

eBRFSS 2013-2014 Health Indicators: Tompkins

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General Description

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

Reported Health Indicators

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

Data Collection Methodology, Sampling and Weighting

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods. The 2014 eBRFSS questionnaire used standard questions from the BRFSS. Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

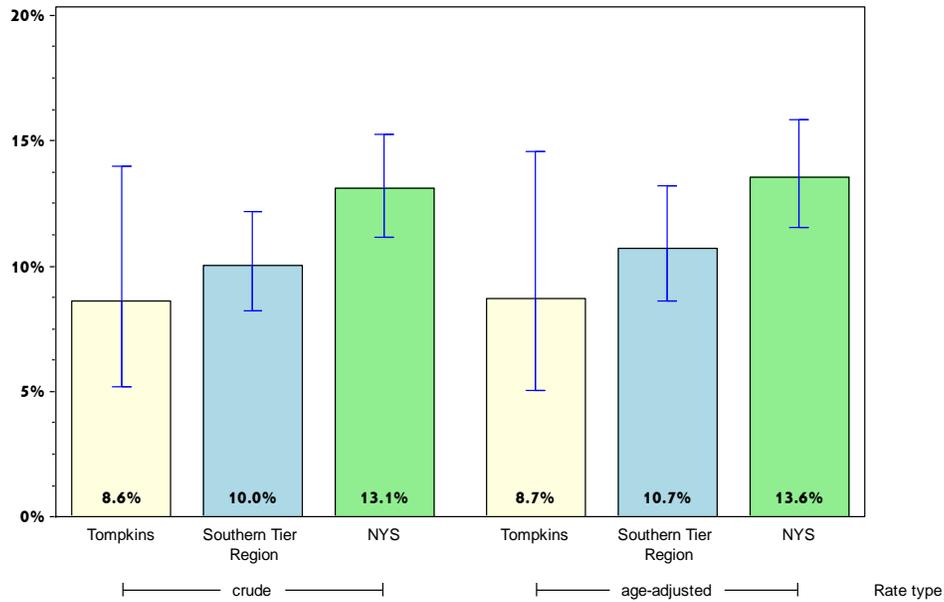
Limitations of Data Use:

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable. Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than $\pm 10\%$ are noted.

Tompkins

Improve Health Status and Reduce Health Disparities

Percentage of adults who did not receive medical care because of cost*



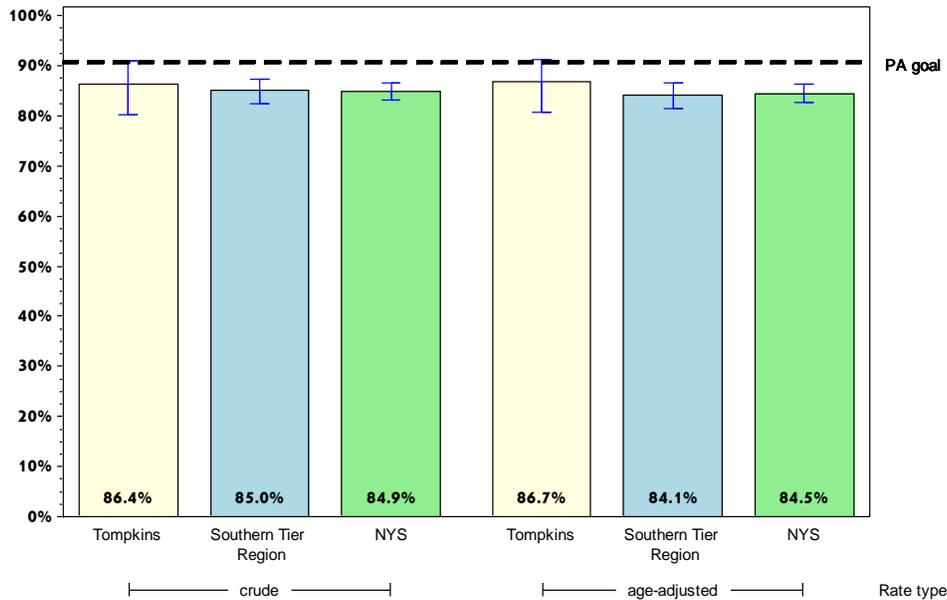
	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	7,436	8.6	(5.2-14.0)	36,229	10.0	(8.2-12.2)
Age		#				
18-24		#		3,485	6.2	(3.1-11.9)
25-34		#		7,509	12.3	(7.7-19.0)
35-44		#		6,772	14.2	(8.3-23.3)
45-64	2,123	9.4	(4.8-17.4)	16,052	13.5	(10.3-17.5)
65+		#		2,128	2.9	(1.8-4.6)
Race						
White, NH	5,454	9.4	(5.5-15.8)	28,746	9.5	(7.7-11.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		1,904	7.0	(3.2-14.7)
Sex						
male	3,256	7.7	(3.6-15.8)	16,682	9.4	(7.2-12.3)
female	4,180	9.5	(4.8-18.0)	19,547	10.6	(7.9-13.9)
Age-adjusted^{&}		8.7	(5.1-14.6)		10.7	(8.6-13.2)

* Among people needing to see a doctor in the past 12 months
 & Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

Tompkins

Improve Health Status and Reduce Health Disparities

Percentage of adults who have a regular health care provider



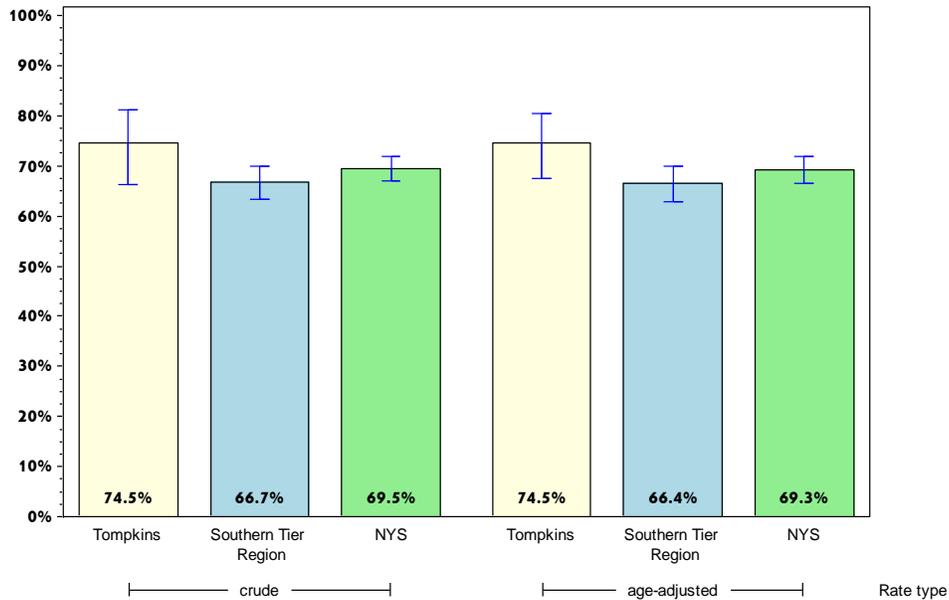
	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	74,761	86.4	(80.1-90.9)	305,033	85.0	(82.4-87.2)
Age		#				
18-24		#		42,341	75.8 [^]	(64.6-84.3)
25-34		#		47,402	77.7	(69.2-84.4)
35-44	7,528	74.2 [^]	(52.8-88.1)	37,697	79.2	(71.3-85.4)
45-64	21,871	96.3	(92.9-98.0)	105,441	89.5	(86.3-92.0)
65+	11,258	95.5	(90.6-97.9)	67,547	93.9	(90.9-95.9)
Race						
White, NH	49,594	85.6	(78.6-90.6)	253,550	84.9	(82.3-87.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		22,327	81.9 [^]	(68.4-90.4)
Sex						
male	34,149	80.7	(70.9-87.8)	136,951	77.5	(73.5-81.1)
female	40,612	91.8	(82.8-96.3)	168,081	92.2	(88.9-94.6)
Age-adjusted^{&}		86.7	(80.6-91.1)		84.1	(81.3-86.5)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Improve Health Status and Reduce Health Disparities

Percentage of adults who had a dentist visit within the past year



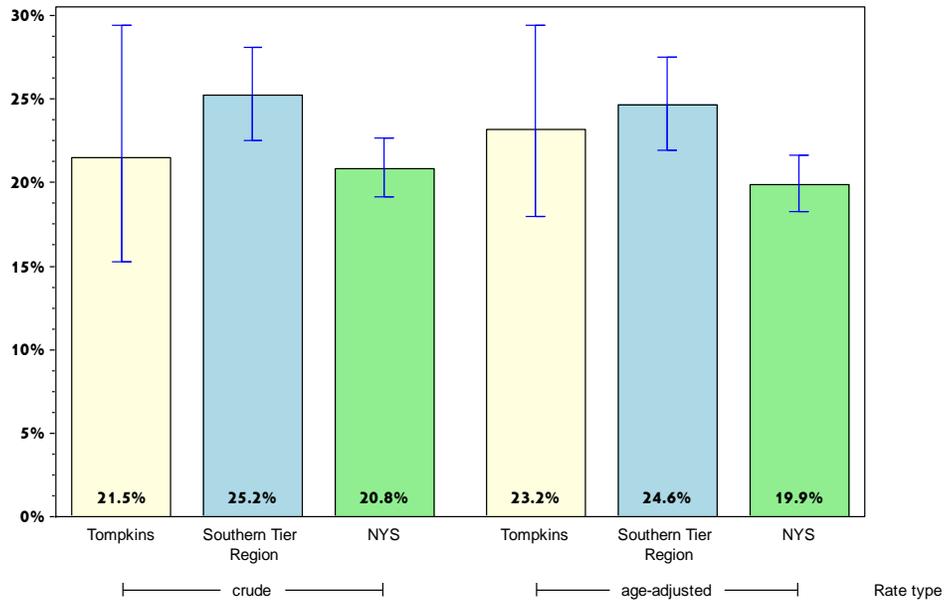
	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	57,282	74.5	(66.3-81.2)	220,423	66.7	(63.4-69.8)
Age		#				
18-24		#		29,851	66.4 [^]	(54.2-76.8)
25-34		#		36,594	65.9 [^]	(55.2-75.2)
35-44		#		28,479	64.5	(54.6-73.3)
45-64	17,626	77.8 [^]	(65.5-86.6)	77,932	68.5	(63.7-73.0)
65+	8,309	73.5	(63.7-81.4)	44,963	65.7	(60.9-70.2)
Race						
White, NH	40,885	72.7	(64.1-79.8)	188,016	66.6	(63.2-69.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		16,234	73.3 [^]	(57.0-85.0)
Sex						
male	28,675	69.7 [^]	(57.0-79.9)	102,550	62.3	(57.5-67.0)
female	28,607	79.9	(70.6-86.9)	117,873	71.0	(66.6-75.0)
Age-adjusted^{&}		74.5	(67.5-80.5)		66.4	(62.8-69.8)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Improve Health Status and Reduce Health Disparities

Percentage of adults living with a disability*



Tompkins County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	18,121	21.5	(15.3-29.4)	89,618	25.2	(22.5-28.1)
Age						
18-24	#	#		4,554	8.2	(4.3-15.1)
25-34	#	#		12,577	21.1 [^]	(13.6-31.4)
35-44	1,777	20.5 [^]	(10.4-36.5)	8,889	19.4	(13.5-27.2)
45-64	5,247	23.1 [^]	(15.1-33.9)	36,485	30.8	(26.7-35.3)
65+	4,710	40.3 [^]	(30.2-51.2)	26,446	36.6	(31.9-41.5)
Race						
White, NH	15,076	26.2	(18.8-35.3)	77,336	26.0	(23.3-28.9)
Black, NH	#	#		#	#	
Hispanic	#	#		#	#	
Other, NH	#	#		5,878	23.1 [^]	(12.8-38.2)
Sex						
male	11,659	27.7 [^]	(17.6-40.8)	43,459	24.9	(21.0-29.2)
female	6,462	15.3	(10.0-22.8)	46,159	25.5	(21.9-29.5)
Age-adjusted^{&}		23.2	(18.0-29.4)		24.6	(22.0-27.5)

* Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

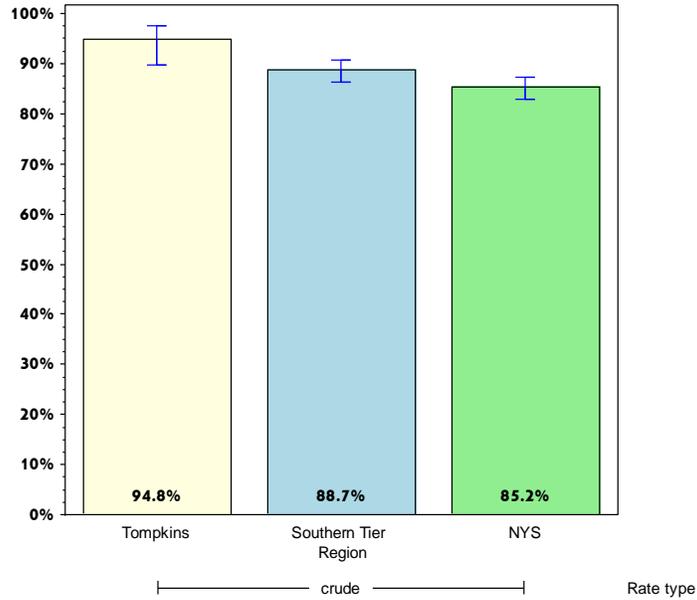
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years with healthcare coverage



	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	65,681	94.8	(89.7-97.5)	245,502	88.7	(86.2-90.8)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	44,854	96.0	(91.8-98.1)	203,392	88.5	(85.9-90.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		19,259	91.4 [^]	(78.8-96.8)
Sex						
male	33,103	94.7	(87.4-97.9)	119,966	86.4	(82.8-89.3)
female	32,578	94.9	(85.6-98.3)	125,536	91.0	(87.3-93.7)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

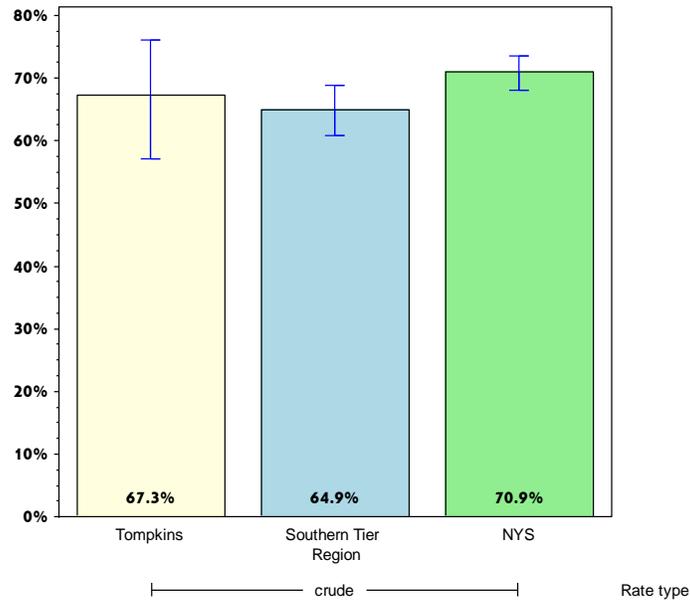
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year



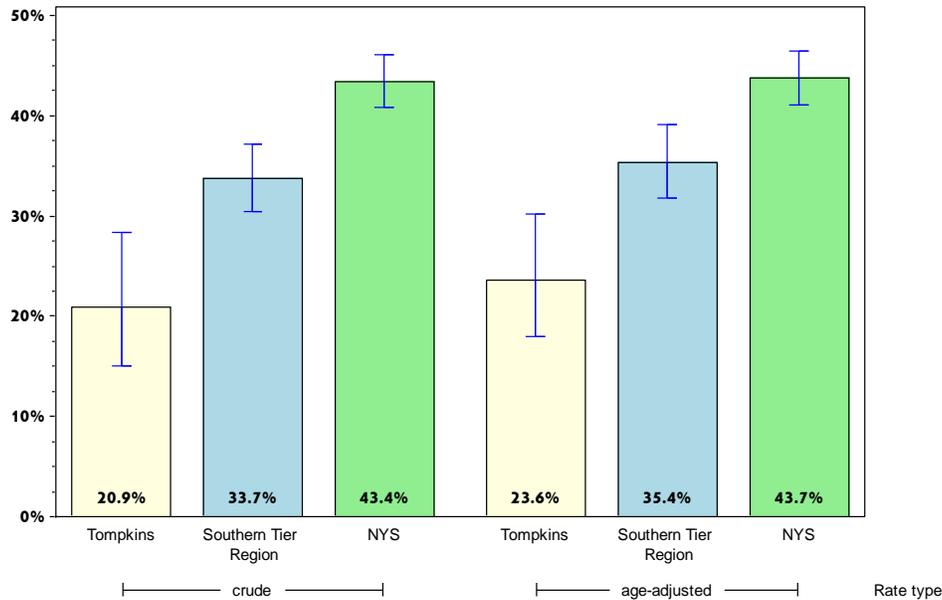
	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	49,896	67.3 [^]	(57.1-76.1)	182,948	64.9	(60.8-68.8)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	28,871	61.4 [^]	(50.6-71.1)	143,786	62.5	(58.3-66.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		13,771	65.4 [^]	(47.0-80.2)
Sex						
male	19,516	54.8 [^]	(40.4-68.4)	78,883	56.8	(51.1-62.4)
female	30,380	78.9 [^]	(66.9-87.4)	104,066	72.8	(67.0-77.9)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing housing insecurity in the past 12 months*



Tompkins County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	15,955	20.9	(15.0-28.3)	110,120	33.7	(30.4-37.2)
Age		#				
18-24		#		13,414	30.9 [^]	(19.6-45.0)
25-34		#		20,168	36.6 [^]	(27.2-47.0)
35-44		#		21,029	46.7	(37.1-56.5)
45-64	4,793	21.8 [^]	(13.7-32.7)	42,480	38.1	(33.2-43.2)
65+	1,589	14.3	(8.6-22.8)	12,309	18.1	(14.2-22.8)
Race						
White, NH	9,595	19.0	(13.9-25.3)	94,835	34.9	(31.5-38.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		5,731	24.3 [^]	(13.0-40.7)
Sex						
male	6,727	19.1 [^]	(11.5-30.1)	47,371	30.5	(26.3-35.0)
female	9,228	22.4 [^]	(14.3-33.4)	62,749	36.6	(31.6-42.0)
Age-adjusted^{&}		23.6	(18.0-30.3)		35.4	(31.8-39.1)

* Worried or stressed about having enough money to pay for rent or mortgage.

& Percent is age-adjusted to the 2000 United States Population.

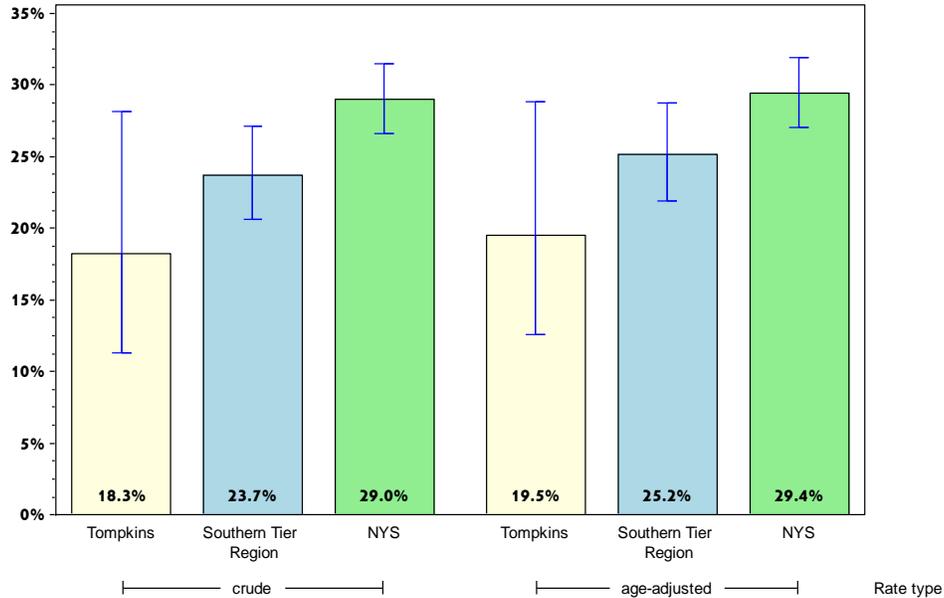
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing food insecurity in the past 12 months*



Tompkins County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	15,171	18.3	(11.3-28.1)	82,315	23.7	(20.6-27.1)
Age		#				
18-24		#		12,360	23.2 [^]	(14.6-34.8)
25-34		#		13,426	23.0	(16.2-31.4)
35-44	2,520	28.4 [^]	(13.7-49.8)	16,225	35.4 [^]	(26.0-46.1)
45-64	5,060	22.3 [^]	(8.5-46.9)	30,573	26.5	(21.5-32.2)
65+	954	8.3	(4.6-14.5)	9,530	13.5	(9.7-18.6)
Race						
White, NH	9,043	15.8	(9.6-25.0)	66,830	23.0	(20.0-26.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		7,161	29.6 [^]	(14.1-51.9)
Sex						
male	6,523	15.7 [^]	(6.6-32.9)	34,087	20.1	(16.1-24.9)
female	8,647	20.9 [^]	(11.9-34.1)	48,228	27.1	(22.6-32.1)
Age-adjusted^{&}		19.5	(12.6-28.9)		25.2	(21.9-28.8)

* Worried or stressed about having enough money to buy nutritious meals.

& Percent is age-adjusted to the 2000 United States Population.

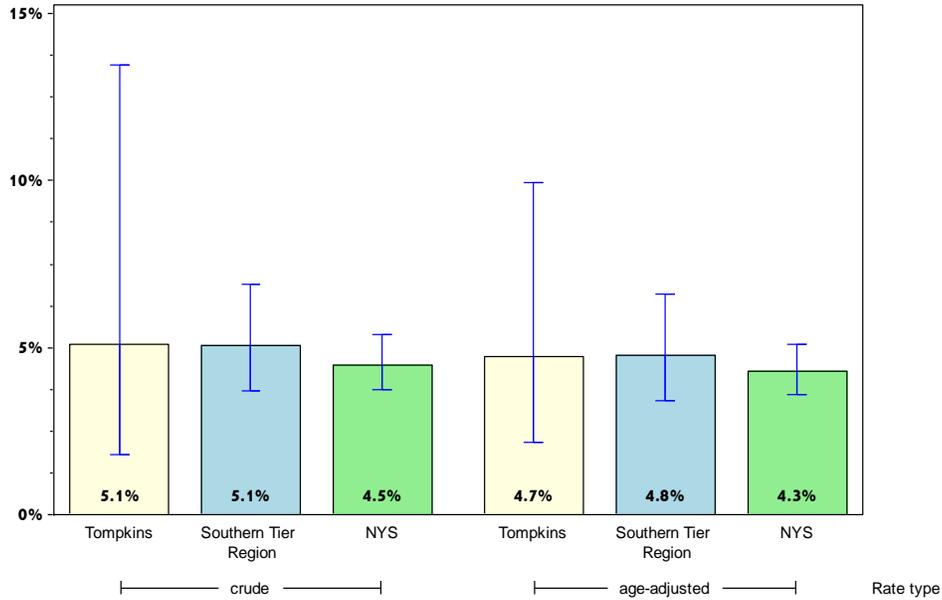
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Improve Health Status and Reduce Health Disparities

Percentage of adults with poor self-reported health



Tompkins County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,362	5.1	(1.8-13.5)	18,143	5.1	(3.7-6.9)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		7,509	6.4	(4.5-9.0)
65+		#		5,843	8.1	(5.8-11.2)
Race						
White, NH	3,411	5.9 [^]	(1.7-18.6)	14,079	4.7	(3.2-6.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		2,274	8.6	(4.0-17.6)
Sex						
male	3,499	8.3 [^]	(2.4-25.3)	10,260	5.8	(3.6-9.4)
female		#		7,882	4.3	(3.1-6.1)
Age-adjusted^{&}		4.7	(2.2-9.9)		4.8	(3.4-6.6)

& Percent is age-adjusted to the 2000 United States Population.

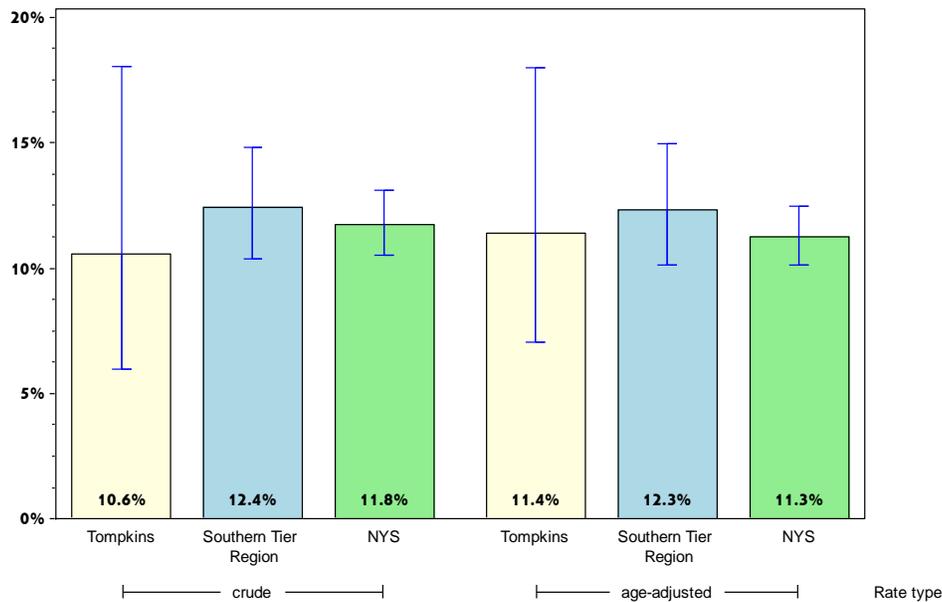
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Improve Health Status and Reduce Health Disparities

Percentage of adults who report 14 or more days of poor physical health*



	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,948	10.6	(6.0-18.1)	43,428	12.4	(10.4-14.8)
Age		#			#	
18-24		#			#	
25-34		#		5,741	9.6 [^]	(4.3-20.1)
35-44		#		5,563	12.0	(6.8-20.5)
45-64	2,142	9.7	(5.0-17.9)	17,383	15.3	(12.1-19.0)
65+	1,730	15.4	(9.5-24.0)	12,114	17.3	(13.5-21.9)
Race						
White, NH	6,748	11.9	(6.2-21.6)	34,674	11.9	(9.9-14.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		4,940	19.1 [^]	(9.7-34.2)
Sex						
male	4,920	11.9 [^]	(4.8-26.6)	22,786	13.2	(10.1-17.2)
female	4,028	9.3	(5.0-16.7)	20,642	11.6	(9.2-14.5)
Age-adjusted^{&}		11.4	(7.0-18.0)		12.3	(10.1-14.9)

* Out of the past 30 days.

& Percent is age-adjusted to the 2000 United States Population.

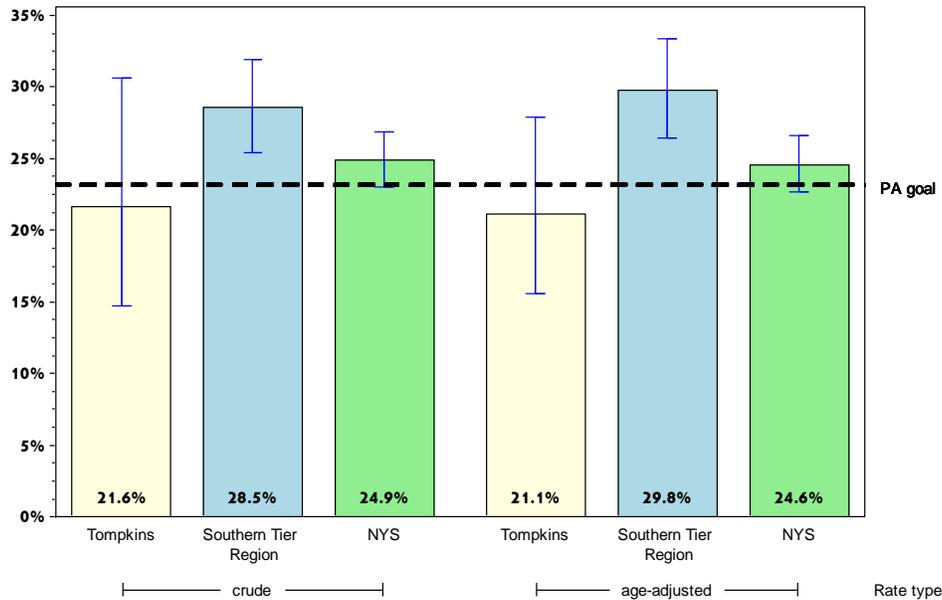
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent Chronic Diseases

Percentage of adults who are obese*



Tompkins County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	17,446	21.6	(14.7-30.7)	95,241	28.5	(25.4-31.9)
Age						
18-24	#	#		7,926	14.8 [^]	(8.1-25.3)
25-34	#	#		16,121	30.6 [^]	(21.4-41.6)
35-44	1,552	15.6 [^]	(7.8-28.8)	15,806	36.4 [^]	(27.1-46.9)
45-64	5,329	24.0 [^]	(15.4-35.4)	37,057	32.8	(28.3-37.6)
65+	2,065	17.9	(11.7-26.5)	18,039	26.4	(21.6-31.9)
Race						
White, NH	14,536	25.9 [^]	(17.5-36.5)	82,917	29.7	(26.5-33.1)
Black, NH	#	#		#	#	
Hispanic	#	#		#	#	
Other, NH	#	#		4,994	19.2 [^]	(9.3-35.7)
Sex						
male	10,453	24.7 [^]	(14.1-39.7)	49,087	28.2	(23.8-33.0)
female	6,993	18.2	(11.4-27.7)	46,154	28.9	(24.5-33.7)
Age-adjusted^{&}		21.1	(15.6-27.9)		29.8	(26.4-33.4)

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

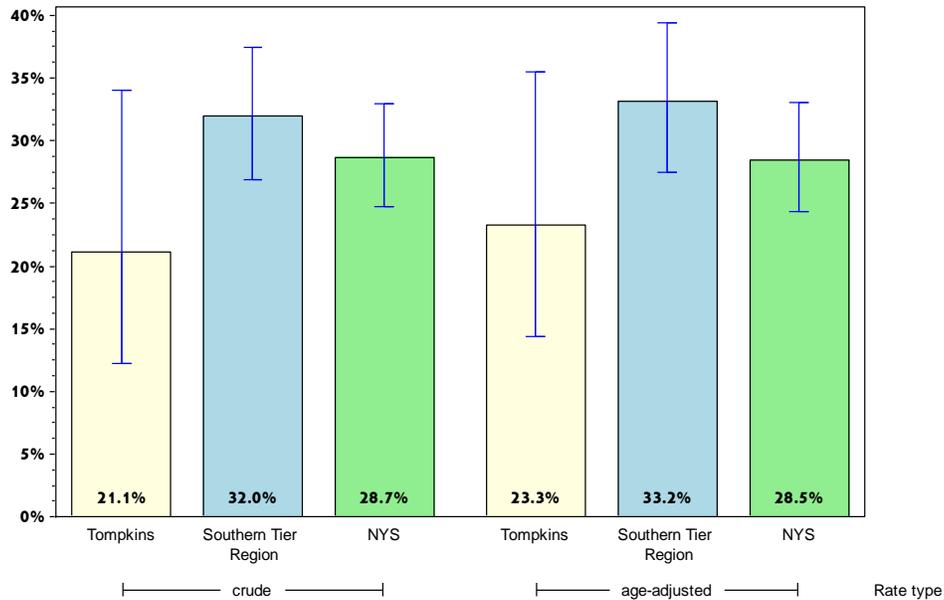
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent Chronic Diseases

Percentage of adults with an annual household income less than \$25,000 who are obese*



Tompkins County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,423	21.1 [^]	(12.2-34.0)	29,061	32.0	(26.9-37.5)
Age		#			#	
18-24		#			#	
25-34		#		3,472	20.1 [^]	(11.0-33.8)
35-44		#		4,258	44.8 [^]	(26.9-64.2)
45-64		#		12,769	40.5	(31.9-49.7)
65+		#		6,552	28.8	(22.1-36.6)
Race						
White, NH	2,916	24.9 [^]	(13.7-40.8)	24,568	32.3	(27.0-38.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		11,743	25.7	(19.2-33.5)
female	1,979	24.5 [^]	(11.7-44.4)	17,318	38.3	(31.1-46.1)
Age-adjusted^{&}		23.3 [^]	(14.4-35.5)		33.2	(27.4-39.4)

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

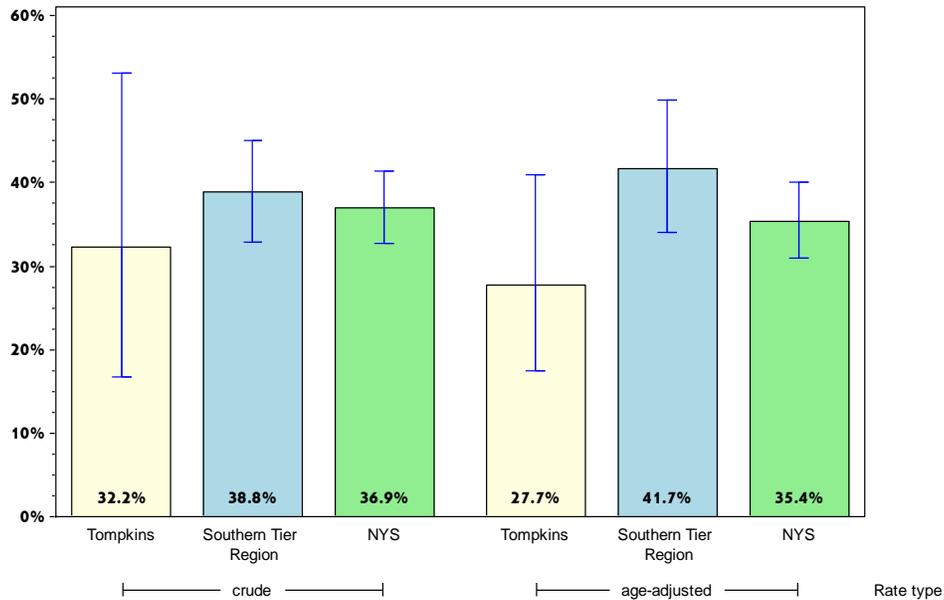
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent Chronic Diseases

Percentage of adults living with a disability who are obese*



Tompkins County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,750	32.2 [^]	(16.7-53.1)	32,685	38.8	(32.9-45.1)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		15,081	43.9	(36.0-52.2)
65+	928	20.1 [^]	(10.3-35.5)	7,075	27.6	(21.3-35.0)
Race						
White, NH	4,897	32.9 [^]	(15.6-56.5)	26,719	37.0	(30.9-43.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	4,194	36.2 [^]	(14.8-64.8)	15,797	36.6 [^]	(27.5-46.8)
female	1,556	25.0 [^]	(15.1-38.3)	16,888	41.2	(34.0-48.7)
Age-adjusted^{&}		27.7 [^]	(17.5-41.0)		41.7	(34.0-49.9)

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

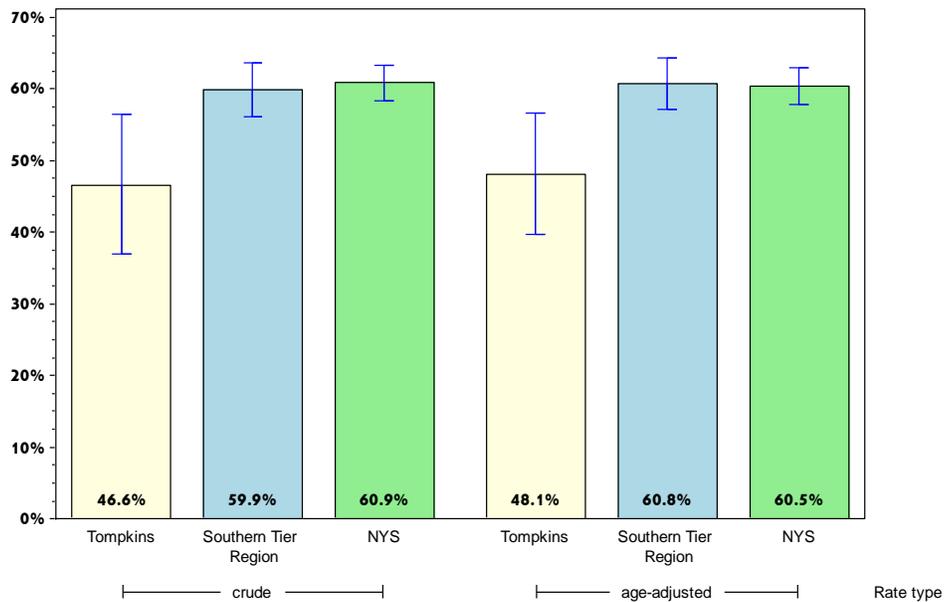
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent Chronic Diseases

Percentage of adults overweight or obese*



Tompkins County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	37,558	46.6	(37.0-56.4)	199,985	59.9	(56.1-63.7)
Age						
18-24	#	#		19,724	36.7 [^]	(25.1-50.2)
25-34	#	#		26,653	50.6 [^]	(40.5-60.7)
35-44	4,359	43.9 [^]	(26.4-63.1)	30,381	70.0	(60.6-78.1)
45-64	12,309	55.4 [^]	(39.5-70.3)	76,054	67.3	(62.0-72.3)
65+	6,454	56.1 [^]	(45.3-66.3)	45,261	66.4	(61.6-70.8)
Race						
White, NH	31,505	56.2	(47.4-64.6)	174,723	62.5	(59.1-65.9)
Black, NH	#	#		#	#	
Hispanic	#	#		#	#	
Other, NH	#	#		11,547	44.5 [^]	(28.3-61.9)
Sex						
male	21,384	50.6 [^]	(37.7-63.4)	112,653	64.7	(59.7-69.4)
female	16,175	42.1 [^]	(28.9-56.5)	87,331	54.7	(49.0-60.3)
Age-adjusted^{&}		48.1	(39.7-56.6)		60.8	(57.1-64.3)

* Defined as a Body Mass Index (BMI) ≥ 25 . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

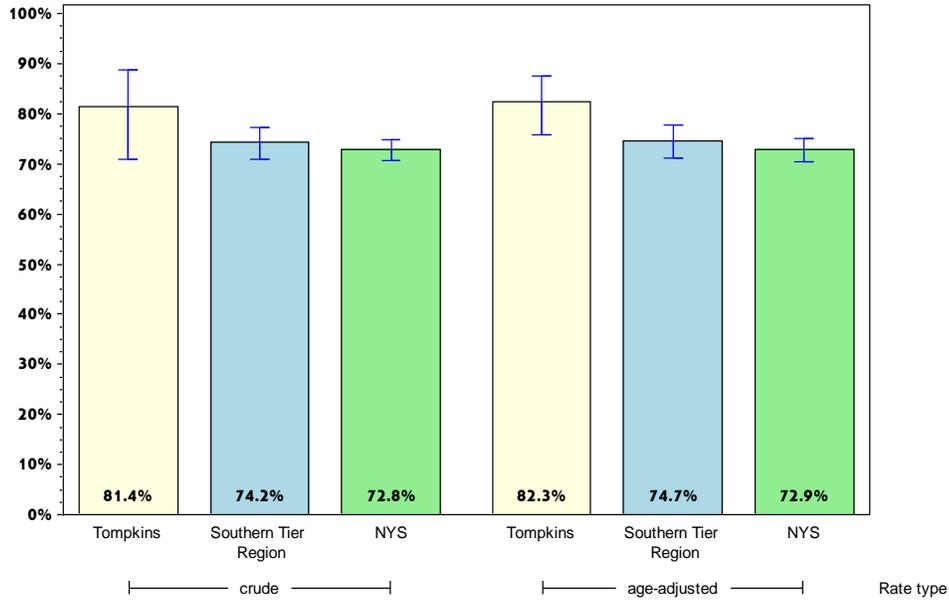
Rates with < 10 in the numerator or < 50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent Chronic Diseases

Percentage of adults who participated in leisure time physical activity in the past 30 days*



Tompkins County

Southern Tier

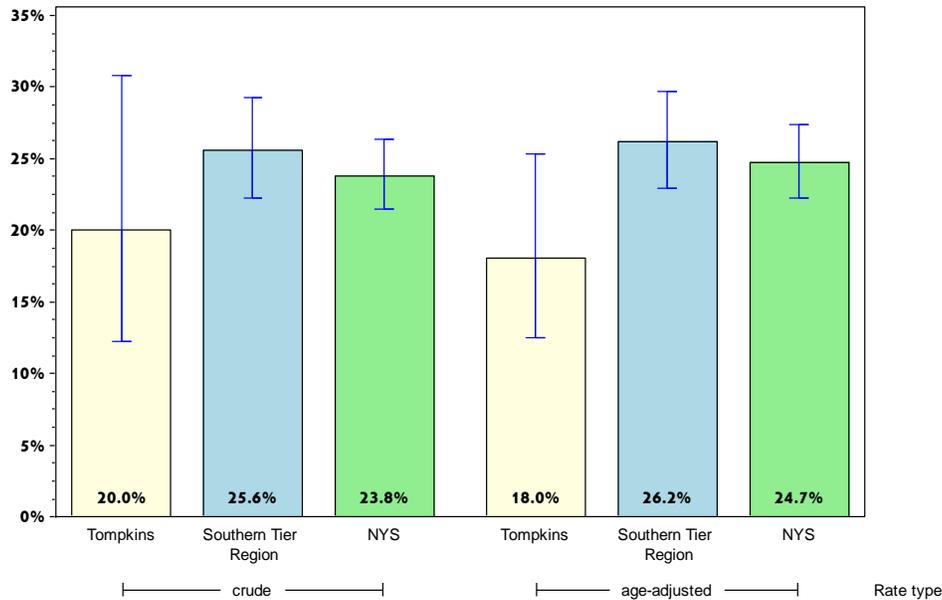
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	68,175	81.4 [^]	(71.0-88.7)	259,735	74.2	(70.9-77.4)
Age		#				
18-24		#		41,971	78.8 [^]	(66.5-87.4)
25-34		#		42,562	71.7 [^]	(58.8-81.7)
35-44	7,693	86.7 [^]	(73.9-93.8)	36,839	80.3	(72.6-86.3)
45-64	18,992	84.6	(74.8-91.0)	85,632	73.9	(69.3-78.1)
65+	9,154	78.6	(69.5-85.6)	48,976	68.8	(64.2-73.1)
Race						
White, NH	47,077	82.6	(74.7-88.4)	213,124	72.9	(69.7-75.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		22,139	88.7 [^]	(78.0-94.6)
Sex						
male	35,119	84.4 [^]	(73.3-91.4)	133,344	78.2	(74.0-81.9)
female	33,056	78.4 [^]	(60.2-89.7)	126,391	70.5	(65.2-75.2)
Age-adjusted^{&}		82.3	(75.8-87.4)		74.7	(71.2-77.8)

* Any physical activities or exercises such as running or walking
 & Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent Chronic Diseases

Percentage of adults who consume one or more sugary drinks daily*



Tompkins County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	16,519	20.0 [^]	(12.3-30.8)	88,098	25.6	(22.3-29.3)
Age		#				
18-24		#		20,979	40.1 [^]	(27.3-54.3)
25-34		#		23,280	40.2 [^]	(29.5-52.0)
35-44	1,759	20.0 [^]	(9.9-36.2)	11,061	24.2	(18.0-31.8)
45-64	2,247	9.9	(5.2-18.1)	23,746	20.8	(17.0-25.1)
65+	1,164	10.0	(6.0-16.2)	8,799	12.6	(10.0-15.8)
Race						
White, NH	9,417	16.6	(10.4-25.5)	71,236	24.8	(21.6-28.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		4,913	20.3 [^]	(11.0-34.3)
Sex						
male	8,057	19.5 [^]	(11.3-31.6)	44,773	26.7	(22.6-31.2)
female	8,462	20.5 [^]	(9.1-39.9)	43,325	24.6	(19.6-30.4)
Age-adjusted^{&}		18.0	(12.5-25.3)		26.2	(22.9-29.7)

* Sugary drinks include regular soda, and sugar-sweetened drinks.

& Percent is age-adjusted to the 2000 United States Population.

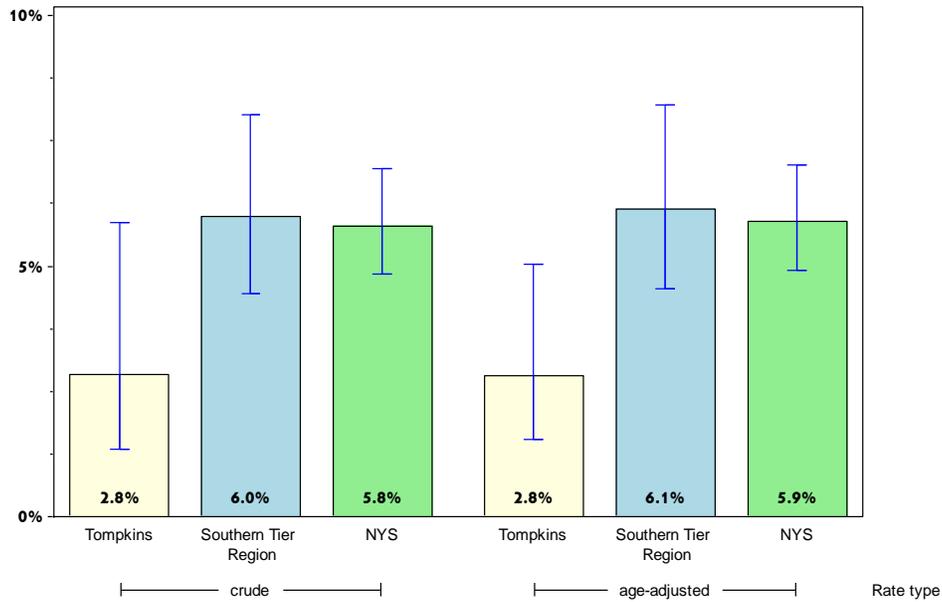
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent Chronic Diseases

Percentage of adults who consume fast-food three or more times per week



	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,336	2.8	(1.4-5.9)	20,347	6.0	(4.5-8.0)
Age		#			#	
18-24		#			#	
25-34		#		6,344	11.0	(6.3-18.6)
35-44		#		2,414	5.3	(2.5-10.8)
45-64		#		5,371	4.7	(2.9-7.5)
65+		#		1,671	2.4	(1.4-4.1)
Race						
White, NH	1,498	2.7	(1.3-5.2)	15,486	5.4	(3.9-7.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,093	5.1	(2.3-11.1)	12,975	7.9	(5.5-11.2)
female		#		7,372	4.2	(2.6-6.9)
Age-adjusted^{&}		2.8	(1.5-5.0)		6.1	(4.5-8.2)

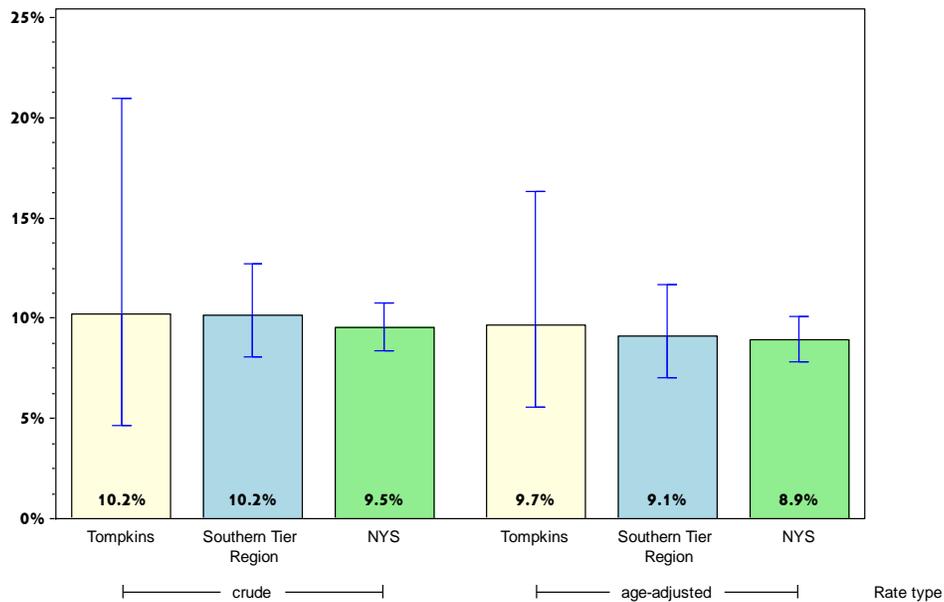
& Percent is age-adjusted to the 2000 United States Population.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Tompkins

Prevent Chronic Diseases

Percentage of adults with physician diagnosed diabetes*



	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,827	10.2 [^]	(4.6-21.0)	36,788	10.2	(8.1-12.7)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	2,997	13.2	(7.2-23.0)	14,046	11.8	(9.1-15.1)
65+	1,869	15.9	(9.7-24.8)	16,124	22.1	(17.8-27.1)
Race						
White, NH	3,639	6.3	(4.2-9.3)	27,473	9.1	(7.8-10.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		4,025	14.8 [^]	(6.9-28.9)
Sex						
male	2,944	7.0	(3.9-12.1)	16,397	9.3	(7.2-11.9)
female	5,883	13.3 [^]	(4.2-34.8)	20,391	11.1	(7.7-15.6)
Age-adjusted^{&}		9.7	(5.5-16.3)		9.1	(7.1-11.7)

* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

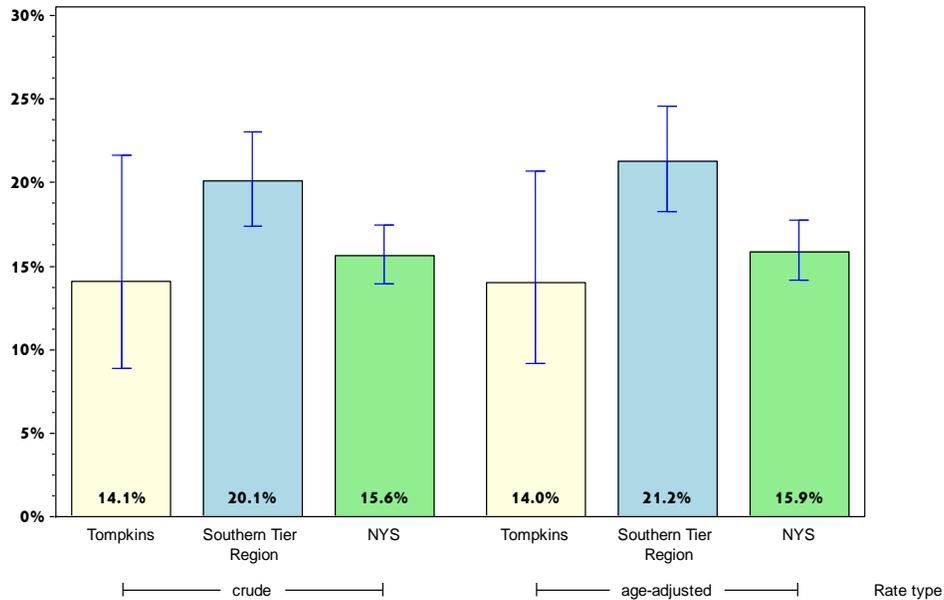
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent Chronic Diseases

Percentage of adults who are current smokers



	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	11,882	14.1	(8.9-21.6)	71,044	20.1	(17.4-23.0)
Age		#				
18-24		#		9,973	18.3 [^]	(10.8-29.1)
25-34		#		15,353	26.0	(18.4-35.4)
35-44	1,920	21.7 [^]	(8.7-44.6)	12,078	26.2 [^]	(17.7-36.9)
45-64	2,078	9.2	(5.2-15.8)	28,406	24.0	(20.1-28.4)
65+	709	6.1	(3.3-10.8)	5,115	7.1	(5.2-9.7)
Race						
White, NH	8,312	14.4	(8.7-22.9)	63,096	21.3	(18.5-24.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		3,338	13.4 [^]	(7.1-23.9)
Sex						
male	7,744	18.3 [^]	(10.0-31.1)	36,695	21.1	(17.4-25.4)
female	4,137	9.8	(5.1-17.9)	34,348	19.1	(15.4-23.3)
Age-adjusted^{&}		14.0	(9.2-20.7)		21.2	(18.3-24.6)

& Percent is age-adjusted to the 2000 United States Population.

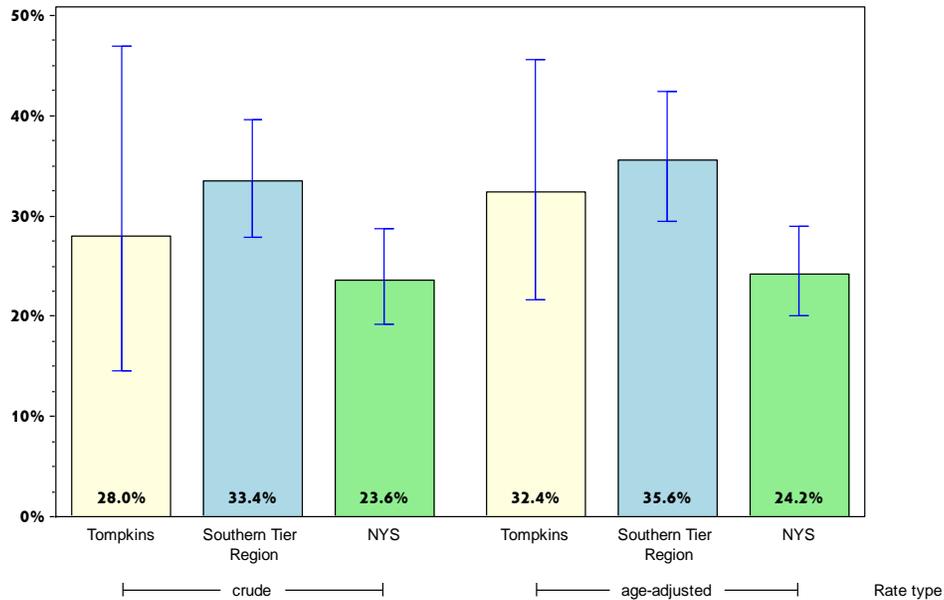
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent Chronic Diseases

Percentage of adults with annual household income less than \$25,000 who are current smokers



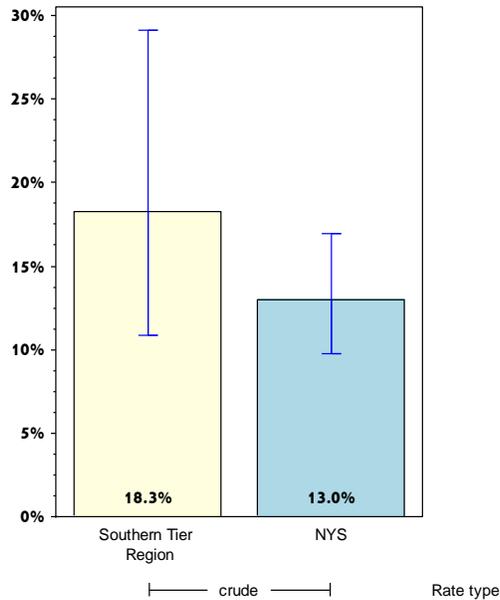
	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,608	28.0 [^]	(14.6-46.9)	33,082	33.4	(27.8-39.6)
Age		#			#	
18-24		#			#	
25-34		#		8,325	38.6 [^]	(22.8-57.1)
35-44		#		4,330	37.6 [^]	(21.9-56.6)
45-64		#		14,058	43.6	(35.1-52.4)
65+		#		2,371	9.7	(5.9-15.5)
Race						
White, NH	3,812	31.2 [^]	(17.2-49.8)	28,558	35.6	(29.9-41.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		15,897	35.6	(27.7-44.3)
female	2,453	20.6 [^]	(7.2-46.4)	17,185	31.7	(24.1-40.3)
Age-adjusted^{&}		32.4 [^]	(21.6-45.6)		35.6	(29.4-42.4)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent Chronic Diseases

Percentage of adults aged 18-24 years who are current smokers



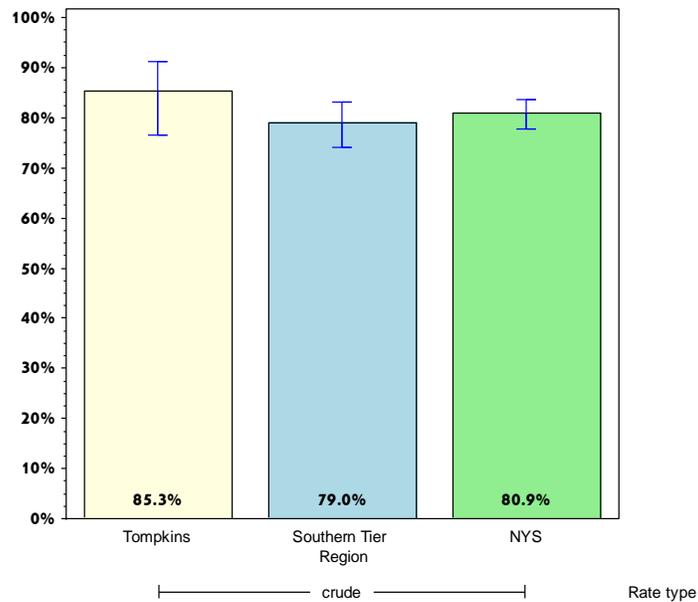
	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		9,973	18.3 [^]	(10.8-29.1)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		9,651	23.3 [^]	(14.1-36.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		6,557	23.4 [^]	(12.3-40.0)
female		#			#	
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent Chronic Diseases

Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines*



Tompkins County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	9,115	85.3	(76.6-91.2)	51,498	79.0	(74.1-83.2)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	7,227	85.1	(75.5-91.4)	45,195	78.4	(73.2-82.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	9,115	85.3	(76.6-91.2)	51,498	79.0	(74.1-83.2)
Age-adjusted^{+,&}						

* Mammogram within past 2 years.

& Percent is age-adjusted to the 2000 United States Population.

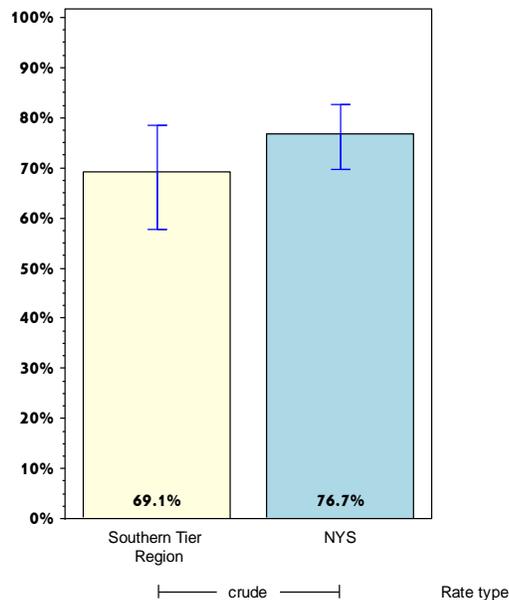
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Tompkins

Prevent Chronic Diseases

Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines*



	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		12,012	69.1 [^]	(57.8-78.5)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		10,516	68.8 [^]	(56.7-78.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		12,012	69.1 [^]	(57.8-78.5)
Age-adjusted^{+,&}						

* Mammogram within past 2 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

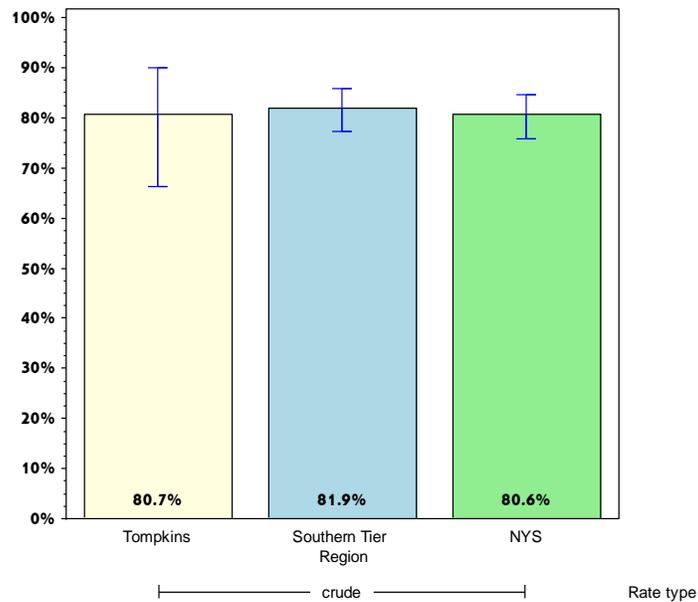
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent Chronic Diseases

Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines*



Tompkins County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	23,896	80.7 [^]	(66.3-89.9)	100,500	81.9	(77.2-85.8)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	15,489	83.2 [^]	(71.9-90.6)	84,356	81.9	(77.5-85.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	23,896	80.7 [^]	(66.3-89.9)	100,500	81.9	(77.2-85.8)
Age-adjusted^{+,&}						

* Pap test within past 3 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

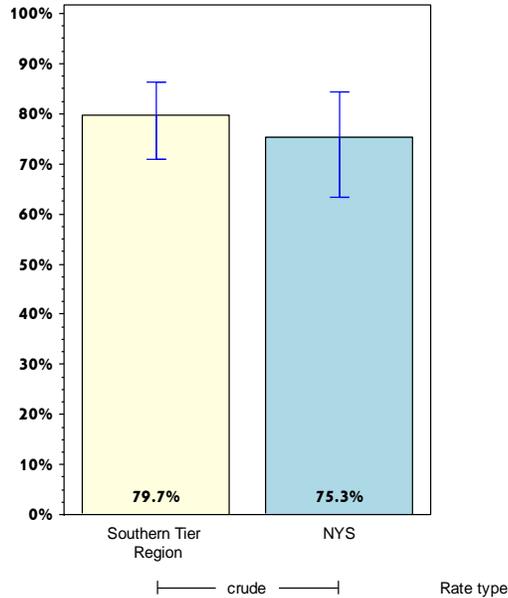
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent Chronic Diseases

Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines*



	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		29,790	79.7	(71.0-86.4)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		21,880	75.4	(66.0-82.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		29,790	79.7	(71.0-86.4)
Age-adjusted^{+,&}						

* Pap test within past 3 years.

& Percent is age-adjusted to the 2000 United States Population.

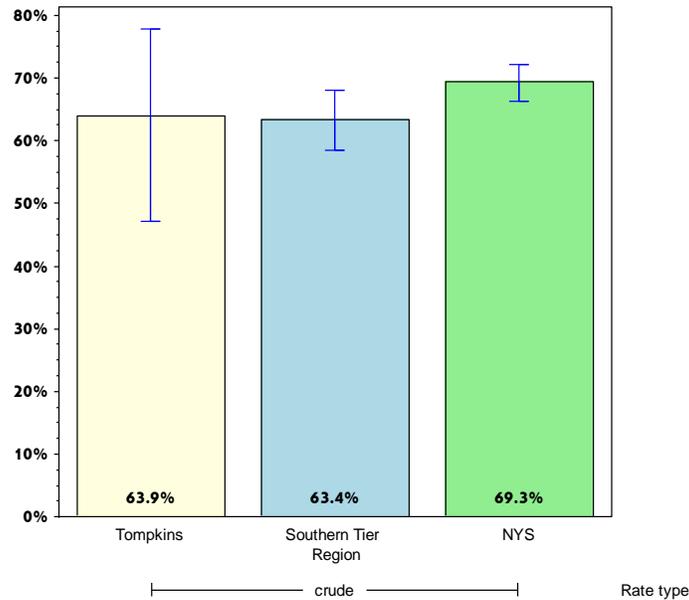
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Tompkins

Prevent Chronic Diseases

Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines*



Tompkins County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	16,127	63.9 [^]	(47.1-77.8)	82,061	63.4	(58.5-68.1)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	13,178	76.4	(68.6-82.8)	72,849	65.4	(61.3-69.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	7,782	54.3 [^]	(31.5-75.4)	38,092	61.3	(53.2-68.7)
female	8,346	76.4 [^]	(64.3-85.3)	43,969	65.4	(59.3-71.0)
Age-adjusted^{+,&}						

* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

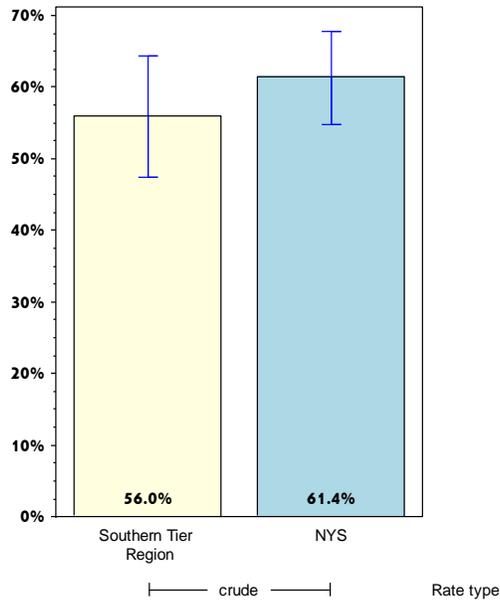
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent Chronic Diseases

Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines*



	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		19,541	56.0	(47.4-64.3)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		16,747	55.0	(46.2-63.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		9,923	60.7 [^]	(49.2-71.2)
female		#		9,618	51.9 [^]	(39.9-63.6)
Age-adjusted^{+,&}						

* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

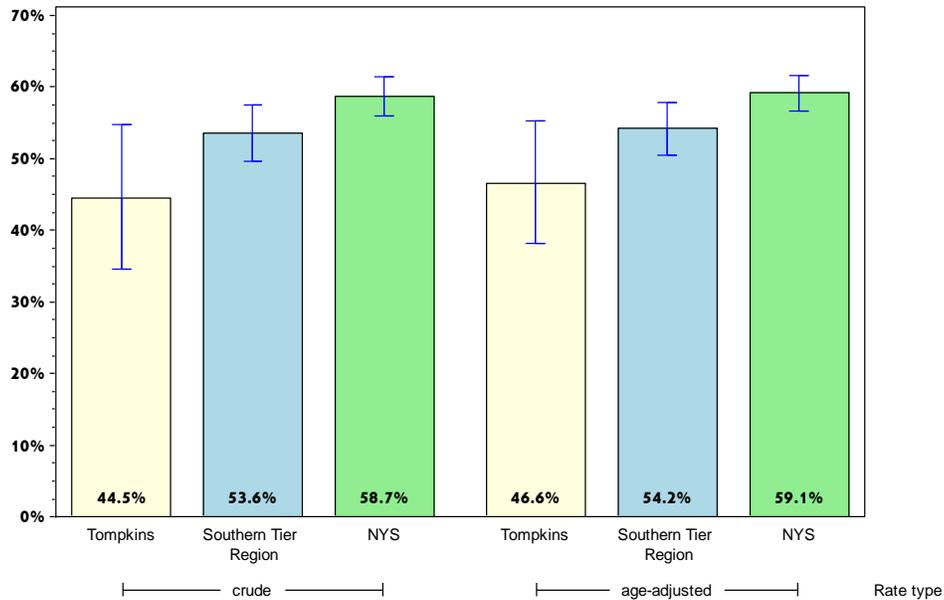
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent Chronic Diseases

Percentage of adults who had a test for high blood sugar or diabetes within the past three years



Tompkins County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	32,870	44.5 [^]	(34.6-54.8)	164,536	53.6	(49.7-57.5)
Age		#				
18-24		#		13,960	28.0 [^]	(18.0-40.8)
25-34		#		25,224	46.6 [^]	(36.7-56.7)
35-44	4,040	40.0 [^]	(23.8-58.8)	24,844	54.5	(44.6-64.1)
45-64	10,055	52.7 [^]	(35.6-69.2)	60,606	60.3	(54.6-65.7)
65+	5,712	61.6 [^]	(50.5-71.6)	37,837	71.0	(65.6-75.8)
Race						
White, NH	26,002	51.5	(42.3-60.5)	142,752	55.3	(51.7-59.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		8,459	39.2 [^]	(23.2-57.8)
Sex						
male	19,053	49.4 [^]	(35.6-63.3)	78,714	51.4	(46.1-56.7)
female	13,818	39.1 [^]	(26.6-53.3)	85,822	55.8	(49.9-61.6)
Age-adjusted^{&}		46.6	(38.2-55.3)		54.2	(50.4-57.9)

& Percent is age-adjusted to the 2000 United States Population.

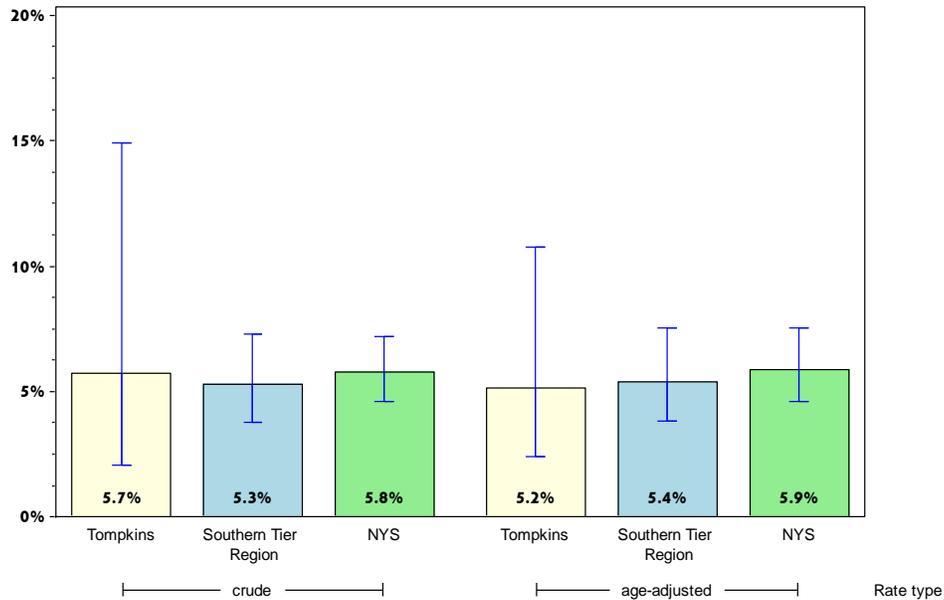
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed prediabetes



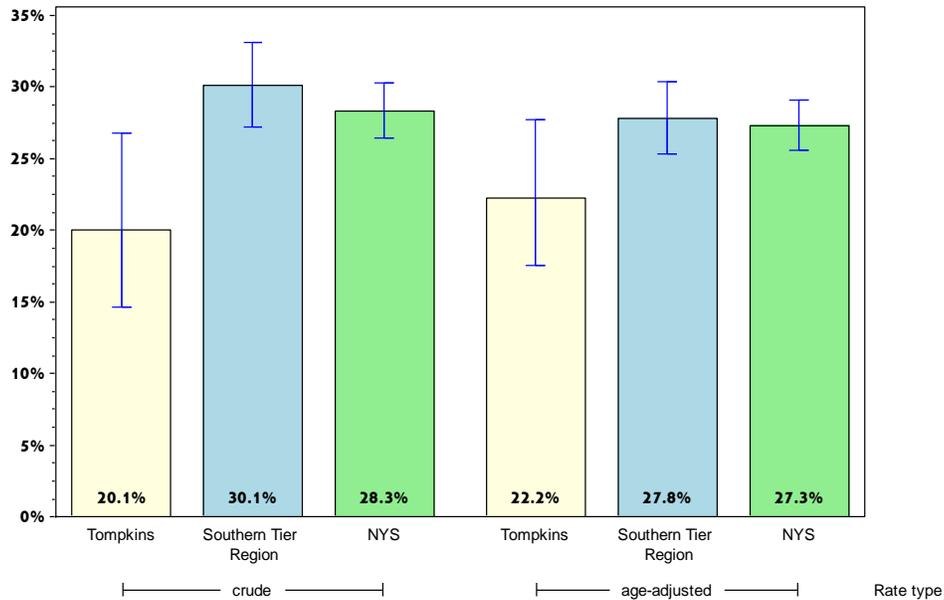
	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,382	5.7	(2.1-14.9)	16,763	5.3	(3.8-7.3)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	1,064	5.5	(2.9-10.1)	6,771	6.6	(4.8-9.1)
65+		#		3,770	6.8	(4.5-10.1)
Race						
White, NH	4,318	8.1 [^]	(2.9-20.3)	15,289	5.7	(4.0-8.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	3,584	9.3 [^]	(2.7-27.5)	8,956	5.7	(3.3-9.7)
female	798	2.1	(1.0-4.3)	7,807	4.8	(3.4-6.7)
Age-adjusted^{&}		5.2	(2.4-10.8)		5.4	(3.8-7.5)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed high blood pressure



Tompkins County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	17,323	20.1	(14.7-26.8)	108,205	30.1	(27.2-33.1)
Age		#				
18-24		#		5,198	9.2	(4.7-17.4)
25-34		#		8,421	13.8	(8.3-22.1)
35-44		#		6,819	14.3	(9.4-21.3)
45-64	6,668	29.3 [^]	(19.0-42.4)	41,371	35.0	(30.6-39.7)
65+	5,540	47.0 [^]	(37.2-57.0)	44,299	61.4	(56.5-66.1)
Race						
White, NH	14,430	24.9	(18.7-32.4)	93,946	31.4	(28.6-34.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		7,589	27.8 [^]	(15.4-44.8)
Sex						
male	11,288	26.7 [^]	(17.8-38.0)	57,850	33.0	(28.8-37.5)
female	6,035	13.7	(8.9-20.4)	50,354	27.3	(23.7-31.3)
Age-adjusted^{&}		22.2	(17.5-27.8)		27.8	(25.3-30.4)

& Percent is age-adjusted to the 2000 United States Population.

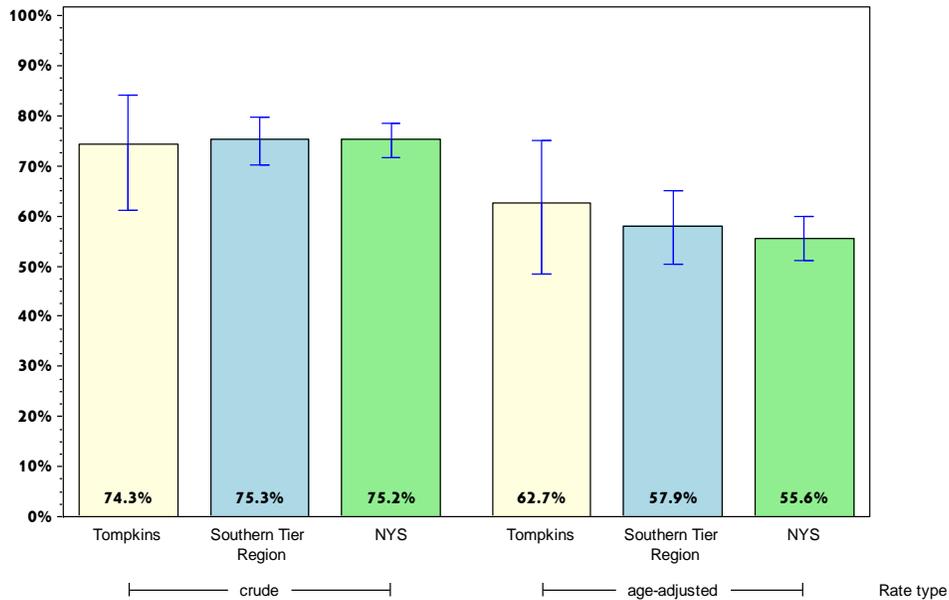
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent Chronic Diseases

Percentage of adults with diagnosed high blood pressure taking high blood pressure medication



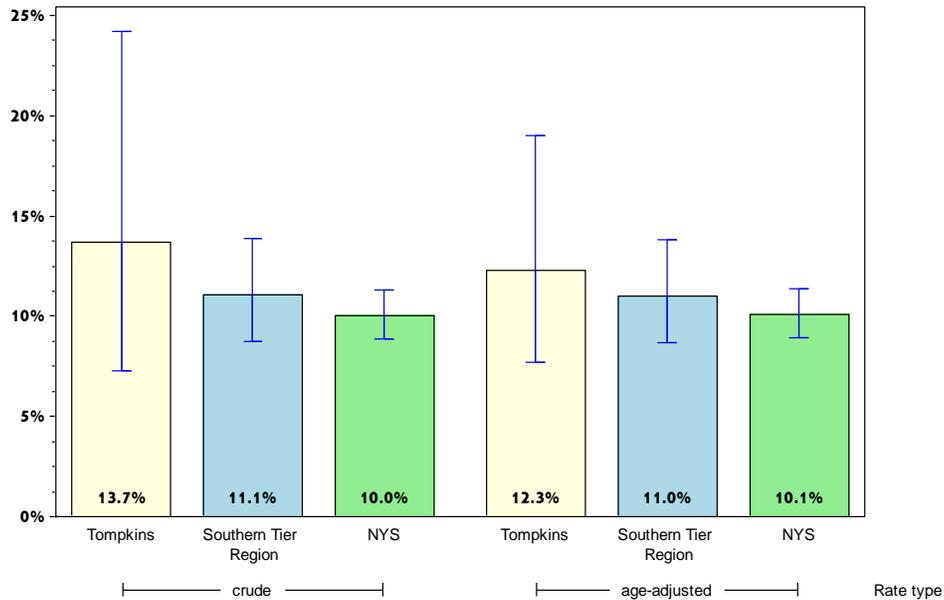
	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	12,867	74.3 [^]	(61.0-84.2)	81,095	75.3	(70.3-79.7)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	5,690	85.3 [^]	(66.8-94.4)	32,070	77.5	(70.3-83.4)
65+	4,855	87.6	(77.8-93.5)	40,246	91.8	(88.4-94.3)
Race						
White, NH	9,975	69.1 [^]	(54.5-80.7)	69,969	74.9	(69.7-79.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	8,190	72.6 [^]	(54.0-85.6)	38,709	67.5	(59.6-74.5)
female	4,677	77.5 [^]	(59.1-89.2)	42,386	84.2	(78.8-88.4)
Age-adjusted^{&}		62.7 [^]	(48.5-75.0)		57.9	(50.4-65.1)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent Chronic Diseases

Percentage of adults with current asthma*



	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	11,196	13.7 [^]	(7.3-24.2)	39,362	11.1	(8.7-13.9)
Age		#				
18-24		#		7,986	15.4	(9.2-24.5)
25-34		#		9,891	16.2 [^]	(8.1-29.8)
35-44		#		3,554	7.5	(4.4-12.4)
45-64	2,004	8.9	(5.0-15.1)	11,753	9.9	(7.7-12.8)
65+	1,426	12.1 [^]	(4.9-27.1)	6,076	8.4	(4.9-13.8)
Race						
White, NH	6,538	11.3	(7.6-16.6)	28,448	9.5	(7.8-11.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		3,373	12.4 [^]	(4.7-28.7)
Sex						
male	4,108	9.7	(5.2-17.4)	14,033	7.9	(5.9-10.6)
female	7,088	17.9 [^]	(7.2-38.0)	25,329	14.1	(10.2-19.1)
Age-adjusted^{&}		12.3	(7.7-19.0)		11.0	(8.7-13.8)

* Physician diagnosed asthma.

& Percent is age-adjusted to the 2000 United States Population.

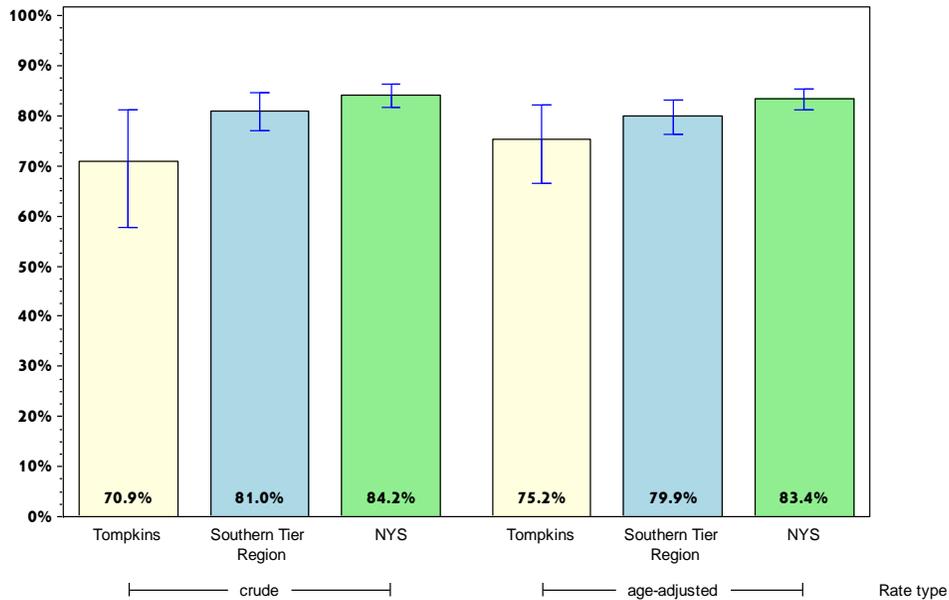
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent Chronic Diseases

Percent of adults with cholesterol checked*



Tompkins County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	57,900	70.9 [^]	(57.7-81.2)	280,906	81.0	(76.9-84.5)
Age		#				
18-24		#		25,093	50.3 [^]	(36.0-64.5)
25-34		#		37,573	65.7 [^]	(53.6-76.1)
35-44		#		36,981	79.8	(70.1-87.0)
45-64	21,457	95.7	(89.8-98.2)	107,406	91.5	(88.6-93.6)
65+	11,330	97.0	(92.4-98.8)	69,502	97.5	(95.6-98.6)
Race						
White, NH	41,979	78.5	(69.1-85.6)	238,055	82.8	(79.7-85.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		21,553	80.6 [^]	(64.6-90.4)
Sex						
male	34,260	83.5 [^]	(70.9-91.3)	138,828	81.3	(77.1-84.9)
female	23,640	58.1 [^]	(39.7-74.5)	142,078	80.7	(73.5-86.3)
Age-adjusted^{&}		75.2	(66.6-82.2)		79.9	(76.3-83.2)

* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

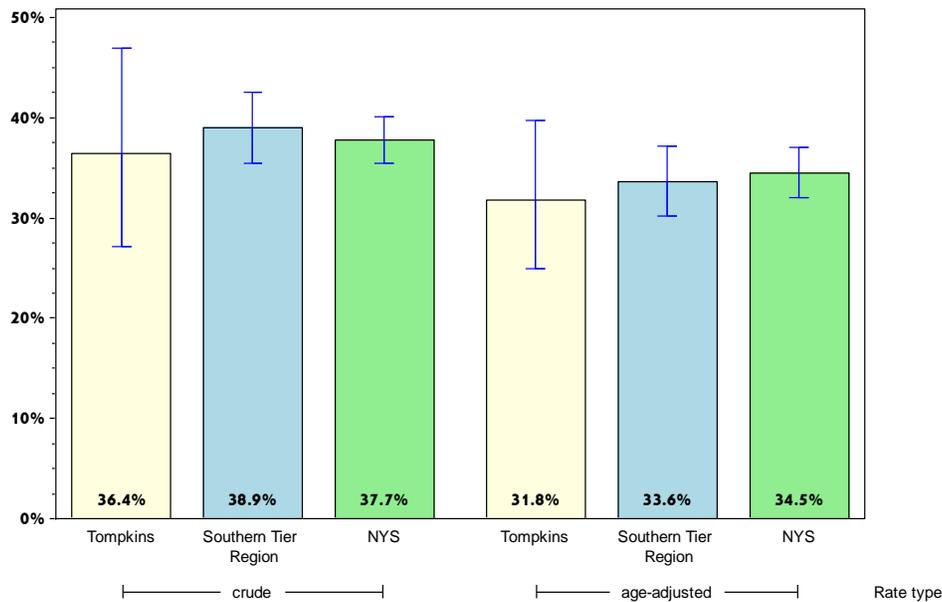
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent Chronic Diseases

Percentage of adults 18 years and older with elevated cholesterol*



	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	20,816	36.4 [^]	(27.1-46.9)	107,760	38.9	(35.5-42.5)
Age		#			#	
18-24		#			#	
25-34		#		8,162	21.9 [^]	(11.8-36.9)
35-44		#		9,810	26.7	(18.9-36.3)
45-64	10,876	52.0 [^]	(36.9-66.7)	49,298	46.7	(41.4-52.2)
65+	4,354	39.2	(30.1-49.1)	37,715	55.7	(50.5-60.7)
Race						
White, NH	14,822	35.7 [^]	(26.5-46.0)	89,873	38.3	(35.0-41.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		11,862	56.1 [^]	(36.5-74.0)
Sex						
male	14,567	42.7 [^]	(28.9-57.7)	56,113	40.9	(35.6-46.5)
female	6,249	27.2	(19.9-36.0)	51,646	37.0	(32.7-41.6)
Age-adjusted^{&}		31.8	(24.9-39.7)		33.6	(30.1-37.2)

* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

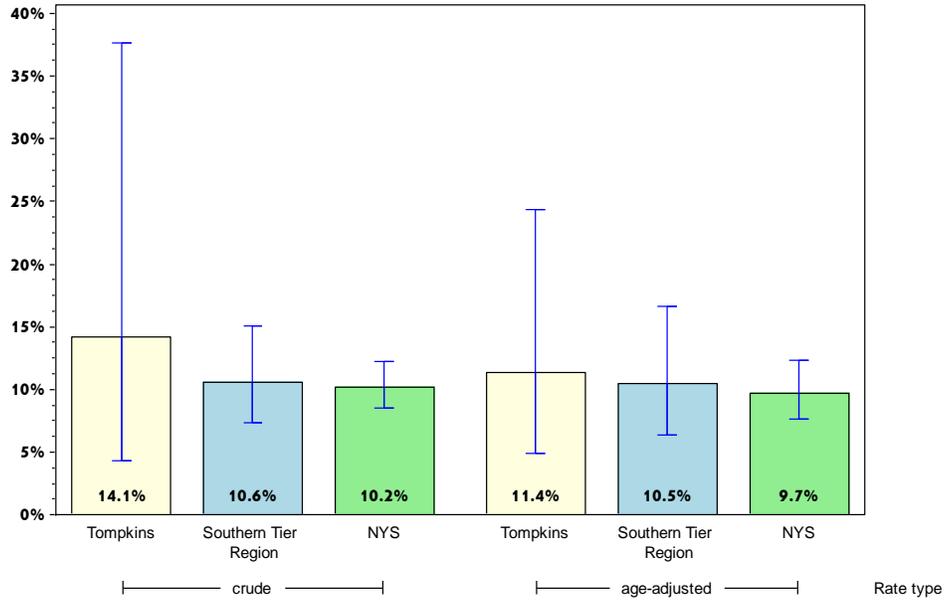
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent Chronic Diseases

Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition*



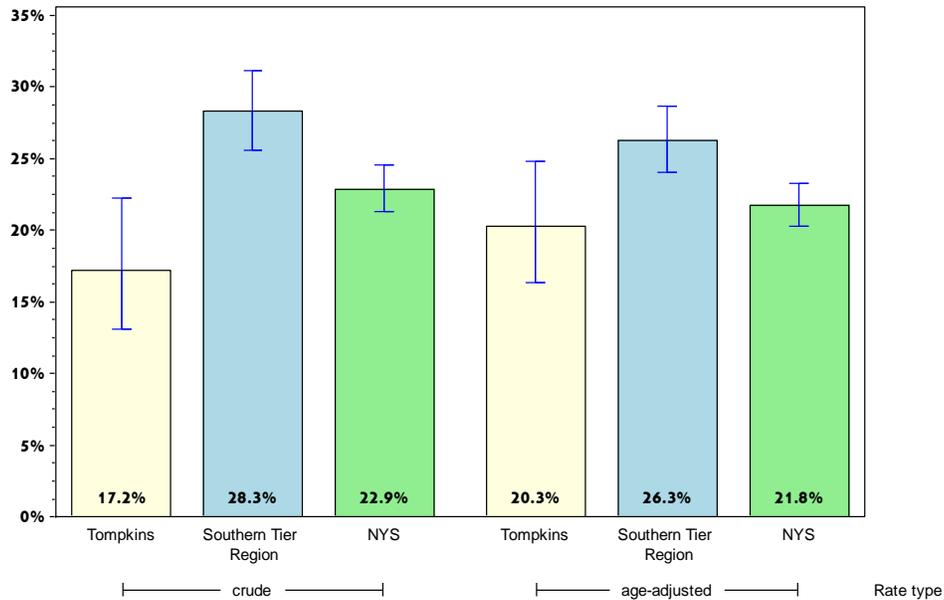
	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,615	14.1 [^]	(4.3-37.7)	20,040	10.6	(7.3-15.1)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		6,755	9.8	(7.3-13.0)
65+	782	8.7	(4.7-15.7)	6,303	10.7	(7.6-14.9)
Race						
White, NH	1,913	7.2	(3.8-13.2)	14,247	9.0	(7.2-11.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,228	6.7	(2.6-16.1)	6,930	7.9	(5.4-11.5)
female	4,387	20.4 [^]	(4.5-58.1)	13,110	12.9	(7.6-20.9)
Age-adjusted^{&}		11.4 [^]	(4.9-24.3)		10.5	(6.4-16.7)

* Courses for high blood pressure, arthritis, or diabetes.
 & Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent Chronic Diseases

Percentage of adults with arthritis*



Tompkins County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	14,881	17.2	(13.1-22.3)	102,167	28.3	(25.6-31.1)
Age		#			#	
18-24		#			#	
25-34		#		5,390	8.9	(5.4-14.2)
35-44	1,198	11.8 [^]	(5.2-24.7)	7,770	16.4	(11.2-23.3)
45-64	6,267	27.6 [^]	(18.8-38.6)	44,194	37.1	(32.6-41.8)
65+	5,561	47.2 [^]	(37.3-57.2)	40,660	56.0	(50.9-60.9)
Race						
White, NH	12,689	21.9	(17.1-27.7)	91,598	30.4	(27.7-33.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		5,619	20.6 [^]	(10.7-35.9)
Sex						
male	6,250	14.8	(10.0-21.3)	38,769	21.9	(18.9-25.3)
female	8,630	19.5	(13.1-28.1)	63,397	34.3	(30.0-39.0)
Age-adjusted^{&}		20.3	(16.4-24.8)		26.3	(24.1-28.6)

* Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.

& Percent is age-adjusted to the 2000 United States Population.

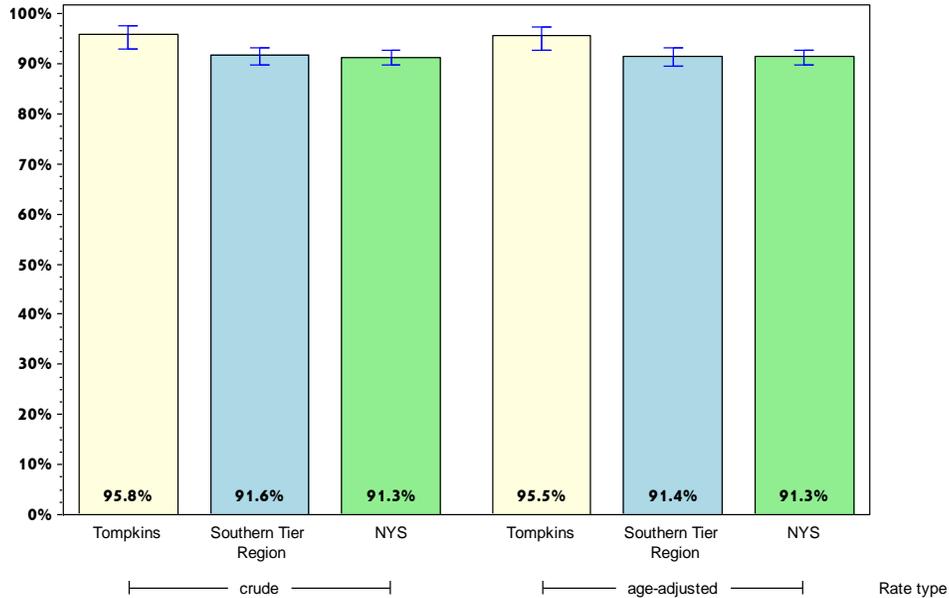
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Promote a Healthy and Safe Environment

Percentage of adults who consider their neighborhood suitable for walking and physical activity



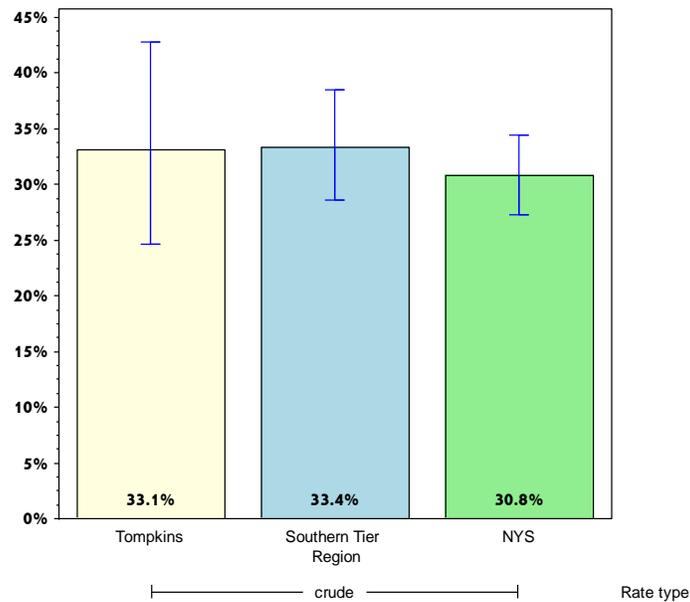
	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	79,627	95.8	(92.8-97.5)	315,627	91.6	(89.7-93.2)
Age		#				
18-24		#		47,540	89.3	(79.4-94.7)
25-34		#		53,444	91.4	(85.0-95.2)
35-44	8,289	94.1 [^]	(83.5-98.0)	40,753	90.0	(84.4-93.7)
45-64	22,014	97.1	(94.0-98.7)	106,162	93.3	(90.2-95.4)
65+	10,854	93.2	(86.5-96.7)	63,978	91.6	(88.9-93.7)
Race						
White, NH	53,700	93.9	(89.9-96.4)	261,499	90.9	(88.7-92.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		23,022	95.9	(89.7-98.4)
Sex						
male	40,955	98.1	(95.9-99.2)	156,230	92.9	(89.8-95.1)
female	38,671	93.3	(87.3-96.6)	159,397	90.4	(87.5-92.7)
Age-adjusted^{&}		95.5	(92.7-97.2)		91.4	(89.4-93.1)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Promote a Health and Safe Environment

Percentage of adults aged 65+ years with at least one fall in the past 12 months



Tompkins County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,846	33.1	(24.7-42.8)	23,488	33.4	(28.7-38.5)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	3,396	33.6	(25.6-42.8)	20,224	32.3	(28.2-36.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,793	27.1 [^]	(16.7-40.9)	10,838	32.5	(25.0-40.9)
female	2,052	40.9 [^]	(29.4-53.5)	12,650	34.2	(28.3-40.6)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

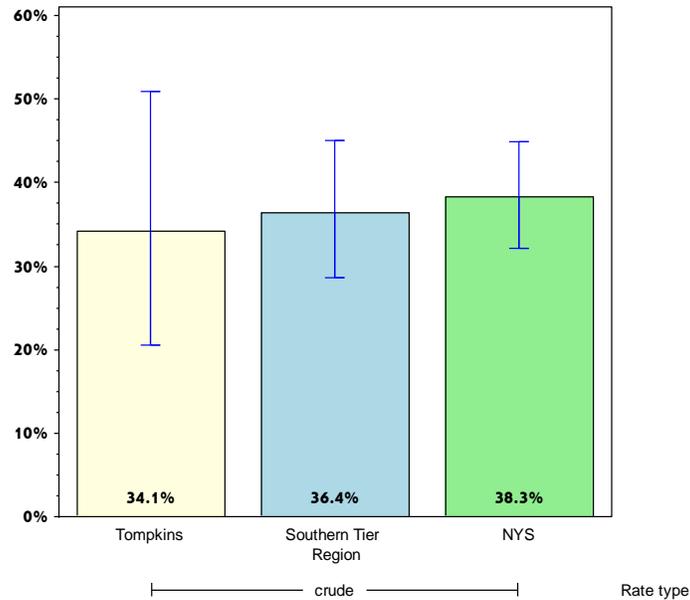
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Promote a Health and Safe Environment

Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury*



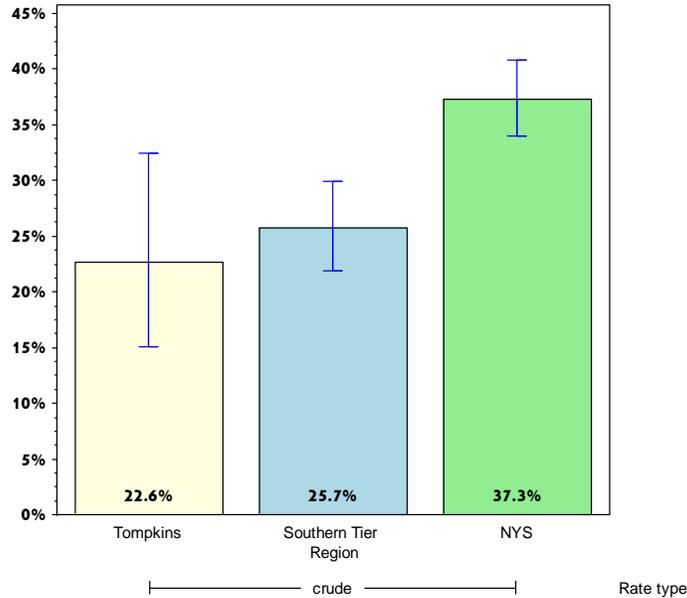
	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,306	34.1 [^]	(20.5-51.0)	8,522	36.4	(28.5-45.0)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	902	26.7 [^]	(15.7-41.6)	7,465	37.0	(29.7-45.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		3,078	28.4 [^]	(17.1-43.3)
female		#		5,444	43.2	(34.0-52.9)
Age-adjusted^{+,&}						

* Falls that limited regular activities or lead to doctor visits.
 & Percent is age-adjusted to the 2000 United States Population.
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)



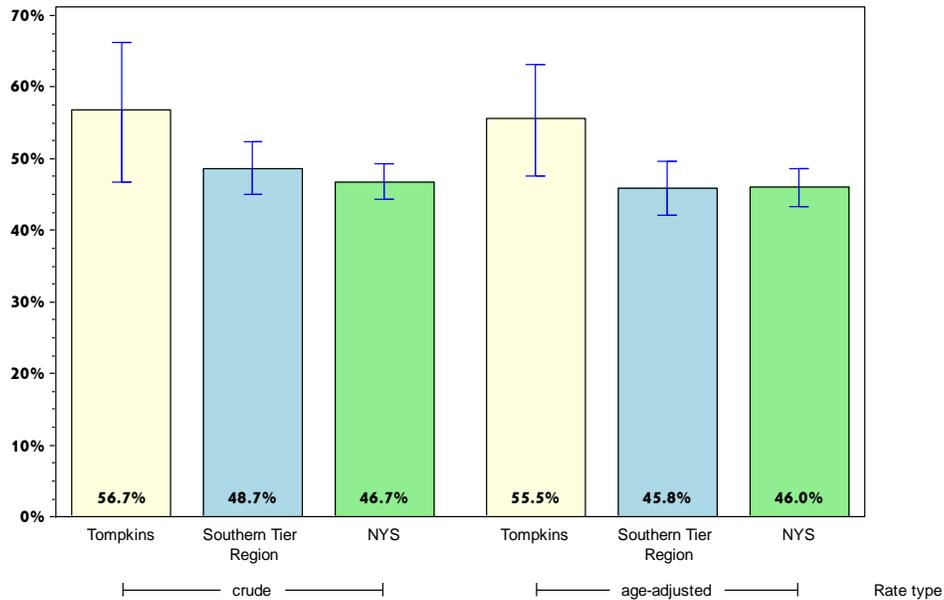
	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,756	22.6	(15.1-32.5)	28,278	25.7	(21.9-29.9)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	3,918	27.0	(20.0-35.3)	25,192	27.0	(23.1-31.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,078	17.8 [^]	(8.9-32.4)	14,697	28.1	(22.3-34.8)
female	2,678	28.7 [^]	(19.6-39.9)	13,581	23.5	(18.7-29.0)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 18+ years with flu immunization in the past year*



Tompkins County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	47,239	56.7 [^]	(46.7-66.2)	169,235	48.7	(44.9-52.4)
Age		#				
18-24		#		22,678	42.8 [^]	(28.8-58.0)
25-34		#		21,280	36.4 [^]	(25.5-48.8)
35-44	2,746	31.0 [^]	(18.6-46.8)	13,516	29.5	(22.3-37.9)
45-64	15,173	67.0 [^]	(54.2-77.7)	58,844	50.9	(45.9-55.9)
65+	8,753	74.9 [^]	(62.3-84.4)	49,932	70.4	(65.0-75.3)
Race						
White, NH	30,680	53.6	(44.5-62.5)	135,586	46.6	(43.2-50.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		12,106	50.0 [^]	(32.3-67.7)
Sex						
male	21,956	52.5 [^]	(39.6-65.1)	76,549	45.2	(40.3-50.2)
female	25,283	61.0 [^]	(46.4-73.9)	92,686	52.0	(46.5-57.4)
Age-adjusted^{&}		55.5	(47.6-63.2)		45.8	(42.1-49.7)

* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

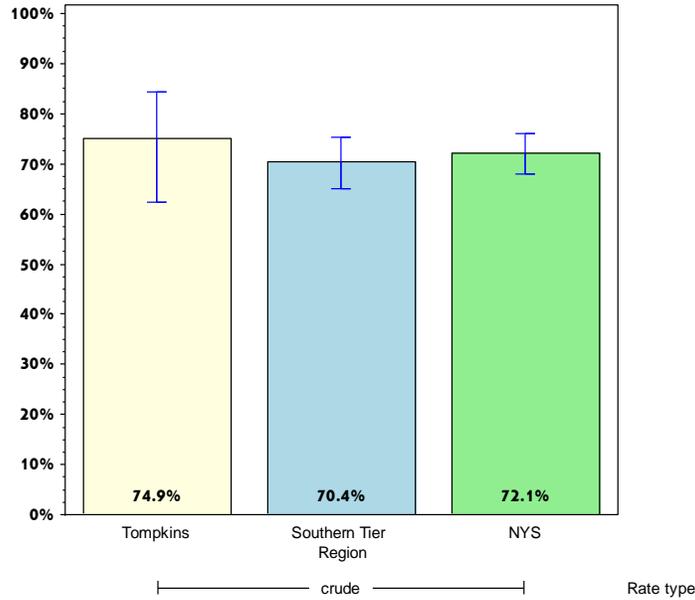
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with flu immunization in the past year*



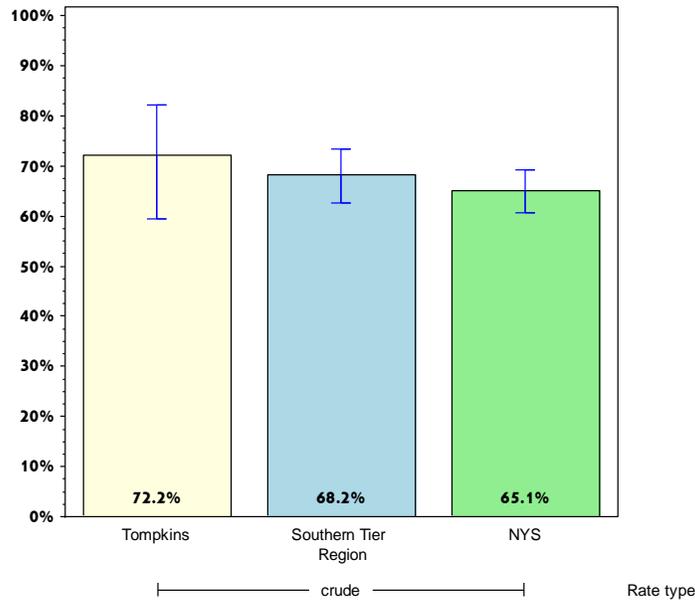
	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age⁺	8,753	74.9 [^]	(62.3-84.4)	49,932	70.4	(65.0-75.3)
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	8,137	80.2	(71.2-86.9)	45,116	71.5	(66.6-75.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	4,541	68.1 [^]	(49.1-82.5)	22,538	66.9	(58.4-74.4)
female	4,212	84.0 [^]	(73.4-90.9)	27,394	73.6	(67.0-79.3)
Age-adjusted^{+,&}						

* Includes flu shot or flu spray
 & Percent is age-adjusted to the 2000 United States Population.
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with pneumococcal immunization



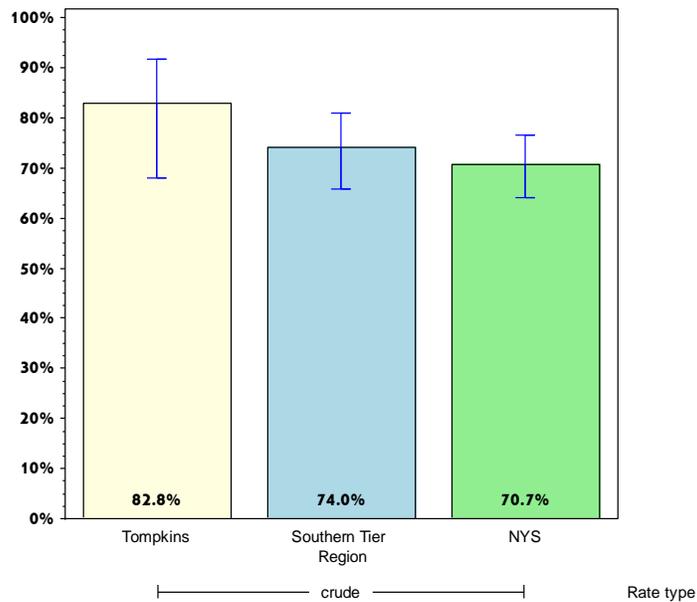
	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	7,816	72.2 [^]	(59.3-82.1)	46,831	68.2	(62.5-73.3)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	7,095	75.4	(65.8-83.0)	42,016	68.9	(63.7-73.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	3,639	60.7 [^]	(42.2-76.6)	20,119	62.6	(54.0-70.5)
female	4,177	86.3	(76.9-92.2)	26,713	73.1	(66.0-79.1)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years who had dental visit within the last year



Tompkins County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	17,271	82.8 [^]	(68.1-91.6)	52,014	74.0	(65.7-80.9)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		41,836	72.1	(63.2-79.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	17,271	82.8 [^]	(68.1-91.6)	52,014	74.0	(65.7-80.9)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

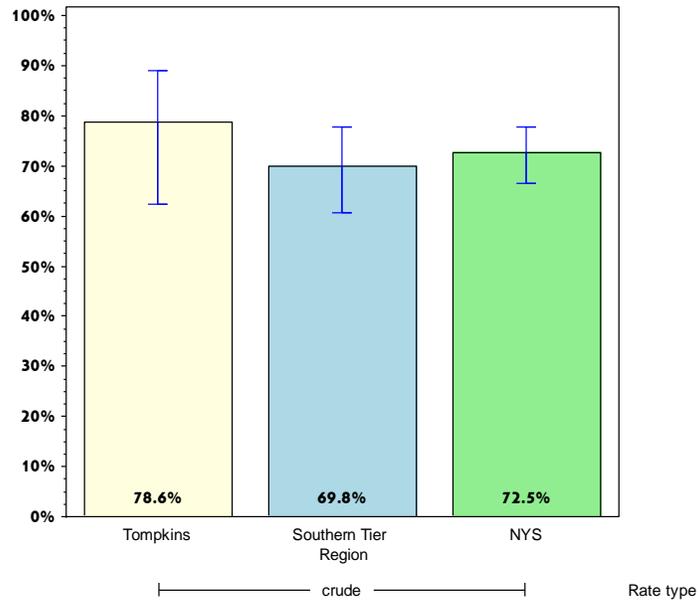
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Promote Healthy Women, Infants, and Children

Women aged 18-44 years who saw a doctor for a routine checkup within the last year



Tompkins County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	22,726	78.6 [^]	(62.3-89.1)	57,821	69.8	(60.6-77.7)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		42,375	69.2	(59.7-77.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	22,726	78.6 [^]	(62.3-89.1)	57,821	69.8	(60.6-77.7)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

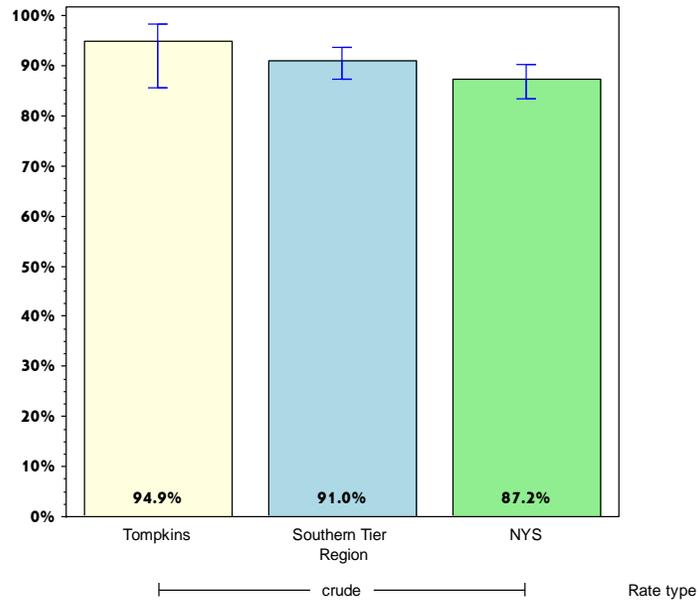
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-64 years with health care coverage



	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	32,578	94.9	(85.6-98.3)	125,536	91.0	(87.3-93.7)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	19,866	96.0	(90.6-98.4)	103,783	90.9	(87.0-93.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	32,578	94.9	(85.6-98.3)	125,536	91.0	(87.3-93.7)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

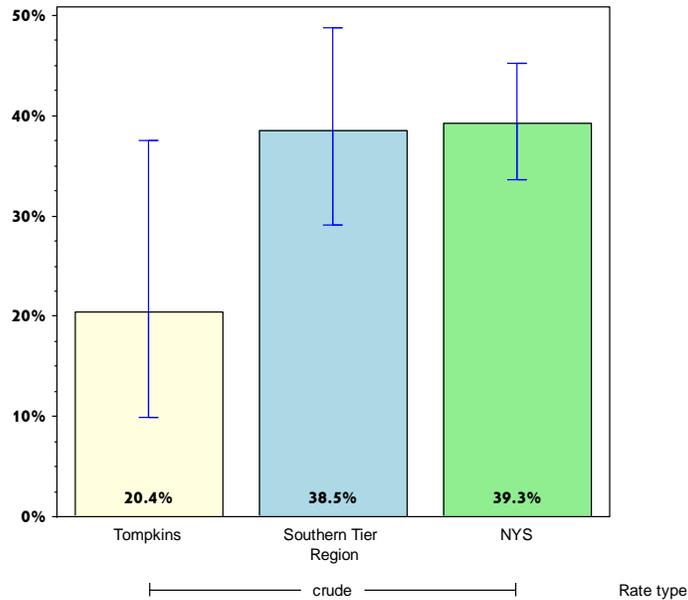
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Tompkins

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy



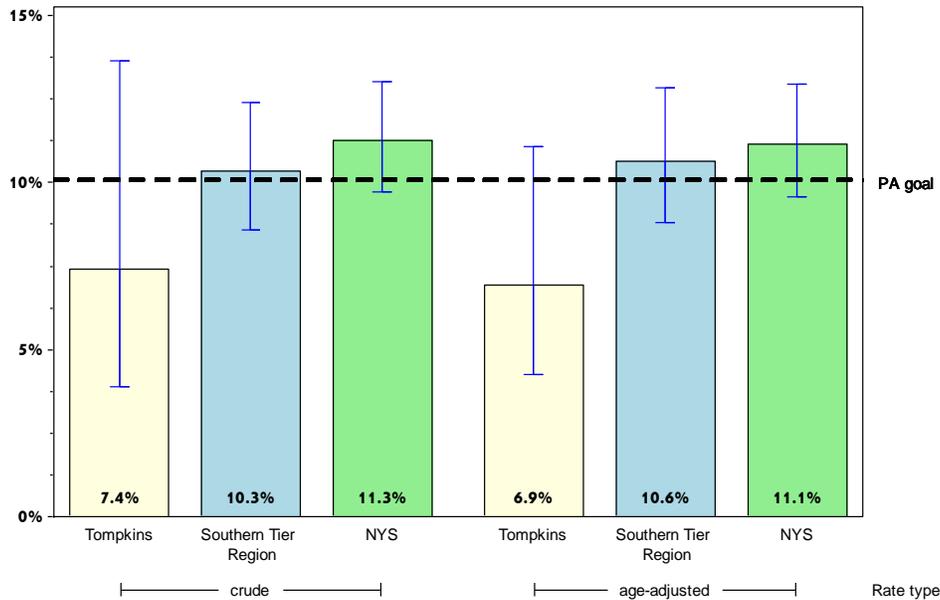
	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,158	20.4 [^]	(9.9-37.6)	28,913	38.5 [^]	(29.1-48.7)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		26,118	45.0	(35.5-55.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	5,158	20.4 [^]	(9.9-37.6)	28,913	38.5 [^]	(29.1-48.7)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Promote Mental Health and Prevention Substance Abuse

Percentage of adults with poor mental health for 14 or more days in the last month



	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,352	7.4	(3.9-13.6)	36,482	10.3	(8.6-12.4)
Age		#				
18-24		#		4,996	8.9	(5.0-15.3)
25-34		#		8,024	13.5	(7.8-22.5)
35-44		#		5,170	11.0	(7.3-16.3)
45-64	1,620	7.2	(3.9-12.9)	13,514	11.7	(9.1-14.9)
65+	597	5.2	(2.5-10.5)	4,696	6.6	(4.5-9.7)
Race						
White, NH	6,144	10.7	(5.7-19.4)	30,947	10.5	(8.6-12.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		2,326	8.8 [^]	(3.8-19.1)
Sex						
male	3,687	8.8 [^]	(3.2-22.0)	16,352	9.5	(6.9-12.9)
female	2,665	6.1	(3.2-11.1)	20,130	11.2	(8.9-13.8)
Age-adjusted^{&}		6.9	(4.2-11.1)		10.6	(8.8-12.8)

& Percent is age-adjusted to the 2000 United States Population.

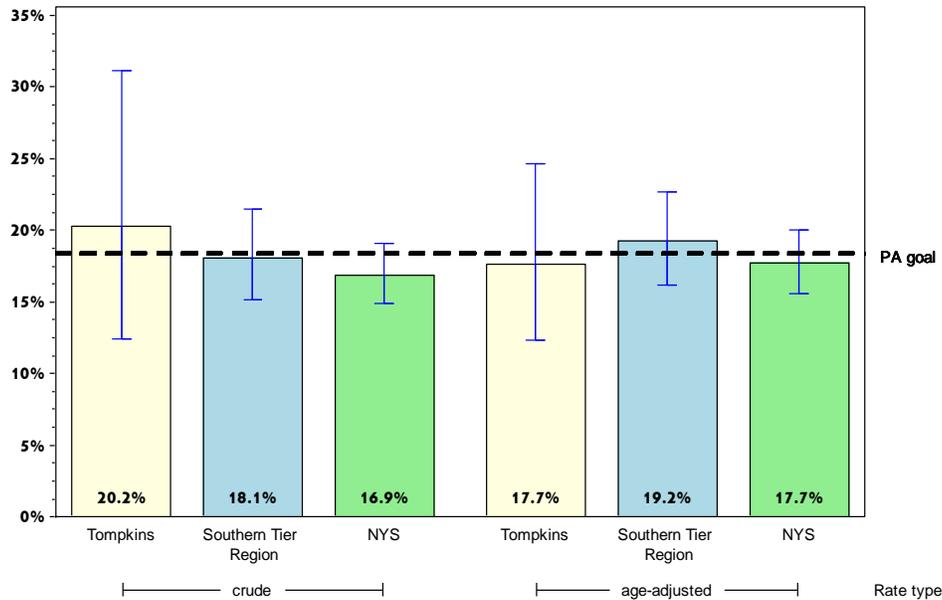
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Promote Mental Health and Prevention Substance Abuse

Percentage of adult binge drinking during the past month*



Tompkins County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	15,917	20.2 [^]	(12.4-31.2)	61,605	18.1	(15.2-21.4)
Age		#				
18-24		#		15,284	30.1 [^]	(19.4-43.6)
25-34		#		16,238	28.9 [^]	(18.7-41.7)
35-44	2,001	23.0 [^]	(11.5-40.6)	10,075	22.3	(15.8-30.6)
45-64	1,455	7.4	(4.0-13.2)	16,863	14.8	(12.0-18.2)
65+		#		3,145	4.5	(3.1-6.4)
Race						
White, NH	10,585	18.8	(12.7-27.1)	52,768	18.2	(15.5-21.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		3,495	15.9 [^]	(7.6-30.2)
Sex						
male	7,640	20.6 [^]	(12.5-32.1)	37,622	23.0	(19.2-27.4)
female	8,277	19.9 [^]	(8.6-39.6)	23,983	13.5	(9.5-19.0)
Age-adjusted^{&}		17.7	(12.3-24.6)		19.2	(16.2-22.7)

* Men who have five or more drinks , women having four or more drinks on one occasion

& Percent is age-adjusted to the 2000 United States Population.

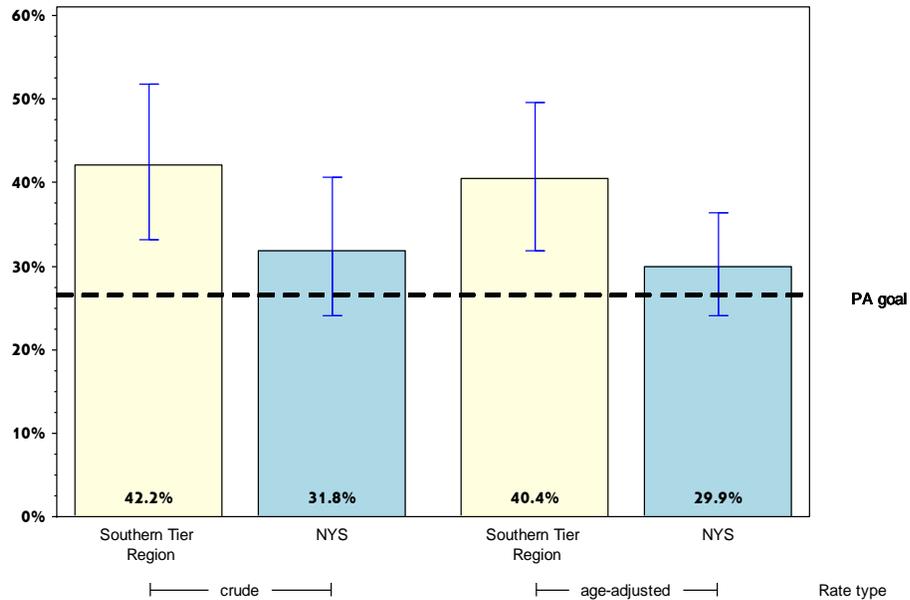
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Tompkins

Promote Mental Health and Prevention Substance Abuse

Percentage of cigarette smoking among adults who report poor mental health



	Tompkins County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		14,908	42.2	(33.1-51.8)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		5,646	42.7 [^]	(30.4-55.9)
65+		#		718	15.5 [^]	(7.1-30.8)
Race		#			#	
White, NH		#		12,617	42.3 [^]	(32.5-52.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex		#			#	
male		#		5,524	34.7 [^]	(21.2-51.2)
female		#		9,384	48.2 [^]	(37.5-59.2)
Age-adjusted^{&}		#			40.4	(31.9-49.6)

& Percent is age-adjusted to the 2000 United States Population.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).