Electronic cigarettes (e-cigarettes) are battery-powered devices that heat a solution of liquid nicotine, flavorings, and other chemicals creating an aerosol that is inhaled by the user.

E-cigarette use among New York youth doubled from 2014 to 2016 and is now triple the rate of e-cigarette use among New York adults.

<table>
<thead>
<tr>
<th>Youth E-Cigarette Use Rates¹</th>
<th>Adult E-Cigarette Use Rates²</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014: 11%</td>
<td>2014: 7%</td>
</tr>
<tr>
<td>2016: 21%</td>
<td>2016: 6%</td>
</tr>
</tbody>
</table>

E-cigarettes are not an FDA approved smoking cessation aid.

The aerosol contains heavy metals, volatile organic compounds, ultrafine particles, and other toxic chemicals in addition to nicotine.

E-cigarette use can increase the risk of using tobacco cigarettes among youth and young adults.

New York adults support policies that would restrict youth access to e-cigarettes

- 83% support a policy to restrict e-cigarette advertising to youth under the age of 18
- 56% support a policy to ban the sale of flavored nicotine used in e-cigarettes

63% of New Yorkers favor raising the minimum age to 21 to purchase cigarettes, e-cigarettes and other tobacco products

All data on this page is from the New York State Chronic Disease Public Opinion Poll, 2016