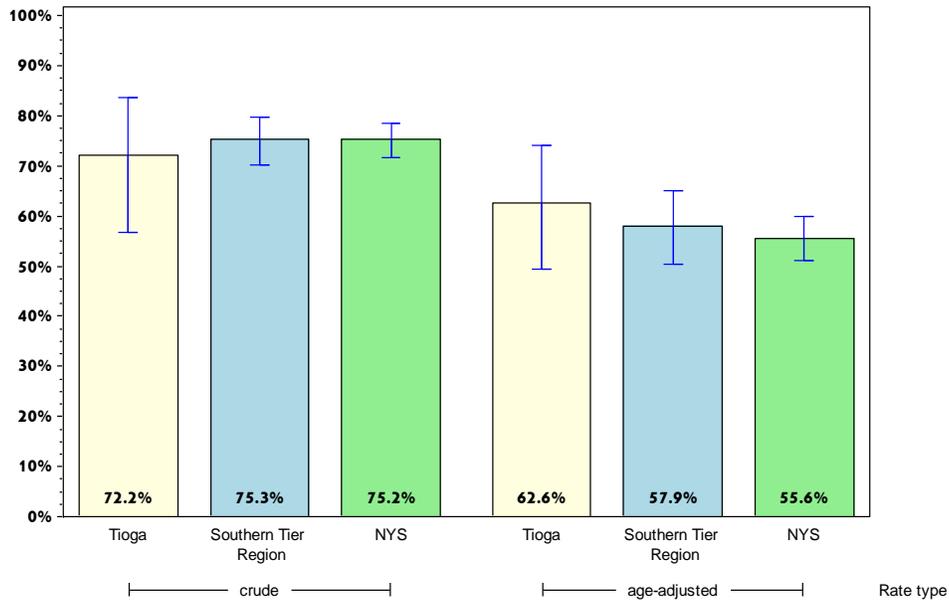
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent Chronic Diseases

Percentage of adults with diagnosed high blood pressure taking high blood pressure medication



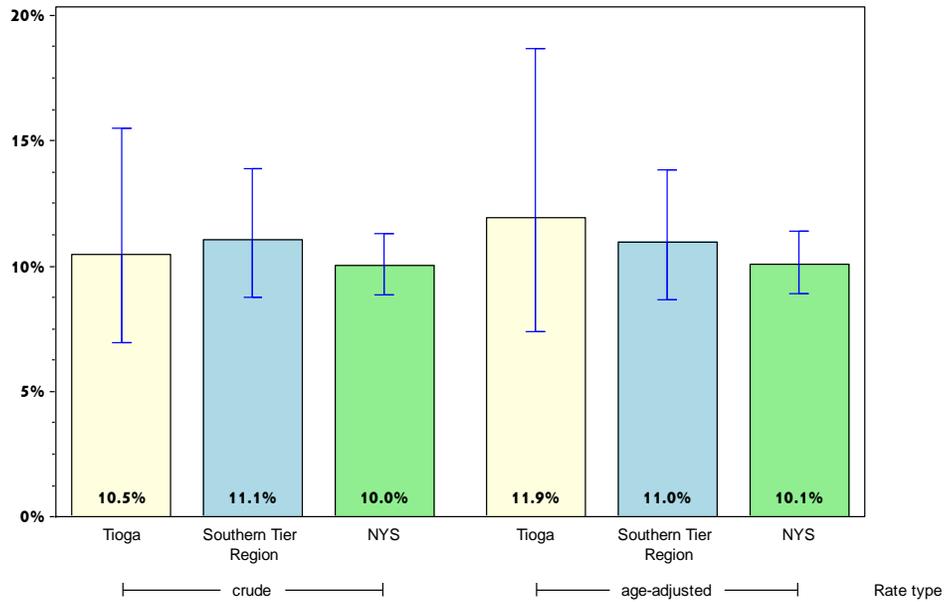
	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	9,546	72.2 [^]	(56.7-83.7)	81,095	75.3	(70.3-79.7)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	3,361	76.0 [^]	(60.0-86.9)	32,070	77.5	(70.3-83.4)
65+	4,803	90.5	(81.6-95.3)	40,246	91.8	(88.4-94.3)
Race						
White, NH	8,966	72.5 [^]	(56.2-84.4)	69,969	74.9	(69.7-79.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	4,092	59.0 [^]	(37.7-77.4)	38,709	67.5	(59.6-74.5)
female	5,454	86.6 [^]	(75.1-93.3)	42,386	84.2	(78.8-88.4)
Age-adjusted^{&}		62.6 [^]	(49.4-74.2)		57.9	(50.4-65.1)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent Chronic Diseases

Percentage of adults with current asthma*



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,063	10.5	(7.0-15.5)	39,362	11.1	(8.7-13.9)
Age		#				
18-24		#		7,986	15.4	(9.2-24.5)
25-34		#		9,891	16.2 [^]	(8.1-29.8)
35-44		#		3,554	7.5	(4.4-12.4)
45-64	1,628	11.0	(6.1-18.9)	11,753	9.9	(7.7-12.8)
65+	855	10.1	(6.2-16.1)	6,076	8.4	(4.9-13.8)
Race						
White, NH	3,529	10.2	(6.7-15.2)	28,448	9.5	(7.8-11.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		3,373	12.4 [^]	(4.7-28.7)
Sex						
male	1,337	7.0	(3.3-14.2)	14,033	7.9	(5.9-10.6)
female	2,726	13.9	(8.7-21.5)	25,329	14.1	(10.2-19.1)
Age-adjusted^{&}		11.9	(7.4-18.7)		11.0	(8.7-13.8)

* Physician diagnosed asthma.

& Percent is age-adjusted to the 2000 United States Population.

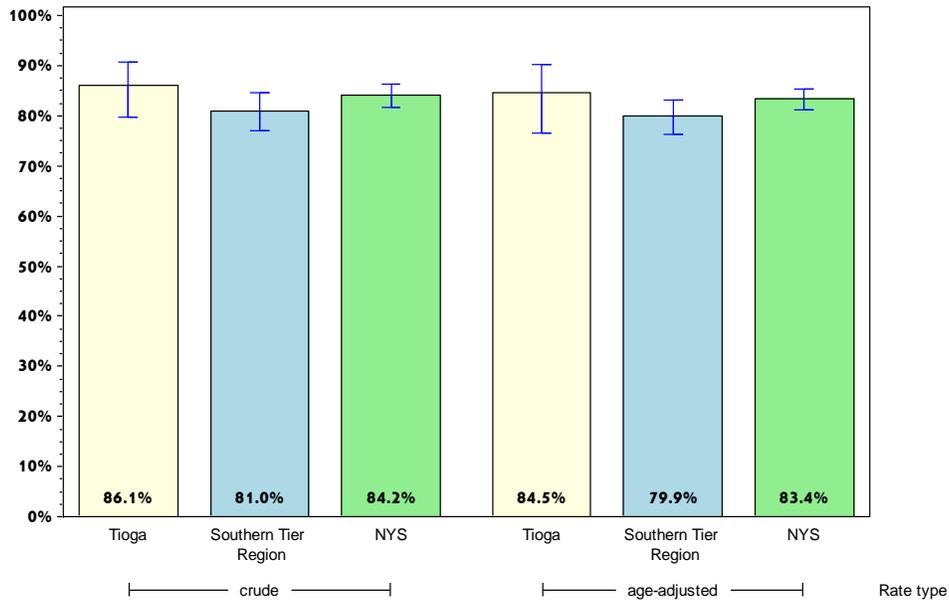
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent Chronic Diseases

Percent of adults with cholesterol checked*



Tioga County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	33,180	86.1	(79.7-90.8)	280,906	81.0	(76.9-84.5)
Age						
18-24	#	#		25,093	50.3 [^]	(36.0-64.5)
25-34	#	#		37,573	65.7 [^]	(53.6-76.1)
35-44	#	#		36,981	79.8	(70.1-87.0)
45-64	13,640	90.2	(82.7-94.6)	107,406	91.5	(88.6-93.6)
65+	8,247	97.3	(92.8-99.1)	69,502	97.5	(95.6-98.6)
Race						
White, NH	29,141	84.6	(77.7-89.6)	238,055	82.8	(79.7-85.6)
Black, NH	#	#		#	#	
Hispanic	#	#		#	#	
Other, NH	#	#		21,553	80.6 [^]	(64.6-90.4)
Sex						
male	15,336	80.1 [^]	(68.0-88.4)	138,828	81.3	(77.1-84.9)
female	17,844	92.2	(86.5-95.6)	142,078	80.7	(73.5-86.3)
Age-adjusted^{&}		84.5	(76.4-90.1)		79.9	(76.3-83.2)

* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

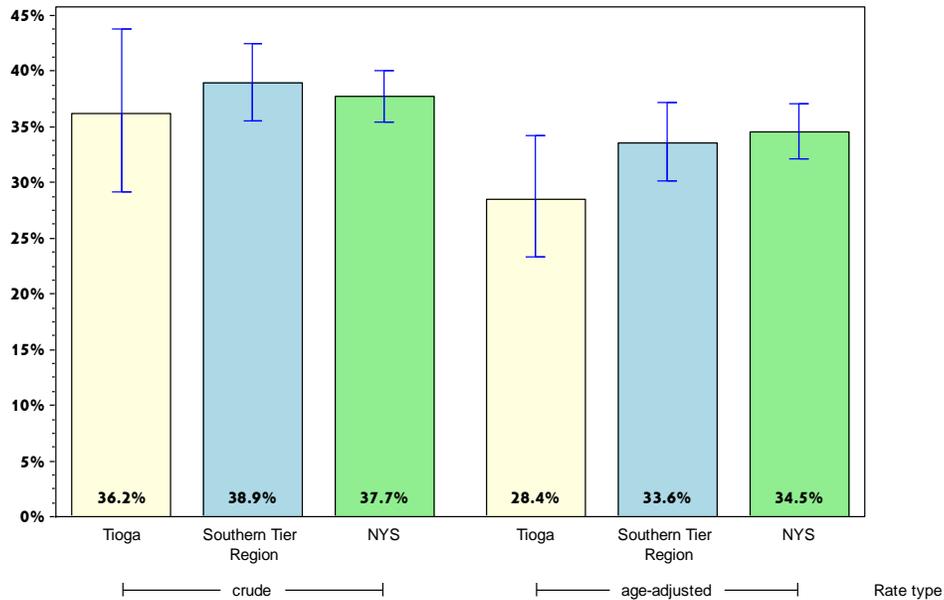
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent Chronic Diseases

Percentage of adults 18 years and older with elevated cholesterol*



Tioga County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	11,899	36.2	(29.2-43.8)	107,760	38.9	(35.5-42.5)
Age		#			#	
18-24		#			#	
25-34		#		8,162	21.9 [^]	(11.8-36.9)
35-44		#		9,810	26.7	(18.9-36.3)
45-64	5,863	43.0	(33.7-52.8)	49,298	46.7	(41.4-52.2)
65+	4,478	55.5	(46.3-64.4)	37,715	55.7	(50.5-60.7)
Race						
White, NH	11,065	38.3	(32.0-45.1)	89,873	38.3	(35.0-41.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		11,862	56.1 [^]	(36.5-74.0)
Sex						
male	5,064	33.2 [^]	(22.4-46.0)	56,113	40.9	(35.6-46.5)
female	6,835	38.8	(30.9-47.2)	51,646	37.0	(32.7-41.6)
Age-adjusted^{&}		28.4	(23.3-34.2)		33.6	(30.1-37.2)

* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

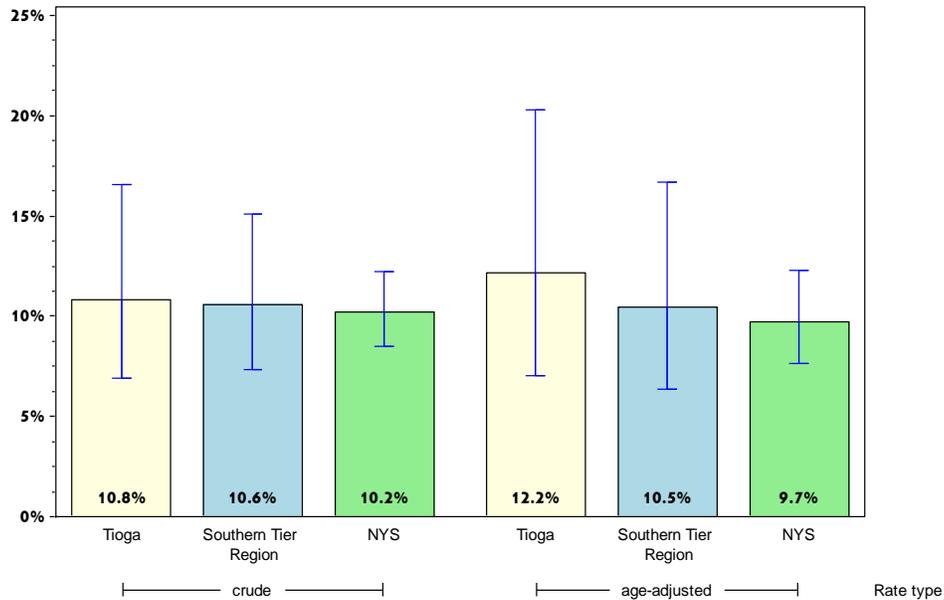
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent Chronic Diseases

Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition*



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,354	10.8	(6.9-16.6)	20,040	10.6	(7.3-15.1)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	1,116	12.9 [^]	(6.6-23.6)	6,755	9.8	(7.3-13.0)
65+		#		6,303	10.7	(7.6-14.9)
Race						
White, NH	2,030	9.9	(6.2-15.3)	14,247	9.0	(7.2-11.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	937	9.5	(4.9-17.7)	6,930	7.9	(5.4-11.5)
female	1,416	11.9	(6.5-20.8)	13,110	12.9	(7.6-20.9)
Age-adjusted^{&}		12.2	(7.0-20.3)		10.5	(6.4-16.7)

* Courses for high blood pressure, arthritis, or diabetes.

& Percent is age-adjusted to the 2000 United States Population.

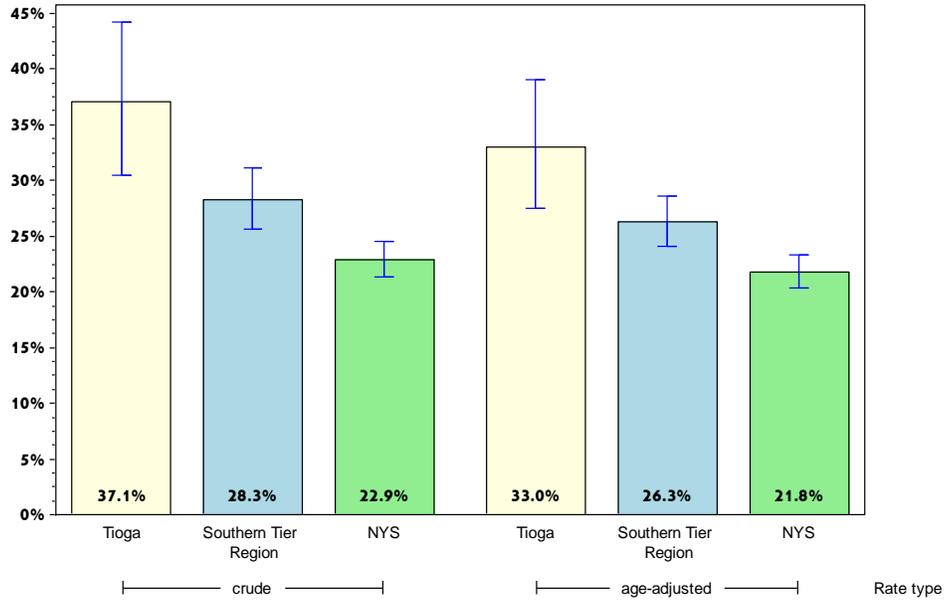
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent Chronic Diseases

Percentage of adults with arthritis*



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	14,386	37.1	(30.5-44.2)	102,167	28.3	(25.6-31.1)
Age		#			#	
18-24		#			#	
25-34		#		5,390	8.9	(5.4-14.2)
35-44		#		7,770	16.4	(11.2-23.3)
45-64	6,571	43.4	(34.4-53.0)	44,194	37.1	(32.6-41.8)
65+	5,630	67.5	(58.9-75.0)	40,660	56.0	(50.9-60.9)
Race						
White, NH	13,567	39.1	(33.0-45.6)	91,598	30.4	(27.7-33.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		5,619	20.6 [^]	(10.7-35.9)
Sex						
male	5,879	30.8 [^]	(21.4-42.0)	38,769	21.9	(18.9-25.3)
female	8,506	43.2	(35.5-51.3)	63,397	34.3	(30.0-39.0)
Age-adjusted^{&}		33.0	(27.5-39.0)		26.3	(24.1-28.6)

* Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.

& Percent is age-adjusted to the 2000 United States Population.

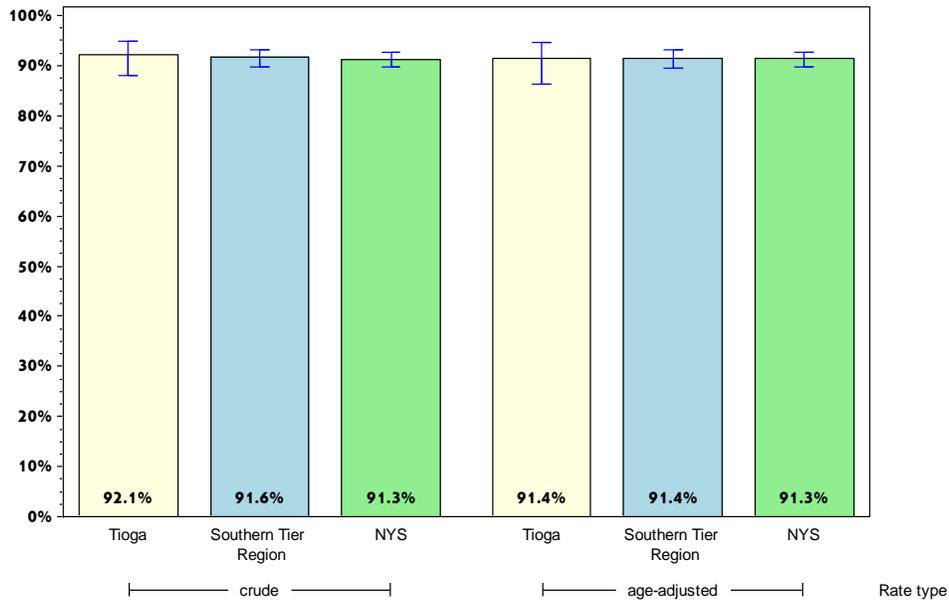
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Promote a Healthy and Safe Environment

Percentage of adults who consider their neighborhood suitable for walking and physical activity



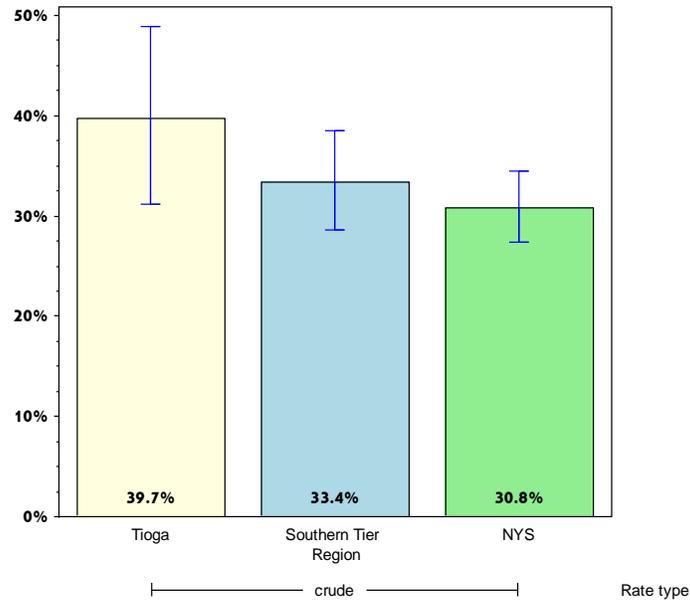
	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	34,590	92.1	(88.1-94.9)	315,627	91.6	(89.7-93.2)
Age		#				
18-24		#		47,540	89.3	(79.4-94.7)
25-34		#		53,444	91.4	(85.0-95.2)
35-44		#		40,753	90.0	(84.4-93.7)
45-64	13,746	94.6	(89.0-97.4)	106,162	93.3	(90.2-95.4)
65+	6,937	86.7	(77.4-92.5)	63,978	91.6	(88.9-93.7)
Race						
White, NH	30,712	91.7	(87.3-94.6)	261,499	90.9	(88.7-92.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		23,022	95.9	(89.7-98.4)
Sex						
male	18,512	98.5	(95.2-99.6)	156,230	92.9	(89.8-95.1)
female	16,078	85.7	(78.7-90.8)	159,397	90.4	(87.5-92.7)
Age-adjusted^{&}		91.4	(86.3-94.7)		91.4	(89.4-93.1)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

Tioga

Promote a Health and Safe Environment

Percentage of adults aged 65+ years with at least one fall in the past 12 months



Tioga County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age⁺	3,242	39.7	(31.2-48.9)	23,488	33.4	(28.7-38.5)
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	3,191	39.3	(30.8-48.6)	20,224	32.3	(28.2-36.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,385	43.1 [^]	(29.0-58.4)	10,838	32.5	(25.0-40.9)
female	1,857	37.5 [^]	(27.3-48.9)	12,650	34.2	(28.3-40.6)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

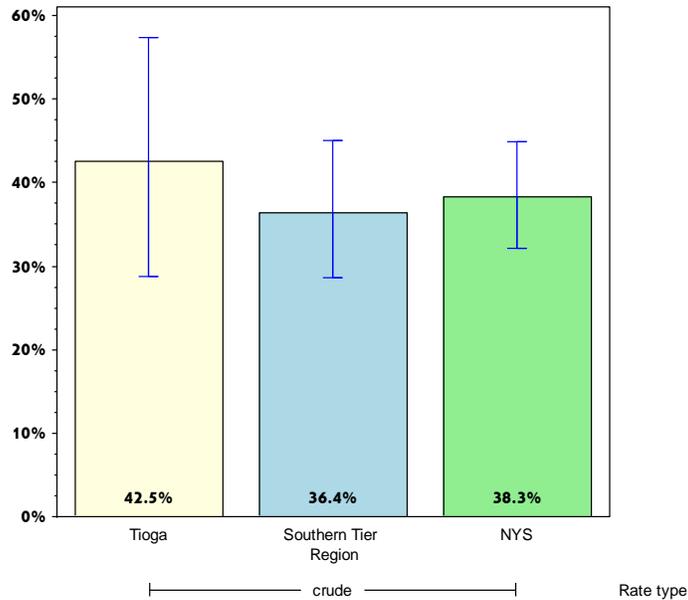
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Promote a Health and Safe Environment

Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury*



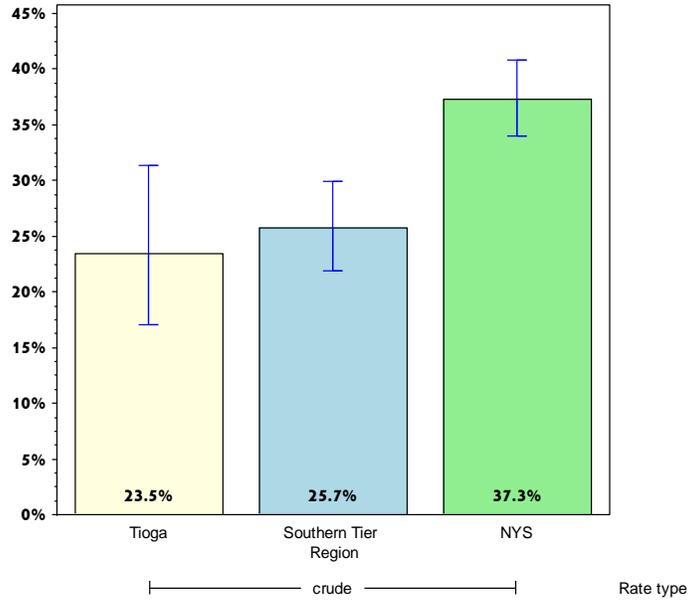
	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,365	42.5 [^]	(28.8-57.4)	8,522	36.4	(28.5-45.0)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	1,313	41.6 [^]	(27.9-56.7)	7,465	37.0	(29.7-45.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		3,078	28.4 [^]	(17.1-43.3)
female		#		5,444	43.2	(34.0-52.9)
Age-adjusted^{+,&}						

* Falls that limited regular activities or lead to doctor visits.
 & Percent is age-adjusted to the 2000 United States Population.
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)



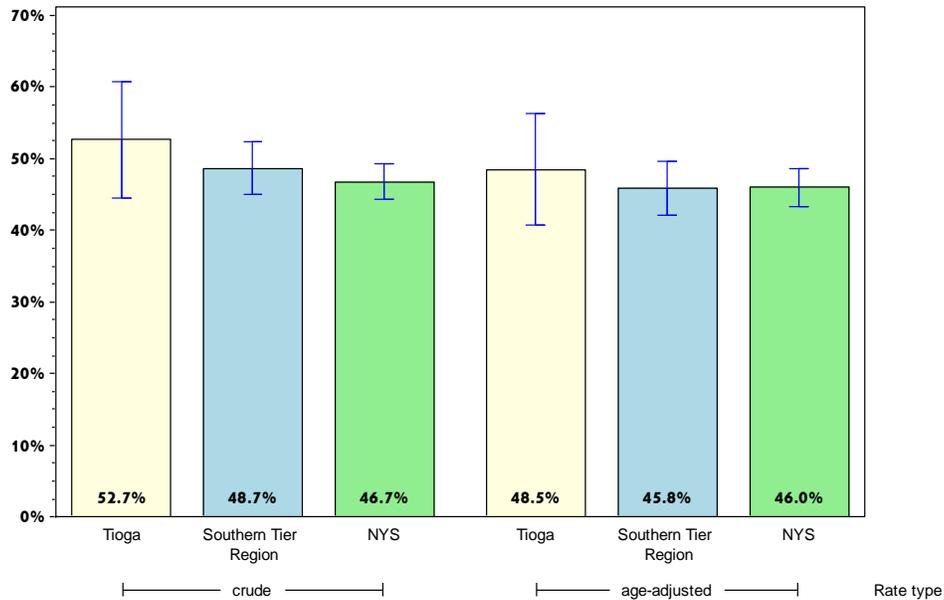
	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,486	23.5	(17.1-31.3)	28,278	25.7	(21.9-29.9)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	3,408	24.6	(17.9-32.9)	25,192	27.0	(23.1-31.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,665	26.2 [^]	(16.8-38.5)	14,697	28.1	(22.3-34.8)
female	1,821	21.4 [^]	(13.4-32.6)	13,581	23.5	(18.7-29.0)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.
[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.
[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 18+ years with flu immunization in the past year*



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	20,000	52.7	(44.6-60.7)	169,235	48.7	(44.9-52.4)
Age		#				
18-24		#		22,678	42.8 [^]	(28.8-58.0)
25-34		#		21,280	36.4 [^]	(25.5-48.8)
35-44		#		13,516	29.5	(22.3-37.9)
45-64	6,512	44.5	(35.7-53.7)	58,844	50.9	(45.9-55.9)
65+	5,896	71.4	(62.5-78.9)	49,932	70.4	(65.0-75.3)
Race						
White, NH	17,880	52.8	(45.7-59.7)	135,586	46.6	(43.2-50.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		12,106	50.0 [^]	(32.3-67.7)
Sex						
male	9,990	52.8 [^]	(39.0-66.2)	76,549	45.2	(40.3-50.2)
female	10,010	52.6	(44.1-61.0)	92,686	52.0	(46.5-57.4)
Age-adjusted^{&}		48.5	(40.8-56.2)		45.8	(42.1-49.7)

* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

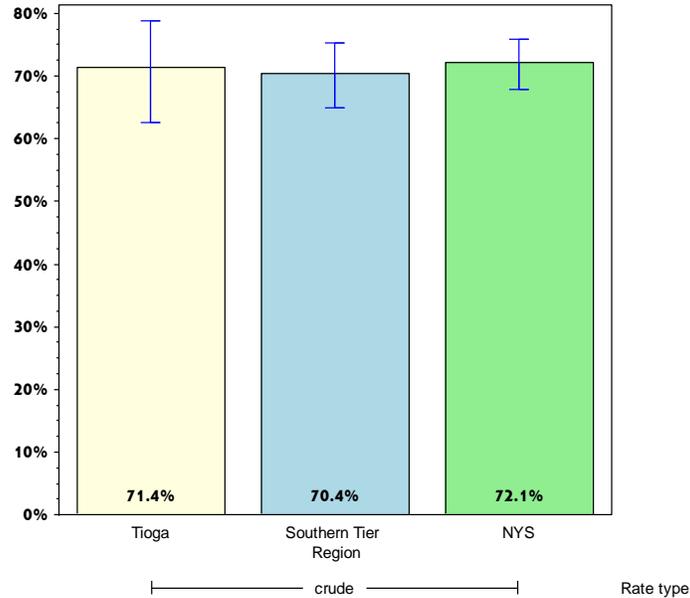
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with flu immunization in the past year*



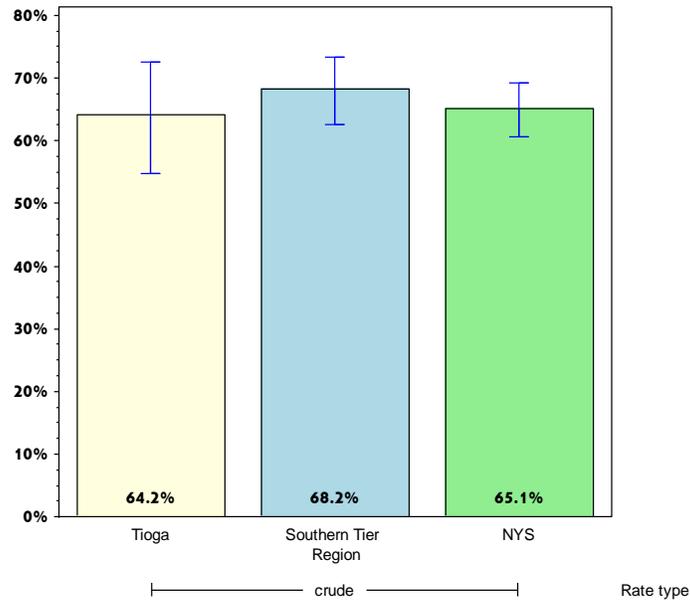
	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,896	71.4	(62.5-78.9)	49,932	70.4	(65.0-75.3)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	5,845	71.2	(62.3-78.7)	45,116	71.5	(66.6-75.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,714	83.6 [^]	(70.8-91.5)	22,538	66.9	(58.4-74.4)
female	3,182	63.5 [^]	(51.7-73.8)	27,394	73.6	(67.0-79.3)
Age-adjusted^{+,&}						

* Includes flu shot or flu spray
 & Percent is age-adjusted to the 2000 United States Population.
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with pneumococcal immunization



Tioga County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age⁺	5,203	64.2	(54.8-72.6)	46,831	68.2	(62.5-73.3)
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	5,151	64.0	(54.5-72.4)	42,016	68.9	(63.7-73.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,355	74.6 [^]	(60.3-85.1)	20,119	62.6	(54.0-70.5)
female	2,847	57.5 [^]	(45.7-68.6)	26,713	73.1	(66.0-79.1)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

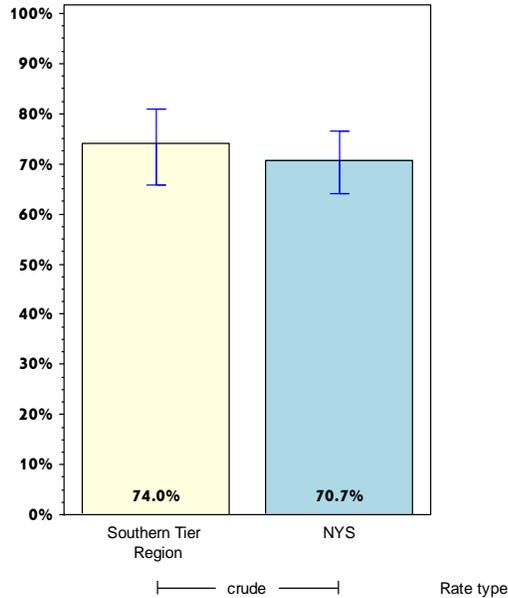
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years who had dental visit within the last year



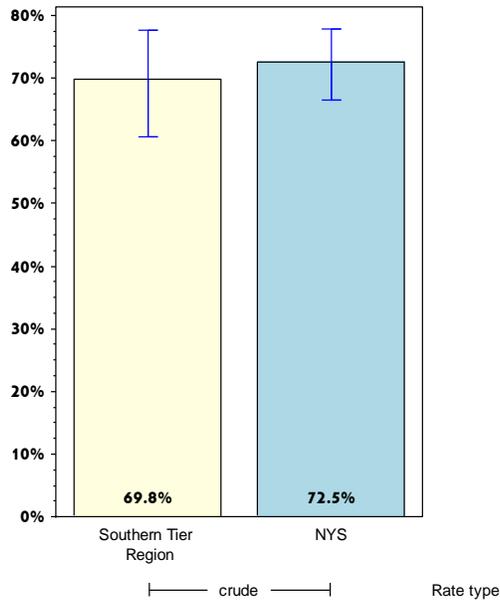
	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		52,014	74.0	(65.7-80.9)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		41,836	72.1	(63.2-79.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		52,014	74.0	(65.7-80.9)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

Tioga

Promote Healthy Women, Infants, and Children

Women aged 18-44 years who saw a doctor for a routine checkup within the last year



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		57,821	69.8	(60.6-77.7)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		42,375	69.2	(59.7-77.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		57,821	69.8	(60.6-77.7)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

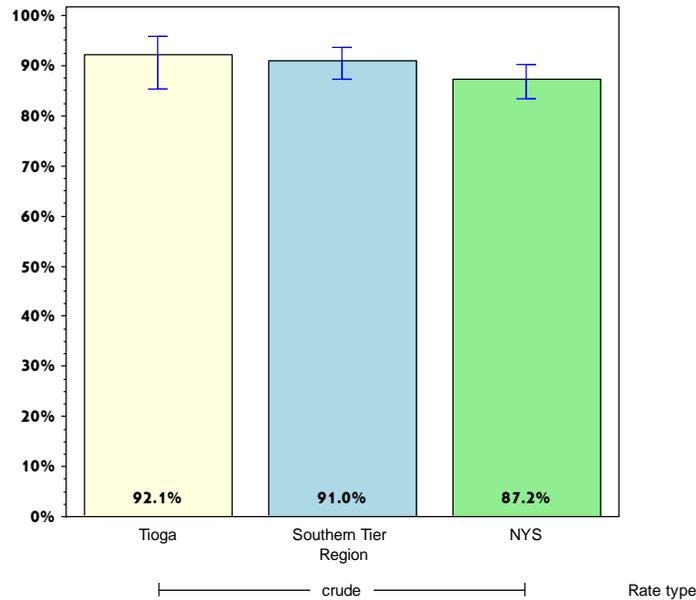
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Tioga

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-64 years with health care coverage



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	12,719	92.1	(85.4-95.9)	125,536	91.0	(87.3-93.7)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	11,854	92.7	(85.5-96.5)	103,783	90.9	(87.0-93.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	12,719	92.1	(85.4-95.9)	125,536	91.0	(87.3-93.7)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

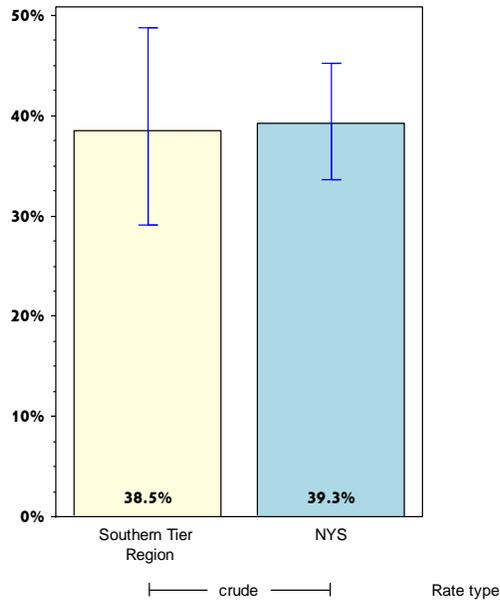
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Tioga

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy



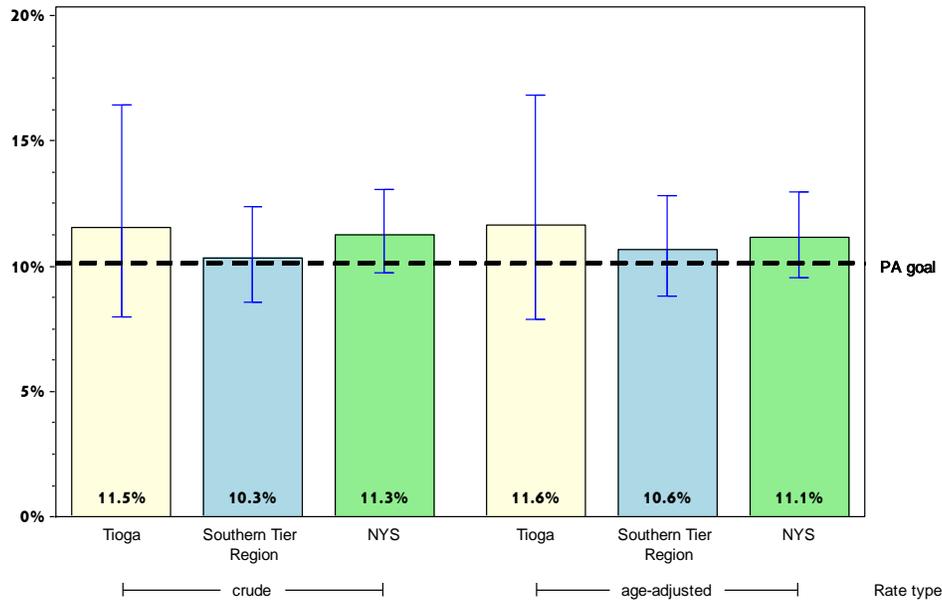
	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		28,913	38.5 [^]	(29.1-48.7)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		26,118	45.0	(35.5-55.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		28,913	38.5 [^]	(29.1-48.7)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Promote Mental Health and Prevention Substance Abuse

Percentage of adults with poor mental health for 14 or more days in the last month



Tioga County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,370	11.5	(8.0-16.4)	36,482	10.3	(8.6-12.4)
Age		#				
18-24		#		4,996	8.9	(5.0-15.3)
25-34		#		8,024	13.5	(7.8-22.5)
35-44		#		5,170	11.0	(7.3-16.3)
45-64	2,557	17.8	(11.2-27.0)	13,514	11.7	(9.1-14.9)
65+	559	6.9	(3.4-13.3)	4,696	6.6	(4.5-9.7)
Race						
White, NH	3,774	11.1	(7.6-16.1)	30,947	10.5	(8.6-12.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		2,326	8.8 [^]	(3.8-19.1)
Sex						
male	1,420	7.5	(3.9-14.2)	16,352	9.5	(6.9-12.9)
female	2,950	15.5	(10.1-23.0)	20,130	11.2	(8.9-13.8)
Age-adjusted^{&}		11.6	(7.9-16.8)		10.6	(8.8-12.8)

& Percent is age-adjusted to the 2000 United States Population.

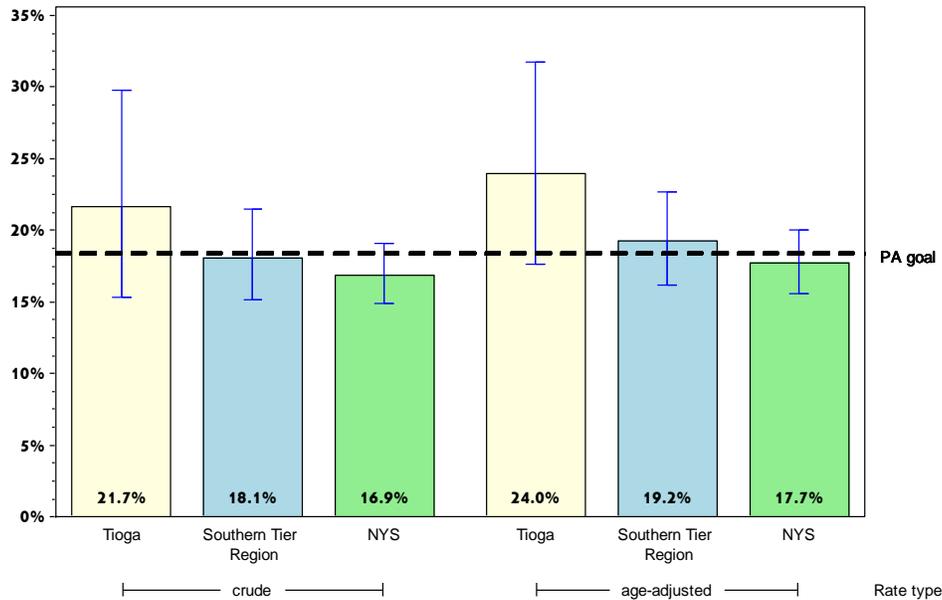
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Promote Mental Health and Prevention Substance Abuse

Percentage of adult binge drinking during the past month*



Tioga County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	7,789	21.7	(15.3-29.7)	61,605	18.1	(15.2-21.4)
Age		#				
18-24		#		15,284	30.1 [^]	(19.4-43.6)
25-34		#		16,238	28.9 [^]	(18.7-41.7)
35-44		#		10,075	22.3	(15.8-30.6)
45-64	2,826	19.5	(12.5-29.1)	16,863	14.8	(12.0-18.2)
65+	514	6.3	(2.9-13.2)	3,145	4.5	(3.1-6.4)
Race						
White, NH	7,666	22.7	(16.0-31.1)	52,768	18.2	(15.5-21.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		3,495	15.9 [^]	(7.6-30.2)
Sex						
male	5,244	30.7 [^]	(19.8-44.3)	37,622	23.0	(19.2-27.4)
female	2,545	13.5	(8.0-21.8)	23,983	13.5	(9.5-19.0)
Age-adjusted^{&}		24.0	(17.6-31.7)		19.2	(16.2-22.7)

* Men who have five or more drinks , women having four or more drinks on one occasion

& Percent is age-adjusted to the 2000 United States Population.

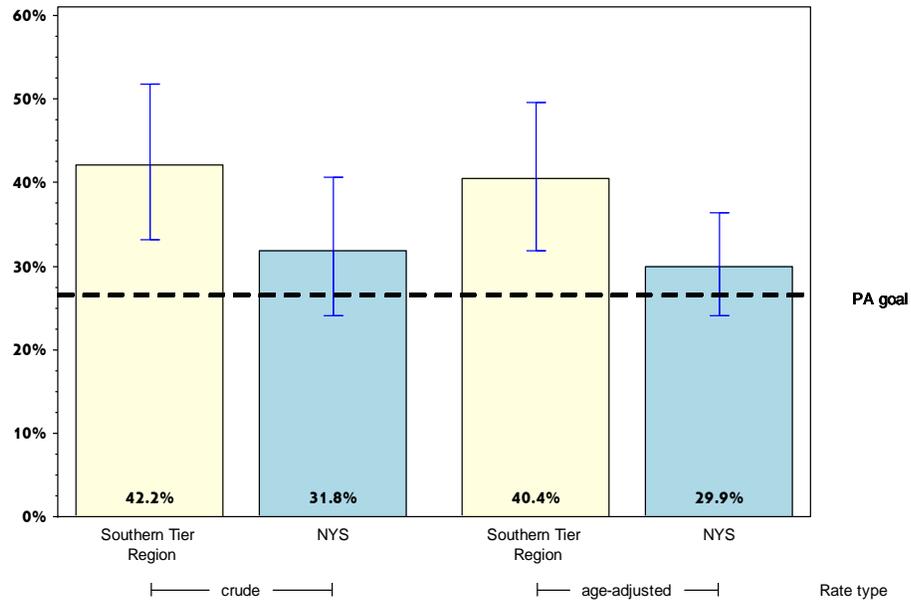
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tioga

Promote Mental Health and Prevention Substance Abuse

Percentage of cigarette smoking among adults who report poor mental health



	Tioga County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		14,908	42.2	(33.1-51.8)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		5,646	42.7 [^]	(30.4-55.9)
65+		#		718	15.5 [^]	(7.1-30.8)
Race		#			#	
White, NH		#		12,617	42.3 [^]	(32.5-52.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex		#			#	
male		#		5,524	34.7 [^]	(21.2-51.2)
female		#		9,384	48.2 [^]	(37.5-59.2)
Age-adjusted^{&}		#			40.4	(31.9-49.6)

& Percent is age-adjusted to the 2000 United States Population.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).